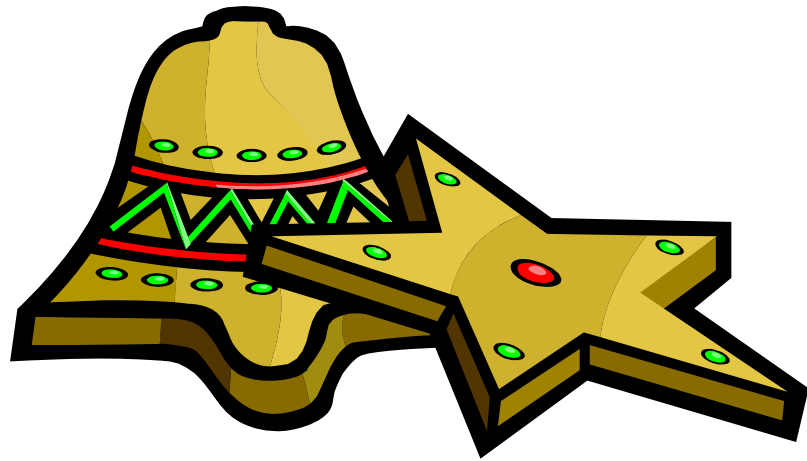


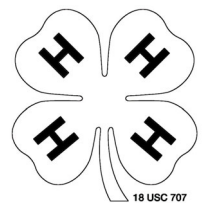


Cookie Decorating

Hendricks County Mini 4-H



Developed by:



Karla Smith, Program Assistant-Purdue Extension Hendricks County

Mini 4-H Parent's Page

We welcome you and your child to the Mini 4-H program. Mini 4-H is for youth who are in either first or second grade during the current 4-H year. Mini 4-H is designed to supplement and introduce both first and second graders to the Hendricks County 4-H program.

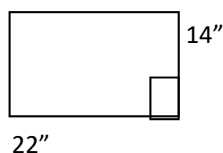
As a Mini 4-H parent, your job is to guide your child through the activities. It is suggested that you do not complete the activities for them. Instead, help them, guide them, work with them, and let them do all that they possibly can. Learning by doing is the best educational tool that we can provide for our youth.

Additionally, the Mini 4-H program is set up to allow your child to exhibit a project at the 4-H Fair. This project is based on information within this manual. The 4-H Fair is an exciting time for 4-H members and families. It is a week that allows community youth to showcase their talents, interests and enthusiasm for learning.

Mini 4-H is fun! Your child will certainly enjoy it. You can have fun too, by guiding and helping as your child participates in the program. Encourage and praise your child as he/she has fun learning and sharing with you.

Rules

1. Mini 4-H is open to any youth who is enrolled in either the first or second grade on January 1st of the current year.
2. Any Mini 4-H participant may enroll in one (1) or two (2) projects. There are 16 projects to choose from. **Participants may exhibit only one (1) activity from a project book at the Hendricks County 4-H Fair (up to 2 projects total).** Additional activities can be done at home, but will not be exhibited.
3. It is encouraged that Mini 4-H participants enroll in the County Mini 4-H club, and their projects are done at home.
4. **ALL POSTER EXHIBITS MUST (NOTE: Not all Mini 4-H exhibits will be on a poster board):**
 - A. Have a solid, stiff backing, which is 14" high by 22" wide. This can be HEAVY cardboard or foam core board. The board must be able to stand by itself (Foam core board is available in the Extension Office for a minimal cost)
 - B. Be positioned HORIZONTALLY.
 - C. Have a total exhibit board no larger than 14" high by 22" wide.



All youth will need to complete Enrollment via 4Honline and Fair Entry will need to be completed by July 1st of the current school year. Exhibit Tags will be ready the week before Fair. More information will be sent home as the Fair approaches.

- D. Be COMPLETELY COVERED with CLEAR PLASTIC material. (Available in the Extension Office for a minimal cost.)
5. Mini 4-H participants will complete activities in the book. The Record Sheet located in the back of the project book needs to be completed and will be turned in with their exhibit at the Fair.

Mini 4-Her's Page

Welcome to Mini 4-H! You are now a member of the 4-H family. You are a special person. Mini 4-Her's have a lot of fun! There are many activities for you to explore. You can try new things. You can share it with your friends and family. Mom, Dad, or another adult can help you with your project. Bring your project to the 4-H Fair and lots of people will be able to see what you have done. You also get a ribbon made just for 4-Her's.

Here a few things to know about 4-H.

The 4-H Symbol: A four-leaf clover with an "H" on each leaf

4-H Colors: Green and White

The 4-H Motto: "To make the best, better"

4-H PLEDGE

I pledge my **HEAD** to clearer thinking,

I promise to use my head to make good choices.

my **HEART** to greater loyalty,

I promise to use my heart to be a good friend.

My **HANDS** to larger service,

I promise to use my hands to do helpful things for others.

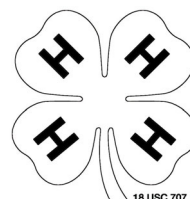
And my **HEALTH** to better living,

I promise to take care of my body and to show others to live in a healthy way.

For my club, my community,

I promise to help my group, my community,

My country, and my world



18 USC 707

Cookie Decorating Activities

Welcome to Mini 4-H Cookie Decorating! If you like to help in the kitchen, then you have chosen the perfect project. In this project, you can use techniques to add a special touch to cookies.

Decorated cookies can make a birthday or holiday more festive and extra special because it is from you. Maybe you would like to plan a party and you have your own ideas for refreshments. There are so many decorations you can use.

Cookie decorating starts with baking your cookies and frosting them. Decorations on top of your cookies tell something about who it is for and what they might like. You are going to have so much fun decorating your cookies and everyone will be so proud of you and want one.

Before you get started:

- Read the directions carefully.
- Make sure you have all of the needed materials.
 - Ask an adult or teenager to help you.
- Clean up your work area and put your supplies away when you are finished.
 - Complete your Mini 4-H Book pages.
 - ENJOY!

Exhibits: Displayed on a 9" disposable plate

First Grade: - 3 iced cookies decorated with candies, sprinkles, and/or baking chips

- Completed Record Sheet

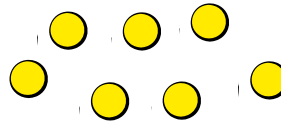
Second Grade: - 3 iced cookies with a border around the edge of each cookie. This may be made by using decorations or icing and decorating tips. Be sure to decorate the inside of the cookie too. Be creative!

- Completed Record Sheet

First Grade

Needed Materials:

- Cookies (Store bought or basic sugar cookie recipe)
- Frosting (Store bought or buttercream recipe) Any color or flavor.
- Sprinkles (Any color or shape) and/or candy
- 9" throw away plate
- Clear plastic wrap
- Spatula or kitchen knife



Directions:

Wash your hands with soap and water and make sure your working area is clean.

If baking cookies, make sure you have all of your ingredients before starting. Have an adult help you take your baking pan in and out of the oven.

Let cookies cool completely before you start to frost.

Your cookies must have frosting, and must also have sprinkles and/or candy on top of each one. The cookies do not have to look the same. (ex. You could have a frosted cookie with a heart shape made of candies)

Do not refrigerate decorated cookies. If you do, when you take them out, they will sweat, fade, and sometimes the frosting will run off. The colors can also run together.

You will exhibit 3 iced and decorated cookies. Place the 3 cookies you have chosen on a 9" plate that can be thrown away. Cover the cookies with clear plastic. The remaining cookies are yours to keep!

Clean up your work area and put your supplies away.

Basic Buttercream Frosting

- 1/2 cup Shortening
- 1 lb. (Pound) Confectioner's Sugar
- 1/8 tsp. Salt
- 1/2 tsp. Vanilla
- 1/2 cup Water

Mix with a hand mixer. This may be thick, so you can add water to make it thinner. If it is too soft, add powdered sugar (a little at a time).

This icing will be white. This makes a very smooth and soft color. Icing will keep in the refrigerator for 2 weeks if it is sealed tightly. You may color your icing with food colors or icing colors.

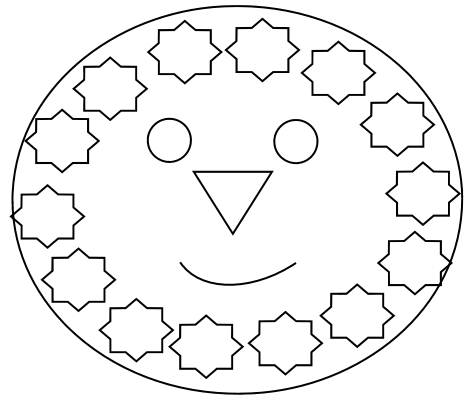
You can also color your frosting, using food coloring or icing colors.

If planning to exhibit this option at the fair, be sure to add the information to FairEntry once the system opens. This will be used to print your exhibit tag for display at the fair.

Second Grade

Needed Materials:

- Cookies (Store bought or basic sugar cookie recipe)
- Frosting (Store bought or basic buttercream recipe, page 6) Any color or flavor.
- Candy (optional)
- Decorating Bag, Tips & Coupler (optional)
 - 8" professional decorating bag
 - Coupler
 - Tips: #18 star, zig-zag
 - #4 printing, writing or lines
 - 9" Throw away plate
- Clear plastic wrap
- Spatula or kitchen knife



Directions:

Wash your hands with soap and water and make sure your working area is clean.

If baking cookies, make sure you have all of your ingredients before starting. Have an adult help you take your baking pan in and out of the oven.

Let cookies cool completely before you start to frost.

Your cookies must have frosting. Smooth the top of the icing using a spatula dipped in hot water. Dip your spatula and shake off water before putting it on your cookie.

Your cookie must have a border. It can be made of frosting or candy (optional tips can be used).

Make a design in the center of your cookie using frosting or candy (optional tips can be used).

Your cookies do not have to look the same, so be creative and have fun.

Do not refrigerate decorated cookies. If you do, when you take them out, they will sweat, fade, and sometimes the frosting runs off. The colors can also run together.

You will exhibit 3 iced cookies with a border around each cookie. Be sure to decorate the inside of the cookie too. Place the 3 cookies you have chosen on a 9" plate that can be thrown away. Cover the cookies with clear plastic.

Clean up your work area and put supplies away.

If planning to exhibit this option at the fair, be sure to add the information to FairEntry once the system opens. This will be used to print your exhibit tag for display at the fair.

4-H Fair Exhibit

Listed below are projects you can exhibit at the 4-H Fair. Check the fair book for the date and time it is due. The fair book may also list special exhibit rules. You may only exhibit 1 project from this book.

If you have any questions about your projects, please call your Mini 4-H Leader or the Extension Office.

INCLUDE completed Record Sheet with your exhibit.

First Grade

- Three (3) Cookies on a 9" disposable plate

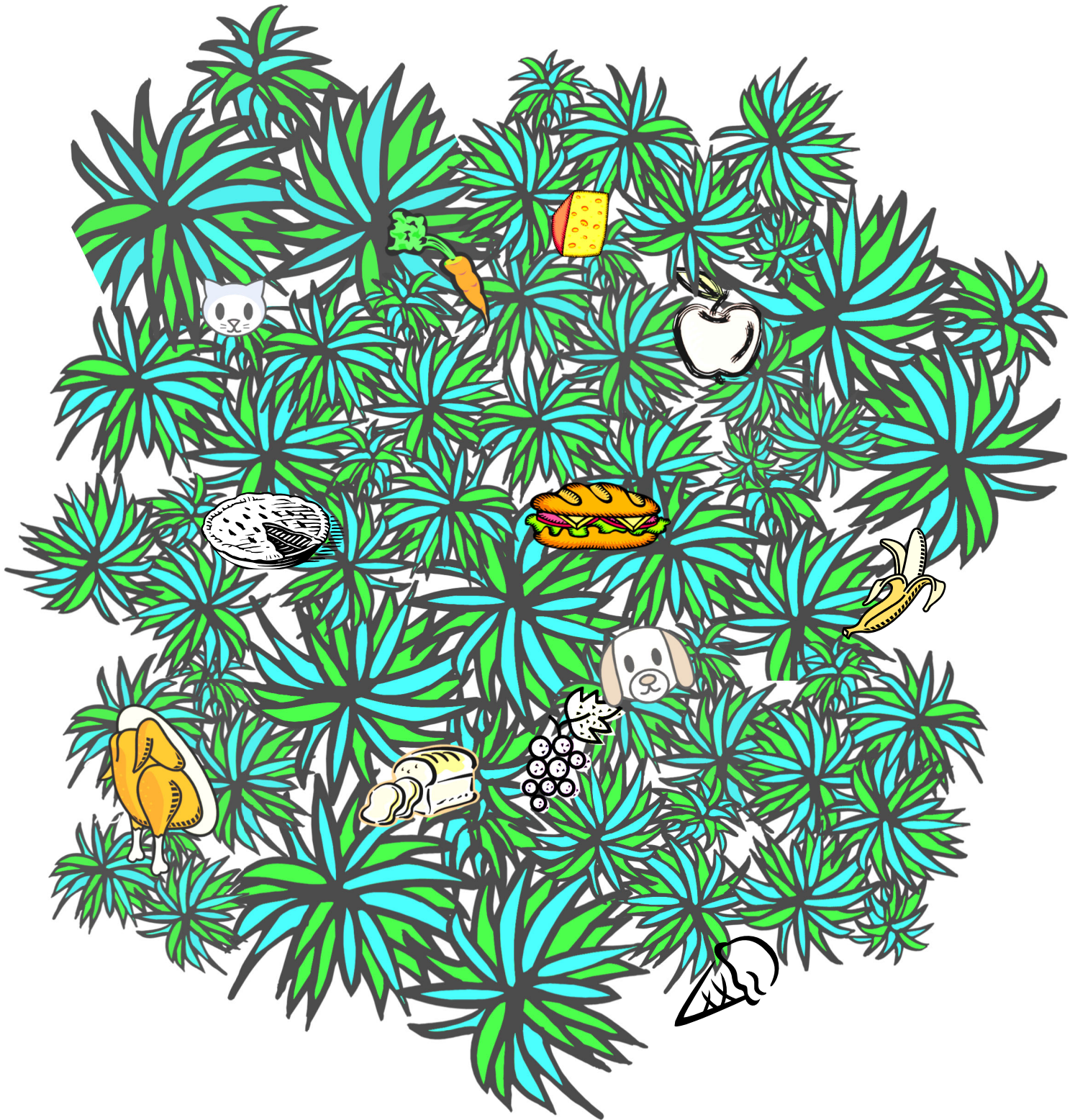
The cookies must have frosting and must have sprinkles and/or candy on each one.

Second Grade

- Three (3) Cookies on a 9" disposable plate

The cookies must have frosting (smooth on top). Each cookie must have a border and design made of frosting and/or candy.

Find 10 things you can eat. Circle them.



Apple

Turkey

Sandwich

Ice Cream Cone

Bread

Pie

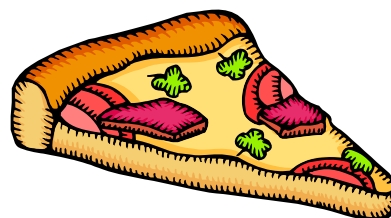
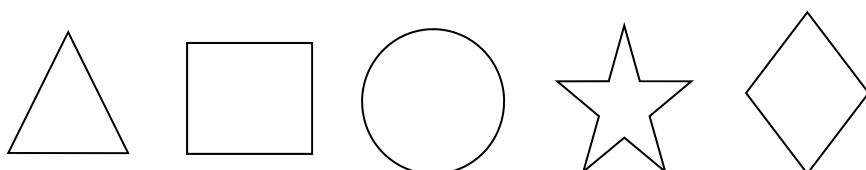
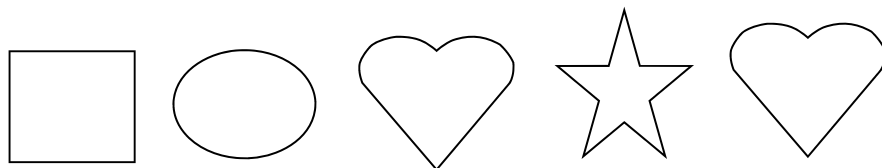
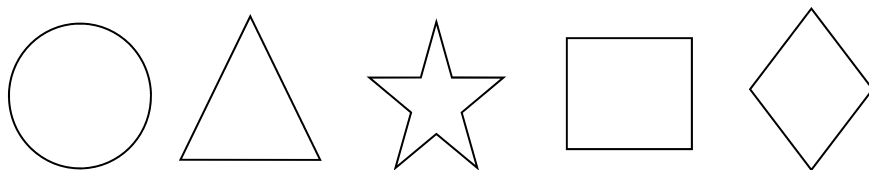
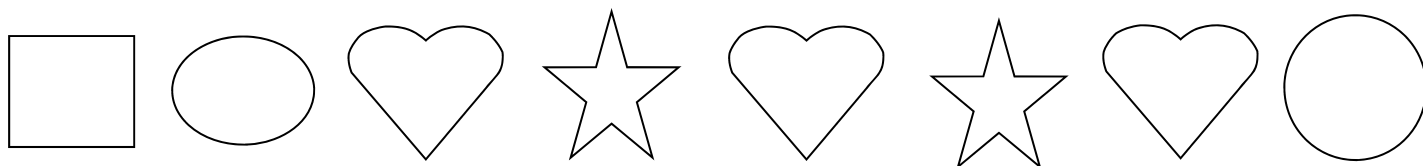
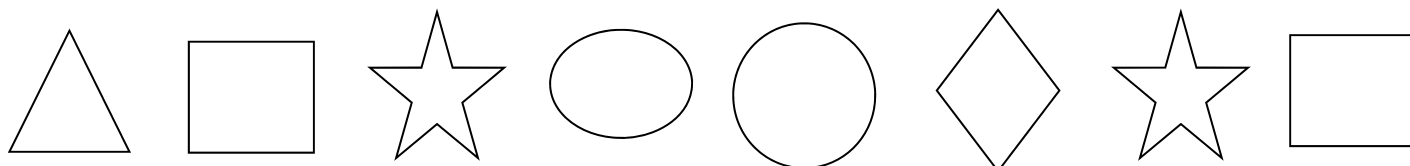
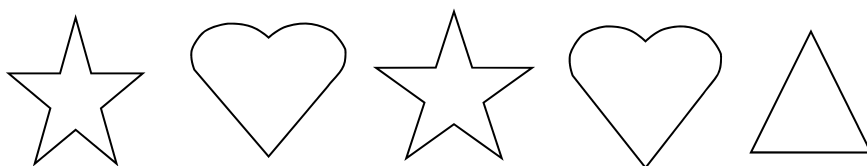
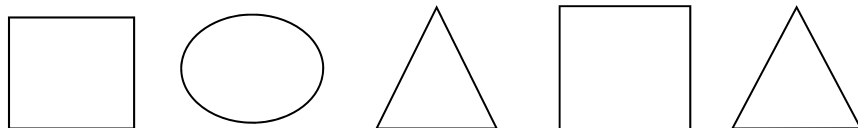
Banana

Apple












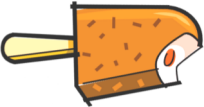






Grapes

Carrot

Chef is cooking something that smells really good! Draw a line along the path that shows stars and hearts to get to the healthy snack.

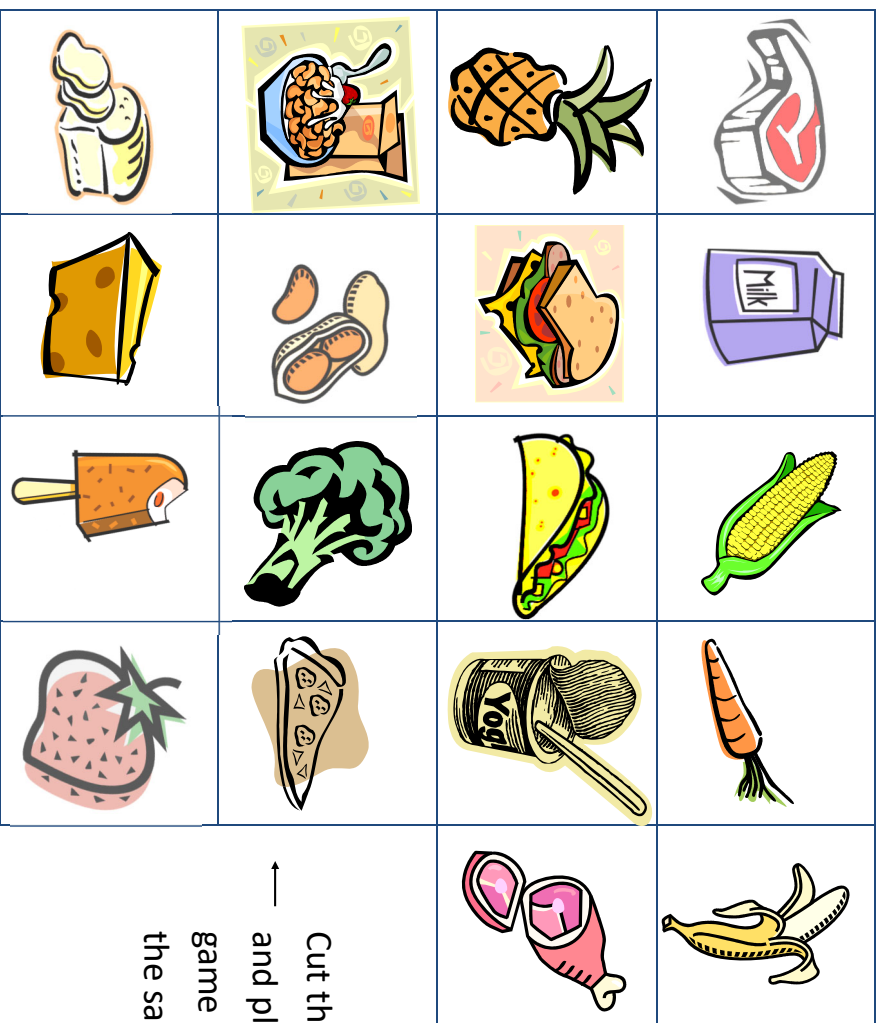


Food Fun

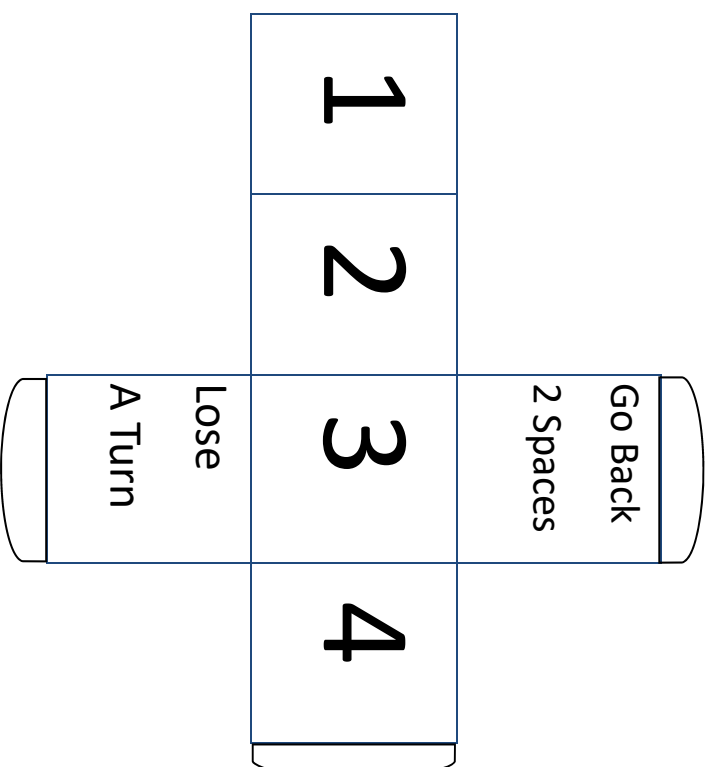
START →						
FINISH	<ol style="list-style-type: none"> 1. This game is for two players. Each player puts a penny On "Start" either heads or tails up. 2. Place the cut-out food squares on the matching squares on the game board. 3. Roll the die and move around the board. Pick up the food squares from the space you land on. If there is no food on a space, you pick up nothing. 4. The player with the most food at the end of the game wins! 					
						
						
						

FOOD FUN!

Game Pieces and Die Page



Cut these into squares
 — and place them on the
 game board squares with
 the same picture.



Ask an adult to cut
 and fold the die.
 Tape together.



Mini 4-H Cookie Decorating Record Sheet

I had fun _____
_____.

What did you learn from this project?

How did you decorate your cookies?

Name:

Date:
