

Preserving and Storing Foods

As the bounty of our gardens, orchards and farm fields arrives in farmer's markets and grocery stores, many Hoosiers look for ways to preserve the foods that are so abundant now. Purdue Extension has a number of free, online publications that tell you how to freeze, can, dehydrate and store fresh fruits and vegetables. Here's a list:

Preserving Vegetables

Freezing Vegetables at Home,

www.ces.purdue.edu/extmedia/CFS/CFS-134-W.pdf

Let's Preserve Sweet Corn,

www.ces.purdue.edu/extmedia/CFS/CFS-595-W.pdf

Let's Preserve Snap Beans,

www.ces.purdue.edu/extmedia/CFS/CFS-594-W.pdf

Let's Preserve Leafy Greens,

www.ces.purdue.edu/extmedia/CFS/CFS-592-W.pdf

Let's Preserve Peppers,

www.ces.purdue.edu/extmedia/CFS/CFS-593-W.pdf

Let's Preserve Pickles,

www.ces.purdue.edu/extmedia/CFS/CFS-596-W.pdf

Let's Preserve Sauerkraut,

www.ces.purdue.edu/extmedia/CFS/CFS-610-W.pdf

Let's Preserve Tomatoes, www.ces.purdue.edu/extmedia/CFS/CFS-583-W.pdf



Preserving Fruits

Freezing Fruit at Home, www.ces.purdue.edu/extmedia/CFS/CFS-135-W.pdf

Let's Preserve Apples, www.ces.purdue.edu/extmedia/CFS/CFS-589-W.pdf

Let's Preserve Berries (Except Strawberries),

www.ces.purdue.edu/extmedia/CFS/CFS-587-W.pdf

Let's Preserve Cherries, www.ces.purdue.edu/extmedia/CFS/CFS-585-W.pdf

Let's Preserve Peaches, Apricots, Nectarines,

www.ces.purdue.edu/extmedia/CFS/CFS-588-W.pdf

Let's Preserve Pears, www.ces.purdue.edu/extmedia/CFS/CFS-584-W.pdf

Let's Preserve Strawberries, www.ces.purdue.edu/extmedia/CFS/CFS-586-W.pdf

Let's Preserve Fruit Pie Fillings, www.ces.purdue.edu/extmedia/CFS/CFS-590-W.pdf

Let's Preserve Jelly, Jam, Spreads, www.ces.purdue.edu/extmedia/CFS/CFS-591-W.pdf

Uncooked Jams, www.ces.purdue.edu/extmedia/CFS/CFS-131-W.pdf

Drying Foods

Drying Foods at Home, www.ces.purdue.edu/extmedia/CFS/CFS-146-W.pdf

Safe Storage of Foods

Spotlight on Freezer Storage, www.ces.purdue.edu/extmedia/CFS/CFS-422-W.pdf

Spotlight on Refrigerator Storage, www.ces.purdue.edu/extmedia/CFS/CFS-424-W.pdf

Spotlight on Cupboard Storage, www.ces.purdue.edu/extmedia/CFS/CFS-423-W.pdf