

Health & Human Sciences Connections

June-July 2024

Volume 24 Issue 3



Extension - Harrison County



Hello Summer!

As we say farewell to the cool breeze of spring, it's time to embrace the warmth and vibrancy of the summer season! With longer days, balmy evenings, and the scent of freshly cut grass in the air, summer brings with it a sense of excitement and adventure. From exciting educational initiatives to community events that celebrate the spirit of summer, there's plenty to look forward to in the coming months. So, grab your sunglasses, lather on some sunscreen, and let's dive into all the joys summer has to offer—this issue hopes to give you a glimpse of the summer opportunities ahead.

With that in mind, I'm thrilled to kickstart this season with an exciting reminder—the Harrison County Fair and 4-H Fair are just around the corner! The Agriculture Fair will be open to the public from June 23rd through June 29th. The 4-H Fair will begin on Tuesday, June 18th.

For many, the county fair holds a special place their hearts as a time to come together as a community, to celebrate a heritage, and to create cherished memories which will last a lifetime.

In fact, fair time is also a fantastic opportunity to showcase your talents and creativity! Whether you're a skilled artisan, a green-thumbbed gardener, a passionate baker, or a talented crafter, we invite you to exhibit your projects at the County Fair. While 4-H Fair Entry has passed for this year, there is still opportunity to participate in the Open Class Exhibit in the Homecomers Hall! Check out the information later in this edition to see project categories, check-in dates and times, and other pertinent details in order to participate.

As we welcome the summer season with open arms, let's embrace the warmth, joy, and adventure that it brings. Mark your calendars, gather your loved ones, and join Purdue Extension Harrison County as we embark on these summer adventures that are hopefully filled with unforgettable moments and cherished memories.

Wishing you all a summer filled with sunshine, smiles, and endless possibilities!

A handwritten signature in cursive script that reads 'Tara Beckman'.



<https://www.facebook.com/HarrisonCoExtension/>



<https://extension.purdue.edu/Harrison>



<https://www.youtube.com/channel/UC41otnw75UqhuBVpSMiWY7w>



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Health & Human Sciences Connections

What is HHS Extension?

Purdue Extension Health and Human Sciences (HHS) looks to bring university research to the local level by encouraging HHS Educators to deliver practical, high-impact, educational programs that help communities strengthen families, spend smart, eat right, and live well!

It's as simple as focusing on food, family, money, and health. The HHS branch of Extension offers a variety of engaging, comprehensive programs related to each of these areas. The programs include, but are not limited to:

- **Be Heart Smart**– learn about heart disease and related risk factors
- **Captain Cash**– teaching youth the basics of earning, saving, spending, and borrowing money
- **Dining with Diabetes**– diabetes management lessons focusing on food preparation and cooking
- **ServSafe**– food safety training for restaurant and food service professionals
- **Where Does Your Money Go?**– helping consumers better understand spending habits

Community Development Connections

What is CD Extension?

Purdue Extension Community Development (CD) focuses on strengthening the capacity of local leaders, residents, businesses, and organizations to build resilient, inclusive, and sustainable communities through research-based resources and processes. CD Educators actively partner with a variety of stakeholders in order to bring research-based information needed to inform and guide the community and economic development initiatives of people and groups across the state.

The five thematic program areas include, but are not limited to:

- Community Economics & Workforce Development
- Community Health
- Community Planning
- Leadership & Civic Engagement

Questions? Suggestions? Interested in Collaboration?
Please feel free to reach out to HHS & Community Development Educator, Tara Beckman via email at tdbeckma@purdue.edu or phone at (812)-738-4236

WE VALUE YOUR INPUT!

WE WANT

YOUR

FEEDBACK!



Each and every day we strive to identify and meet the needs and interests of our community. Giving your input here, we appreciate you and the insight you provide so that we continue to carry out Purdue Extension's mission and strive to be "Indiana's Educational Partner for Life."

<https://forms.gle/wAUzSBcEZ1eyBXjFA>

WELCOME TO HARRISON COUNTY PURDUE EXTENSION!

Welcome



Hi, I'm Melissa Greenwell. I'm delighted to share that I've recently joined the talented team at Purdue Extension Harrison County as a Summer Assistant. I look forward to contributing to the success of the Extension mission and programming, and learning from my new colleagues along the way. I am a lifelong resident of Harrison County and graduated from Corydon Central High School. My family raises poultry. I enjoy traveling, studying history and genealogy, and serving others. I have been extensively involved in 4-H, joining as a youth and later becoming a 4-H parent, volunteer, superintendent, and council member. I served as Vice President of the Extension Board from 2018-2024. I am excited to continue my journey with Harrison County Extension in this new role in order to serve my community and work with an organization that makes a positive impact in people's lives.



Welcome, Anna!

Anna Denny, a native of Harrison County, is delighted to work in her hometown. With a 10-year background in 4-H, she grew up showing horses and rabbits. Anna holds a Bachelor's degree in Agriculture from Murray State University. Her journey with Extension commenced in 2015 with a summer internship in our office. Following her graduation, she served as our Extension Program Assistant for four years before transitioning to an Extension Agent role at the University of Kentucky in Breckinridge County.

Anna operates and owns a Katahdin hair sheep farm in the county. In her free time, she loves hiking with her dog, Gus, exploring the outdoors, and being a fun-loving aunt to her niece and nephew.

Anna is thrilled to re-engage with her local community and develop the 4-H program to benefit the youth, mirroring how the program shaped her into the professional she is today.

P PURDUE
UNIVERSITY

Extension Harrison County

WELCOME

Purdue University is an Equal Opportunity/Affirmative Action Institution

Needing help finding, applying for, and managing funding for your organization's community-driven projects?

FREE EVENT!! Thriving Communities Technical Assistance Center (TCTAC) Workshop is scheduled for June 6th from 9:00am to 11:30am at the Harrison County Extension Office, 247 Atwood Street Cordyon, IN 47112

The TCTAC's mission is to support community organizations in successfully navigating funding opportunities to access the resources they need to lead in the transition to clean energy, pollution clean-up, and green workforce development.

Learn more: <https://bit.ly/3TwYSok>

Register: <https://bit.ly/3JAK3Bh>

**GREAT LAKES
ENVIRONMENTAL JUSTICE**

**PURDUE
UNIVERSITY** | Extension - Community
Development

THRIVING COMMUNITIES

TECHNICAL ASSISTANCE CENTER

Immense federal funding opportunities that focus on community-led solutions for climate resiliency and healthy environments are available. Purdue Extension Community Development is the Indiana lead for the [Great Lakes Environmental Justice Thriving Communities Technical Assistance Center](#) (Great Lakes TCTAC). Through this effort we support community organizations and local government in navigating federal grant funding opportunities to access resources for projects that include:

- enhancing community quality of life
- clean energy
- pollution cleanup
- green workforce development
- and many other topics

We can assist your organization in finding, applying for, and managing funding for community-driven projects.

The Great Lakes TCTAC provides the following support:

- information on current federal funding opportunities
- assistance with navigating which funding opportunities match project needs
- guidance throughout the application process
- identifying partners for concept development and planning, engineering consultation, GIS mapping, or post-award grant management



IF YOU ARE INTERESTED IN RECEIVING SUPPORT FROM THE GREAT LAKES TCTAC, PLEASE FILL OUT THIS SHORT INTAKE FORM.

The Great Lakes TCTAC's partners are the University of Illinois, Michigan State University, University of Minnesota, Ohio State University, Purdue University, and University of Wisconsin, as well as the Midwest Tribal Energy Resources Association (MTERA), the Great Plains Institute, Community Engineering Corps, and the Environmental Protection Network. Learn more about our regional partners.

Indiana partners are Purdue Extension Community Development, the Purdue Center for Regional Development, and Illinois-Indiana Sea Grant.

Contact Us
Kara Salazar (salazark@purdue.edu)
Michael Wilcox (wilcox16@purdue.edu)

**PURDUE
UNIVERSITY**
Center for Regional Development

**Sea Grant**
ILLINOIS-INDIANA



Indiana Food Vision– Join Us!

Do you live, work, play, or eat in Indiana? If so, we want to hear from you! Join Purdue Extension Harrison County for an Indiana Food Vision Focus Group on June 10th from 5:30-7:00PM at the Extension Office!

This interactive workshop aims to gather your feedback about Harrison County food systems, which will be used to inform local, regional, and state food dollar decisions, identify gaps & success in our local food systems, and encourage community partnerships to address food-related issues! See image below for details.

RSVP at: <https://forms.gle/jGtEphUtnqMS4PoMA>



INDIANA FOOD VISION FOCUS GROUP

JUNE 10, 2024 | 5:30 - 7:00 PM

**PURDUE EXTENSION HARRISON COUNTY
247 ATWOOD ST, CORYDON, IN 47112**

YOUR VOICE. YOUR VISION.

Together, we are building a statewide food vision for Indiana: a roadmap for creating a food system where communities thrive. Come participate in an interactive workshop to help inform this vision, which will be used to:

- Inform decision makers at the local, regional, and state levels
- Help communities, businesses, and organizations get funding
- Identify what's already working in our food systems
- Foster innovation and collaboration across the public, private, and non-profit sectors
- Support local efforts with statewide information



RSVP:

<https://forms.gle/jGtEphUtnqMS4PoMA>



**IF YOU LIVE, WORK, OR PLAY
IN INDIANA, WE WANT TO
HEAR YOUR VOICE!**

Purdue Extension is an equal opportunity/access institution.

Preserve It Now... Enjoy It Later

Boiling Water Bath Canning Workshop

- Lecture/ Resources
- Hands On Practice
- Take Home Product

Date: June 20th

Time: 10 AM - 2 PM

Location: Purdue Extension Office-Harrison County
Boilermaker Room
247 Atwood Street
Corydon, IN 47112

For workshop specific questions, contact: Janet Steffens at
jsteffens@purdue.edu



Register at: <https://cvent.me/05A9Vz>

Cost: \$30.00

Class Size limited to: 8 participants

Registration & Payment due by: June 12th

For additional information and a listing of other food preservation workshops through Purdue Extension go to: <https://bit.ly/393hmtty>

Join Purdue Extension Master Home Food Preservation instructors to learn the basics of boiling water bath canning through education and a hands-on workshop. Participants will prepare and process a recipe and get a jar of produce to take home.



Extension - Health and
Human Sciences

FOOD PRESERVATION

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EAFSU

Preserve It Now... Enjoy It Later

Pressure Canning Workshop

- Lecture/ Resources
- Hands On Practice
- Take Home Product

Date: July 25th

Time: 10 AM - 2 PM

Location: Purdue Extension Office-Harrison County
Boilermaker Room
247 Atwood Street
Corydon, IN 47112

For workshop specific questions, contact: Janet Steffens at
jsteffens@purdue.edu



Register at: <https://cvent.me/1BDvK2>

Cost: \$30.00

Class Size limited to: 8 participants

Registration & Payment due by: July 18th

For additional information and a listing of other food preservation workshops through Purdue Extension go to: <https://bit.ly/393hmtty>

Join Purdue Extension Master Home Food Preservation instructors to learn the basics of pressure canning through education and a hands-on workshop. Participants will prepare and process a recipe and get a jar of produce to take home.



Extension - Health and
Human Sciences

FOOD PRESERVATION

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EAFSU

2024 Harrison County Fair

Fair time is right around the corner! Check-in for the open show projects is in the Homecomers Hall at the fairgrounds. Check-in times are on Saturday, June 22nd from 9:00am to 11:00am AND Monday, June 24th from 9:00am to 12:00pm. All residents are welcome to enter their fruits, flowers, needlework, crafts, canned goods, baked goods, and any number of almost 400 items! Exhibitors must be non-professional and residents of Harrison County or a member of the Harrison County Extension Homemakers.

Pick up your exhibit list and tags ahead of time at the Harrison County Extension Office or call 812-738-4236 for more information.



Is it Fair time already? I still haven't finished my quilt!

The Fair is right around the corner! It's another year of too many projects to complete and not enough time. I just need to get this one last project done.

Are you a crafter who wants to show off your talents? Do you have a green thumb? Or maybe you enjoy baking or preserving food. Bring all your goodies to enter in the Fair!

Check-in for the open show projects is in the Homecomers Hall at the Harrison County Fairgrounds on Saturday, June 22 from 9:00 am until 11:00 am AND Monday, June 24th from 9:00am-Noon. All residents are welcome to enter their fruits, flowers, needlework, crafts, canned goods, baked goods, and any number of almost 400 items. Exhibitors must be non-professional and residents of Harrison County or a member of the Harrison County Extension Homemakers. Are there rules? What can I enter? How can I earn free Fair passes?

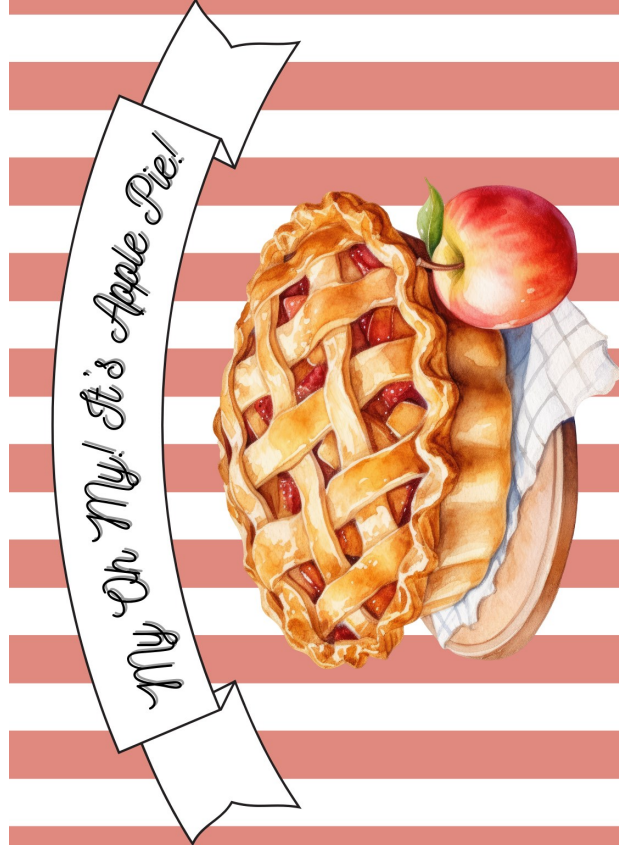
Pick up your exhibit list at the Harrison County Purdue Extension office or call 812-738-4236 for more information.



Harrison County
Indiana Extension Homemakers Association

2024 Harrison County Fair Apple Pie Contest & Auction

Bring your homemade apple pie to the Windell Ag Building at the Harrison County Fairgrounds on Thursday, June 27th between 1:00pm and 2:00pm. Judging will begin after, with the auction following. Auction proceeds will be used toward yearly scholarships awarded by the Harrison County Extension Homemakers. This year, three community members were each awarded \$1000 scholarships.



The Harrison County Extension Homemakers will be hosting the annual Pie Contest and Auction during the Fair. Bring your homemade apple pie to the Windell Ag Building at the Fairgrounds on Thursday, June 27 between 1:00 pm and 2:00 pm. Late entries will not be accepted.

Judging will begin at 2:30. After judging, the pies will be auctioned with the proceeds going to the Harrison County Extension Homemakers. Most of the auction funds are given as scholarships in the spring. This year, Kristen Wernert, Gracelyn Burks, and Frankie Wilkerson were each awarded a \$1000 scholarship.

Bring a pie or just stop by and join in the bidding for a scrumptious apple pie and a good cause. More information is available at the Harrison County Purdue Extension Office or call 812-738-4236.



Harrison County
Indiana Extension Homemakers Association

Pressure Canner Gauge Testing!

Call our office to schedule a time to get your dial gauge tested.
Gauge testing should be done EVERY YEAR to ensure food safety.

**PRESSURE
CANNER
GAUGE
TESTING!**

\$5 FEE



Purdue Extension Harrison County offers
Pressure Canner Gauge Testing.

**Dial gauges only— call our office if you
need guidance with weighted gauges.**

To ensure that your food is canned
safely and properly, get your gauge
tested EVERY YEAR.

Call our office to schedule an
appointment!

Bring your canner lid with gauge to the
Extension Office at 247 Atwood Street,
Corydon.

Testing cost is \$5.00.
Call 812-738-4236.



Extension - Harrison County

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June Challenge Kit!

This month's Challenge Kit features fun, education, and all things fair time! Stop by the Extension Office beginning June 1st or the 4-H Exhibit Hall during the fair to grab your FREE kit.

**June Challenge Kit
SCAVENGER HUNT
at the
COUNTY FAIR!**

Livestock, Fair Food, and Rides... Oh My!
This month's challenge kit includes a fun and educational scavenger hunt for all ages! Stop by the Extension Office or the 4-H Exhibit Hall during the fair to grab your FREE kit. Complete the challenge and stop by the Extension Office for a prize!

The Art Of Crafting Caramel

Tuesday, June 11th at 5:30pm. RSVP by calling: 812-738-4236



The Art of Crafting Caramel

Tuesday, June 11th at 5:30pm

Join Harrison County ANR Educator, Ariel Camm, and Clark County ANR Educator and owner of Summer Solstice Farms, Heidi Potter, to learn the art of crafting caramel from goat milk! Participants will also learn about dairy goat management. This workshop will be held at the Harrison County Extension Office on June 11th starting at 5:30pm. Limited seating available, so RSVP as soon as possible!

\$5

RSVP by calling:
☎ 812-738-4236

PURDUE UNIVERSITY

Extension - Agriculture and Natural Resources

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The Art Of Crafting Caramel

Tuesday, June 23rd at 6:00pm. RSVP by calling: 812-738-4236



ROOTED IN AG: CHICKEN TERIYAKI

July 23rd / 6:00pm

Join ANR Educator, Ariel Camm, at the "Rooted In Ag: Chicken Teriyaki" class on July 23rd at 6:00pm at the Extension Office. Learn how agriculture plays a key part in the chicken teriyaki we enjoy. You even get to make and take home your own teriyaki to enjoy afterwards! Class size is limited, so call the Extension Office or stop by to register!

\$5 Free

☎ 812-738-4236

📍 247 Atwood St. Corydon, IN 47112



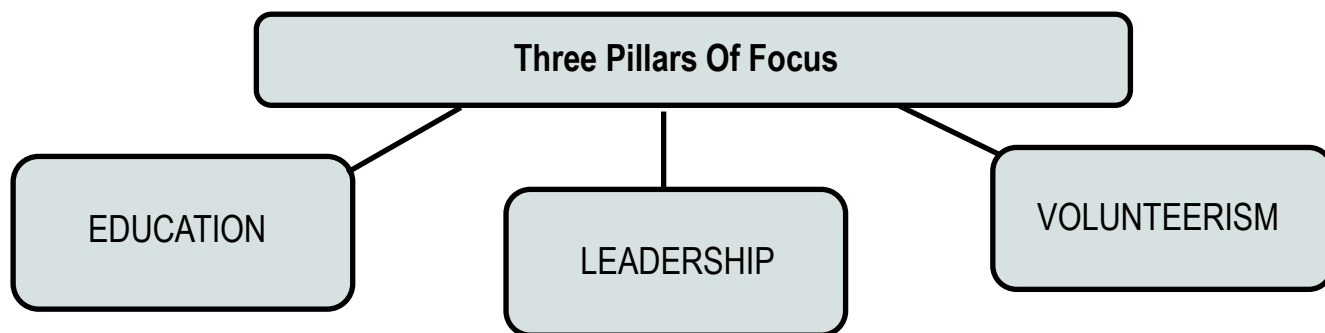
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What is Indiana Extension Homemakers Association?



IEHA Mission Statement: The mission of the Indiana Extension Homemakers is to strengthen families through continuing education, leadership development, and volunteer community support.

Through cooperation with the Purdue University Cooperative Extension Service, IEHA offers a wide range of lessons at no charge.



Who? Any resident of Harrison County

What? Regularly scheduled club meetings and county-wide events hosted by IEHA Harrison County

When? County-wide events, Area-wide events, and regular club meetings at various times throughout the month/year

Where? Monthly Club meetings happen in Depauw, Elizabeth, New Salisbury, Laconia, and Corydon

Why? With the common goal to do and uphold IEHA's mission statement within Harrison County and beyond



**Indiana Extension
Homemakers Association**



IEHA



www.ieha-families.org

For more information about IEHA Clubs in your part of Harrison County, contact membership coordinator Marcia Gliottone 812-267-5573 or the Harrison County Purdue Extension Office 812-738-4236.

Harrison County Happenings & Updates

Harrison County
Indiana Extension Homemakers Association



May Achievement Day

The Harrison County Extension Homemakers' May Achievement Day, which was held on May 14th, was a wonderful event filled with meaningful activities and traditions. Over 40 people were in attendance and all 6 county clubs represented. The theme "Live Life In Full Bloom" was fitting for a gathering celebrating growth, vitality, and community. It also further highlighted the Association's continuing opportunity to LEARN, GROW, and CARE in their communities and around the world!

The day featured many acknowledgements, accomplishments, and educational opportunities. This year's three scholarship recipients were highlighted, and attendees acknowledged, demonstrating IEHA's commitment to supporting education and lifelong learning. A Flower Show was incorporated into the day, reminiscent of past fashion shows, and added a nostalgic touch, connecting present-day celebrations with the rich history of the organization. It was a lovely way to pay homage to tradition while embracing new experiences. Another heartwarming highlight was the recognition of the new members- beautifully encapsulating the spirit of growth. The installation of County Officers, led by State President Peg Peters, marked a transition in leadership and signified continuity within the organization. Recognizing Cultural Arts and State Project Winners further highlighted the achievements and talents within the organization. Special recognition to winners Joyce Brown for her table runner and Anna Beanblossom for her crocheted blanket. Then, it wouldn't be a complete day if there wasn't an opportunity to learn something new. Special thanks to Agriculture and Natural Resources Educator, Ariel Camm-Wilson, for her presentation on truly "Living Life in Full Bloom." It highlighted soil health, different types of flowers and their lifecycles, cool season & warm season crops, and various types of gardens perfect for any gardening needs or desires.

Finally, the memorial recognition, for those members who had passed during this past year, was a touching way to honor their memory and the impact they had on the organization and community at-large.

Overall, May Achievement Day was a meaningful and memorable event that celebrated the past, present, and future of the Harrison County Extension Homemakers. Well done!



Harrison County Homemaker News

**IMPORTANT
DATES**

Dates to Remember

JUNE

June 19 Prepare the Homecomers Hall for Fair 9:00 am
June 22 Project check-in 9:00 -11:00 am Homecomers Hall
June 23 Harrison Co Fair Parade & Fair opening
June 24-Project check-in 9:00-Noon Homecomers Hall
June 29 Project check-out 9:00-11:00 am Homecomers Hall

JULY

July 4-Extension Office Closed
July 19-21 4-H Horse & Pony Show

AUGUST

Aug 2-18 IN State Fair; closed Mondays

INTERNATIONAL DAY

September 10, 2024

Registration begins at 9:30 am.
Program begins at 10:00 am

Blue River will be hosting this event at the Purdue Extension office building.

Have any ideas or suggestions for this year's program? Call Marcia Gliottone at 812-267-5573

Extension Homemakers Presidents Council

The Presidents Council will meet on
Monday, July 22, 2024
at 12:30 pm in the
Washburn Room at the Extension Office

NEW MEMBERS

Do you have a new member in your club?

Please be sure you get their information to Mary at the Extension office so they will get their program book and receive their Health & Human Sciences Newsletters.

Would you like to join Harrison County Extension Homemakers? Call Marcia Gliottone at 812-267-5573 for information.

FALL BEDFORD DISTRICT MEETING

The Fall District meeting will be in Jackson County this year. More information, date, time and place will be in upcoming newsletter.

Holiday Workshop

Mark your calendars for
Tuesday, November 12.

It's never too early to
start thinking about
Christmas Crafts!!



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HHS Newsletter



Health and Human Sciences Newsletter

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812-738-4236 or call 888-EXT-INFO and ask for the Harrison County office.

INDIANA STATE FAIR

Aug 2-18, 2024
Closed Mondays

Celebrating
"The Art and
Nature of Fun"



The Art & Nature of Fun
PRESENTED BY NEWFIELDS

Going to the Fair? Plan your trip
today at [https://
www.indianastatefair.com/](https://www.indianastatefair.com/)