## **BEEF BARBECUE**

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EXHIBIT CHECK-IN: Poster Sunday, July 13, 4-6 PM Grilling Friday, July 18, 5-6 PM

To follow grilling

RELEASE: Immediately following judging STATE FAIR ENTRIES: No entries, County project only

# **Project Description:**

JUDGING:

There are many benefits derived from learning more about barbecue cooking. Cooking on the grill is a fun way to entertain family and friends. You will learn a tasty new way to prepare your favorite foods. You will learn what the most desirable cuts of beef for the grill are as well as how to shop for them. You will gain valuable knowledge and experience in meal preparation. **No alcohol is allowed in recipes or in displays or any display that insinuates alcohol/wine, etc. No wine glasses.** All posters, notebooks, and display boards must include a reference list indicating where information was obtained, giving credit to the original author.

Levels:

Beginner Grades 3-5 Intermediate Grades 6-8 Advanced Grades 9-12

Champions will be awarded in Beginner, Intermediate, and Advanced Beef Barbecue (both Cook-off and Posters). An overall Grand Champion Beef Barbecue will be awarded. One (1) Grand Champion will be selected from all Champion Barbecue (Beef & Chicken) posters.

### **Exhibit Guidelines:**

# Beginner: Grade 3

Poster Division

- Read the manual.
- Build the fire and barbecue.
- Encouraged to complete the record sheet.
- Exhibit at the Fair, a poster 22" x 28" showing pictures of you barbecuing step-by-step. See poster rules, page 30, #14.

# **Beginner:** Grades 4-5

Cook-Off Division

- Read the manual.
- Encouraged to complete the record sheet.
- You must barbecue at least four (4) times for your family.
- Enter the County Fair barbecuing contest.

A cut of beef of your choosing must be barbecued on the 4-H Grounds. Bring charcoal grill, all equipment, supplies, beef, and ingredients that you will need for the contest. Contestant must build his/her own fire and barbecue his/her own beef entrée. Contestant will have 1½ hours after they have been asked to start their fire to barbecue their beef entrees and present it to the judge. You will be judged on use of equipment, building the fire, timing, appearance, doneness, and taste.

## OR/BOTH

#### Poster Division– **Beginner**

You may elect to exhibit a poster instead of participating in the cook-off contest or you may do both. The rules for the poster are as follows:

- Read the manual.
- You must barbecue at least four (4) times for your family.
- Encouraged to complete the record sheet.
- Exhibit at the Fair, a poster 22" x 28" on safety in beef preparation (for example, cooking, thawing, handling, use of utensils, and/or general preparation). See poster rules, page 30, #14.

## Intermediate: Grades 6-8

Cook-Off Division

- Read the manual.
- Encouraged to complete the record sheet.
- You must barbecue at least four (4) times for your family.
- Enter the County Fair barbecuing contest.

A cut of beef of your choosing must be barbecued on the 4-H Grounds. Bring charcoal grill, all equipment, supplies, beef, and ingredients that you will need for the contest. Contestant must build his/her own fire and barbecue his/her own beef entrée. Contestant will have 1½ hours after they have been asked to start their fire to barbecue their beef entrees and present it to the judge. You will be judged on use of equipment, building the fire, timing, appearance, doneness, and taste.

#### OR/BOTH

# Poster Division- Intermediate

You may elect to exhibit a poster instead of participating in the cook-off contest or you may do both. The rules for the poster are as follows:

- Read the manual.
- You must barbecue at least four (4) times for your family.
- Encouraged to complete the record sheet.
- Exhibit at the Fair, a poster 22" x 28" on safety in beef preparation (for example, cooking, thawing, handling, use of utensils, and/or general preparation). See poster rules, page 30, #14.

# Advanced: Grades 9-12

Cook-Off Division

- Read the manual.
- Encouraged to complete the record sheet.
- Barbecue beef at least four (4) times for your family, using at least two (2) different cuts of beef overall.
- Enter the County Fair barbecuing contest.

A cut of beef of your choosing must be barbecued on the 4-H Grounds. Bring charcoal grill, all equipment, supplies, beef, and ingredients that you will need for the contest. Exhibitor must build his/her own fire and barbecue his/her own beef entrée. Contestant will have 1½ hours after they have been asked to start their fire to barbecue their beef entrees and present it to the judge. You will be judged on equipment, building the fire, timing, appearance, doneness, and taste.

## Poster Division- Advanced

You may elect to exhibit a poster instead of participating in the cook-off contest or you may do both. The rules for the posters are as follows:

- Read the manual.
- You must barbecue at least four (4) times for your family using at least two (2) different cuts of beef overall.
- Encouraged to complete the record sheet.
- Exhibit at the fair, a poster 22" x 28" on safety in beef preparation (for example, cooking, thawing, handling, use of utensils, and/or general preparation). See poster rules, page 30, #14.

Each spring a workshop is held at the 4-H grounds to assist the 4-H'ers and their families with education on grilling techniques, fire safety, using the proper cuts, grades of beef, rubs, marinades, etc.





