

FEBRUARY-MARCH 2024

Quarterly Newsletter

WELCOME TO THE QUARTERLY NEWSLETTER!

With this newsletter, and all other extension-related endeavors, it is always our intent to be reflective of our practices, programs, and various ways we strive to support and meet the needs of our community, while also remaining growth minded as we look forward to future approaches and opportunities that await.

Furthermore, we eagerly welcome others to the table- to engage in meaningful conversations, form and strengthen partnerships, and collectively work to address community needs with high-impact solutions that enhance lives and livelihoods through research-based information and processes.

Read on to get a glimpse of our last quarter. We hope it inspires you, better informs you about our educational outreach in Harrison County and beyond, and continues to offer insight into the many unique ways we may be able to work together now and in the future.

Purdue Extension strives to be Indiana's Educational Partner for Life!

WHAT'S IN THIS QUARTER'S ISSUE:

- Internship Opportunity
- Extension Board Annual Meeting Report
- Agriculture and Natural Resources
- Health and Human Sciences
- 4-H & Youth Development



Tara Beckman

County Extension Director
Health and Human Sciences &
Community Development Educator

Ariel Camm

Agriculture & Natural Resources Educator

Position Open

4-H Youth Development Educator

Katie Davidson

Community Wellness Coordinator (CWC)

Cindy Finerfrock

Nutrition Education Program Advisor (NEPA)

Mary Eve

Office Manager

Jocelyn Faith

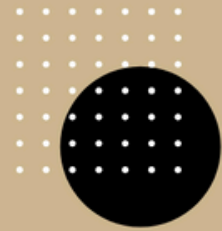
Extension Program Assistant

Jane Lasher

Administrative Assistant

Julie Age

Administrative Assistant



INTERNSHIP OPPORTUNITY!

Why be bored over the summer?

Become this year's summer intern at the Harrison County Purdue Extension office. This is a 10-11 week, 40 hour per week, paid experience!

Learn by assisting Extension educators and staff with educational workshops, the 4-H Fair, and the always popular 4-H Mini Day Camp!

Duties include, but are not limited to: preparing program supplies, helping with 4-H Fair check-in and check-out, assisting with the 4-H Exhibit Hall Awards Ceremony, attending 4-H livestock programs, and planning and presenting the 4-H Mini Day Camp. Your time as an intern with Purdue Extension will go quickly with so many activities and events!


Requirements:

- Have a high school diploma or GED
- Be able to speak in front of a number of people
- Have the ability to work both independently and as a team
- Be able to multi-task
- Enjoys working with children
- Be able to work some evening and weekend hours.



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Extension - Harrison County

 812-738-4236

Drop by the Harrison County Purdue Extension office at 247 Atwood St, Corydon for an application or call (812) 738-4236 for more information.

Harrison County Government is an equal opportunity employer.
Since this position is seasonal, there are no insurance or paid time-off benefits

Extension Board Annual Meeting & Open House



Harrison County Extension would like to thank our community sponsors, partner organizations, volunteers, Extension Board members, advisory committees, 4-H Council, extension-based organizations, county officials, and the community at-large for the continued support, hard work, and dedication to Purdue Extension's mission. The ongoing contributions and efforts of these individuals and organizations make all of our high-impact, research-based educational opportunities possible. The Annual Meeting had a full house of over 50 attendees! Thank you all for coming!

GRAZING TABLE

Thank you to Blackman Farms for sponsoring the grazing table and beverages! Guests got to graze a table of various fruits, vegetables, deli meats and cheeses, crackers, and dips. All items were strategically chosen to provide healthy options for our guests to enjoy!



Agriculture & Natural Resources Educator Report and Presentation

ANR Educator, Ariel Camm, started in May 2023, with programming starting in November. Direct County and Area Impacts with Harrison County ANR Involved:

- Adult Direct Contacts- 326
- Youth Direct Contacts- 650
- Indirect Contacts- 181
- Learner Minutes Direct- 1,990
- Learner Minutes Indirect- 510
- Client Consultations- 114

For her educational presentation, Ariel organized an interactive trivia game about cattle breeds and cuts of meat.

Extension Board Annual Meeting & Open House

HEALTH & HUMAN SCIENCES/COMMUNITY DEVELOPMENT EDUCATOR REPORT

HHS/CD Educator, Tara Beckman, was on maternity leave from December 2023- February 2024.

Direct County and Area Impacts with Harrison County HHS/CD Involved:

- Adult Direct Contacts- 734
- Youth Direct Contacts- 931
- Indirect Contacts- 146
- Learner Minutes Direct- 8040
- Learner Minutes Indirect- 486



NUTRITION EDUCATION REPORT

NEPA Cindy Finerfrock serves 3 counties: Harrison, Floyd & Clark In 2023 the Purdue Nutrition Education Program Evaluation and Reporting System tracked her impact:

- Direct Ed Reach at 173
- Indirect Ed Reach at 644
- Completed Survey Responses at 251
- 6 of her 15 Program Activities served Harrison County Community Partners
- 50% of her Indirect Activities served Harrison County
- 100% of her additional Community Partnership Programs were in Harrison County



COMMUNITY WELLNESS REPORT

Katie Davidson is the Community Wellness Coordinator for Harrison, Floyd, and Clark Counties. Katie helps make the healthy choice the easy choice. She collaborates with community partners on broader community change that involves policy, system, and environmental changes.

Policy, Systems, and Environment Change Initiatives with Harrison County CWC Involved: 4

Grant dollars secured for Harrison County Initiatives due to CWC involvement: \$6,000

HHS, NEPA, AND CWC PRESENTATION

Tara Beckman, Katie Davidson, and Cindy Finerfrock joined forces and did their educational presentation together, focusing on "Eating Smart and Moving More," which included MyPlate guidelines and a short segment of intentional movement by attendees.

Guests participated in "This or That: Food Edition", a low impact standing chair exercise with modifications for those limited in physical mobility. The purpose was to stretch, think through food choice offered on our Grazing Table, and oxygenate our brains while sitting through the evening's presentations.



Extension Board Annual Meeting & Open House

ABOVE & BEYOND AWARD

The Above and Beyond Award recognizes someone who volunteers their time towards Purdue Extension Harrison County, participates and gives back in a variety of ways, and simply, goes Above and Beyond to make a positive impact in our community.

Michele and Randal Clifton have volunteered with 4-H for 16 years each, with over 30 combined years as Harrison County 4-H volunteers. They are dedicated Shooting Sports Instructors as well as Super Shooters 4-H Club Leaders. They are organized, dedicated, highly-qualified individuals who have built a team of approximately 15 adult volunteers providing top-quality instruction.



OUTSTANDING SERVICE AWARD

The Outstanding Service Award recognizes someone who volunteers their time towards Purdue Extension Harrison County. This award is given to an individual, organization, or business not employed at Purdue for outstanding service or contributions to extension programs, services, or practices.

Kyle Nix's commitment and contributions to the Harrison County community reflect his ideals to make the world and our local community a better place. If there is room for improvement or growth at Harrison County Extension, or in the community at large, Kyle Nix is always willing to step in and do the work that it takes to solve problems and effect change. Harrison County truly is a better place, thanks to Kyle's contributions.



FRIEND OF EXTENSION AWARD

Recognizes someone in our community that has a long-standing, deeply-devoted, relationship with Purdue Extension Harrison County and its many initiatives. Karen Schwartz is actively involved in Harrison County Master Gardeners, the Blue River All-Stars 4-H Club, Extension Homemakers Blue River Hills Club, and acts as president of the Historical Society.

Karen is a dedicated, passionate, and dynamic individual who personifies the spirit and mission of Harrison County Purdue Extension.

Thank YOU for your continuing support!



Extension Board Annual Meeting & Open House

10 YEARS OF OUTSTANDING SERVICE AWARD

We awarded our Office Manager, Mary Eve, with a surprise award to recognize her 10 years of Outstanding Service and Dedication to all of Extension. Mary is often referred to the “fairy” in the office because of how she can magically and swiftly make things possible. She has made such an impact on everyone she has come in contact with and we appreciate everything she does for Purdue Extension-Harrison County.



Thank you to all of our Award Recipients!

Thank you to everyone who has supported Purdue Extension and everything we do to be Indiana’s educational partner for life! We couldn’t do the things we do without everyone’s support! Congratulations!

EXTENSION BOARD ELECTION RESULTS

Each County Extension Program in Indiana is supported by the work of a County Extension Board, which provides guidance on the overall direction of programming and also advocacy for the work of Extension within the community.

We’d like to recognize and congratulate our new Extension Board members for Harrison County Purdue Extension.

- Wanda Phillips
- Jake Blackman
- Kendra Davis
- Nathan McClure
- Debbie Schweitzer
- Ken Tingler
- Ron Byerley
- Nicole Boone
- Pam Bennett Martin
- Kathy Eschbacher Timberlake
- Kyle Nix
- Maryland L. Austin
- Lisa Uhl



Extension - Harrison County

Congratulations

Agriculture and Natural Resources (ANR)



Pesticide Applicator Program

On March 20th at Purdue Extension Harrison County, 31 participants continued their education credits towards their PARP license. Speaker, Glenn Longabaugh discussed nitrogen and phosphorus in the soil, Bill Johnson covered weed identification and management, and Richard Beckort spoke about worker protection and certification requirements. All participants learned a lot of useful information in this session to take back to their land and implement.

Thank you to the Indiana Corn and Soybean Alliance for sponsoring this program!



Rooted In Ag

On February 6th, in celebration of National Pizza Day, ANR Educator, Ariel Camm, led an interactive and hands-on program for 9 participants about the ingredients in our pizzas and how they are rooted in agriculture. Each participant was able to create their own "Take & Bake" pizzas. Ariel discussed agriculture as it relates to each ingredient. Planning and organization was evident as toppings were separated into individual cups perfect for trading and individualizing. Ariel also kept it interesting with fun facts about pizza and agriculture!

Did you know that Harrison County is the #2 beef producer in the state of Indiana?

The pace of the class allowed for socializing, interacting, questions & answers. Did you know that pepperoni is the number one pizza topping in the US?

Discussions led to interesting topics and ideas for possible future programs...who knew everyone was so interested in mushrooms! Thank you to everyone who came and enjoyed learning about how agriculture is all around us and in the foods we eat!



PARP @ Premier Ag

Harrison County ANR educator, Ariel Camm, and Crawford County ANR Educator, Molley Hasenour, led a PARP session at Premier Ag on February 19th.

All 55 participants learned about various topics such as soil pH, fungicides, soil fertility, worker protection, and keeping track of records.

A delicious breakfast and lunch was provided. Thank you to the Corn and Soybean Alliance for sponsoring this PARP session.

Thank you to Premier Ag for hosting!

Beginner Gardener Workshop



ANR Educator, Ariel Camm, led a FREE Beginner Gardening Workshop for a total of 23 participants on February 27th. This class was a very high interest level and there were many great discussions and questions asked throughout the class. Participants were at varied levels of gardening ability from experienced to "I just ordered my raised garden beds online today."



Everyone learned about the following topics:

- Site selection and factors to take into consideration such as sunlight, space, slope, and drainage
- Types of gardens: in-ground, raised, and container
- Importance of soil health and testing
- How to read a seed packet

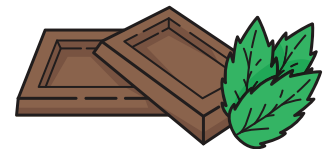


Each participant planted their own seeds in an egg carton to take home. They planted a vegetable of their choice and also received herb seeds to take home. Ariel informed everyone about upcoming workshops and opportunities to become involved with ANR programming and each participant got to take home a packet of Extension-based information to help them get started with their home garden.

Thank you to Bomgaars for donating the seeds used in this workshop!

Monthly Extension Challenge Kits

February 18th was national Chocolate Mint Day! In February, we learned all about the components of chocolate mint and how it's created! February Challenge Kits included a "Mint to Achieve" journal, and a meltaway mint science experiment. Mint has been grown agriculturally in Indiana since the 1800s and over 5,500 acres of mint are grown statewide. Youth and adults also had the chance to taste an actual roasted cacao bean which grows on the plant from which our beloved chocolate is derived.



Thank you to [Uhl's Feed & Small Engine](#) and the 4-H Council for sponsoring this month's challenge kit.

The first day of March was National Pork Day. Our March Challenge kit had information about American pig breeds and a fun craft project, a Piggy Bank. If you are in 4-H, this can be entered as a scrap craft project.



WHAT: What is an Extension Challenge Kit? Our monthly challenge kits provide instructions and most materials to do a DIY educational project or two on your own. The kits are geared towards ALL Harrison County community members, and focus on Extension education areas such as Agriculture and Natural Resources or Health and Human Sciences. Our kits are FREE, but come in limited quantities so be sure to check in with us at the first of each month.

WHEN: We release our challenge kits at the beginning of each month in the Extension Office. You can come in Monday-Friday 8:00am-4:30pm to pick yours up in person. Check our Facebook for information at the first of each month regarding challenge details, and feel free to call the office to see if kits are still available (limited quantities).

ANR and HHS Collaboration



Grow It, Cook It: Onions

On March 12th, 11 participants participated in the Grow It, Cook It session featuring Onions!

This fun workshop helped everyone gather a better understanding of growing and cooking onions.

HHS Educator, Tara Beckman, gave tips on cooking onions, nutrition they provide along with other recipe ingredients, health benefits, and how to select and store them. She prepared a scallion flatbread, healthy french onion dip, and had pickled red onions to sample.

ANR Educator, Ariel Camm, presented information about varieties of onions, diseases, and pests. She also spoke about how to plant onions by leading an activity that had participants plant their own onion sets in a cup. They could then take those onions home and have onion sets to grow in their gardens.

Overall, participants grew their understanding in producing and consuming onions!

Health and Human Sciences (HHS)



IEHA Spring District Meeting

On Thursday, March 14th, Indiana Extension Homemakers in the Bedford District gathered for a royal event—the Spring District Meeting! Over 30 guests were in attendance and represented Clark, Harrison, Jackson, and Scott counties. The day featured informational sessions that focused on the three pillars of Indiana Extension Homemakers Association (IEHA)—service, leadership, and volunteer community support.

Presentations were given by visiting IEHA State Officers and included information about the upcoming annual Home and Family Conference schedule for June 10th-12th in Noblesville, IN, the benefits of becoming an IEHA club member at the county level and the access to a worldwide organization it provides to each of its members, and a report from State President, Peg Peters, regarding the importance of Getting Connected, Staying Connected. No royal day would be complete without a feast (lunch) and entertainment. In fact, the day's entertainment was a skit titled "Just Come to Harrison County & Here Is What You'll See" written by the Blue River Hills Homemakers Club and presented by our very own Harrison County Extension Homemakers. If you live in Harrison County, or have ever passed through, you'll surely recognize each of the 12 featured Harrison County places of interest. Just come to Harrison County, you'll see.... What a treat to see and hear about all that Harrison County has to offer!

4-H and Youth Development



Mini 4-H Decoupage Workshop

You're never too young or old to learn something new! Miss Mary learned this lesson recently. Having never tried decoupage, much research and practice went into being able to teach this class. Decoupage is the art of decorating an object by gluing cutouts onto it. By using only the top layer of decorated paper napkins, the Mini's created miniature works of art. They completed three projects: a paper plate, a bookmark, and a planter. As well as all the help from adults, a couple of traditional 4-H members came by to lend a hand. Many thanks to all for making this a great 4-H Mini's workshop!

-Miss Mary



Middle Tennessee State Horse Judging Contest

Members of Lucky Horseshoes 4-H Club Horse Judging Team attended Middle Tennessee State University March 19, 2024. Middle Tennessee State university Regional Horse Judging Contest was a success! 50 Teams 315 entries and 4 states represented from Junior to Collegiate level. These 10 girls did amazing! Junior High teams of Eliza Chancey, Bristol Binkley, Summer English, placed 3rd in Halter Team and 8th overall Jr High Team. Paige Schmelz, Mallory Wolfe , Regean Crain and Emily Stansbury placed 3rd in Performance Team score and was 9th overall. Summer also scored top honors with a 4th place individual in Halter and just missed the top ten overall individual with an 11th place! Big congratulations to some hard work paying off! The team is coached by Lora Tucker.



State Horse Bowl and Hippology CDE

4-H State Horse Bowl & Hippology teams traveled to Purdue University March 23, 2024 to compete in horse knowledge and quiz bowls.

Members are from Lucky Horseshoes 4-H Club. The teams are coached by Lora Tucker.

Hippology Junior team of Beau Hentrop, Kayli Embry, Savannah English and Cadence English finished 5th and same members finished 4th in Horse Bowl.

Intermediate Hippology Team of Paige Schmelz, Mallory Wolfe, Reagan Crain, Emily Stansbury placed 3rd.

Bristol Binkley placed 10th in Individual Hippology.

Intermediate Horse Bowl Team of Eliza Chancey, Summer English, Nathaniel Folz and Bristol Binkley finished 4th.

Also participating were December English, Alayna Embry, Lucas Folz and Jesse Folz.



4-H and Youth Development



4-H Junior Leaders

The Harrison County 4-H Junior Leaders served hot meals at a local church as a part of their community outreach on February 12th. Thank you all for serving our community!



Carcass Workshop

10 youth participated in the 4-H Carcass Project Workshop on March 9th. ANR Educator, Ariel Camm led a presentation discussing what carcass is, the carcass scanning procedure, wholesale vs. retail, USDA meat cuts, and marbling. She then had a fun, educational, and interactive activity identifying meat cuts.



4-H volunteer, Kyle Nix, discussed beef and pork cut examples with real meat to talk about marbling, backfat, the color of meat, and how to score meat cuts. As Kyle was quizzing them on what meat cuts were from what animal, they were thrown off when they were presented deer as a meat! Everyone was very engaged and had a fun time learning more about what to look for in their market animals' carcass scans at the fair.



Quality Livestock Care

A total of 23 4-H'ers attended the Indiana Quality Livestock Care Training on March 26th at the Extension Office taught by ANR Educator, Ariel Camm. Everyone learned various topics that will help them to properly take care of their livestock. They learned the relationship between livestock producers in 4-H and Agriculture, proper show ring ethics, relationships between veterinarians, how to maintain the well being of animals, and what to look for when detecting diseases.



Purdue Extension
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Extension - Harrison County

February-March 2024

QUARTERLY NEWSLETTER

Tara Beckman

County Extension Director & Extension Educator
Health and Human Sciences
Community Development

Ariel Camm

Extension Educator
Agriculture and Natural Resources

Position Open

Extension Educator
4-H Youth Development

Katie Davidson, MS, RD

Community Wellness Coordinator

Cindy Finerfrock

Nutrition Education Program Advisor

Mary Eve

Office Manager

Jocelyn Faith

Extension Program Assistant

Jane Lasher

Administrative Assistant

Julie Age

Administrative Assistant

Introducing our Health and Human Sciences & Community Development (HHS/CD) Educator, Tara Beckman, now as our new County Extension Director (CED)!

For the last two years, Tara has served in the HHS/CD Educator role within the office, where she has formed and strengthened county partnerships, delivered educational programming and processes that strive to address county needs, and has worked diligently to uphold Purdue Extension's mission in Harrison County. She will continue to work in these capacities, in addition to the CED role, moving forward.

Tara looks forward to talking with and working alongside county leaders and community members from this new capacity, while providing on-going support toward Extension's program areas and the impactful work each are doing in Harrison County.

