

Heart Lines.....Your link to Purdue Extension

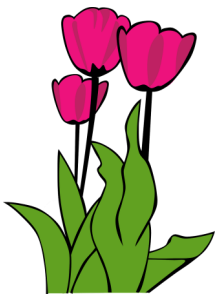
<http://www.extension.purdue.edu/madison>

Purdue Extension
Madison County
Health & Human Sciences

3424 Mounds Road
Anderson IN 46017
765-641-9514

Fax
765-641-9517

**April
2024**



New Member

Marti King
Creative Friends



**In
Memoriam**

Mary Jane Baker
Creative Friends

Nancy Murray
Jackson Twp.

Carolyn Brake
Profit & Pleasure



“Spring Event”

Spring Is In The Air”

April 17, 2024

11:30 - 1:30 pm
Madison County
4-H Farm Bureau Building

Guest Speaker: Tracy Walters
From TANL (Foster Care)

Lunch cost: \$10.00

Menu:

Chicken Casserole

Salads

Variety of Desserts

Reservations due by April 12th
Call the Extension Office to make reservation (641-9514)
Pay at the door.

Women’s Health Day

May 8, 2024
1:00 - 3:30 p.m.
Madison County 4-H Fairgrounds

Bring your own drink and snack
(if you wish)

Topics:

Anxiety in Older Adults
Covid Booster Shots & Other Vaccines For Older Adults
Longevity - The Latest & Greatest





HAPPY SPRING EVERYONE!

First and foremost, this has been such a roller coaster ride of weather in March. Unseasonably warm, then a few days later bitter cold, back to warm and then of course we had the tornadoes that devastated Randolph County (Winchester and Selma). Please be praying for all the people that were affected by the tornadoes.

At the time of writing this article, we just wrapped up **International Day 2024!** As you all know it was a HUGE SUCCESS!!! We were blessed with decent weather, great publicity (through newspapers, Facebook posts and signage on SR9. All clubs did a fabulous job with your table displays and of course we can not forget all the tasty food that was served. In total we had a little over 100 visitors. I also received lots of positive and very little negative feedback. **YOU SHOULD ALL BE VERY PROUD OF YOURSELVES!** Finally, thank you to my committee members and all the volunteers that helped out in the kitchen and at the registration table as hostesses, Pam Bendt, and Laura Gwaltney for all your hard work. As well as my committee and volunteers, (I will be acknowledging everyone individually by name in my chairperson report and at the next Presidents Council Meeting in May). **THANK YOU ALL!**

The **Spring New Castle District Meeting** took place on March 4th, in Randolph County (Winchester, Indiana). The theme this year was " Sweet Dreams ", The keynote speaker was a gentleman who recently took over a non-profit organization that makes twin size and bunk beds for children who do not have beds in their homes. Just in the first couple of months over 100 beds have been built and delivered to youth in the Randolph County area. The food served for lunch was delicious and we must not forget how nice it is to see all of our friends from other counties once again.

Next, the **Madison County Quilt Seminar** that was scheduled for Saturday, April 6th had to be rescheduled to a later date. This event has been **postponed to Saturday, September 21st, 2024 from 9:00 a.m. - 3:00 p.m..** Peg Peter always does a great job putting this event together, with great speakers, workshops, lots of vendors, good food and we must not forget plenty of "shoppertunities". So please mark your calendars for the "new date".

Our next event taking place is "**Spring Event**", which will be **Wednesday, April 17th from 11:30 a.m.-1:30 a.m. at the Madison County 4-H Farm Bureau Building in Alexandria.** If you plan on attending this event please contact the **Extension Office (765-641-9514) NO LATER THAN APRIL 12TH TO MAKE YOUR RESERVATION.** The guest Speaker will be Tracy Walters (Executive Director with Turned Away No Longer). This program works in conjunction with The Madison County Foster care program. The cost for this event is \$10 (Pay-At-the-Door) for lunch. The menu is Chicken casserole, various salads and a variety of desserts.

**** LADIES PLEASE PLAN ON ATTENDING THIS EVENT Tracy Walters is a very powerful and motivational speaker.**

ACWW walk is also coming up soon. We will walk at the Madison County Fairgrounds (hopefully the weather will be nice to walk outside) on **Saturday, April 20th beginning at 10:00 a.m.** (we will meet at the 4-H Farm Bureau Building out front). **PLEASE GET DONATIONS FROM FRIENDS & FAMILY AND WE WILL HAVE A FUN TIME WALKING!**

Last but certainly not least, mark your calendars for "**Women's Health Day**" which takes place at the 4-H FARM BUREAU building in Alexandria, on **Wednesday, May 8th** (I will include the time in the May newsletter). Cathy Kelich always does a phenomenal job of putting together a very informative program for women.

**** PLEASE KEEP YOUR EYES OPEN FOR REGISTRATION INFORMATION WITH HOME & FAMILY CONFERENCE IN JUNE**

Your County President,
Maribeth A. Flynn

**Madison County
4-H Fair
July 21 - 27, 2024**



Be planning and preparing for the 4-H Fair. July will be here before you know it. Invite your family and friends to the Plant Sale and Food Auction (July 23rd).

Dates for Your Calendar

Executive Board Meetings: Extension Office

Wed., April 10, 2024..... 10:00 am
Wed. June 12, 2024.....10:00 am

County Events:

Spring Event.....April 17
ACWW Walk.....April 20
Women's Health Day.....May 8
Home & Family ConferenceJune 10 - 12
Achievement Day.....June 19
Madison County 4-H Fair.....July 21 - 27
Area VII E.H. Retreat.....August 26-27

President Council Meeting Pitch-In



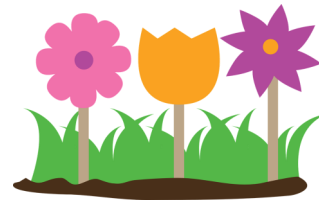
May 1, 2024

Committee Meetings 9:30 a.m.

Council Meeting 10:30 a.m.

Drinks will be furnished. Bring side dishes and table service. This meeting is for both current and incoming presidents. Don't forget the meeting is 10:30 a.m. and then we eat!

Memorial Garden Workday
After Council Meeting



**2024 IEHA Home and Family
Conference
June 3 - 5, 2024**



This conference is for Indiana Extension Homemakers Association (IEHA) members and those in the general public interested in issues dealing with the family, such as leadership, human development, resource management, food and nutrition, and health and wellness.

For more information visit:
<https://ieha-families.org/programs/home-and-family/>

Educator Note:

Hello Extension Homemakers,

Happy Spring! 😊

Did you know April is National Financial Literacy Month? One important topic that goes hand in hand with finances: SCAMS/FRAUD. Are you confident in your ability to detect a scam? One resource that can help keep you up to date on the latest scam trends is the Federal Trade Commission. If you visit [FTC.gov/scams](https://www.ftc.gov/scams) you will find information on the latest scams. At the bottom of this website, you can click the button “Get Consumer Alerts” and sign up for emails from the FTC.

Here are a few ways to identify if it is a scam (provided by the Federal Trade Commission):

1. Scammers PRETEND to be from an organization you know.
They may use a real name (ex: the IRS, Social Security Administration, Medicare)
2. Scammers say there’s a PROBLEM or a PRIZE.
They may say you’re in trouble with the government or you owe someone money.
Others will lie and say you won a vacation or lottery but have to pay in order to receive the prize.
3. Scammers PRESSURE you to act immediately.
They may threaten to sue you or state that your computer is about to be corrupted.
4. Scammers tell you to PAY in a specific way.
Often scammers insist you pay by wiring money or using a payment app/gift card.

If you believe you have been scammed, report it to the FTC. You can report it at [ReportFraud.ftc.gov](https://www.reportfraud.ftc.gov)

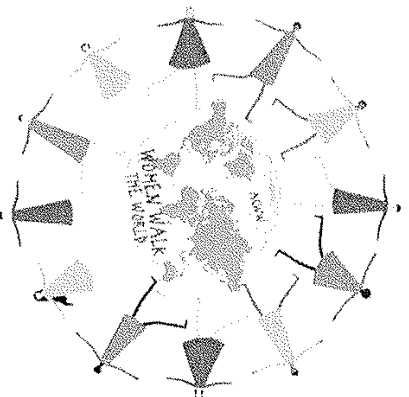
Upcoming Programs*:

- **Living Well Night:** April 22, 2024 3:00-6:00 p.m. at the Delaware County Fairground’s Heartland Hall. To register call: 765-747-7732. Red-tail Land Conservancy will talk about native plants and landscaping. HHS Educators will share information on composting, healthy eating, and more! This event is FREE to attend. However, if you would like to bring your PRESTO pressure canner gauge to be tested, that will be \$5/gauge (cash or check only).
- **Where Does Your Money Go? VIRTUAL:** April 22, 2024 and April 29, 2024 at 11:00 a.m. ET via Zoom. This two-session program will cover personal finances and look at tools for budgeting. Registration is required. Register by calling 765-641-9514 or emailing dvorhees@purdue.edu
- **Nutrition for Older Adults:** June 18, 2024 at 2:00 p.m. ET. This session will be held at the Community Hospital Education Center (1923 N Madison Ave, Anderson, IN 46011). Registration is required. Please call 765-641-9514 to register.

**Programs are subject to change.*

As always, please feel free to reach out if you have any questions.

Kind regards,
Danielle Scott
Health & Human Sciences Extension Educator



ACWW is active in over 70 countries worldwide, working in partnership with members and member societies, offering women the chance of a better life through mutual support, friendship and practical help.

ACWW is dedicated to raising the standard of living of women, their families and communities through a range of development programmes and projects.

ACWW's 'Water for All' fund supports clean water and sanitation projects, providing water tanks, bore wells, hand pumps, etc.

ACWW's 'Women Feed the World' fund supports subsistence food production, co-operatives, training in appropriate agricultural techniques, credit savings schemes, etc.

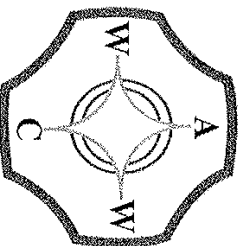
ACWW funds about 40 development projects annually. These are proposed by local member societies or communities and may relate to the above funds or else to leadership and skill training, nutrition, education, literacy and basic education (including family planning and HIV/AIDS awareness), small businesses or income generating schemes. If funded, the projects are monitored and assessed to ensure a successful outcome.

ACWW also works at giving rural women a voice at international level through its links with the United Nations.

WOMEN WALK THE WORLD AIMS TO PROMOTE ACWW'S WORK AND TO RAISE ADDITIONAL FUNDS FOR ITS VALUABLE WORK.

The Associated Country Women of the World (ACWW)
Mary Sumner House, 24 Tuffon Street, London SW1P 3RB, England
<http://www.acww.org.uk> | info@acww.org.uk
Reg. Charity No. 290367

Please Sponsor Our Walk
WOMEN WALK THE WORLD for ACWW
CONNECTING & SUPPORTING WOMEN & COMMUNITIES WORLDWIDE



I am taking part in *Women Walk the World* for the Associated Country Women of the World (ACWW), Charity No. 290367. I would like to promote the work of ACWW and also raise money for ACWW. For more information please visit www.acww.org.uk

DATE OF WALK _____ NAME _____

LOCATION (START/FINISH) _____ ADDRESS _____

DISTANCE _____ EMAIL _____

SPONSORSHIP DETAILS

	NAME	ADDRESS	AMOUNT
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			



April 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Line Dancing 9:30 - 11:30	2	3	4	5	6
7	8 Line Dancing 9:30 - 11:30	9	10 Executive Board 10:00 a.m. FUMC	11	12	13
14	15 Line Dancing 9:30 - 11:30	16	17 Spring Event 11:30 - 1:30 4-H Building	18	19	20 ACWW Walk 10:00 - 11:00 a.m.
21	22 Line Dancing 9:30 - 11:30	23	24	25	26	27
28	29 Line Dancing 9:30 - 11:30	30	May 1st E.H. Council 10:30 a.m. 4-H Building			

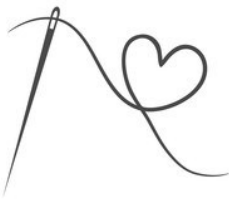
International Day



We had another great International Day!

Thanks to all who attended or helped in some way!

Quilt Seminar



The Quilting Seminar that was previously scheduled for April 6th has been postponed until September 21st. Stay tuned for further details in upcoming newsletters. Thank you!

Madison County Master Gardener Association



Annual Plant Sale

May 11th, 2024
9:00 - 1:00 p.m.
Madison County Farm Bureau
4-H Building
512 E. 4th Street
Alexandria, IN 46001

All proceeds will be used for community educational opportunities.

If you have some plants you would like to donate you can call Carol Coburn—765-623-7515 and she will be glad to come and get them.

Did you know that April is Humor Month?



Join your friends and have a good time laughing together!