Jackson County 4-H Accomplishment Resume Grades 3-6

Exhibit

- Demographic page
- Accomplishment Resume Questionnaire

Exhibit in a lightweight folder. Do not use page protectors. Do not hole punch the documents. It is recommended these documents be typed with a minimum of a 10 point font.



Jackson County 4-H Accomplishment Resume Demographic Form

Submission Year:								
Years Completed in 4-H: 4-H Club:								
Name (First, Middle Initial, Last):								
Home address:								
Email address:					<u> </u>			
Date of Birth:								
Parent/Guardian name:								
Name of School:								
Grade in School:								
4-H Projects taken: (Co								
Project	Years	Project	Years	Project	Years			
l personally h	nave prep	Statement by 4- pared this document and		ccurately reflects my	work:			
			Ciamatur	a of manch or				
		Approval of Do reviewed this document a	cuments	e of member be correct:				
	Date		Signature of P	arent/Guardian				

ACCOMPLISHMENT RESUME QUESTIONNAIRE

1. List your 4-H projects and tell a life skill you learned (one life skill per project, per year).

Example:	Foods	2020 – Wise use of resources 2021 – Teamwork
	ne life skill from the project(s).	m Part 1 and write 3 to 4 sentences that describe how you learned that life
		rs, workshops, camps, judging events, field trips, community service, etc. in ough 4-H. Identify a life skill learned for each activity listed. Foods Demonstration – Personal Safety 4-H Camp – Teamwork

4. Choose one life skill from Part 3 skill.	3 and write 3 to 4 se	ntences that describe	how you learned that life
5. List 4-H Honors (ribbons, award	ds, etc.).		
6. List here, your future goals (she career aspirations, etc.	ort and/or long term)	. These goals may inc	clude 4-H, school, future

LIFE SKILLS EXAMPLES

Accepting Differences Motivating Self Character Negotiating

Civic Engagement Nurturing Relationships Organization Communication

Community Service Volunteering Personal Safety

Concern For Others **Planning** Conflict Resolution Planning & Organizing Contributions To Group Effort **Problem Solving**

Cooperation Reasoning Coping Record Keeping

Creative Thinking Resiliency Critical Thinking Responsibility

Decision Making Responsible Civic Engagement Disease Prevention Self-Discipline

Self-Esteem **Empathy Goal Setting** Self-Motivation Healthy Lifestyle Choices Self-Responsibility

Honesty Service Learning Interpretation Sharing

Keeping Records Social Skills Leadership Speaking

Learning To Learn Stress Management

Teaching Listening Managing Feelings Teamwork Managing Resources Technology **Managing Stress** Thinking Critically Marketable Skills Time Management

Mastering Technology Wise Use Of Resources

Mathematics Writing