

AUGUST 2024

[www.extension.purdue.edu/Cass](http://www.extension.purdue.edu/Cass)  
[CassCES@purdue.edu](mailto:CassCES@purdue.edu)

# CASS COUNTY EXPRESS

## THE OFFICIAL NEWSLETTER FOR PURDUE EXTENSION - CASS COUNTY

Summer may be coming to an end, but Purdue Extension in Cass County is staying busy! Join us in welcoming our new HHS Educator, Kailey Dockerty, and see what the rest of the office has planned for the Fall of 2024!

### UPDATE FROM THE COUNTY EXTENSION DIRECTORS

Welcome back to the Cass County Express! Our summer has certainly been exciting- we welcomed a new member of our team, hosted the 2024 Cass County 4-H Fair, and have enjoyed a season of growth & learning with Cass County!

As we take continue to grow into our role as joint County Extension Directors, we have plans to continue supporting Cass County. With an active and revitalized Extension Boards and new Advisory Boards, we hope to be able to bring the programming and support that will help Cass County Thrive! If you are interested in learning more about Purdue Extension and what we do, stop by our office or reach out- we want to hear from Cass County!

-Claire Crum & Jessica Outcalt  
Cass County Extension Directors



Extension - Cass County

### HEALTH AND HUMAN SCIENCES

Hello! My name is Kailey Dockerty, and I am so happy to be joining the Cass County team. This role feels like the perfect combination of my professional skills, experience, and personal passions.

Prior to Extension, my career was in early childhood education, having worked as a teacher, professional development specialist, and quality improvement project manager. In my spare time, some of my hobbies include quilting, crochet, gardening, canning, hiking, and traveling. Like any crafter, I have more ideas than time.

Being new to the area, I am excited to meet folks throughout Cass County and build partnerships. I would love to meet you and learn how we might be able to collaborate. Call or email me at [kdockert@purdue.edu](mailto:kdockert@purdue.edu) or 574-753-7750 if you would like to chat! -Kailey Dockerty



### 4-H AND YOUTH DEVELOPMENT

The 2024 Cass County 4-H Fair was a success! I have been asked several times "What do you do now that Fair is over?" I usually wink and tell them I am going on vacation until the next fair!

Now that fair is over, my main focus is improvement and planning for future fairs! I have met with multiple councils and committees to review and reflect on the 2024 Fair in order to plan, prepare and improve upon what we saw and did in 2024.

This Fall, I am excited to go into the schools and promote 4-H through programming and activities inside all the county schools. Junior Leader meetings are starting up again, with all new members and officers being elected in September. I will be working at all Area VIII FFA Career Development Events, including the Livestock Skillathon, which I will be hosting at the Cass Co. Fairgrounds. I am looking forward to leading a Team Building workshop at the Cass County Community Development Program, exploring Grant Funding for future 4-H programs and attending several Professional Development opportunities including Navigating Differences, a statewide program being hosted in Logansport!

- Claire Crum

# CASS COUNTY EXPRESS

[www.extension.purdue.edu/Cass](http://www.extension.purdue.edu/Cass)  
[CassCES@purdue.edu](mailto:CassCES@purdue.edu)



## NUTRITION EDUCATION PROGRAM

Looking for a new recipe to for the end of summer zucchini? Below is the perfect recipe for a side dish:

### Baked Zucchini Sticks:

4 medium zucchini, 2 eggs, 1/8 cup milk, 1/4 cup finely grated parmesan cheese, 1 1/2 cup bread crumbs, 1 Tablespoon dry Italian herbs

**Directions:** 1. Cut zucchini into long sticks, about 3 inches long. 2. Microwave zucchini for about 3 minutes. Pat zucchini sticks dry with a paper towel. 3. Mix eggs and milk together in a small bowl. Mix cheese, bread crumbs and herbs together in another small bowl. 4. Dip zucchini sticks first into the egg mixture and then into the bread crumb mixture. 5. Arrange zucchini in rows on a metal baking sheet that has been sprayed with cooking spray. Broil zucchini sticks for about 12 to 15 minutes, turning once while cooking.

Recipe from: [www.foodhero.com](http://www.foodhero.com)

-Rachel Taylor

## COMMUNITY WELLNESS COORDINATOR

### The Cass County Community Garden

Earlier this year I worked with the Cass County Community Garden group to apply for a Growing Together grant through the Purdue Extension Nutrition Education Program. We received notification in late winter that we were awarded the maximum amount of \$1500 to expand and enhance the community garden this summer. The Cass County Community Gardeners are in their 2nd year of gardening in raised beds behind Empower Juice + Yoga. The group worked together to map out and plan their garden. Some of the plants they collectively decided to grow were lettuces, tomatoes, tomatillos and peppers. They are always welcoming new community members who are interested in gardening together. No experience is necessary to join. The group meets every Wednesday at 5:00 behind Empower to plant, weed and harvest produce that is then donated to Emmaus Mission Center Food Pantry. So far they have harvested 20 lbs of produce. If you would like to learn more about this group, find them on Facebook - Cass County Indiana Community Garden.

- Krista Pullen

## AGRICULTURE, NATURAL RESOURCES, AND COMMUNITY DEVELOPMENT

This summer has been an exciting and busy time in the office, and I've got an equally busy and exciting fall planned! Our office is full of seeds, thanks to a generous donation, and we're eager to watch the joy of plants spread into the county and neighboring counties through our new little seed library.

Next week I'll begin leading Cass County's Community Leadership Program with the Logansport-Cass County Chamber of Commerce, and in October I'll be helping to host a virtual workshop series, *Grass to Garden*, with the aim of helping build capacity for community gardens in the area.

Also in October, Logansport will host Purdue Extension Community Development for *Navigating Difference*, a 3 day workshop aimed at building cultural competency skills.

I'm eager to plan lots of fun programs over the next few months, ranging from Artificial Insemination in cattle, to rain garden design, to my favorites - bird and wildlife programs. Please reach out if you are interested in any of these programs or others!

- Jessica Outcalt



Extension - Cass County

200 Court Park, Room 302  
Logansport IN 46947  
[cassces@purdue.edu](mailto:cassces@purdue.edu)  
574-753-7750

# CASS COUNTY 4-H NEWS

## COUNTY FAIR IN REVIEW

The 2024 Cass County Fair continued the tradition of excellence for Cass County 4-H. Cass County saw over 25,000 attendees, even with poor weather on Wednesday night and Thursday morning! We had over 1000 head of livestock exhibited at the Fair this year, plus nearly 800 entries for State & County static projects, also known as Community Center projects. With nearly 500 4-hers, including our 100 Mini 4-Hers, this is small uptick in 4-H participation compared to 2022/2023

Highlights of fair week include the Premier Showmanship contest, won by 10 year 4-Her Kinsey Mennen, the Royal Showmanship Contest won by 10 Year 4-Her Kaylyn Zeigler, and the 4-H Parade of Champions where all of our static projects Champions and Judges Award winners were recognized. Plus, the Cass County Junior Leaders hosted the Stock the Trailer event, which collected over 1000lbs of food donated to the Emmaus Mission Center in Logansport, as well as a Red Cross Blood Drive, which collected over 35 pints of blood and earned \$350 for our Junior Leaders!

Fun Fact: for the first time in recorded Cass County fairs, all of the Barn Chairmen were women! Cass County is a great place for women in Ag!

## 4-H ONLINE & ENROLLMENT

4-H Enrollment & Re-Enrollment will open on October 1st, 2024. Youth and 4-H volunteers alike can enroll for the 2024/2025 4-H year starting on the 1st through 4-H Online. All 4-H Volunteers must complete their Annual Training through 4-H Online!



## IMPORTANT DATES



**September 6th-26th**  
**4-H Online is closed for updates**

**September 7th**  
**4-H Association Annual Pancake Breakfast**

**September 19th**  
**4-H Council Meeting & Livestock Meeting**

**October 1st**  
**Enrollment opens for 4-H in 2025**

**Adult Volunteer Training Dates: TBA**

## 4-H ANNUAL MEETING

The Annual 4-H Meeting will be on September 19th at 6:30pm at the 4-H Community Center. All 4-H Council Members should plan to attend in order to receive updates for 2025 and re-elect Council and Nominate Board members. The 4-H Livestock Councils will meet immediately following the 4-H Council meeting. The livestock rules of the 4-H Handbook will be reviewed and updated. Judges for 2025 will be recommended and updates for all livestock will be shared. The public are invited, but only approved 4-H volunteers and livestock Committee members are eligible to suggest judges and vote on rule changes.

## JUNIOR LEADERS

Junior Leaders is open to any 4-Her in 7th grade and up! The Junior Leaders meet once a month for Community Service activities, games & recreation and to host 4-H events and programs! The next Junior Leader meeting is scheduled for September 25th at 6:30pm., where we will be electing officers, recommending potential service project and planning future meetings. Come join the Future Leaders of Cass County!



