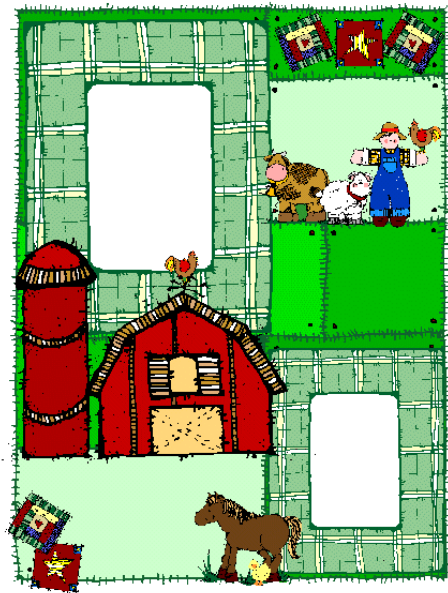
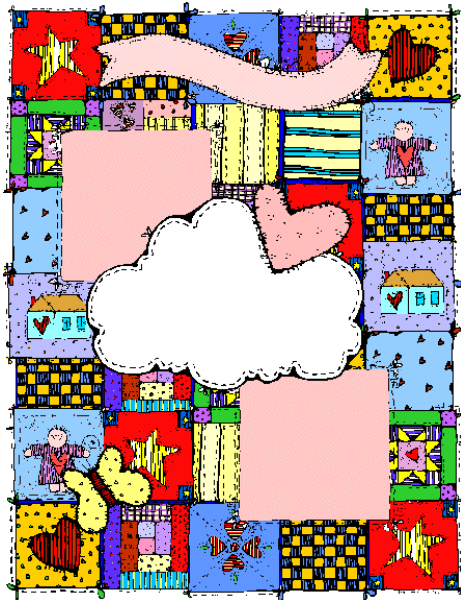


***CASS COUNTY***

***4-H MEMORY***

***BOOK PROJECT***



### **SAMPLE SCORECARD**

Originality and Creativity	20%
Completeness of white Achievement Record	10%
Completeness and Content of Leadership and Citizenship Part	10%
Organization	20%
Neatness and Completeness	20%
All items properly identified	10%
All items securely mounted	<u>10%</u>
	100%

11-2001

An Affirmative Action/Equal Opportunity Institution

## 4-H Memory Book Project

Beginner - Grades 3–5

Intermediate – Grades 6-8

Advanced - Grades 9 - 12

The purpose of this project is to encourage 4-H members to keep accurate records of their projects, offices held, activities and any other awards, trinkets or potpourri related to 4-H. The object is not to collect the most scraps and the thickest scrapbook, but to develop a neatly organized and meaningful collection of your 4-H accomplishments and memories. This book serves as a record of your 4-H experiences and cherished memories of your 4-H days. It is also a record of your personal growth, and will be a treasured keepsake when you are older. Accomplishment listings will include leadership, citizenship, and community service activities.

### **Exhibit Requirements:**

1. Complete the book according to the guidelines given. Submit it to the county fair for judging.
2. Books will be judged by the Beginner, Intermediate, and Advanced categories.

### **Guidelines in putting your books together:**

4-H Memory Books can be any dimension or thickness. 4-H Memory Books should be able to come apart so new pages can be added or they should have enough pages for additional years in 4-H.

All items in the 4-H Memory Books must be securely mounted and labeled. Pages do not need to be covered in plastic, unless the member desires to have them covered or wish to protect very important items.

The 4-H Memory Books should have a secure cover. The cover can be plain or decorated, homemade, or purchased. Because of the expense of elaborate scrapbooks, members may want to consider constructing their own 4-H Memory Books using a 3-ring binder and heavy bond paper or some similar arrangement.

4-H Memory Books could be arranged in volumes so that each year (or two years) would be a new volume. If that is the case, all volumes to date would be exhibited and Achievement Sheets would appear in the front of each volume.

Members should consider taking pictures of their projects to put in the 4-H Memory Books. These pictures should be labeled and securely mounted. The photo quality will not be a factor in judging. You may want to have a friend or parent take pictures of you working on your projects.

Be creative, imaginative, organized, and neat. In return, you will be rewarded with a permanent record of your 4-H activities which will bring years of memories and enjoyment.

## **Why Keep Records?**

1. It offers training in keeping records that can be useful in real life situations. It will help in developing habits and attitudes, and provide experience that will be helpful in future professions or careers.
2. Help in determining profit or loss on projects.
3. Serve as a basis for planning 4-H programs for future years.
4. Serve as a basis for evaluating 4-H work.
5. If continued, 4-H records will give a concise picture of overall project or business situation.
6. Will serve as a day-to-day record of 4-H member's activities as he or she grows from childhood to young adulthood.
7. Well kept 4-H records will serve as ready reference for filling out job applications and interviews.
8. Esthetic value. A 4-H record has a deep personal value to the person who keeps it.
9. Many recognitions and rewards in 4-H work are based on record books.



## **The Way to Assemble Your 4-H Memory Books Components:**

Your 4-H Memory Book is an organized presentation of what you have learned and accomplished in 4-H. When accurately kept and carefully assembled, it is a useful tool for determining your own progress and personal growth. Your 4-H record should be neat, complete and organized in a logical sequence with repeating kept to minimum. This happens as the result of careful planning.

### **PUTTING YOUR RECORD TOGETHER**

1. Your cover must have your name and category (Beginner, Intermediate or Senior) on the front. Pictures and decorations are optional.
2. The first page inside your 4-H Memory Books needs to be the “Cass County 4-H Report Form”.
3. The next component of your scrapbook will be your white “My Record of 4-H Achievement” card(s).
4. You are now ready to include your “4-H Leadership Experiences” (parts A & B) pages.
5. “Citizenship/Community Service” (parts A & B) pages are to follow the Leadership information.

NOTE: Senior Category members may replace #4 & #5 with the “4-H Resumé Scholarship” application which is a 1-2 page resumé that shares 3 or more life skills that have been strengthened through 4-H participation. ★If Seniors are including a resumé that has been submitted for state competition, all corrected errors and judges marks must be removed and updated.

6. Include any photographs, materials, memorabilia, newspaper articles, etc. that you want to include in your 4-H Memory Books and enjoy putting it together.





# CASS COUNTY 4-H REPORT FORM

YEAR\_\_\_\_\_

PREFERRED TO BE PRINTED IN INK BY PARTICIPANT OR CAN BE TYPED.

NUMBER OF YEARS IN 4-H \_\_\_\_\_

NAME\_\_\_\_\_BOY\_\_\_\_GIRL\_\_\_\_  
(FIRST) (MIDDLE) (LAST)

ADDRESS\_\_\_\_\_ZIP\_\_\_\_\_

SCHOOL\_\_\_\_\_GRADE(AS OF JAN. 1 CURRENT YEAR)\_\_\_\_\_

PHONE NUMBER\_\_\_\_\_AGE(AS OF JAN. 1 CURRENT YEAR)\_\_\_\_\_

PLACE OF HOME RESIDENCE (CHECK ONE)

\_\_\_\_\_FARM (# of acres\_\_\_\_\_) \_\_\_\_\_RURAL COUNTRY \_\_\_\_\_TOWN

NAME OF PARENTS OR GUARDIANS\_\_\_\_\_

NAME OF YOUR 4-H CLUB OR GROUP\_\_\_\_\_

NUMBER OF MEMBERS\_\_\_\_\_

## STATEMENT BY 4-H MEMBER

I have personally prepared this report and believe it to be correct:

Date\_\_\_\_\_, 20\_\_\_\_ Signature of 4-H Member\_\_\_\_\_

Name you want used in publicity\_\_\_\_\_  
(PLEASE PRINT)

## APPROVAL OF THIS REPORT

Date\_\_\_\_\_, 20\_\_\_\_ Signed:\_\_\_\_\_  
(PARENT or GUARDIAN)

Date\_\_\_\_\_, 20\_\_\_\_ Signed:\_\_\_\_\_  
(LOCAL 4-H LEADER)

Date\_\_\_\_\_, 20\_\_\_\_ Signed:\_\_\_\_\_  
(COUNTY EXTENSION EDUCATOR)



## 4-H LEADERSHIP EXPERIENCES

A. Have you helped other 4-H'ers with their 4-H club work or project work? If so, list the number of members you assisted, and how you helped them.

Example: Helped someone with a Foods demonstration; taught how to trim a sheep to three 4-H members.

[illegible]



### B. 4-H promotion Leadership

List things you have done to promote 4-H such as talks about 4-H in school or to other clubs, on radio and/or TV.

[illegible]



## CITIZENSHIP/COMMUNITY SERVICE

A. List citizenship and community service activities that you or your club have participated in. In each example, tell what you did.

(Example: paper drives, clean-up days, plant trees at school or community center.)

---

---

---

---

---

---

---

---

B. Non 4-H Experiences in Schools, Church, and Community

List your participation in school, church and community organizations other than 4-H; include participation, leadership roles and honors received. List only your most meaningful experiences.

---

---

---

---

---

---

---

---





## Indiana 4-H/Youth Development Accomplishment Scholarship Suggested Guidelines



### **Cover Letter**

- 1 page introducing your résumé.
- 4-6 paragraphs that will make the reader hurry to your résumé.

### **Résumé**

- Share with the reader a minimum of 3 life skills that you feel 4-H helped you strengthen.
- Tell what 4-H experience helped you strengthen the skills you listed. (Use action verbs that you can find in the Thesaurus).
- 4-H experiences must relate to category in which you are applying.

### **Format**

- See suggested format attached.

### **Life Skills**

- Here is only a partial list of some Life Skills you might consider.

Citizenship

Communication

Conflict Resolution

Cooperation

Coping

Creative Thinking

Decision Making

Honesty

Interpretation

Leadership

Listening

Making Healthy

Lifestyle Choices

Managing Resources

Managing Stress

Mastering Technology

Mathematics

Motivating Self

Negotiating

Organizational

Planning

Planning and Organizing

Problem Solving

Reasoning

Record Keeping

Speaking

Teamwork

Technology

Thinking critically

Time Management

Writing

## **Indiana 4-H Accomplishment Scholarship Categories**

- **Achievement**
- **Agriculture** (General: Animals, Crops, Veterinary Science, Weeds, Tractor, anything with Ag)
- **Beef**
- **Citizenship** (Community Service, International)
- **Communications** (Public Speaking/Demonstrations, Video programming, Share-the-Fun)
- **Dairy Cattle**
- **Electric**
- **Expressive Arts** (Arts & Crafts, Genealogy, Models, Personality, Share-the-Fun)
- **Foods/Food Preservation**
- **Home Management** (Child Care, Consumerism, Home Environment, Clothing, Fashion Revue, Foods, Food Preservation)
- **Horse**
- **Horticulture**
- **Junior Leaders**
- **Leadership**
- **Mechanical Science** (Aerospace, Bicycle, Computers, Electric, Lawn Garden, Tractor, Wood Science)
- **Natural Resources** (Aquatic, Bees, Entomology, Forestry, Geology, Sportfishing, Soil & Water, Weather, Wildlife)
- **Photography**
- **Poultry**
- **Public Speaking/Demonstrations**
- **Purdue School of Agriculture Leadership** (Specific to those entering the School of Agriculture in Fall, 2004.)
- **Rabbit**
- **Sewing/Fashion Revue** (includes: Consumer Clothing)
- **Sheep**
- **Shooting Sports Education**
- **Small Animals** (Pocket Pets, Cats, Dogs, Dairy Goats and Goats)
- **Swine**
- **Veterinary Science**

## RESUMÉ GUIDELINES

YOUR NAME  
Street Address  
City, State, ZIP

### SKILLS AND ACCOMPLISHMENTS

- Write about your 3 or more Life Skills in the order of importance as you see them.
- Write in “bullet style” or outline form (whichever you feel is best for you in telling the story). Use a **minimum of 10 point font size.**

*Examples (these are samples of style and layout only and are in small type to conserve space):*

#### **Leadership**

- Persuaded my 14 member 4-H group and the local Citizens Association to clean up and restore a neighborhood park, for which we won an award for civic beautification from the mayor.
- Organized a clean-up day and bake sale; press coverage resulted in more than \$1000 in donations from local businesses.

#### ORGANIZATION

- As a three-year coordinator of 4-H School Promotions, scheduled dates, times and room locations for our three elementary schools.
- Secured presenters, materials and obtained school releases and transportation for presenters. During five-year involvement, participated in filming of promotional tape, and represented 4-H by speaking to approximately 250 elementary students.

#### **TEACHING**

- Coached 45 young 4-H clothing members on different modeling techniques during hands-on clothing workshops over the last two years. This helped give the younger members more confidence on judging day.
- Demonstrated methods of zipper applications and other sewing tips for 50 members during our local 4-H club meeting last spring.
- Assisted my little brother as he learned how to make apple butter muffins for his Foods project.
- Instructed 170 children, during swimming lessons, over the last two summers.

#### **Knowledge Applied**

Studied rabbit books, judging standards, and procedures during my quest for success in Rabbit Royalty. My rabbit knowledge has improved, and my work paid off when I was awarded the State Fair Rabbit Duchess in 1996 and State Fair Rabbit Queen in 1998.

Able to recognize signs of poor health, can diagnose diseases or risks in my herd, and quickly solve the problem. I have also learned how to perform autopsies and give shots when they are needed. By learning about the genetics of rabbits, I am able to plan breeding and end up with the desired results.

#### FINANCIAL PLANNING:

- Developed skills of purchasing, budgeting and of money management.
- Determined break even costs for barrows by calculating the average price received at our auction and subtracting the production costs.
- Cost of production has been under the state average every year by careful planning on purchases, budgeting and using low cost inputs.

### FUTURE GOALS

List here, as briefly as possible, your future goals (short and / or long term). This may include 4-H, school, work, etc.

**NOTE:** (Although not required), if you have room and want to list honors, first list 4-H honors specific to the category in which you are applying, then outside honors.

**NOTE:** This résumé information is to be no more than 2 pages.