



"I thought it was all livestock, static projects, and a county fair. It's more about the experiences", said by one of the Indiana 4-H members who traveled to Alaska for the 2024 Bethel 4-H Day Camp from July 28-August 4. Four 4-H members for DeKalb and Steuben County, participated in a once-in-a-lifetime

experience where they immersed themselves in the culture of rural Alaska while teaching about Art and Nature Science. Adelina Harding and Paige Kreischer were the representatives for DeKalb County, and were absolutely fantastic! From Adelina teaching the 4-H youth in Bethel about Macroinvertebrates to

Paige teaching them how to locate missing livestock using a Drone, these girls really showed their skills at teaching the next generation of 4-H'ers. At the end of the trip one of the 4-H members shared, "I felt more comfortable teaching in front of kids; I'm still working on teaching in front of my peers. I tried to be more of a leader, and my speaking skills got better at the end." I am so proud of both girls for participating in this trip and I hope it is an experience they will always remember!

Effie Campbell



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#ProstateHealthMonth

September is dedicated to raising awareness about prostate health and cancer. All month long, Prostate Health Month (also known as National Prostate Cancer Awareness Month) strives to bring education, information, support, and awareness to the second-leading cancer among men.

Like most health concerns, a healthy lifestyle is the first step toward prevention. Prostate health is no different. Fruits, vegetables, whole grains, and lean proteins, controlled portions, and regular exercise all contribute to improving and maintaining prostate health.

Another important part of prostate health includes knowing health risks and family history. Both help in the early detection of prostate cancer. Maintaining routine exams is another important part of the process. The prostate-specific antigen (PSA) test screens for prostate cancer. A digital rectal exam is also part of the screening process.

While most prostate cancers are slow-growing, not all are. Early detections will increase the success of treatment.

Talk to your loved ones about regular check-ups and prostate health. Some of the topics to discuss include:

- **Family history**— Learn it and share it with those who will benefit from it.
- **Routine reminders**— Schedule a routine physical with your primary care physician.
- **Support research**— Research provides the tools doctors need. It includes prevention, screening methods, treatments, and cures.
- **Share survivor stories**— If you're a survivor of prostate cancer, share your experience. Hearing your story may lead someone to their doctor and save a life.
- **Visit the Centers For Disease Control to learn more.**

Source: <https://www.nationaldaycalendar.com/september/prostate-health-month-september>

HEALTH TIPS for men about prostate cancer: *What you can do*

Most prostate cancers grow slowly and don't cause any health problems in men who have them.

If you decide not to get screened, you can always change your mind later. If you decide to get screened, it does not mean you have to go to the next step. You should discuss each step with your doctor.

Most prostate cancers found by screening are small and slow growing and may not be fatal. Some men may have a faster growing prostate cancer and will benefit from early treatment.

Older men, African-American men, and men who have a family history of prostate cancer have a greater risk for developing prostate cancer. If you are concerned that you may have a greater risk for prostate cancer, talk to your doctor about screening.

Screening for Prostate Cancer

One screening test for prostate cancer is a blood test, which can be abnormal (not normal) for several reasons besides prostate cancer.

The only way to know if an abnormal test is due to cancer is to do a biopsy.

A biopsy is a minor surgery to get small pieces of the prostate to look at under a microscope.

If the biopsy shows there are cancer cells, then your doctor will discuss treatment options.

Treatment of prostate cancer may include:

- Close monitoring and follow-up visits
- Radiation
- Surgery to remove the prostate

Side effects from radiation or surgery may include:

- Impotence
- Loss of bladder control
- Problems with your rectum

Medical groups do not agree on screening recommendations.

Talk with your doctor or nurse to decide together if prostate cancer screening is right for you.



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention

CS264123

Here are some questions you can ask your doctor about prostate cancer screening:

► Am I at a greater risk for prostate cancer?

► At what age should I start to think about screening for prostate cancer?

► If I get my blood test, and it is not normal, what other things could I have besides prostate cancer?

► What is a biopsy, and how is it done?

► What are the side effects or risks of a biopsy?

► If my biopsy shows some cancer cells, what does that mean?

Ask about all treatment options: close monitoring and follow-up visits, radiation, or surgery to remove the prostate.

► What are the side effects or risks of each treatment?

Here's a look at the top five foods to eat for a healthy prostate:

CRUCIFEROUS VEGETABLES

This class of vegetables includes things like cabbage, bok choy, kale, cauliflower, and Brussels sprouts. Cruciferous vegetables are high in antioxidants, vitamins, minerals, and phytochemicals. Broccoli, often hailed as prostate super food, contains glucoraphanin, a phytochemical (phyto means “plant”) which researchers suggest can convert to substances that potentially target and prevent cancer cell growth. Studies suggest that eating cruciferous vegetables can lower inflammation, which is related to your risk of getting prostate cancer. (Read more about the connection between broccoli and prostate cancer.)

BERRIES

“Oxidative stress” is what scientists call the incremental damage that builds up over many years. It’s caused by “free radicals,” which are toxic byproducts of metabolism. When uncontrolled, free radicals wreak havoc on the body by stealing electrons, causing oxidative damage to cells and DNA. Damaged DNA cannot replicate properly, potentially leading to cancerous changes in cells. Antioxidants help to neutralize and remove free radicals from the body. Berries are great source, particularly strawberries, blackberries, blueberries, and raspberries. These fruits offer up powerful antioxidants known as anthocyanins.

FISH

Certain fish (especially cold-water fish like salmon, sardines, and trout) provide “good fats” that don’t trigger inflammation the same way as saturated animal fats (e.g., beef fat). Over the past few years, scientists have begun to see inflammation within the prostate as a dangerous condition that can make it easier for cancer to take hold. Interestingly, not all fish is created equal. One study, led by Harvard scientists Fred Tabung, Ph.D., M.S.P.H., and Edward Giovannucci, M.D., Sc.D., examined the relationship between diet and inflammation and found that canned tuna, shrimp, lobster, scallops, and “other” fish were more inflammatory than “dark-meat” fish like salmon or red snapper.

If you aren’t wild about fish, you can try any of the other plant-based proteins described in The Science of Living

Well, Beyond Cancer. One study that followed 4,577 men with localized prostate cancer over a 24-year period (The Health Professionals Follow-up Study) found that participants who replaced animal fat with vegetable fat had a lower risk of dying from their cancer.

COOKED TOMATOES

Tomatoes are one food that’s been on prostate cancer researchers’ radar for a long time, and here’s why. Lycopene is another powerful antioxidant and is found in the cell walls of tomatoes. The cooking process loosens the bond, making it easier for our bodies to access the antioxidant and send it to the prostate. Dr. Mucci notes, “When a man eats a diet high in lycopene, for some reason, lycopene levels in the prostate go up.” Tomato sauce, paste, and juice can help our bodies make the most of this nutritional superstar. Even better: cook your tomatoes in olive oil, which helps the body absorb lycopene.

COFFEE & TEA

You might have heard about green tea as a source of antioxidants such as catechins (the most important are two called EGCG, for epigallocatechin-3-gallate, and epicatechin), which are believed to be anti-carcinogenic and anti-mutagenic (preventing healthy cells from mutating). A systematic review of multiple studies published in Medicine (Baltimore) suggested that men who drank seven cups of green tea per day had a decreased risk of prostate cancer.

You may be more surprised to find coffee on this list. “Coffee is looking more and more promising,” says Dr. Mucci, “There are now a number of studies that suggest drinking coffee regularly, one to two cups a day, can help prevent prostate cancer.”

Coffee and tea offer an important segue into the topic of what NOT to eat. Top of the list? Sugar. If you’re going to drink coffee and tea, make sure to keep the sugar at a minimum, which means staying away from the double-cream pre-sweetened lattes from your favorite coffee chain. For more on what foods to eat and what to avoid, check out The Science of Living Well, Beyond Cancer. Source:

<https://www.pcf.org/c/five-foods-to-protect-your-prostate/>

Extension Homemaker's Day

at the DeKalb Co. Fall Fair



Thursday, September 26, 2024

Bring entries to the Exhibit Hall on Thursday, Sept. 26 from 9 -9:30 a.m.

Judging begins at 9:45 a.m. Contest guidelines and entry form are available at the Extension Office.

Winners will be announced at 12:15 p.m. and photos taken for the newspaper.

A handicap parking lot is located on the northeast side of 10th and Union St. with a shuttle running to and from the Exhibit Hall and the fairgrounds regularly.

9:45 a.m.

**Author and
Speaker**

Barb Morrow



10:45 a.m.

Genealogy

Jane Seyl



11:30 a.m.

**Heimach Center
Presentation**



ALL EVENTS OPEN TO THE PUBLIC!

Activities will be held at the Exhibit Hall on the Fairgrounds

Call the DeKalb Co. Extension Office at (260) 925-2562 for more information.

DEKALB COUNTY EXTENSION HOMEMAKERS



OPEN TO THE PUBLIC

FREEWILL DONATION

DEKALB COUNTY FAIRGROUNDS

EXHIBIT HALL

708 S. UNION ST. | AUBURN, IN 46706

WEDNESDAY, OCTOBER 23RD 4:30-7:00PM

FUNDS RAISED WILL GO TO EXTENSION HOMEMAKERS SCHOLARSHIP FUND
AND OTHER COMMUNITY PROJECTS



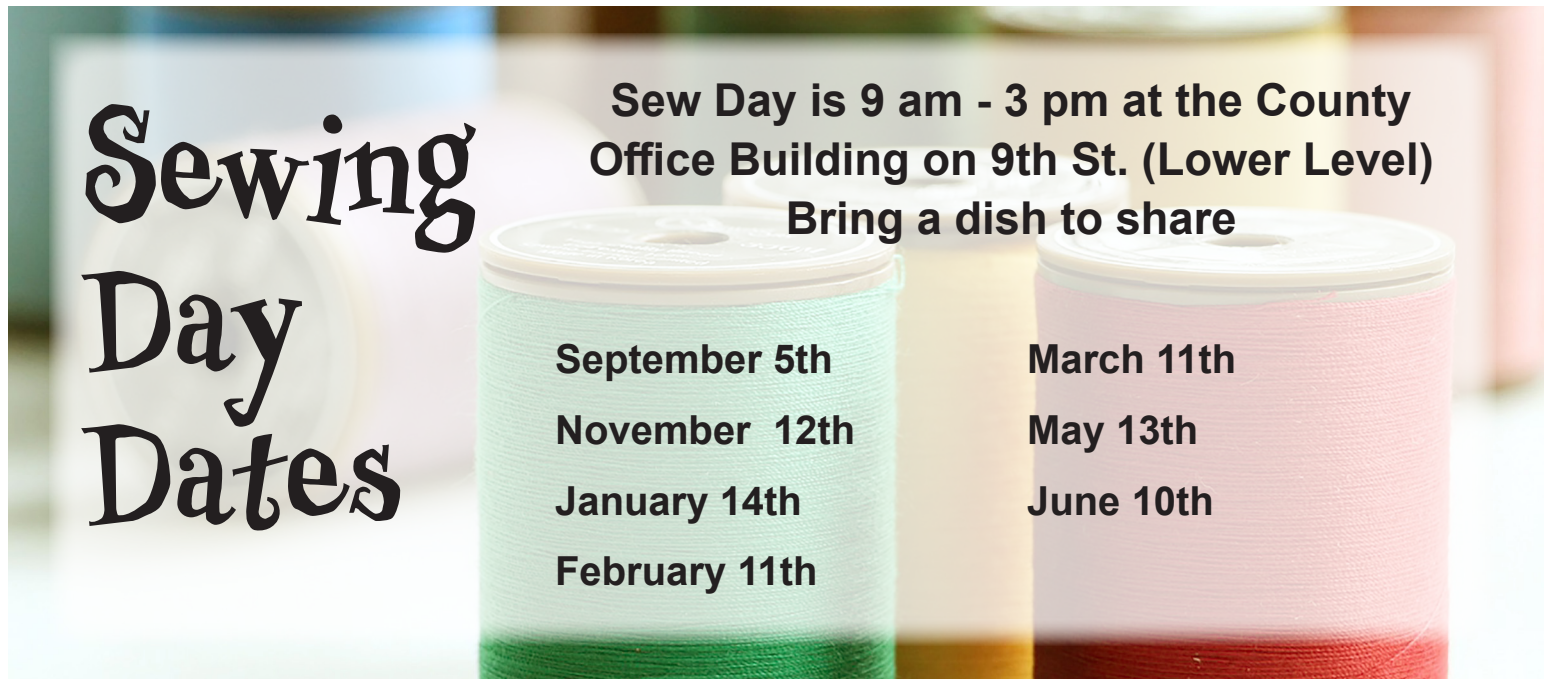
DeKalb County Extension Homemakers

Save the Date!

Wednesday, December 4, 2024

The Homemakers Christmas Party

6 PM at the Exhibit Hall



HOMEMAKERS 2023 IMPORTANT DATES	
Sept 4	Labor Day - Extension Office Closed
Sept 7	EH Council 6 pm, COB (Lower level)
Sept 9	Past Presidents Luncheon
Sept 11	Fall District Meeting
Sept 13-15	NE Indiana Homemaker's Camp - Shiloh Park (Marion IN)
Sept 19	Sew Day - 9 am - 3 pm bring a covered dish to share
Sept 28	Homemakers Day at the Fair
Oct 10	Recycled dress shirts aprons - 6 pm COB (Lower level) Cost TBD
Oct 17	Sew Day - 9 am - 3 pm bring a covered dish to share
Oct 23-27	IEHA Week
Oct 25	Spaghetti Dinner - 4:30-7pm, Exhibit Hall
Nov 2	EH Council 6 pm, COB (lower level)
Nov 9	Gnome Craft, Cost TBD - 6 pm, COB (Lower level)
Nov 14	Sew Day - 9 am - 3 pm bring a covered dish to share
Nov 17-18	Cookie/Candy Stroll, Exhibit Hall
Nov 23-24	Thanksgiving - Extension office is closed
Nov 27	Learn to knit and crochet - 6 pm, COB (Lower level)
*COB - Lower Level of County Office Bldg., 215 E. 9th St., Auburn.	

HOMEMAKERS "Brownie" CONTEST

Entry Form

Entry Number

Please print complete information. Do not detach entry form and recipe section.

DIVISION (check one): ☐ Adult (19 yrs. & older) ☐ Youth (10 – 18 yrs. old)

Name _____ Phone _____

Street Address _____

CONTEST GUIDELINES:

1. Any resident of DeKalb County is eligible. One entry per category/per person.
2. Recipe to accompany the homemade entry (legibly handwritten or typed).
3. Two divisions: Adults - 19 years & older; Youth - 10-18 years
4. Entry must be made from scratch, No box mixes allowed. Non-alcohol
5. The brownies are to be presented in a 8x8 pan and covered with plastic wrap.
6. Entry will be judged on appearance and taste.
7. Must be entered between 9:00-9:30am on Thursday of the Fair, at the Exhibit Hall.
8. Winners announced at 12 Noon. Pictures taken right after announcement.
9. Cash prizes for Adult division: 1st Place-\$30; 2nd Place-\$20; 3rd Place-\$10.
10. Cash prizes for Youth division: 1st Place-\$25; 2nd Place-\$15; 3rd Place-\$10.

CONTEST ENTRY RECIPE

Entry Number

Recipe: _____ Division: ☐ Adult ☐ Youth

→ **PLEASE PRINT** OUT INGREDIENTS IN PROPER ORDER (COMPLETE LEFT COLUMN FIRST, THEN RIGHT COLUMN)

Ingredients:

_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
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Directions: (PLEASE PRINT)

[Home](#)
[About Us](#)
[Contact Us](#)
[Privacy Policy](#)
[Terms of Service](#)
[FAQ](#)
[Sitemap](#)

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Extension Homemakers HOMEMAKERS DAY AT THE FAIR

Thursday, September 26, 2024

ALL EVENTS HELD AT THE EXHIBIT HALL (FAIRGROUNDS)

9-9:30 a.m. - "BROWNIE" Contest

9:45- -10:30 a.m.- Barb Morrow Presentation

10:45 - 11:15 a.m. - Genealogy Presentation (Jane Seyl)

11:15 - 11:30 - Short Break

11:30 am - Noon - Heimach Center Presentation

12:15 p.m. - Announce Contest Winners

"BROWNIE" Contest Guidelines

1. Any resident of DeKalb County is eligible. One entry per category/per person.
2. Recipe to accompany the homemade entry (legibly handwritten or typed).
3. Two divisions: Adults - 19 years & older; Youth - 10-18 years
4. Entry must be made from scratch, No box mixes allowed. Non-alcohol
5. The brownies are to be presented in a 8x8 pan and covered with plasticwrap.
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10. Cash prizes for Youth division: 1st Place-\$25; 2nd Place-\$15; 3rd Place-\$10.

Hello Everyone!



I hope you're diving deep into canning! At the end of this month, we'll be harvesting our honey. With 32 hives, it's sure to be a delightful, sticky adventure!

The past couple of months have been pretty quiet, but things are about to get busier. Don't forget, Homemaker's Camp is taking place from September 11-13. I hope you're all signed up!

The 2024-2025 State Project we have been tasked with is to create miniature Necessity Boxes. Take a small box (like an Altoid tin, soap holder, or even a crayon box), and fill it with necessary items (Band-Aids, compressed washcloth, lip balm, needle and some thread, candy, gum, toothpaste/small toothbrush, safety pins, buttons, etc). We are filling these boxes to help anyone in need. Once you have filled your box, you can get a cute saying to attach to the outside from your President. You can then distribute your boxes to locations around the

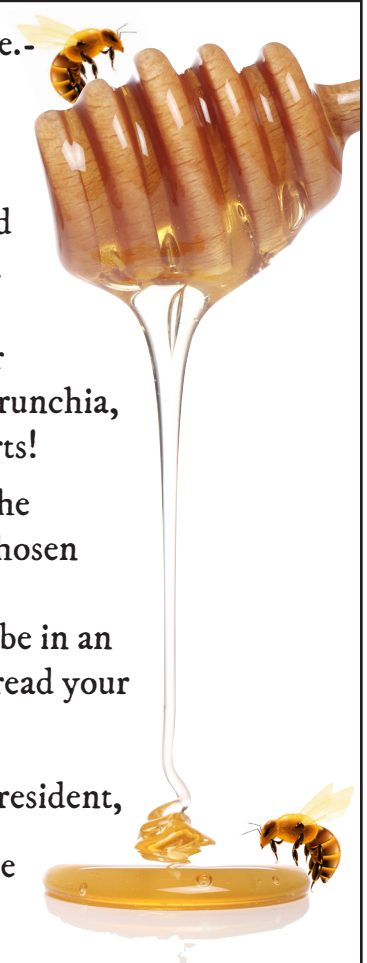


county that help others (i.e.- libraries, rehab centers, women's shelters, soup kitchens, homeless shelters, schools, Medicaid offices, food pantries, etc). Please keep track of how many you distribute so our State President, Linda Carunchia, can take pride on our efforts!

September is just around the corner, so I hope you've chosen your Brownie recipe... just remember, it needs to be in an 8x8 pan. Don't forget to read your books!

Your County President,
Martha Close

Things will only improve if you take steps to make them better. A positive mindset is key to getting things done!



Agriculture & Natural Resources

2024 AG/HORT

OPEN CLASS EXHIBITS

AT DEKALB FALL FAIR

If you plan to exhibit in the Open Class Agriculture/Horticulture Departments at the 2024 Fall Fair, please pay attention to the following:
Check-in for both departments will take place on
SATURDAY, SEPTEMBER 21 from 12 NOON-5 PM
in the Exhibit Hall (Fairgrounds)

Judging will take place at 2:00 PM on Sunday, September 22nd.
To see what classes you can enter in each department,
please visit: <https://dekalbcountyfair.org/premium-book/>

UPCOMING EVENTS AG IMPORTANT DATES 2024	
SEPTEMBER 2	Labor Day—Extension Office closed
SEPTEMBER 11	Venison Processing Workshop—Kendallville, IN (see page 12)
SEPTEMBER 15-21	National Farm Safety Week (see page 13)
SEPTEMBER 17-19	Farm Science Review—London, OH
SEPTEMBER 23-28	DeKalb County Fall Fair
SEPTEMBER 27-28	Indiana Grazing School—LaGrange, IN (see page 11)
SEPTEMBER 30	Hoosier Hay Contest Deadline (see page 12)
NOVEMBER 1-2	Rooted & Resilient Homesteading Conference—Kendallville, IN (see page 11)
LOOKING AHEAD:	
JAN 14-16, 2025	Fort Wayne Farm Show

ROOTED AND RESILIENT:

Homesteading Conference

GATHERING HOMESTEAD SKILLS FOR FAMILIES






SAVE THE DATE

NOVEMBER 1 & 2, 2024

KENDALLVILLE, INDIANA

Friday, November 1

Hands-on Workshops to include:

- Food Preservation
- Poultry Processing
- Seed Saving
- Chainsaw Safety and Tree Felling
- Beekeeping

Saturday, November 2

Wide Variety of Sessions for Novice thru Seasoned Homesteaders, including a Kidsteader Track for young learners.

- Food Preservation
- Livestock Production
- Mixed Ventures
- Financial Resources

REGISTRATION OPENS: SEPTEMBER 15

PURDUE UNIVERSITY IS AN EQUAL OPPORTUNITY/EQUAL ACCESS/AFFIRMATIVE ACTION INSTITUTION.

INDIANA GRAZING SCHOOLS

SEPTEMBER 27-28

PARGIL NATURAL RESOURCES LEARNING CENTER
2335 N STATE ROAD 9 LA GRANGE, IN 46761



INDIANA GRAZING SCHOOLS

AUGUST 2-3

FARM OF STEVE J STOLL
12397 E 500 N LOOGOOTEE, IN 47553



INDIANA GRAZING SCHOOLS

SEPTEMBER 13 - LaGrange School

Please register by: September 13 - LaGrange School




SCHEDULE FOR EACH SCHOOL:

FRIDAY 1:00 PM- 6:00 PM SATURDAY 8:00 AM- 4:30 PM	FRIDAY 1:00 PM- 6:00 PM SATURDAY 8:00 AM- 4:30 PM
--	--

Soil Fertility | Water, Fencing, & Grazing Systems | Animal Health | Plant ID

Questions? Contact Keith Johnson, johnsonk@purdue.edu or 765-494-4800

The registration fee is \$80.00 and includes printed reference materials. Additional registrants from the same farming operation pay \$55.00 and do not receive printed reference materials. Snacks and lunch included.

Purdue University is an equal opportunity/legal access/affirmative action institution. If you require auxiliary aids and services due to a disability, please contact us prior to the event at 765-494-4800.

Registration Form:

Name: _____ Email: _____

Address: _____ Phone: _____

I will attend: Loogootee School: _____ LaGrange School: _____

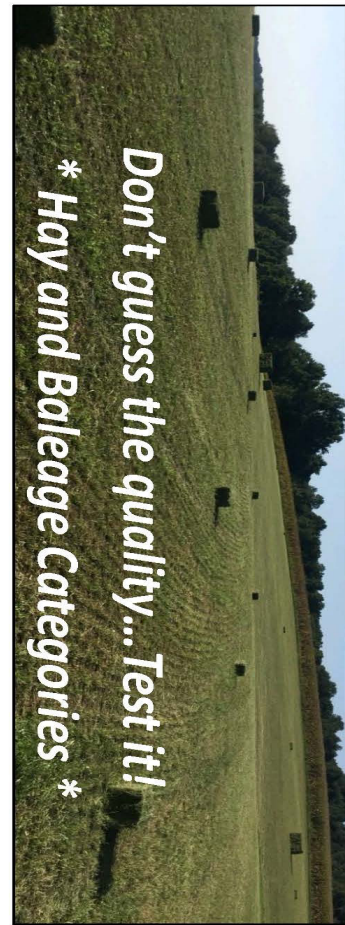
Attendee: _____ X \$80 = _____ Same Farm Operation Attendees: _____ X \$55 = _____ Total: _____

Names of additional attendees: _____

Make Checks Payable to: **Indiana Forage Council**

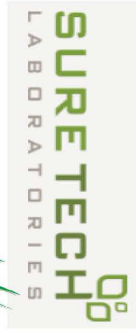
Payment & Registration should be mailed to:
American Forage & Grassland Council
c/o Indiana Forage Council
PO Box 867 Berea, KY 40403

HOOSIER HAY CONTEST



Don't guess the quality... Test it!
* Hay and Baleage Categories *

Special Thanks to Contest Sponsors



Organized by: Indiana Forage Council

Entry Deadline: September 30, 2024

Rules and Entry Form: <https://indianaforage.org/>

Awards for both Hay and Baleage Categories
1st: \$250 • 2nd: \$150 • 3rd: \$100

VENISON PROCESSING & PRESSURE CANNING MEAT WORKSHOPS!

Wednesday, September 11 6:00-9:00 p.m.

Includes:

- Demonstration of complete deer processing including skinning, butchering and cooking techniques
- Quick & Easy Venison Recipes—watch as we prepare delicious venison recipes right in front of you! You'll get to sample everything we prepare!
- Food Safety & Deer Health

Where:

Noble County Fairgrounds, Merchant's Bldg
580 Fair St., Kendallville, IN 46755

Cost: \$10 per adult, Youth are free.

Registrations Requested

contact Jonathan Ferris - 765-973-9281 - ferrisj@purdue.edu



Purdue University is an equal opportunity/equal access/affirmative action institution. For accommodations please call 765-973-9281 by September 4, 2024

IN COOPERATION WITH:



Presenter: Abigail Creigh - Purdue Extension - Health & Human Science Educator

**Wednesday, September 18 - 5:00 p.m.
workshop is ~4 hours**

You will learn the importance of food safety during food preservation, the necessary equipment & supplies, and the proper method to safely preserve meat in a pressure canner. Participants will prepare and process a jar of meat to take home, along with numerous research-based resources and recipes.

Where: Community Learning Center

401 E Diamond St, Kendallville, IN 46755

Cost: \$30 per person

Class size is limited to 16 people

Register here:

<https://culinaryarts.eventcalendarapp.com/u/43639/320133>

Purdue University is an equal opportunity/equal access/affirmative action institution. For accommodations please call (260) 636- 2111 by September 11, 2024

Agriculture & Natural Resources

National Farm Safety and Health Week

September 15-21, 2024

Every September, AgriSafe joins with partners across the US to raise awareness about the safety and health of people working agriculture.

AgriSafe is hosting webinars each weekday of NFSHW24. You're invited to join in for all of them or just pick the ones that interest you most. These webinars are FREE and open to the public.

The topics for each day are as follows:



Monday, September 16		Tuesday, September 17	
11 AM -12 PM CDT	1-2 PM CDT	11 AM -12 PM CDT	1-2 PM CDT
Skid Loader Safety	Sharing the Road: Agricultural Equipment and the Driving Public	Noise: Bad for My Ears and Heart, Too?	Conversations on Access to Lethal Means (CALM) Training

Wednesday, September 18		
11 AM -12 PM CDT	1-2 PM CDT	3-4 PM CDT
Three-Step Process to Farm Succession Planning	Training Future Generations of Farmers through Registered Apprenticeship	No Safe Way to Vape

Thursday, September 19		Friday, September 20	
11 AM -12 PM CDT	1-2 PM CDT	11 AM -12 PM CDT	1-2 PM CDT
Causes of Oxygen Deficiency, Confined Space, and Toxic Fumes Identified in the OSHA Accident Database	Grain Related Entrapments – Are we Focusing on the Right Problem?	It Pays to Talk Safety in Ag!	Using a Novel App Prototype to Assess Heat Stress Risk Among Outdoor Workers

To learn more about each session, register to attend, or receive the recordings, visit:

<https://www.agrisafe.org/nfshw/>

The 2021 data for the U.S. Bureau of Labor Statistics indicates that the agricultural sector is still the most dangerous in America with 453 fatalities. Fall harvest time can be one of the busiest and most dangerous seasons of the year for the agriculture industry. For this reason, the third week of September has been recognized as National Farm Safety and Health Week. This annual promotion initiated by the National Safety Council has been proclaimed as such by each sitting U.S. President since Franklin D. Roosevelt in 1944. National Farm Safety and Health Week is led by the National Education Center for Agricultural Safety (NECAS), the agricultural partner of the National Safety Council.

HAVING FUN AT THE STATE FAIR!

Cicely Harding, Grissom Harding, Mason Moughler, Miles Moughler, Leah Martin, Georgia Martin, Caden Crabill, Janet Williams, Elizabeth Williams, and April Williams.



CLOVER HUNT



Sample only



Find the Black & White 4-H clover logo hidden somewhere within this newsletter. To win the 2024 prize (Clover Wallet, 4-H Sticker, Hat, Gold Button, and Thermos cup), email Effie (campb314@purdue.edu) with the correct description of its location and have the chance to win this month's prize. Winner will be announced on September 15. Contest open to Mini 4-H and regular 4-H members ONLY. Prize will be available for pick-up at the Extension Office once winner has been notified.

Want a chance to win Free Enrollment for 2025?

Clovers will be hidden each day across the Fairgrounds during Fall Fair. If you find one and bring it to Effie, you will win free enrollment for the next year! Check out the Facebook page each day of the Fair for hints!



DeKalb 4-H Hub



WHAT IS ON THE HUB?

- FALL FAIR CHECKLIST- SEE WHAT YOU STILL NEED TO COMPLETE TO BE ELIGIBLE TO EXHIBIT
- SUMMER JUDGING CHECKLIST - SEE WHAT YOU STILL NEED TO COMPLETE TO BE ELIGIBLE TO EXHIBIT
- 10 YEAR MEMBER TO-DO LIST! (NEW FOR 2024)
- LIST OF IMPORTANT DATES/WORKSHOPS
- MONTHLY NEWSLETTER
- GENERAL RECORD SHEET
- 4-H HANDBOOK
- APPLICATIONS FOR EVENTS/TRIPS
- 4-H FAMILY GUIDE, 4-H PROJECT MAGAZINE
- INSTRUCTIONS FOR 4-H ONLINE AND FAIR ENTRY
- LIST OF IMPORTANT WEBSITES
- ALL LIVESTOCK WORKSHEETS!

*Remember
to Check
the Hub!*



USE THE LINK ABOVE OR GO TO
[HTTPS://BIT.LY/DEKALB4HHUB](https://bit.ly/dekalb4HHub)



(Replacement for in-person YQCA Classes)

Missed out on your chance to take QLC in-person? Your only option to meet the requirement to show is to complete YQCA online!

All 4-H youth enrolled in a LIVESTOCK PROJECT (Beef, Dairy Beef, Dairy, Goat, Poultry, Rabbit, Sheep and Swine) must be QLC/YQCA certified.

BY SEPTEMBER 9

Failure to complete the training will result in the loss of the ability to show.

[Thttps://yqcaprogram.org/](https://yqcaprogram.org/)

You must create or login to a YQCA account, complete the course, and email Effie your completion certificate to gain credit for attending.

4-H livestock members may take the ONLINE training at any time, at **the cost of \$12 per 4-H member.**



SWINE BARN SET-UP

September 4th at 6:00 p.m.

No need to bring any tools with you.

Exhibition ≠ Completion

To **COMPLETE** an animal project, you need to attend a workshop or complete a worksheet!

Livestock Worksheets

Worksheets are due on **Sept. 9** to the Extension Office!

If you are unable to attend a specie workshop, you need to complete a worksheet.

You can find them at

DeKalb 4-H Hub: <https://bit.ly/DeKalb4HHub>
or visit the Extension Office.



MINI 4-H NEWS

Sat., Sept. 14 – Mini 4-H Project Judging, 10 am

It will be held in the Exhibit Hall (Fairgrounds)

**TIME TO SHOW US
YOUR STUFF!**

After judging, projects will be held for exhibit at the DeKalb County Free Fall Fair Sept 23-28

Battle of the Barns Sunday Sept 22 (6:30 pm) Horse Arena

Future 4-Her Show Saturday Sept 28 (1 pm) Show Barn

Project pick up Sunday Sept 29 (8-10 am) Exhibit Hall

BATTLE OF THE BARNES

DON'T MISS OUT ON YOUR CHANCE TO PARTICIPATE!

REGISTER BY SEPTEMBER 9TH!

4-H MEMBERS - REGISTER IN FAIRENTRY

MINI 4-H - CONTACT THE EXTENSION OFFICE TO REGISTER (UNLESS ALREADY
SIGNED UP AT A MEETING)



2024 4-H IMPORTANT DATES

September 2	4-H Online entry DUE for Beef Feeders
September 4	Nevershirk Club Meeting, 6:15 pm - Butler Elementary School (1025 S. Broadway Butler, IN)
September 5	Fairfield Farmers Club Meeting, 7:00 pm - 1835 County Road 39, Waterloo, IN Jackson Blue Ribbons Club Meeting, 6:30 pm - 3390 CR 60, Auburn IN (Jackson Twp Hall)
September 8	4-H Cloverleafs Club Meeting, Time TBD - 5873 CR 427 Auburn, IN (Horsemen's Association)
September 9 Deadline	<ul style="list-style-type: none"> • FairEntry for Fall Fair Animals, Battle of the Barns, and Crops Exhibits • YQCA/QLC and Animal Worksheets due for Fall Fair
September 11	DeKalb County 4-H Council Meeting, 7:00 pm - Exhibit Hall Livestock Superintendent Meeting, 8:00 pm - Exhibit Hall
September 12	Franklin Busy Bees (Club Meeting), 6:30 pm - DeKalb County Coon Club (7141 CR 4A Hamilton, IN 46742) 4-H Power Club Meeting, 7:00 pm - Sugar Ridge Farms
September 14	Mini Club Judging, 10:00 am. - Exhibit Hall
September 15	<ul style="list-style-type: none"> • Goat Barn Set-up Day, 1:00 pm - Goat Barn • Fair Set-Up/Clean up, 1:00 pm - Fairgrounds • Static Project Drop off, 1:00 pm - Exhibit Hall
September 16	Horse & Pony Club Meeting, 6:00 pm - Arena
September 19	Static Project Drop off, 6:00 - 8:00 pm - Exhibit Hall
September 21	Static Project Drop off, 12:00 - 3:00 pm - Exhibit Hall 4-H Rabbit Check-in, 2:00 - 4:00 pm - Rabbit Barn
September 22	<ul style="list-style-type: none"> • All Large Animal Check-in, 8:00 am - 1:00 pm - Fairgrounds • 4-H Poultry check-in, 1:30 - 3:30 pm - Poultry Barn • 4-H Crops judging, 3:00 pm - Exhibit Hall • Battle of the Barns, 6:30 pm - Horse Arena
September 23-28	DeKalb County Free Fall Fair (check your Handbook, Fall Livestock newsletter, or Facebook for event/show times)
September 29	Load out for livestock and Static Projects, 8:00 - 10:00 am Exhibit Hall and Fairgrounds clean-up, 9:00 am
October 1	4-H Enrollment opens for 2025!!! v2.4honline.com

Congratulations!

In 2024 DeKalb County had 136 non-livestock exhibits at the State Fair!

Here are the results:

32 Orange

78 Blue

21 Red

5 White

To view all of the results from State Fair, visit:

<https://extension.purdue.edu/4-H/fair/fair-results.html>

State Fair Projects can be picked up in the
Extension Office after August 21st.

Please try to get your project picked up before Fair.

FALL FAIR PROJECT DROP-OFF

- SUNDAY, SEPTEMBER 15 – 1:00–4:00 PM
- THURSDAY, SEPTEMBER 19 – 6:00–8:00 PM
- SATURDAY, SEPTEMBER 21 – 12:00 PM –3:00 PM
- SUNDAY, SEPTEMBER 22 – CROP PROJECTS CHECK-IN
STARTING AT 2:30 PM (JUDGING AT 3:00 PM)

Ribbons are not necessary! Please make sure your name is on the project when dropped off.

September 9 Deadline Breakdown

If you are planning to exhibit Beef Feeders at Fall Fair:

September 2 Deadline for 4-H Online

1. Make entries into 4-H Online for those animals using the “DeKalb Co ONLY: Beef Feeder Calves” animal types. Link: <https://v2.4honline.com/>

o Instructions are available on the Hub in your species folder: <https://bit.ly/DeKalb4HHub>

2. Go to FairEntry and make class selections in the system. Link: <http://dekalbcountyindiana.fairentry.com/> (Log on with 4-H Online information)

o Animals will carry over from 4-H Online
o Instructions are available on the Hub: <https://bit.ly/DeKalb4HHub>

If you are planning to exhibit livestock at the Fall Fair:

1. Go to FairEntry and make class selections in the system. This can be done as soon as you know what you will be exhibiting. Changes can be made to entries at check-in using the animals you have nominated in 4-H Online. However, please make your best guess on what you are bringing, so fewer changes need to be made later. Any animal nominated in 4-H Online can be brought to the fair as long as it meets qualifications. Link: <http://dekalbcountyindiana.fairentry.com/> (Log on with 4-H Online information)

a. Instructions are available on the Hub: <https://bit.ly/DeKalb4HHub>

If you are planning to exhibit Crops Exhibits at Fall Fair:

1. Go to FairEntry and make class selections in

the system. Link: <http://dekalbcountyindiana.fairentry.com/> (Log on with 4-H Online information)

o Instructions are available on the Hub: <https://bit.ly/DeKalb4HHub>

If you are exhibiting Poultry at the Fall Fair:

1. Go to FairEntry and make class selections in the system. Link: <http://dekalbcountyindiana.fairentry.com/> (Log on with 4-H Online information)

o Instructions are available on the Hub: <https://bit.ly/DeKalb4HHub>

QLC/YQCA and Workshop/ Worksheets are also due on September 9!

• Check the Fall Checklist on the Hub to see if you have completed the requirements. Link: <https://bit.ly/DeKalb4HHub>

o Need a worksheet? Go to your species folder on the Hub to find the worksheet or your grade level

• To complete the online YQCA training, go to <https://yqcaprogram.org/>, and email me (campb314@purdue.edu) a copy of your completion certificate.

If you have any questions, need help making entries, need access to a computer, or want me to check your entries, please contact the Extension Office at (260)-925-2562 or by emailing campb314@purdue.edu.

Sooner rather Than Later

10-YEAR Member Spotlight

Over the next several months, we will take the opportunity to highlight our 10-year 4-H members. These youth have completed ten consecutive years in the 4-H program. Thank you for your leadership, service and qualities that each of you have added to our 4-H program.

Matthew Beckmann

High School: DeKalb High School

After graduation plans: I plan to study Civil Engineering at Trine University

Favorite 4-H memory: My favorite 4H memory is when the Noble REMC judges thought my Electrical Bugout box was the best project they had ever seen.

Advice: My biggest piece of advice I would give to current 4H members is to always try new things, and never holdback. Try new projects, do not be limited.



Rebecca Days

High School: DeKalb High School

After graduation plans: Go to IUFW for Dental Hygiene

Favorite 4-H memory: My favorite memory is hanging out with my cousins all week long, whether that be at are campers, in the creek, in the pig barn, or eating a pork burger. I loved it all.

Advice: Stick with it, you are making the best core memories during your 4-H time.



Zoe Reed

High School: DeKalb High School

After graduation plans: Attending Purdue University at West Lafayette majoring in Veterinary Nursing

Favorite 4-H memory: All the time I spent in the pen working with my calves, bonding with my animals.

It taught me to be persistent and not to never quit when it gets hard.

Advice: Find something that you are passionate about and stick with it.



Katelynne Hartsough

High School: DeKalb High School.

After graduation plans: I plan to attend the University of Cincinnati to study speech language hearing sciences to become an audiologist.

Favorite 4-H memory: Was my first swine show which taught me to keep trying because hard work always pays off!

Advice: I would tell current 4-Hers to try any project that sounds interesting to them! I learned so much about different subjects and skills because I tried new projects!

It turns out I love cake decorating even if I'm not so great at it!



2025 4-H ENROLLMENT

October 1, 2024 thru January 15, 2025

Re-enroll at v2.4honline.com

COST: \$25 4-H Fee* (Grades 3-12) paid at time of enrollment.

\$25* each for up to three children, \$10* for each additional child.

***\$25 each for up to three children, \$10 for each additional child.**

\$5 for Mini 4-H (Grades K-2) paid at first meeting in May

4-H Fees are non-refundable and paid at the time of registration.

The fee can be paid online with credit or debit card

OR at the Extension Office with cash or check.

(Extension Office cannot take credit cards).

HANDBOOK INFORMATION

**The 2024 DeKalb Co. 4-H
Handbook is Accessible!**

And printed Handbooks are available for pick-up at your next Club meeting. If you would like an extra Handbook, those can be picked up at the Extension Office for no charge.



Club Leaders!

If you would like a table and space in the Exhibit Hall for Fall Fair to display Club information, please contact Effie to reserve your space by September 13th.

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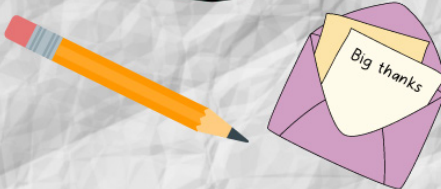


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make a difference!

Award sponsors' information
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7 STEPS TO A GREAT THANK YOU NOTE

- 1 A greeting to the thank you note recipient
- 2 Specific reason you are thanking them
- 3 The reason you appreciate them
- 4 How you plan to use the gift or why the gift was important to you
- 5 A comment or detail about yourself
- 6 A repeat of your thank you
- 7 A closing and signature of your name



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Extension - DeKalb County



September 9
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