

# Extension Edge

An educational publication of Purdue Extension – DeKalb County



Extension - DeKalb County

March/April 2024

## Spring Garden Calendar

B. Rosie Lerner and Michael N. Dana

Timing horticultural events and practices can vary from year to year, depending on weather conditions. The following information is intended as a general guide.

### Indoor Plants & Activities

#### March

- Apply fertilizer to houseplants according to label directions as days grow brighter and longer and new growth begins.
- Remove spent leaves and flowers regularly to improve appearance and encourage more blooms.
- Start seeds of cool season plants for transplanting outdoors later in spring (early March for Northern Indiana, late February for Southern Indiana).

#### April

- Prune, re-pot, and clean houseplants as needed.
- Start seeds of warm-season crops for transplanting later to the garden (early April for Northern Indiana).
- Keep Easter lilies in a bright, cool location out of

direct sunlight. Water as soil begins to dry. The yellow pollen-bearing anthers inside the flower can be removed to prevent staining of the petals.

#### May

- Many indoor plants can be moved to a shady location outdoors after danger of frost is past (May). Plants will dry out more when kept outdoors, so check soil moisture often.
- Use cuttings of houseplants to increase your collection or share with your friends. Root the cuttings in media such as vermiculite, perlite, or potting soil rather than water. Roots grown in water tend to be weak from lack of oxygen and do not adjust well to being planted in soil.

### Woody Landscape Plants & Fruit Trees

#### March

- Prune trees and shrubs while plants are still dormant. Those that bloom early in spring should be pruned after flowers fade.

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## ACHIEVEMENT NIGHT IS WEDNESDAY, MAY 1, 2024

at The Exhibit Hall



Culture Arts Check in is at 5:00 to 5:45.  
Voting until 7 p.m.



Welcome at 6:00 p.m.



Dutch Heritage is catering,  
Pineapple chicken and roast pork, rice and peas and  
carrots, tossed salad, bread, coffee, punch, water and  
assorted pies.



Cost: Members \$13.00

Non Member \$18.00

Please RSVP

**RSVP BY MONDAY, APRIL 15, 2024**

Name: \_\_\_\_\_ \$ \_\_\_\_\_

Guest: \_\_\_\_\_ \$ \_\_\_\_\_

Club: \_\_\_\_\_

Total number of people \_\_\_\_\_

Please mail to Penny Sleeper  
1695 County Road 10 • Ashley, IN 46705

Hello My Friends,

We had a lot of great events this last month! I wish more people could have made it to the fun game night, complete with wonderful snacks and companionship. Sew Day had a wonderful turn out, with many hands making easy work! The rock painting class went well with a lot of pretty rocks and the kids that participated having a lot of fun.

I hope your Valentine smothered you with flowers, candy, and kisses.

Have you signed up for the Spring District Meeting yet?

Do not forget scholarships are due March 1st.

The next Sew Day is March 19th at the C.O.B. at 9 a.m. Please bring a dish to share.

The Jewelry Making Class will be on March 20th, 6 p.m. at the C.O.B. and the cost is \$5.00. You may pay at the door.

Please help me and the Extension Office get the list of new members and members that have been in a club for 25, 50, 60, 70, and 75 years in order to complete certificates for our annual Achievement Night in May. Also, if you have a nomination for "Outstanding Homemaker," please fill out the required forms and return them to either the office or me.

Now it's time to get back to my laundry and dirty stuff. You all have a great day.

Your County President,  
Martha Close

*We are too old to worry about who likes us and who dislikes us. We have more important things to do. If you love me, I love you. If you support me, I will support you. If you hate me, I don't CARE. Life goes on with or without YOU.*

DEKALB COUNTY EXTENSION HOMEMAKERS

## Make a Bracelet with Kay



**Wednesday, March 20, 2024**

**6 p.m. at the County Office Building  
(lower level)**

**Call or email Penny Sleeper**

[mpsleeper@centurylink.net](mailto:mpsleeper@centurylink.net)

**260-413-7431** to reserve a spot  
by March 15th.

Cost is \$5.00 at the door.



## Spring Fling

**Saturday April 6, 2024**

\$10.00 per person

Exhibit Hall - 708 S. Union Street - Auburn, IN

**9 A.M. Start with Light Breakfast**

*Donut Holes, Coffee Cake, Fruit, Coffee and Tea*

**Wreath Making Lesson & Other Fun Activities**

**Lunch**

*Sub Sandwich, Chips, Veggies and Dip, Homemade Cookies, Coffee, Tea, and Lemonade*

**Concludes after lunch**

RSVP with payment sent to Penny Sleeper  
by Friday, March 29th

1693 CR 10 • Ashley, IN 46705

**260-413-7431**

### HOMEMAKERS 2024 IMPORTANT DATES

<b>March 1</b>	<i>Newly Elected Officer list due, EH Scholarship Applications due, Ruth B Sayre Scholarship application due.</i>
<b>March 5</b>	<b>Spring District meeting</b> - Adams County
<b>March 7</b>	<b>EH Council</b> - 6 p.m., COB (lower Level)
<b>March 19</b>	<b>Sew Day</b> - 9 am - 3 pm, bring a covered dish to share COB (lower level)
<b>March 20</b>	<b>Jewelry Class</b> - 6 p.m., COB (lower Level) Cost \$5.00
<b>March 28</b>	<i>New Member/Recruiters list due; 25 &amp; 50 year members due; Outstanding Homemaker nomination due in Extension Office</i>
<b>March 29</b>	<b>Good Friday</b> - Extension Office Closed
<b>April 6</b>	<b>Spring Fling</b> - 9 a.m. Exhibit Hall
<b>April</b>	Wind Chimes - COB. (lower level) Red room. Cost TBA.
<b>April 24</b>	<b>Cooking with Honey</b> - COB (lower level) red room Cost TBA
<b>May 1</b>	<b>Achievement Night &amp; Cultural Arts Judging</b> - 5:30 p.m. Exhibit Hall
<b>May 9</b>	<b>EH Council</b> - 6 p.m. COB (lower level)

\*COB - Lower Level of County Office Bldg., 215 E. 9th St., Auburn.

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# Agriculture & Natural Resources

## USDA predicts volatile prices in 2024

With USDA's initial look at 2024-25, there is potential for high volatility in prices. Plus, when the key global and policy factors are accounted for, striking on target prices will be vital when marketing your grain and livestock this year.

Based on the January WASDE Report, USDA projects the following:

**Corn:** Planted acreage of 91.0 million, with harvested acres of 83.1 million. A national average corn yield of 181.0 bu. per acre would produce a crop of 15.040 billion bushels.

Total use is projected at 14.705 billion bu., with feed and residual use of 5.750 billion bu., food, seed & industrial use of 6.805 billion bu. (5.400 billion bu. for ethanol) and exports of 2.150 billion bushels. Carryover: 2.532 billion bushels. Price: \$4.40.

**Soybeans:** Planted acreage of 87.5 million, with harvested acres at 86.6 million. A national average bean yield of 52.0 bu. per acre would result in a crop of 4.505 billion bushels. Total use is projected at 4.400 billion bu., including 2.400 billion bu. of crush and exports of 1.875 billion bushels. Carryover: 435 million bushels. Price: \$11.20

**Wheat:** Planted acreage of 47.0 million, with harvested acres at 38.4 million. A national average yield of 49.5 bu. per acre would produce a crop of 1.900 billion bushels. Total domestic use is projected at 1.134 billion bu., with exports forecast at 775 million bushels. Carryover: 769 million bushels. Price: \$6.00.

**Cotton:** Planted acreage of 11.0 million, with

harvested acres at 9.29 million and a national average yield of 827 lbs. per acre. That would produce a crop of 16.0 million bales. Total use is projected at 15.5 million bales, including exports of 13.8 million bales. Carryover: 3.5 million bales. Price: 80.0¢.

**Cattle:** U.S. beef production is projected at 26.19 billion lbs., down 3% from 2023. Exports are projected to 2.785 billion lbs., down 8.3% from last year. Cash price: \$180.00, which would be a record and up \$4.46 from last year.

**Hogs:** U.S. pork production is projected at 27.88 billion lbs., up about 2% from last year. Exports are expected to rise 3.8% to 7.080 billion pounds. Cash price: \$60.00, up \$1.41 from last year.

**Broilers:** U.S. production is projected to be a record 46.8 billion lbs., up just under 1% from last year. Broiler meat exports projected at 7.22 billion lbs., down fractionally from 2023. Wholesale broiler price: \$1.27 per lb., up 2.4% from last year and a record.

**Dairy:** Milk cow numbers are seen lower in 2024, with milk production projected at 228.2 billion lbs., up 0.7% as production per cow is seen rising 0.9%. Exports are projected to rise 10% with a 1% increase in domestic use on a fat basis while use on a skim-solids basis is seen declining 1% but remaining above the five-year average. The all-milk price is projected to be \$20.95 per cwt., up from \$20.48 in 2023.

*-Pro Farmer, as subsidiary of Farm Journal*

# Agriculture & Natural Resources

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- Fertilize woody plants before new growth begins, but wait until after soil temperatures have reached 40°F (usually late March to early April in Northern Indiana). Two pounds of actual nitrogen per 1000 square feet should be broadcast over the entire root area.
- Apply superior oil spray to control scale insects and mites on landscape plants and fruit trees when tips of leaves start to protrude from buds.
- Remove tree wrap from trunks that were used to prevent scalding during winter.

## April

- Plant a tree in celebration of Arbor Day on Friday, April 26.
- Bare-root stock should be planted before new top growth begins. Balled-and-burlaped and container stock can still be planted later in spring.
- Remove and destroy overwintering bagworms from landscape trees and shrubs.
- Follow home orchard spray schedule to control insects and diseases. While trees are in bloom, use a pesticide containing fungicide only and no insecticide and thereby avoid injury to bees. Read and follow all label directions.

## May

- Thin fruits of apple (and other fruit trees if needed) about 3 weeks after petal fall. Apples should be spaced on the average of about 8 inches apart; peaches at 6 inches apart. If a large crop is set and no thinning is practiced, all fruit will be small and branches may break.
- Apply fungicide sprays to roses to control diseases such as black spot.
- Prune early spring flowering trees and shrubs after flowers fade.

## Lawn

### March

- Rake to remove leaves, twigs, and trash.
- Mow lawn as needed. The first mowing should be slightly lower than normal to encourage green-up.

### April

- Seed bare spots.
- Apply pre-emergence herbicides to control crabgrass (April 21-May 10 Northern Indiana). The herbicide siduron is the only crabgrass preventer that can be used on newly seeded lawns.

### May

- Apply post-emergence herbicides to control broadleaves if they are a problem. Be careful to avoid spraying or drifting herbicide onto garden plants.
- Fertilize in May using a 4-1-2 ratio of nitrogen, phosphorus, and potassium at the rate of 1 pound of actual nitrogen per 1000 square feet.

## Flowers, Vegetables, & Small Fruit

### March

- Prepare garden soil for planting. Do NOT work the soil while it is wet. Soil should crumble when squeezed in your hand when it is ready to work. If soil forms a solid ball when squeezed in your hand, it's still too wet.
- Follow last fall's soil test recommendations for fertilizer and pH adjustment. (It's not too late to soil test if you missed last year.)
- Start seeds of warm season vegetables and flowers indoors. (In North Indiana, wait until end of March, early April.)
- Watch for blooms of early spring bulbs such as daffodils, squill, crocus, dwarf iris, and snowdrops.
- Remove old asparagus and rhubarb tops, and then side dress with nitrogen or composted manure.

### April

- Plant cool-season vegetables and flowers as soon as the ground has dried enough to work.
- Harden off transplants before planting outdoors by gradually exposing the young plants to outdoor conditions of wind, brighter sunlight, and lower moisture.
- Plant or transplant asparagus, rhubarb, and small fruit plants such as strawberries and brambles. Divide rhubarb and replant, if last year's planting produced seedstalks.
- Plant sections of certified, disease-free potato

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# Agriculture & Natural Resources

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“seed” tubers.

- Remove winter mulch from strawberry beds as soon as new growth begins, but keep the mulch nearby to protect against frost and freezes and to help keep weeds under control.
- Remove weak, diseased, or damaged canes from raspberry plants before new growth begins. Remove old fruiting canes and shorten remaining canes if necessary.
- Prune grape vines to remove dead or weakened limbs, and repair support trellises as needed.

## May

- Allow foliage of spring flowering bulbs to remain in place after blooms fade. Leaves manufacture the food reserves, which are then stored in the bulb for a repeat showing next year.
- Plant frost-tender plants after danger of frost is past for your area (mid May in Northern Indiana).
- Pinch chrysanthemums and annual flower plants to keep them compact and well-branched.
- Make successive plantings of beans and sweet corn to extend the season of harvest.
- Thin seedlings of earlier planted crops such as carrots, lettuce, spinach, and beets to their proper spacing.
- Harvest early plantings of radishes, spinach, and lettuce.
- Harvest asparagus by cutting or snapping spears at, or just below, the soil level.
- Harvest rhubarb by cutting or by grasping the stalk and pulling up and slightly to one side.
- To prevent bacterial wilt in cucumbers, control cucumber beetles, the carriers of the disease, as soon as plants germinate or are transplanted.
- Remove blossoms from newly set strawberry plants to allow better runner formation.

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## EPA Issues Existing Stocks Order For Dicamba Products

By MARGY ECKELKAMP for Farm Journal; Released February 14, 2024

On February 14, the EPA issued an existing stocks order for dicamba products previously registered for over-the-top use.

This order addresses use of the dicamba products effected by the Arizona federal court decision vacating their registrations earlier this month. It authorizes limited sale and distribution of existing stocks that are already in the possession of persons other than the registrant. The existing stocks provision applies to stocks of previously registered pesticide products (Engenia, Tavium and XtendiMax) currently in the U.S and packaged, labeled, and released for shipment prior to February 6, 2024.

EPA stated: “The issuance of this existing stocks order will help to ensure that growers who have already purchased dicamba-tolerant seeds and thus are reliant on the availability of dicamba for the 2024 growing season:

- Apply dicamba formulations designed for use over the top of dicamba-tolerant soybean and cotton, rather than misusing more volatile dicamba formulations which could lead to greater offsite movement (and thus potential damage to non-dicamba tolerant crops and other plants); and
- Apply these dicamba products consistent with restrictions intended to reduce offsite movement and protect human health and the environment.”

In its announcement, EPA cited letters from the Agricultural Retailers Association, the American Soybean Association, American Farm Bureau Federation, and the National Cotton Council.



Extension

## EmpowHERed Together

Join Ladies from  
across Northeast Indiana for  
fun programs and networking  
throughout 2024!

### **APRIL 8 @ 5:30-8:30 PM** **BASIC TRACTOR SKILLS**

Truland Equipment  
2773 US-6, Edgerton, OH  
Cost: \$25  
Space is limited and required by  
April 1st  
Register at  
[https://go.osu.edu/tractor\\_safety](https://go.osu.edu/tractor_safety) or  
419-636-5608

### **MAY 21 @ 6:30 PM** **SPRING MESH RIBBON** **WREATHS**

DeKalb County Office Building  
215 E 9th Street, Auburn, IN  
Cost: \$50

### **JULY 12 @ 9 AM** **QUILT GARDEN DESIGNS**

Heritage Trail in Elkhart County  
Location: Das Dutchman Essenhaus  
Restaurant  
240 US-20, Middlebury, IN 46540

### **AUGUST 22 TBD** **CUT FLOWER GARDENS &** **ARRANGEMENTS**

Down Home Blooms  
Edon, OH



## TO REGISTER:

Elysia Rodgers  
Purdue Extension  
DeKalb County  
(260) 925-2562  
[eberry@purdue.edu](mailto:eberry@purdue.edu)

or

Reba Wicker  
Purdue Extension  
Steuben County  
(260) 668-1000 ext 1400  
[rwicker@purdue.edu](mailto:rwicker@purdue.edu)

The Purdue University Cooperative Extension Service is an  
Affirmative Action, Equal Opportunity institution.



## EMERGENCY PREPAREDNESS FOR RURAL FAMILIES

A MULTI-STATE/4-PART IN-PERSON WORKSHOP SERIES

March 5 | March 7 | March 12 | March 14 5:30-8:30 p.m. ET

Angola

Community Center

317 S Wayne Street

PREVENTION  
PRACITCES

EMERGENCY  
MANAGEMENT

FIRE  
PROTECTION

FIRST  
AID

HAZARDOUS  
MATERIALS

\$50 | Register by Feb. 20 at [wia.unl.edu/prep](http://wia.unl.edu/prep)



This project is supported by a grant from NCRCD through funding from USDA NIFA Award #2022-51150-38141  
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## FARMERS WANTED!

Are you a farmer over the age of 65? If so, we need your help!

We are studying mood/emotions and daily physical activity. All farmers age 65+ of any activity level are encouraged to participate!



### WHAT'S INVOLVED?

WEAR A WRIST-WORN ACTIVITY TRACKER FOR 8 DAYS



COMPLETE ONE SURVEY & ACTIVITY LOG



RECEIVE A \$50 GIFT CARD AT COMPLETION



Contact US



For more information contact:  
**Anna Forster PhD, RN**  
Email: [akforste@iu.edu](mailto:akforste@iu.edu)  
Call: (317) 278-7637



## UPCOMING EVENTS ANR IMPORTANT DATES 2024

<b>March 5, 7, 12 &amp; 14</b>	5:30 - 8:30 PM - Emergency Preparedness for Rural Families, See flyer on this page.
<b>April 8</b>	Basic Tractor Skills - Ken-Feld Group, Edgerton, Ohio, TBD
<b>May 21</b>	6:30 PM - EmpowHERed Together DIY Mesh Ribbon Wreath, County Office Building, Cost: \$50
<b>July 12</b>	9:00 AM - EmpowHERed Together Quilt Garden Designs, Heritage Trail, Elkhart County, Location Das Dutchman Essenhaus Restaurant - Middlebury
<b>August 22</b>	TBD EmpowHERed Together Cut Flower Gardens & Arrangements, Down Homes Blooms, Edon, Ohio

## 2024 4-H IMPORTANT DATES

<b>March 2</b>	Sheep Workshop (going over what to look for when picking out their sheep project and what to do when they get them home), 1:30 pm - 2182 St Rd 1, Butler, IN 46721
<b>March 3</b>	Rabbit Workshop (parent meeting and rabbit stations, please come with questions), 2:00-3:00 pm - Exhibit Hall
<b>March 4</b>	Horse & Pony Club Meeting, 7:00 pm - Exhibit Hall
<b>March 6</b>	Nevershirk Club Meeting, 6:15 pm - Butler Elementary School (1025 S. Broadway Butler, IN)
<b>March 10</b>	Smithfield Busy Bees Club Meeting (QLC Training), 4:00 pm - Exhibit Hall
<b>March 11 &amp; 25</b>	Horse & Pony Hippology and Judging Practice, 6:30 pm - Exhibit Hall
<b>March 13</b>	DeKalb County 4-H Council Meeting, 7:00 pm - Exhibit Hall
<b>March 14</b>	Franklin Busy Bees (Club Meeting), 6:30 pm - DeKalb County Coon Club (7141 CR 4A Hamilton, IN 46742)
<b>March 18</b>	Horse & Pony Club Meeting/Workshop Safety Clinic, 7:00 pm
<b>March 21</b>	Fairfield Farmers Club Meeting, 7:00 pm - 1311 County Rd 12 Corunna, IN
<b>March 23</b>	Horse & Pony Tack Swap and Craft Fundraiser, 10:00 am - 2:00 pm - Exhibit Hall
<b>March 25</b>	QLC in-person training, 1:00 pm - Exhibit Hall <b>Register through the "events" tab in 4-H Online - Required to exhibit Livestock!</b>
<b>April 1</b>	Horse & Pony Club Meeting, 7:00 pm - Exhibit Hall or Arena
<b>April 8</b>	Horse & Pony Hippology and Judging Practice, 6:30 pm - Exhibit Hall

## HANDBOOK INFORMATION

The 2024 DeKalb Co. 4-H Handbook is finished!

Every family will receive a printed copy of the Handbook this year. Make sure to watch your email and the Facebook page in the coming weeks for more information on how to claim your families Handbook. Until then the 2024 4-H Handbook can be accessed online.



# 2024 ESSAY LAMB CONTEST

The DeKalb County 4-H Sheep Committee has partnered with Slentz Farms to provide a great opportunity for anyone interested in joining the DeKalb County 4-H Program & Sheep Project! Slentz Farms has donated 1 lamb that will be ready for exhibition in the 2024 DeKalb County Free Fall Fair. All essays will be examined by the sheep committee as well as an outside judge to choose the winners. Essay requirements are listed below. Please take a slip from below with the requirements. For questions please see the contact information at the bottom of this sheet!

### Requirements:

- 1) Never exhibited or completed the sheep project.
- 2) Must enroll in the DeKalb County 4-H Program.
- 3) Must have the ability to be compliant with the animal possession rules in the 2024 4-H Handbook.
- 4) 1 page – typed or written – on the following topics
  - a. Why are you interested in the sheep project?
  - b. What do you hope to learn or gain from the sheep project?

5) Due Date: Friday, March 29, 2024 to the Extension Office or either contact below.

### Contact Information:

#### Sheep Superintendent –

Logan Rinehold  
(260)908-6343

lrinehold@yahoo.com

#### 4-H Extension Educator –

Effie Campbell  
(260) 925-2562

Campb314@purdue.edu



### LOVE HORSES? BUT DON'T HAVE ACCESS TO ONE? NO PROBLEM! JOIN HORSELESS HORSE & PONY

- Open to any DeKalb 4-h member 3rd-12th
- The horseless horse project is designed for 4-H members interested in learning about horses but who do not own their own horse.
- Get hands on experience to learn about grooming and leading
- Exhibit in the horseless horse showmanship and in hand trail.
- Using a mentor's horse, you will showcase what you have learned in your current level of horseless horse.
- Add Horse & Pony as a project for 2024
- Meeting indoors for March so don't delay and join today!

### New this year!!! Mini 4-H Horse & Pony

If you're in mini 4-h you can now participate in meetings and exhibit at the Horse & Pony completion show!

- Open to any DeKalb mini 4-h member
- Use your horse or another 4-hers
- All horses will follow the same vaccination and registration guidelines as regular H&P
- Must attend safety workshop to exhibit.
- Must have an adult in control of horse at all times.
- Exhibit in showmanship, leadline and more!
- Add Horse & Pony as a mini 4-h project for more information.

#### Questions?

Contact us at  
dekalb4horseandpony@gmail.com

## MINI 4-H



Announcing our schedule for this year...

- Mon, May 13 (6pm) - Kick-off Night @ Exhibit Hall
- Mon, June 3 (6pm) - Meeting @ Exhibit Hall
- Wed, June 26 (9-3) - Mini Day Camp @ Exhibit Hall
- Mon, July 8 (6pm) - Meeting @ Exhibit Hall
- Mon, Aug 12 (6pm) - Meeting @ Exhibit Hall
- Sat, Sept 14 (10am) - Mini Judging @ Exhibit Hall



We look forward to seeing you all!

## DeKalb 4-H Hub

Your go-to resource for everything DeKalb 4-H!



### WHAT IS ON THE HUB?

- FALL FAIR CHECKLIST- SEE WHAT YOU STILL NEED TO COMPLETE TO BE ELIGIBLE TO EXHIBIT
- SUMMER JUDGING CHECKLIST - SEE WHAT YOU STILL NEED TO COMPLETE TO BE ELIGIBLE TO EXHIBIT
- 10 YEAR MEMBER TO-DO LIST! (NEW FOR 2024)
- LIST OF IMPORTANT DATES/WORKSHOPS
- MONTHLY NEWSLETTER
- GENERAL RECORD SHEET
- 4-H HANDBOOK
- APPLICATIONS FOR EVENTS/TRIPS
- 4-H FAMILY GUIDE, 4-H PROJECT MAGAZINE
- INSTRUCTIONS FOR 4-H ONLINE AND FAIREENTRY
- LIST OF IMPORTANT WEBSITES
- ALL LIVESTOCK WORKSHEETS!



USE THE LINK OR SCAN THE QR CODE WITH YOUR PHONE CAMERA  
[HTTPS://BIT.LY/DEKALB4HHUB](https://bit.ly/DeKalb4HHub)

## Winter Cancellation Policy

Historically, we have followed schools in regards to meeting and event cancellations. If one school canceled for the day, we canceled all events for that day. However, with schools offering e-learning days, we think they will be quicker to react and cancel.

We certainly care about your safety, but want to be mindful that sometimes the fog fades and the snow is cleared by evening.

Moving forward from this point on, we will use cautious discretion and/or consult with the Sheriff's Department regarding cancellation of DeKalb County 4-H programs, events, activities, and meetings.

### FALL FAIR - BECK'S T-SHIRT SURVEY

FALL FAIR LIVESTOCK EXHIBITORS! PLEASE ENTER YOUR T-SHIRT SIZES BY MARCH 1! IF YOU HAVE MULTIPLE YOUTH SHOWING LIVESTOCK IN YOUR FAMILY, PLEASE FILL OUT THE FORM 1 TIME FOR EACH MEMBER



## CLOVER HUNT

Find the green & white 4-H clover logo hidden somewhere within this newsletter. To win the 2024 prize (Clover Wallet, 4-H Sticker, Hat, Gold Button, and Thermos cup), email Effie



(campb314@purdue.edu) with the correct description of it's location and have the chance to win this month's prize. Winner will be announced on March 18. Contest open to Mini 4-H and regular 4-H members ONLY. Prize will be available for pick-up at the Extension Office once winner has been notified.



Sample only



Extension - 4-H Youth  
Development



# Northeast Indiana 4-H Camp

**Registration is due May 1, 2024 at [v2.4honline.com](https://v2.4honline.com)**

Camp Registration is first come, first served. **Sign up early!**

- 4-H Camp Dates:** Wednesday, June 5 (tentatively 9 AM) through Friday, June 7 (tentatively 2 or 3 PM)
- Location:** Epworth Forest Conference Center; 8531 E Epworth Forest Road, North Webster, IN 46556
- Eligible Campers:** 4-H'ers in grades 3-6
- Cost:** \$190 per camper (Before Ada County 4-H Council's Sponsorship...keep reading!)

**Please Note DeKalb County 4-H'ers:**

The DeKalb County 4-H Council will pay for 60% of this trip.

Failure to attend will result in your full payment of \$190, payable to 4-H Council.

*Total Cost of 4-H Camp*                      \$190

*4-H Council Sponsorship*                      \$114

*4-H Family responsible for*                      \$76

Includes lodging, 7 meals, snacks, all class materials, and temporary insurance

**What you need when registering in 4HOnline:**

- Parent/Guardian Email
- T-Shirt size (youth and adult sizes available)
- Cabin Mate Requests (optional)
- Accommodations needed or special dietary requests, if applicable
- Electronic photo of your child to upload
- Updates to your child's health form (if changes have occurred since enrollment)

**How to register in 4HOnline:**

1. Log in to 4HOnline at <https://v2.4honline.com>
2. Click "**View**" (in blue) next to the name of the 4-H member you want to register.
3. Click on "**Events**" on the left side of the screen (on a mobile device, click the 3 gray lines to open the menu).
4. Click on "**Register for a new event**" (in blue).
5. Select "**2024 Northeast Indiana 4-H Camp**" and click "**Next**."
6. Select on your camper type and click "**Start Registration**." Follow through prompts till submitted.
7. Send or bring payment to Purdue Extension – Adams County by May 1.

Registration will not be considered complete till payment is received.

Note: The Payment window will say, "Payment for this invoice will be collected by Steuben County Area" because Steuben County set up the event in 4HOnline.

**Please disregard this and make checks payable to DeKalb County 4-H Council.**





## 4-H CLUBS ARE MEETING FOR 2024, ARE YOU ENROLLED?

All 4-H members and adult volunteers must re-enroll annually.

Go to the new [v2.4honline.com](https://v2.4honline.com) to re-enroll. The Extension Staff will be happy to assist you with your (re)enrollment process if needed! **VOLUNTEERS**—You also **MUST** register again to be active in 2024.

### Livestock Workshop Day

APRIL 20TH - 9:00 AM TO 2:00 PM - DEKALB COUNTY FAIRGROUNDS

Want a quick way to attend the workshops you will need for 2024? Join us on April 20 for our Livestock Workshop Day. Please see the rotation schedule below (all species offered during each rotation) and the locations. QLC will be taught once at the beginning and once at the end.



#### 9:00 am -12:00 pm - Morning Section

- QLC - 9:00 - 10:00 am
- Rotation 1 - 9:00 -9:45 am
- Rotation 2 - 9:45-10:30 am
- Rotation 3 - 10:30-11:15 am
- Rotation 4 - 11:15 am-12:00 pm

#### 12:30 -2:00 pm - Afternoon Section

- Rotation 5 - 12:30 - 1:15 pm
- Rotation 6 - 1:15-2:00 pm
- QLC - 1:00-2:00 pm

#### Locations

- Beef/Dairy Beef - Middaugh Hall
- Dairy - Middaugh Hall
- Swine - Middaugh Hall
- Goat/Sheep - Exhibit Hall (small room)
- Rabbit - Exhibit Hall (large room)
- Poultry - Exhibit Hall (large room)
- QLC - Exhibit Hall (morning), Bar None Saddle club (afternoon)

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# LIVESTOCK NEWS

**2024 Beef/Dairy Steers  
Beef Heifers ID/WEIGH-IN  
Saturday, April 13, 8-10 a.m.**

**MAY 15 DEADLINE**

**ALL** Beef Steers, Registered & Unregistered Heifers, Dairy Steers, Horse & Pony, Draft Animals, and **STATE FAIR ELIGIBLE ANIMALS MUST (excluding Poultry and Rabbit)** be entered into 4HOnline.



DEKALB COUNTY 4-H  
Poultry

2024 Important Dates:

--- FEB 10	QLC—10 am, Exhibit Hall Must Pre-register
--- MAR 25	QLC—1 pm, Exhibit Hall Must Pre-register
--- APR 20	QLC—9 am, Exhibit Hall Must Pre-register
--- APR 20	Livestock Workshop Day - 9 am-2 pm, Exhibit Hall, Middaugh Hall
--- APR 27	Poultry Workshop —1-2 pm, Exhibit Hall
--- MAY 4	QLC—9 am, Exhibit Hall Must Pre-register
--- JUL 1	Poultry Nomination Forms (Paper) Due in the Extension Office
--- AUG 10	QLC—9 am, Exhibit Hall Must Pre-register
--- AUG 17	Poultry Workshop —1-2 pm, Exhibit Hall
--- AUG 31	Poultry ID/Banding 9-11 am, Poultry Barn
--- SEP 9	Fair Entry - Make Class Selections for Fall Fair
--- SEP 9	Worksheets Due in Extension Office QLC/YQCA Dues

\*State Fair Deadlines: [www.indianastatefair.com](http://www.indianastatefair.com)



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DEKALB COUNTY 4-H  
Summer Projects

2024 Important Dates:

--- MAY 15	4-H Enrollment Deadline (last day to pay the enrollment fee)
--- JUNE 1	Fair Entry Opens for Summer Judging —families can now go in and enter what projects they will be bringing to Summer Judging
--- JULY 1	Fair Entry Deadline for Summer Judging projects Add/Drop Deadline — final decision on what projects you will be taking
--- JULY 15-17	Summer Judging — please check your June Newsletter or page 8 of the 4-H Handbook for check-in/judging times
--- JULY 18	4-H Open House — 4-6:30 pm, Exhibit Hall (all non-State Fair projects should be picked up)
--- July 18	Summer Awards Program — 7:00 pm, Middaugh Hall
--- SEPT 15	Fall Fair — Project Drop-off for Display — 1:00-4:00 pm, Exhibit Hall
--- SEPT 19	Fall Fair — Project Drop-off for Display — 6:00-8:00 pm, Exhibit Hall
--- SEPT 21	Fall Fair — Project Drop-off for Display — 12:00-3:00 pm, Exhibit Hall



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DEKALB COUNTY 4-H  
Rabbit

2024 Important Dates:

--- FEB 10	QLC—10 am, Exhibit Hall Must Pre-register
--- MAR 3	Rabbit Workshop —2-3 pm, Exhibit Hall
--- MAR 25	QLC—1 pm, Exhibit Hall Must Pre-register
--- APR 20	QLC—9 am, Exhibit Hall Must Pre-register
--- APR 20	Livestock Workshop Day - 9 am-2 pm, Exhibit Hall, Middaugh Hall
--- MAY 4	QLC—9 am, Exhibit Hall Must Pre-register
--- JUN 30	Rabbit ID (4HOnline Help) - 2-4 pm, Exhibit Hall
--- JUL 1	4HOnline entry for Rabbit Nomination Forms due to Extension Office
--- JUL 28	Rabbit Workshop —2-3 pm, Exhibit Hall
--- AUG 10	QLC—9 am, Exhibit Hall Must Pre-register
--- AUG 25	Rabbit ID—Fryer, Litter, Meat Pen, Paperwork 12 pm (noon), Exhibit Hall
--- SEP 9	Fair Entry - Make Class Selections for Fall Fair
--- SEP 9	Worksheets Due in Extension Office YQCA due

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DEKALB COUNTY 4-H  
**SWINE**

**2024 Important Dates:**

---	FEB 10	QLC—10 am, Exhibit Hall Must Pre-register
---	MAR 25	QLC—1 pm, Exhibit Hall Must Pre-register
---	APR 20	QLC—9 am, Exhibit Hall Must Pre-register
---	APR 20	<b>Livestock Workshop Day - 9 am-2 pm</b> , Exhibit Hall, Middaugh Hall
---	MAY 4	QLC—9 am, Exhibit Hall Must Pre-register
---	JUL 1	<b>4HOnline entry for Swine</b>
---	AUG 10	QLC—9 am, Exhibit Hall Must Pre-register
---	AUG 22	<b>Swine Workshop —6-7 pm</b> , Exhibit Hall
---	SEP 9	<b>FairEntry - Make Class Selections for Fall Fair</b>
---	SEP 9	<b>Worksheets Due</b> in Extension Office <b>QLC/YOCCA Due</b>

If exhibiting Swine at State Fair, tags and hair sample envelopes are available at the Extension Office.

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DEKALB COUNTY 4-H  
**SHEEP**

**2024 Important Dates:**

---	FEB 10	QLC—10 am, Exhibit Hall Must Pre-register
---	MAR 25	QLC—1 pm, Exhibit Hall Must Pre-register
---	APR 20	QLC—9 am, Exhibit Hall Must Pre-register
---	APR 20	<b>Livestock Workshop Day - 9 am-2 pm</b> , Exhibit Hall, Middaugh Hall
---	MAY 4	QLC—9 am, Exhibit Hall Must Pre-register
---	MAY 5	<b>STATE Sheep/Goat ID</b> 3-4 pm, Sheep Barn
---	JUN 23	<b>COUNTY Sheep/Goat ID</b> 3-5 pm, Sheep Barn
---	JULY 1	<b>4HOnline entry for Sheep</b>
---	JULY 13	<b>Sheep Workshop</b> 2-3 pm, Sheep Barn
---	AUG 10	QLC—9 am, Exhibit Hall Must Pre-register
---	SEP 9	<b>FairEntry - Make Class Selections for Fall Fair</b>
---	SEP 9	<b>Worksheets Due</b> in Extension Office <b>QLC/YOCCA Due</b>

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DEKALB COUNTY 4-H  
**GOAT**

**2024 Important Dates:**

---	FEB 10	QLC—10 am, Exhibit Hall Must Pre-register
---	MAR 25	QLC—1 pm, Exhibit Hall Must Pre-register
---	APR 20	QLC—9 am, Exhibit Hall Must Pre-register
---	APR 20	<b>Livestock Workshop Day - 9 am-2 pm</b> , Exhibit Hall, Middaugh Hall
---	MAY 4	QLC—9 am, Exhibit Hall Must Pre-register
---	MAY 5	<b>STATE Sheep/Goat ID</b> 3-4 pm, Sheep Barn
---	JUN 23	<b>Goat Workshop</b> 1-2:30 pm, Petting Zoo Awning
---	JUN 23	<b>COUNTY Sheep/Goat ID</b> 3-5 pm, Goat Barn
---	JUL 1	<b>4HOnline entry for Goat Does</b> <b>FairEntry - Make Class Selections for Goat Does</b>
---	JUL 1	<b>Worksheets Due</b> in Extension Office <b>Goat Does</b> <b>YOCCA Due for Summer Does</b>
---	JUL 1	<b>4HOnline entry for Goat Wethers</b>
---	JUL 13	<b>4-H Summer Doe Show —8 am</b>
---	AUG 10	QLC—9 am, Exhibit Hall Must Pre-register
---	SEP 9	<b>FairEntry - Make Class Selections for Goat Wethers</b>
---	SEP 9	<b>Worksheets Due</b> in Extension Office <b>for Wethers</b> <b>QLC/YOCCA Due</b>

**PURDUE EXTENSION** | **DEKALB COUNTY** | **State Fair Deadlines:**  
[www.indianastatefair.com](http://www.indianastatefair.com)

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# 4-H/Youth Development



## 2024 Important Dates:

---	FEB 10	QLC—10 am, Exhibit Hall Must Pre-register
---	MAR 25	QLC—1 pm, Exhibit Hall Must Pre-register
---	APR 13	Beef/Dairy Beef/Dairy Workshop — 1-3 pm, Exhibit Hall
---	APR 20	QLC—9 am, Exhibit Hall Must Pre-register
---	APR 20	Livestock Workshop Day - 9 am-2 pm, Exhibit Hall, Middaugh Hall
---	MAY 4	QLC—9 am, Exhibit Hall Must Pre-register
---	JUL 1	4HOnline entry for Dairy
---	AUG 10	QLC—9 am, Exhibit Hall Must Pre-register
---	SEP 9	FairEntry - Make Class Selections for Fall Fair
---	SEP 9	Worksheets Due in Extension Office QLC/YQCA Due

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## 2024 Important Dates:

---	FEB 10	QLC—10 am, Exhibit Hall Must Pre-register
---	MAR 25	QLC—1 pm, Exhibit Hall Must Pre-register
---	APR 13	Beef/Dairy Beef ID (Steer/Beef Heifer) 8-10 am, Fairgrounds
---	APR 13	Beef/Dairy Beef/Dairy Workshop — 1-3 pm, Exhibit Hall
---	APR 20	QLC—9 am, Exhibit Hall Must Pre-register
---	APR 20	Livestock Workshop Day - 9 am-2 pm, Exhibit Hall, Middaugh Hall
---	MAY 4	QLC—9 am, Exhibit Hall Must Pre-register
---	MAY 15	4HOnline entry for Dairy Beef Steers
---	JUN 1	Dairy Beef Feeder ID 8-11 am, Fairgrounds
---	JUN 29	Dairy Beef Workshop — 2-3 pm, Exhibit Hall
---	JUL 1	4HOnline entry for Dairy Beef Feeders
---	AUG 3	Dairy Beef Workshop — 2-3 pm, Exhibit Hall
---	AUG 10	QLC—9 am, Exhibit Hall Must Pre-register
---	SEP 9	FairEntry - Make Class Selections for Fall Fair
---	SEP 9	Worksheets Due in Extension Office QLC/YQCA Due

\*State Fair Deadlines: [www.indianastatefair.com](http://www.indianastatefair.com)



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## 2024 Important Dates:

---	FEB 10	QLC—10 am, Exhibit Hall Must Pre-register
---	MAR 25	QLC—1 pm, Exhibit Hall Must Pre-register
---	APR 13	Beef/Dairy Beef ID (Steer/Beef Heifer) 8-10 am, Fairgrounds
---	APR 13	Beef/Dairy Beef/Dairy Workshop — 1-3 pm, Exhibit Hall
---	APR 20	QLC—9 am, Exhibit Hall Must Pre-register
---	APR 20	Livestock Workshop Day - 9 am-2 pm, Exhibit Hall, Middaugh Hall
---	MAY 4	QLC—9 am, Exhibit Hall Must Pre-register
---	MAY 15	4HOnline entry for Beef Steers, Registered and Unregistered Heifers
---	AUG 10	QLC—9 am, Exhibit Hall Must Pre-register
---	AUG 24	Beef Prospect ID —8-10 am, Fairgrounds
---	SEP 9	4HOnline entry for Beef Prospects FairEntry - Make Class Selections for Fall Fair
---	SEP 9	Worksheets Due in Extension Office QLC/YQCA Due

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March brings attention to two significant topics: Nutrition Awareness and Colorectal Cancer Awareness. To ensure overall well-being, these articles offer valuable information and support for both ourselves and our loved ones.

## National Nutrition Month

National Nutrition Month is an annual campaign established in 1973 by the Academy of Nutrition and Dietetics. During the month of March, everyone is invited to learn about making informed food choices and developing healthful eating and physical activity habits.

This year's theme is "Beyond the Table," which addresses the farm-to-fork aspect of nutrition, from food production and distribution to navigating grocery stores and farmers markets — and even home food safety and storage practices. It also describes the various ways we eat — not only around a dinner table, but also on the go, in schools and restaurants, at games and events. This theme also includes sustainability, for instance, decreasing food waste from school and work to home and beyond.

A registered dietitian nutritionist can help you create healthy habits that are sustainable and suit your unique needs! For more information go to [www.eatright.org/national-nutrition-month](http://www.eatright.org/national-nutrition-month).



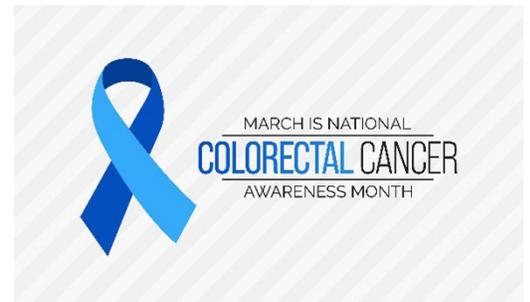
## Colorectal Cancer Awareness Month

March is recognized as Colorectal Cancer Awareness Month. This is a great time to learn more about colorectal cancer and the ways in which it can be prevented and best treated.

According to the Centers for Disease Control and Prevention (CDC), colorectal cancer is the second leading cause of cancer deaths in the United States among both men and women. Each year, approximately 140,000 people develop colorectal cancer and more than 50,000 people die of it.

The American Society of Colon and Rectal Surgeons recommends that you do the following things to lower your risk of colorectal cancer:

- Begin regular colorectal cancer screenings after age 45. Approximately 80-90% of colorectal cancer patients can get back to their normal state of health if it is detected and treated as early as possible.
- Eat a diet that is low in fat and high in fiber.
- Drink alcohol in moderation. If you use any tobacco products, consider quitting. Both alcohol and tobacco in combination are linked to colorectal cancer and other gastrointestinal cancers.
- Engage in a moderate form of exercise such as walking, gardening, or climbing steps three to four days a week for at least 20 minutes.



For more information go to [www.fightcolorectalcaner.org/](http://www.fightcolorectalcaner.org/)

## Eat Right

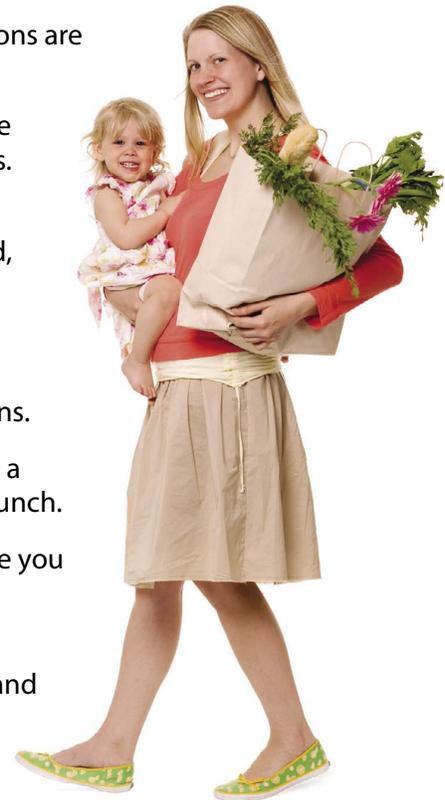
Food, Nutrition and Health Tips from the Academy of Nutrition and Dietetics



## Healthy Eating on the Run: A Month of Tips

You may eat out a lot – many Americans do. People are looking for fast, easy and good-tasting foods to fit a busy lifestyle. Whether it's carry-out, food court, office cafeteria or sit-down restaurant, there are smart choices everywhere. Here are 31 tips to help you eat healthy when ordering out.

1. Think ahead and plan where you will eat. Consider what meal options are available. Look for places with a wide range of menu items.
2. Take time to look over the menu and make careful selections. Some restaurant menus may have a special section for “healthier” choices.
3. Review and compare nutrition information if it's available. Menu terms that may indicate an item is healthier include: baked, braised, broiled, grilled, poached, roasted, and steamed.
4. Menu terms that usually mean a food is higher in saturated fat and calories include: batter-fried, pan-fried, buttered, creamed, crispy, breaded. Choose these foods only occasionally and in small portions.
5. Think about your food choices for the entire day. If you're planning a special restaurant meal in the evening, have a light breakfast and lunch.
6. Hold the bread or chips until your meal is served. Hunger may drive you to fill up on these foods before your meal arrives.
7. Limit the amount of alcohol you drink. No more than one drink for women and two for men. Alcohol tends to increase your appetite and provides calories without any nutrients.
8. Order the regular or child-size portion. Mega-sized servings are probably more than you need. For a lighter meal, order an appetizer in place of a main course.
9. Begin with soup or salad as a way to include more vegetables at mealtime. Follow up with a light main course.
10. Or choose a salad with grilled chicken or seafood as your main course.
11. It's OK to make special requests, just keep them simple. For example, ask for a baked potato or side salad in place of French fries; no mayonnaise or bacon on your sandwich; sauces served on the side.
12. Ask for sauces, dressings and toppings to be served “on the side.” Then you control how much you eat
13. Split your order. Share an extra large sandwich or main course with a friend or take half home for another meal (some restaurants may not permit this or will charge for an extra plate).



14. Refrigerate carry-out or leftovers if the food won't be eaten right away. Toss foods kept at room temperature for more than two hours (one hour if warmer than 90 degrees).
15. All-you-can-eat specials, buffets and unlimited salad bars make it difficult to follow recommended serving sizes. Pass these up if you find it difficult to listen to your hunger cues.
16. If you do choose the buffet, fill up on salads and vegetables first. Use small plates, to encourage smaller portions, and limit your trips up to the buffet line.
17. At the salad bar, pile on the dark leafy greens, carrots, peppers and other fresh vegetables. Lighten up on mayonnaise-based salads and high-fat toppings. Enjoy fresh fruit as your dessert.
18. Load up your pizza with vegetable toppings. If you add meat, make it lean ham, Canadian bacon, chicken or shrimp.
19. Enjoy a variety of healthful foods from different cultures. Focus on dishes that emphasize vegetables and lean meats, seafood or beans.
20. Tempted by sweet, creamy desserts? Order a small portion or ask if it can be divided and shared with everyone at the table.
21. At the sandwich shop, choose lean beef, ham, turkey or chicken on whole grain bread. Ask for mustard, ketchup, salsa or low-fat spreads. And, don't forget the veggies.
22. Boost the nutrition in all types of sandwiches by adding tomato, lettuce, peppers or other vegetables.
23. Look for a sandwich wrap in a soft tortilla. Fillings such as rice mixed with seafood, chicken, or grilled vegetables can be healthier options.
24. In place of fries or chips, choose a side salad, fruit or baked potato. Or, share a regular order of fries with a friend.
25. Build a better breakfast sandwich: replace bacon or sausage with Canadian bacon or ham and order your sandwich on a whole grain English muffin or bagel.
26. Be size-wise about muffins, bagels, croissants and biscuits. A jumbo muffin has more than twice the calories of the regular size.
27. Try a smoothie made with 100% juice, fruit and low-fat yogurt for a light meal or snack.
28. For desk-top dining, keep single-serve packages of whole grain crackers, fruit, peanut butter, soup, or tuna around for a quick lunch.
29. Food items on your desk, like nuts or candy bowls, can lead to mindless eating. Keep all snacks and other food items in your desk to avoid the temptation to eat when you're not hungry.
30. Grabbing dinner at the supermarket deli? Select rotisserie chicken, salad-in-a-bag and freshly baked bread. Or, try sliced lean roast beef, onion rolls, salad and fresh fruit.
31. Always eating on the go? Tuck portable, nonperishable foods in your purse, tote, briefcase or backpack for an on-the-run meal. Some suggestions are peanut butter and crackers, granola bars, a piece of fresh fruit, trail mix, single serve packages of whole grain cereal.

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**For a referral to a registered dietitian nutritionist and for additional food and nutrition information, visit [eatright.org](https://eatright.org).**

## Academy of Nutrition and Dietetics

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals. The Academy is committed to improving health and advancing the profession of dietetics through research, education and advocacy.

This tip sheet is provided by:

Eatright.org shared by Purdue Extension DeKalb County

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Authored by Academy of Nutrition and Dietetics staff registered dietitian nutritionists.

Source: *Finding Your Way to a Healthier You*, U.S. Department of Health and Human Services, U.S. Department of Agriculture.

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**STAFF:**

*Elysia Rodgers*  
eberry@purdue.edu

*Angela Sorg*  
asorg18@purdue.edu

*Effie Campbell*  
campb314@purdue.edu

*Brenda Cureton*  
bcureton@purdue.edu

*Heather Waldon*  
waldenh@purdue.edu



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***SPEED TEST BLITZ***

**COMPLETE AT LEAST**

**3** **SPEED TESTS ON DIFFERENT DAYS AT DIFFERENT TIMES**  
*throughout the day & night from your address*

Take screenshots & make sure you're not connecting through cellular data!

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