

# Health & Human Sciences Connections

Volume 25 Issue 1

February & March 2025



Extension - Harrison County

Happy February!

Our office is excited to kick off the new year with a variety of upcoming programs and events designed to support and enrich our community. We encourage you to take a look at the programming listed in this newsletter, as well as follow along on our Facebook page and website's 3-month at-a-glance calendar to stay connected to all the exciting opportunities each Educator plans to offer this year!



**RSVP by March 3rd** for our **Annual Extension Board Meeting** on **Thursday, March 13 from 6:00pm - 8:00pm** at our office building. This is a great opportunity to connect with fellow community members, learn more about the work we're doing, and share your thoughts and ideas.

## Collaborations and Community Engagement:

I am always eager to partner with local organizations to bring meaningful programming to the community. If you are interested in hosting or participating in any of our program offerings, please reach out!

We hope you are as excited as we are about the upcoming months. Stay tuned for more details on these programs and events, and as always, we look forward to seeing you soon!

A handwritten signature in black ink that reads 'Tara Beckman'.

Tara Beckman  
HHS/CD Educator  
Purdue Extension— Harrison County



## Inside This Issue

<i>Input Survey</i>	3
<i>Job Openings!</i>	4
<i>Avian Flu &amp; Your Food</i>	5
<i>Egg Substitutes</i>	6
<i>Committee Nominations</i>	7
<i>ServSafe Training</i>	7
<i>Save the Dates</i>	8-9
<i>Heart Health Recipe</i>	9
<i>Scholarships</i>	11
<i>Spring Meeting</i>	12
<i>Cultural Arts</i>	13

## Purdue University Cooperative Extension-Harrison County

247 Atwood Street  
Corydon, IN 47112  
Ph.: (812) 738-4236  
Fax: (812) 738-2259

# Health & Human Sciences Connections

## What is HHS Extension?

Purdue Extension Health and Human Sciences (HHS) looks to bring university research to the local level by encouraging HHS Educators to deliver practical, high-impact, educational programs that help communities strengthen families, spend smart, eat right, and live well!

It's as simple as focusing on food, family, money, and health. The HHS branch of Extension offers a variety of engaging, comprehensive programs related to each of these areas. The programs include, but are not limited to:

- **Be Heart Smart**– learn about heart disease and related risk factors
- **Captain Cash**– teaching youth the basics of earning, saving, spending, and borrowing money
- **Dining with Diabetes**– diabetes management lessons focusing on food preparation and cooking
- **ServSafe**– food safety training for restaurant and food service professionals
- **Where Does Your Money Go?**– helping consumers better understand spending habits
- And More!



# Community Development Connections

## What is CD Extension?

Purdue Extension Community Development (CD) focuses on strengthening the capacity of local leaders, residents, businesses, and organizations to build resilient, inclusive, and sustainable communities through research-based resources and processes. CD Educators actively partner with a variety of stakeholders in order to bring research-based information needed to inform and guide the community and economic development initiatives of people and groups across the state.

The four thematic program areas include, but are not limited to:

- **Leadership & Civic Engagement**
- **Community Economics & Workforce Development**
- **Community Planning**
- **Community Health**

Questions? Suggestions? Interested in Collaboration? Please feel free to reach out to HHS & Community Development Educator, Tara Beckman via email at [tbeckma@purdue.edu](mailto:tbeckma@purdue.edu) or phone at (812)-738-4236



**Community Economics &  
Workforce Development**



**Community Health**



**Community Planning**



**Leadership & Civic  
Engagement**



## **NEEDS ASSESSMENT: HEALTH AND HUMAN SCIENCES & COMMUNITY DEVELOPMENT**



**SCAN ME**

[bit.ly/hhscdsurvey](https://bit.ly/hhscdsurvey)

Purdue Extension Harrison County Health and Human Sciences (HHS) and Community Development (CD) are dedicated to supporting our community. We'd love your input on which programs and services would best serve local needs. Your feedback will help guide future offerings, and we appreciate you taking 5 minutes to complete this survey!

For questions or to submit responses in an alternative format or with accommodations, please contact Tara Beckman, HHS and CD Educator, at 812-738-4236 or [tdbeckma@purdue.edu](mailto:tdbeckma@purdue.edu)

## **Your Feedback MATTERS!**



Extension - Harrison County

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**NOTE: Paper copies are available at the Purdue Extension Harrison County Office!  
Please feel free to pick up a copy and submit your responses via that method!**

**Address: 247 Atwood Street, Corydon, IN 47112**



# We're Hiring—Part Time & Summer Internship!

Call 812-738-4236 to learn more and to begin the process.



Extension - Harrison County

## WE'RE HIRING!



### ***PART-TIME ADMINISTRATIVE PROGRAM ASSISTANT***

#### **Join Purdue Extension- Harrison County!**

The Part-Time Administrative Program Assistant will assist with educational programming in the program areas of: Agriculture and Natural Resources, Community Development, Health and Human Sciences, and 4-H Youth Development. The Part-Time Administrative Program Assistant will work independently and collaboratively with the team, including Purdue Extension Educators and County Support Staff.

Key responsibilities include interacting with the public, basic administrative tasks, website management, assisting with planning and scheduling, organizing program materials, and supporting day-of implementation. The ideal candidate will be team-oriented, excel in communication, and be willing to assist in various capacities to support the organization's goals. This role demands flexibility and adaptability, especially during peak seasonal times. The candidate must have experience or willingness to learn multiple software platforms and systems related to educational programming including but not limited to social media, website management, graphic design, office suite, and scheduling software.

This position does not include benefits.

#### **Job-Related Details**

- High School diploma or GED required
- Daily computer use and various software platforms
- Efficient time management
- Possession of valid Indiana driver's license and a demonstrated safe driving record.
- Strong communication and interpersonal skills
- Attention to detail
- Performs related duties as assigned

**For questions and to begin the application process, call us at the Extension Office at 812-738-4236, Monday-Friday from 8:00am-4:30pm, OR visit us in person at 247 Atwood Street, Corydon, IN 47112.**

**APPLY NOW!**

Harrison County is an Equal Opportunity Employer  
Purdue University is an Equal Opportunity Access Institution

Purdue Extension-Harrison County

## INTERNSHIP OPPORTUNITY!

### **Why be bored over the summer?**

Become this year's summer intern at the Harrison County Purdue Extension office. This is a 10-11 week, 40 hour per week, paid experience!

Learn by assisting Extension educators and staff with educational workshops, the 4-H Fair, and the always popular 4-H Mini Day Camp! Duties include, but are not limited to: preparing program supplies for all educators, helping with 4-H Fair check-in and check-out, assisting with the 4-H Exhibit Hall Awards Ceremony, attending 4-H livestock programs, and planning and presenting the 4-H Mini Day Camp. Your time as an intern with Purdue Extension will go quickly with so many activities and events!

### **Requirements:**

- Have a high school diploma or GED
- Be able to speak in front of a number of people
- Have the ability to work both independently and as a team
- Be able to multi-task
- Enjoys working with children and adults
- Be able to work some evening and weekend hours.



**PURDUE  
UNIVERSITY**

Extension - Harrison County

812-738-4236

Drop by the Harrison County Purdue Extension office at 247 Atwood St, Corydon for an application or call (812) 738-4236 for more information.

Harrison County Government is an equal opportunity employer.  
Since this position is seasonal, there are no insurance or paid time-off benefits

# **Food Safety and Bird Flu**

Published on December 31, 2024 | Center for Disease Control



## **AT A GLANCE**

- Eating uncooked or undercooked poultry or beef or drinking unpasteurized (raw) milk can make you sick.
- Cooking poultry, eggs, and beef to the appropriate internal temperature kills bacteria and viruses, including avian influenza A viruses.
- Pasteurization kills bacteria and viruses, like avian influenza A viruses, in milk. Make the best decision for your health and the health of your family by always choosing pasteurized milk and products made with it.

## **Preparing Food**

### ***For poultry:***

- Cooking poultry and eggs to an internal temperature of 165°F kills bacteria and viruses, including avian influenza A viruses. People should separate uncooked (raw) poultry from cooked foods and foods that won't be cooked. Cook all poultry and poultry products (including eggs) all the way before eating.
- While there is no evidence that anyone in the United States has gotten infected with avian influenza A viruses after eating properly handled and cooked poultry products, uncooked poultry, and other poultry products (like blood) could have been the source of a small number of avian influenza A virus infections in people in Southeast Asia.

### ***For beef:***

- Cooking beef to the appropriate internal temperature kills bacteria and viruses, including avian influenza A viruses. Cook all beef products thoroughly before eating. Ground beef should reach a safe internal temperature of 160°F and whole cuts of beef should reach 145°F then rest for 3 minutes. Refer to CDC's safer foods table for a complete list of safe internal temperatures.
- Separate uncooked (raw) beef from cooked foods or foods that won't be cooked to prevent cross-contamination.

## **Unpasteurized (raw) milk safety**

- Choosing pasteurized milk and products made with pasteurized milk is the best way to keep you and your family safe.
- Raw milk and products made from raw milk, including soft cheese, ice cream, and yogurt, can be contaminated with germs that can cause serious illness, hospitalization, or death.
- Pasteurization kills bacteria and viruses, like avian influenza A viruses, in milk.
- Make the best decision for your health and the health of your family by always choosing pasteurized milk and products made with it.
- Anyone, even healthy adults, can get sick from drinking raw milk.
- Based on the limited research and information available, we do not know at this time if avian influenza A viruses can be transmitted to people through consumption of raw milk and products (such as cheese) made from raw milk from infected cows.

# 166th Harrison County Agricultural Fair-June 22-28

Have you been taking advantage of snowed-in days to get a few extra projects completed? Or are you browsing through seed catalogs to get a jump on your flower and vegetable entries? If not, now's the time to dive in! The Fair will be here before we know it.

Wouldn't it be amazing to see the Homecoming's Hall packed with a stunning variety of foods, flowers, and incredible crafts and needlework. Our entry numbers have been steadily growing over the past few years, and it would be wonderful to keep that momentum going. Let's keep the trend going and growing! Don't miss out on being a part of this fantastic event!



**ALL** Harrison County residents are welcome to enter projects in the Fair.  
To get a list of eligible projects drop by the Extension office.



## **Egg Substitutes When Baking**

Published on February 10, 2023 / Center for Disease Control

**Egg substitute for binding** (helps hold the shape and stick together), such as in meatloaf:

- 1 Tablespoon flax or chia seed + 3 Tablespoons water (combine and let sit for 5 minutes)
- 1 package plain gelatin + 2 Tablespoons warm water (do not mix until ready to use)

**Egg substitute for leavening** (gives texture and a lift), such as in cookies:

- 1 Tablespoon flax or chia seed + 3 Tablespoons water + ½ teaspoon baking powder
- ½ teaspoon baking powder + 1 Tablespoon liquid (water) + 1 Tablespoon vinegar
- 1- ½ Tablespoons water + 1 ½ Tablespoons oil + 1 teaspoon baking powder

**Egg substitute for moisture** (by leaving out the egg altogether and simply adding more moisture), such as in pancakes, cupcakes, and quick breads:

- ¼ cup mashed banana, mashed avocado, applesauce, pumpkin puree, sweet potato, mashed beans, or silken tofu
- 2 Tablespoons mayonnaise

**Other ways to replace eggs** (Each replacement equals 1 whole egg):

- 2 egg whites
- ¼ cup commercial egg substitute

**Pro tips when using these alternatives:**

- Ground flaxseeds + water - Grind flaxseeds, mix with water, and let it rest until it becomes gelatinous.
- Mashed banana - The banana you use should be ripe and easily mashed.
- Silken tofu - Process tofu in a blender until smooth and creamy.



## Beginner's Guide to Grant Writing

The two-day Beginner's Guide to Grant Writing program is perfect for beginner or intermediate grant writers. Day One will help you create a proposal outline with all the resources to build it into a full proposal. On Day Two, you'll refine your proposal and take on the role of a reviewer, learn funding strategies, and ensure your proposal is submission-ready. Bring your ideas and get ready to write!

### Two Day Program from 9am - 4:30pm

- Day 1: Thursday, May 1st
- Day 2: Thursday, May 29th

**Registration:** Registration is available by visiting <https://cvent.me/5YW3gE>

**Please register by April 24, 2025.**



## Register Now!

## **ServSafe Food Manager Training & Exam on April 23rd, 2025**

Registration Deadline: April 11 by 4:00pm



### **ServSafe Food Manager 1-Day Class & Examination**

**Hosting County:** Harrison County

**Date:** Wednesday, April 23, 2025

ServSafe educates food service workers about food safety.

ServSafe Food Protection Manager is their highest certification. It satisfies Indiana requirements to become a Certified Food Protection manager and focuses on five aspects:

- Foodborne microorganisms and allergens
- Personal hygiene
- Purchasing, receiving, and storage
- Preparing, cooking, and serving
- Facilities, cleaning/sanitation, and managing pests

The full 1-day training includes a manual and proctored exam. You must score 70 percent or greater to earn the certificate. The certification is valid for five years. A photo ID with signature is required to take the exam (driver license, state ID, student ID, military ID, employee ID, U.S. green card, or valid passport).

For more information call: (812)-738-4236 or  
email: [tdbeckma@purdue.edu](mailto:tdbeckma@purdue.edu)

Register at Cvent online: <https://cvent.me/ERDbzy>

[www.purdue.edu/servsafe/workshops](http://www.purdue.edu/servsafe/workshops)



**Registration Deadline: April 11, 2025**

Training and Exam Site:  
Purdue Extension Harrison County- host  
Address: 247 Atwood Street  
Corydon, IN 47112

Training, Manual, & Proctored Exam: \$165

Manual & Proctored Exam: \$115

Proctored Exam: \$65

**\*\*All Times EST\*\***

**Register Time: 8:00 am - 8:20 am**

**Training: 8:30 am - 3:00 pm**

**Exam Time: 3:30 pm**



### **ServSafe Food Manager 1-Day Class & Examination**

**Credit Card Payment:** Online registration closes five business days prior to training/exam date.

**Check Payment:** The pay-by-check option close 10 business days prior to an event when registering through the online portal. All mail-in registration forms must be received by the deadline date in order for training materials to be shipped and received prior to the training/exam date. Registrants will not be added to the training roster if the payment is not received by the deadline. Contact the educator directly if you need assistance in paying with a check past the deadline date. A confirmation email will be sent to the attendee once registration is received. **DO NOT SEND CASH.**

Training materials will not be shipped until payment is received. **Make checks payable to:** Purdue University. **Checks must include:** County, Date, and Registrants Name. **Mail to:** Education Store - 301 S. 2nd Street Lafayette, IN 47901

Bring to the training or exam: A photo ID with signature is required to take the exam. (e.g. driver's license, state ID, student ID, military ID, Employee ID, U.S., Green Card, or valid passport) and your training materials if applicable.

**REGISTRATION FORM:** Confirmation will be sent once form is received.

Hosting County: \_\_\_\_\_ Training Date: \_\_\_\_\_

Company Name: \_\_\_\_\_ Contact Name: \_\_\_\_\_

Attendee Name: \_\_\_\_\_ Attendee Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Registration Options	Price	Quantity	Total
Training, Manual and Proctored Exam	\$165		
Training & Proctored Exam	\$115		
Proctored Exam	\$65		
Late registration	\$20		
Overall total			

#### **PREFERRED REGISTRATION METHOD:**

Online Registration  
[www.purdue.edu/servsafe/workshops](http://www.purdue.edu/servsafe/workshops)  
Best way to contact for registration questions is by email:  
[edustore@purdue.edu](mailto:edustore@purdue.edu)  
Phone Number:  
765-494-6794

- Check here if special accommodations needed (pre-registration required) \_\_\_\_\_
- Select Manual language: English \_\_\_\_\_ Spanish \_\_\_\_\_
- Select Exam Language: English \_\_\_\_\_ Spanish \_\_\_\_\_ Chinese \_\_\_\_\_ Japanese \_\_\_\_\_
- \_\_\_\_\_ French Canadian \_\_\_\_\_ Korean \_\_\_\_\_



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SCAN ME

<https://bit.ly/hhscd>

OR call our office!

## **Call For Advisory Committee Members!**

Harrison County HHS/CD Educator, Tara Beckman, is gathering names for potential new members to join her Health and Human Sciences (HHS) and Community Development (CD) Advisory Committee! This committee plays a crucial role in identifying areas of concern to better serve the people of Harrison County. We meet twice a year to discuss and strategize.

The mission of Purdue Extension HHS is to enhance the quality of life for individuals, families, and communities by helping people strengthen relationships, eat smart, improve health, and achieve financial wellness. Community Development focuses on empowering local leaders, residents, businesses, and organizations to build resilient, inclusive, and sustainable communities through research-based resources and processes.

If you or someone you know might be a great fit for this committee, please **fill out this short interest survey using the link or QR code to the left OR call our office at 812-738-4236!** Your insights can help shape programs that influence attitudes, teach skills, and inspire aspirations. Thank you for your support!

**SAVE THE DATES!**

Harrison County  
Agricultural Fair:

**JUNE 23 – 28, 2025**

Harrison County  
4-H Fair:

**JUNE 20 – 26, 2025**

Full Schedule  
coming soon!

## **Stay Connected!**

Keep an eye on our Facebook page and website for more details and full calendars soon!

<https://extension/purdue.edu/harrison>

## **FREE! Mental Health First Aid Training**

Do you or others in your community need more skills and tools to support mental health? If so, Mental Health First Aid (MHFA) is an excellent resource for personal or professional development. Thanks to some recently received grant funds, Purdue Extension will offer some **FREE** virtual Adult MHFA courses in 2025 that anyone can attend.

- Wednesday, April 16th – register at <https://cvent.me/ZOb091>
- Wednesday, May 21st – register at <https://cvent.me/ERWyQI>

Call the Extension Office for assistance.

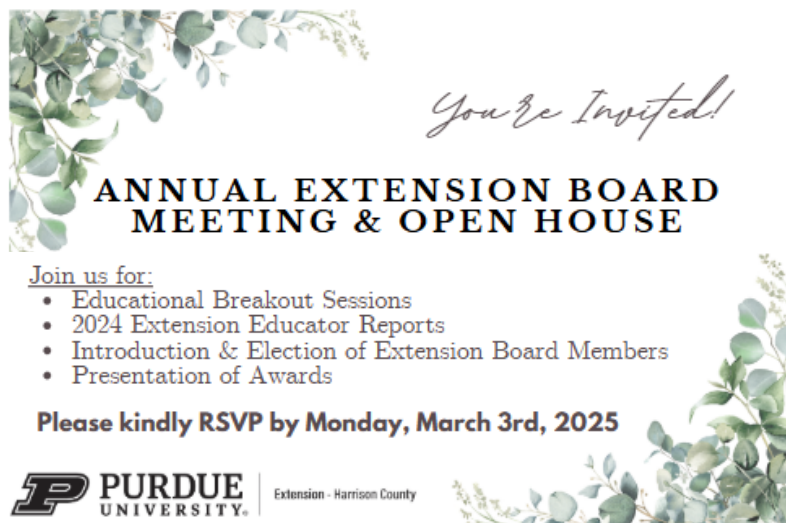




## **You're Invited!**

Our Annual Extension Board meeting will be held on Thursday, March 13th from 6-8:00 pm. The meal is generously sponsored by Blackman Farms.

Please RSVP by Monday,  
March 3, 2025.



*You're Invited!*

### ANNUAL EXTENSION BOARD MEETING & OPEN HOUSE

Join us for:

- Educational Breakout Sessions
- 2024 Extension Educator Reports
- Introduction & Election of Extension Board Members
- Presentation of Awards

**Please kindly RSVP by Monday, March 3rd, 2025**

**PURDUE UNIVERSITY** | Extension - Harrison County

## **NOW OFFERING-- Pressure Dial Gauge Canner Testing**



**NOW OFFERING!**

### PRESSURE CANNER GAUGE TESTING

To ensure that your food is canned safely and properly, get your gauge tested every year.

- Call our office to schedule an appointment.
- Bring canner lid with gauge to the Extension Office.

**Cost: \$5**

**PURDUE UNIVERSITY**  
Extension - Harrison County

247 Atwood Street  
Corydon, IN 47112  
**812.738.4236**

Purdue University is an equal opportunity institution

Purdue Extension Harrison County now offers Pressure Canner Gauge Testing.

**\*Dial gauges only— call our office if you need guidance with weighted gauges\***

To ensure your food is canned safely and properly, get your gauge tested **EVERY YEAR**.

**Call our office to schedule an appointment!**

**Bring your canner lid with gauge to the Extension Office at 247 Atwood Street, Corydon.**

**Testing cost is \$5.00. Call 812-738-4236.**

### **Tuscan Bean Soup**

Healthy greens and beans add a flavorful punch to this easy soup recipe.

#### **Ingredients**

- 1 tsp olive oil
- 1/2 small red onion (chopped)
- 1 medium celery (chopped)
- 1 medium garlic clove (minced)
- 2 cups fat-free, low-sodium chicken broth
- 15.5oz canned, no salt added Great Northern Beans (rinsed, drained)
- 14.5oz canned, no salt added, diced tomatoes (undrained)
- 1 tsp. dried oregano (crumbled)
- 1/2 tsp. dried thyme (crumbled)
- 1/4 tsp. crushed red pepper flakes
- 2 cups spinach
- 1/3 cup grated Parmesan cheese



#### **Directions**

In a large saucepan or Dutch oven, heat the oil over medium heat, swirling to coat the bottom. Cook the onion, celery, and garlic for 4 to 5 minutes, or until the onion and celery are soft.

Stir in the broth, beans, tomatoes with liquid, oregano, thyme, and red pepper flakes. Increase the heat to medium high and bring to a simmer, stirring occasionally. Reduce the heat and simmer, covered, for 20 minutes so the flavors blend.

Stir in spinach. Simmer, covered, for 2 to 3 minutes, or until the spinach is wilted.

Just before serving, sprinkle the soup with Parmesan.

Calories: 100 per serving,  
Protein: 7g per serving,  
Fiber: 4g per serving

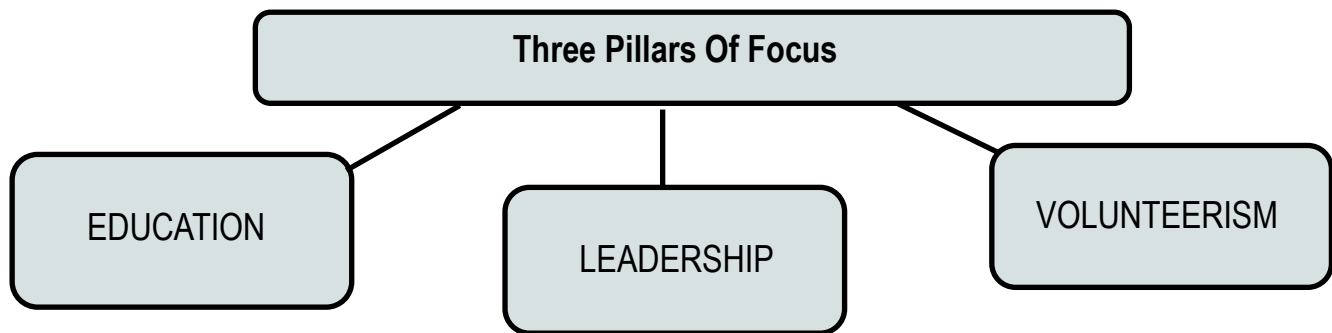


# What is Indiana Extension Homemakers Association?



**IEHA Mission Statement:** The mission of the Indiana Extension Homemakers is to strengthen families through continuing education, leadership development, and volunteer community support.

Through cooperation with the Purdue University Cooperative Extension Service, IEHA offers a wide range of lessons at no charge.



**Who?** Any resident of Harrison County

**What?** Regularly scheduled club meetings and county-wide events hosted by IEHA Harrison County

**When?** County-wide events, Area-wide events, and regular club meetings at various times throughout the month/year

**Where?** Monthly Club meetings happen in Depauw, Elizabeth, New Salisbury, Laconia, and Corydon

**Why?** With the common goal to do and uphold IEHA's mission statement within Harrison County and beyond



**Indiana Extension  
Homemakers Association**



**IEHA**



**[www.ieha-families.org](http://www.ieha-families.org)**

For more information about IEHA Clubs in your part of Harrison County, contact membership coordinator Marcia Gliottone 812-267-5573 or the Harrison County Purdue Extension Office 812-738-4236.

# Scholarships Available– Harrison County Residents & Extension Homemakers

## RUTH B. SAYRE SCHOLARSHIP

A scholarship given by Country Women's Council, USA is for a resident of the US with financial need, who shows potential leadership and carries a minimum of nine credit hours. The Scholarship award of \$500 will be sent to the recipient's educational institution. Applications and more information are available in the Extension Office. Applicant must be an Indiana resident. **The completed application must be returned to the current IEHA State President by the March 1, 2024 deadline.**  
See <https://ieha-families.org>

## HARRISON CO. EXTENSION HOMEMAKERS SCHOLARSHIPS

Pick-up an application at the Extension Office for the **Harrison County Homemakers Scholarship**. It is open to any Harrison County resident.  
**Completed applications must be received at the Extension office no later than March 1, 2024.**  
*See application for mailing address.*

## Career Advancement Scholarship Form

Eight (8) \$500 Scholarships will be given. One (1) as the Eleanor Arnold Award to an IEHA member, one (1) as the Ann Hancock Award to a degree in the medical profession, and six (6) random scholarships.

Read and follow the instructions for completing the application. Applications that are incomplete or that have missing information will not be considered. Scholarships are usually granted for Undergraduate degrees rather than Masters degrees. Scholarships will be awarded with regard to financial need. Former winners may reapply.

See application and instructions on: <https://ieha-families.org>

**Applications must be postmarked by March 15, 2024 & mailed to IEHA Past President. See website for address.**



# Harrison County Homemaker News



## REMINDERS



### **CLUB SECRETARY'S BOOK**

Are you a new club Secretary or would like to keep your club's meeting minutes organized and in one place? This book also has space for member information, a club officers list, and even a couple of pages the club Treasurer could use. Stop by the Extension Office for your copy.

### **"COINS & NICKELS"**

Clubs need to send in their "Coins for Friendship" or "Nickels for Leadership" to Elaine Fischer by **March 15, 2025**

### **COUNTY FAIRS**

It's time to get out your tried and true recipes, crochet hooks, knitting needles, sewing patterns, paint brushes, and seed catalogs because the Fair will be here before you know it! The list of open class projects is available at the Extension office.

**4-H Fair: June 21-26, 2025**

**AG Fair: June 22-28, 2025**

### **COUNTY OFFICERS AND CLUB MEETING DATES & TIMES**

We need names of local club Officers. Deadline for officers names and meeting days and times is **March 1, 2025**, at the Extension office.

### **THE PRESIDENTS' COUNCIL**

will meet on Monday, March 25, 2025 at 12:30 pm in the Washburn Board Room at the Extension Building



## **BEDFORD DISTRICT SPRING MEETING**

**"You're One in a Buzzillion!"**

**Wednesday, March 26, 2025**

Registration & light breakfast 9:30-10:00 am

Meeting starts at 10:00 am

Lunch provided— chicken tenders, mashed potatoes, green beans, slaw, roll, dessert. (Breakfast snacks on hand before meeting.)

The meeting will be hosted by Scott County Homemakers and held at **Scottsburg First Christian House. 750 S. Gardner Street, Scottsburg, IN 47170**

Cost is \$12.00 per person.

Registration must be received by Elaine Fischer by March 10, 2025 deadline.

See address on registration form below.

### **Bedford District Spring Meeting Registration March 26, 2025**

NAME \_\_\_\_\_

PHONE: \_\_\_\_\_

AMOUNT ENCLOSED: \_\_\_\_\_

CHECK # \_\_\_\_\_

Send registration form and check made out to Harrison Co. Extension Homemakers to:

**Elaine Fischer at 2140 Spring Branch Rd NE,  
New Salisbury, IN 47161.**

**Deadline: to be received by  
March 10, 2025**





# Harrison County Homemaker News



## MAY ACHIEVEMENT DAY

**Tuesday, May 13, 2025**

**Purdue Extension Building**

**Registration 9:00 a.m.-Program 9:30 a.m.**

May Achievement Day will be Tuesday, May 13, 2025 at the Purdue Extension building with registration beginning at 9:00 am.

One person from each club should be prepared to give a 5-10 minute talk about their club's 2024-25 highlights and happenings. Each club is to bring a \$5 door prize, decorate their own table(s) and also make their own name tags.

All those attending should bring a food dish (examples: salad, entrée or dessert) for the pitch-in lunch. Tea and coffee will be served with lunch. Refreshments will not be available in the morning. New club members will be recognized.

Be sure to get names of the 25 and 50-year members to Marcia Dodge by May 1. Give the names of those members who have passed during the past year to Marcia Dodge (812-568-0893) by May 1 for the Memorial Service. A club member may wish to speak about the person who passed.

Bring your cultural arts items for judging, with the finalist going to the Home and Family Conference for state competition. Homemaker volunteers will be in charge of Cultural Arts and special project items. Voting for the "Pair of Placemats" and other Cultural Arts category items will only take place during the lunch hour. Check in Cultural Arts items and place mats before 9:30 am.

There will be no Style Show this year.

## CULTURAL ARTS & HERITAGE SKILLS

It is hard to believe the Home and Family Conference will be here in a few short months. For the last several years, participation in the Special Project for Cultural Arts at the Conference has been very successful.

**This year, the Committee has chosen Place Mats.** The place mats can be made of any type of material using any form of needlework, sewing, weaving, etc. The maximum size is 14"x 20". It can be any shape, so long as it doesn't exceed the maximum dimensions.

### *The additional craft categories for 2025*

- Quilts: full sized, crib/baby quilts
- Needlework: needlepoint, embroidery, counted cross-stitch, crewel embroidery, etc.
- Knitting/Crocheting
- Crafts/Miscellaneous: items not included in one of the above categories

Each county may submit only one entry from one of the four craft categories above plus one entry in the special project category for a total of two entries. Entry forms can be found on the IEHA website [www.ieha-families.org](http://www.ieha-families.org) under the programs/forms tab.

The Cultural Arts Committee looks forward to having many wonderful items to display at the Home and Family Conference.

**All Club dues and member's names are due to Elaine Fischer at the May Achievement Day. You will receive your 2025-26 program book at that time.**

**Dues are \$15.00 per member.**

**ISSUE CHECKS TO: HARRISON COUNTY  
EXTENSION HOMEMAKERS**

Purdue Extension  
Harrison County  
247 Atwood St  
Corydon, IN 47112

NONPROFIT ORG.  
U.S. Postage  
**PAID**  
Corydon, in  
Permit no. 31

HHS Newsletter



**Tara Beckman**

Extension Educator  
Health & Human Sciences  
Community Development

**Ariel Camm**

County Extension Director  
Extension Educator  
Agriculture & Natural Resources

**Anna Denny**

Extension Educator  
4-H Youth Development

**Katie Davidson, MS, RD**

Community Wellness Coordinator

**Cindy Finerfrock**

Nutrition Education Program  
Advisor

**Mary Eve**

Office Manager

**Tammy Alcorn**

Administrative Assistant

**Open Position**

Administrative Assistant

**Sallie Carter**

Program Assistant



Extension - Harrison County

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Purdue Extension Harrison County



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