

# PURDUE EXTENSION JASPER COUNTY SPRING NEWSLETTER



April 2025 | HHS

## Extension Board and Purdue CARET

We are looking for a few good people to join our Extension Board. If you want to make a difference in your community, consider joining our board. Membership entails attending quarterly meetings, represent the community, assist educators with program planning, implementation, and evaluation as needed, and advocating for Extension. Membership is a three-year term and offers a chance for you to learn more about what we do and for your voice to be heard for the needs of the community. Purdue CARET is a council that advocates for Purdue on the state level. Officers have the opportunity to travel to DC to advocate on a federal level. You must be a member of Extension board in order to join Purdue CARET. If you think you may be interested in joining our board, please call our office and ask for me.



### Contact Info

Email: [cfortney@purdue.edu](mailto:cfortney@purdue.edu)

Phone: 219-866-5741

# Purdue Day of Giving



What is Purdue Day of Giving?

Purdue Day of Giving is a 24-hour online-based fundraising effort taking place on April 30, 2025. On this day, Purdue students, alumni, faculty, staff, retirees, parents, friends, and fans are encouraged to give back to the university—and small donations can make a big impact in helping Purdue transform lives and change the world.

Gifts can go even further through our hourly and full-day challenges, and any gift can help your favorite unit (campus, college, school, program, or student organization) claim the top spot on our donation and participation leaderboards, which will win them bonus funds!

How do I make a gift?

First, visit our homepage to add a calendar reminder or receive an email reminder for Purdue Day of Giving. On April 30, 2025, be sure to come back to this website

<https://dayofgiving.purdue.edu/info/faq>

You will be able to click any button that says “Donate” or “Give Now,” and directions will be provided. You can also make a gift by phone during Purdue Day of Giving at 1-800-319-2199. Thank you for your willingness and eagerness to support the university!

Is there a minimum donation amount?

Yes, there is a \$10 minimum gift on Purdue Day of Giving. Here’s how it works.. for every donation of only \$10, we get a county point. Large donations are great, but they only count for 1 point!

Be on the lookout for the link to donate directly to Purdue Extension- Jasper County.

All donations made will go towards programming efforts for the upcoming year.



# Upcoming Classes and Events



There are a number of classes being offered this Spring through the Extension Office. Join me at classes that promote financial literacy, nutrition, health and wellness and family unity. All classes listed below are offered at the Extension Office located at 2530 n. McKinley Ave., unless otherwise noted.

Jasper County Wellness Walk  
Purdue and Franciscan are teaming up again to bring a Spring session of Jasper County Wellness Walk. Join us at Brookside Park at 10:30 am May 16, 23 and June 6, 13 for a short lesson and then an one mile walk around the park. We hope to see you there!

Be Heart Smart is being offered as a virtual lunch and learn on Tuesdays starting on May 6 through May 27th at 12pm CST. A registration link and Zoom link will be available soon. Check out our Instagram and Facebook pages for information. You may also contact me by email or calling the office to express interest and we will email the link to register when its ready.



## **ServSafe**

This year, I am offering ServSafe as a two-day 4-hour training. This is being done in an effort to increase the comfortability of taking the test and passing it. The next class is scheduled for May 5th and 6th from 9am-1pm at the Extension Office. The exam will be given at the end of the 2nd day. Registration is required for this class. Use the link to register by April 25th. <https://cvent.me/yk52L2>

## **Easter Themed Charcuterie Board Class**

Want to jazz up your Easter Meal? Join me on April 18<sup>th</sup> at 4:30pm to learn how to make a charcuterie board following a cute easter theme. The cost of this class is \$25 and comes with food supplies to build your boards. Please bring your own board, no larger than 10x12. To register for this class email me or call the extension office at 219-866-5741. Deadline to register is April 16<sup>th</sup>. I look forward to seeing you there!



Did you know there is a free outdoor gym located in Rensselaer? The Jasper Newton Foundation Park is located off of College Ave. across from Pizza King. It has a playground for kiddos, a basketball court, soccer field, and gym equipment. It is the perfect setup for a family fitness day! So we will have one this Spring. I will have a personal trainer there to demonstrate how to use the machines and other equipment and I will discuss the benefits and importance of physical activity for all age groups. I invite you to join us; bring your basketball, soccer ball, frisbee, and or ball & bat. Let's come together for family fun and physical activity. More details of this event are to come. Stay tuned to our Instagram and Facebook pages for more information.



## Cooking under pressure

If you have an electric programmable pressure cooker that you don't quite know how to use or you are considering buying one but you're not sure if it's worth it, this class is for you! Cooking under pressure discusses the benefits of using an EPPC, how to use it, and how to determine which one is best for you. The class includes a food demo showcasing a recipe that can be easily made for a quick dinner idea. This class is being offered on April 22nd at 5:00 pm. The cost of this class is \$10 and requires registration

## Who Get's Grandma's Yellow Pie

**Plate** teaches participants about the inheritance and and transfer of non-titled property following the passing of a loved one. This class will help people understand what steps to take in preparing legal instructions of distributing personal property as well as help families open the lines of communication. This class is being offered May 24th at 10 am. Registration is required for the class by Monday May 19th.



## Air Fryer Class

If you have an air fryer that you don't quite know how to use or you are considering buying one but you're not sure if it's worth it, this class is for you! Air fryer basics discusses the benefits of using an air fryer, how to use it, and how to determine which one is best for you. The class includes a food demo showcasing a recipe that can be easily made for a quick dinner idea. This class is being offered on April 29th at 5:00 pm. The cost of this class is \$10 and requires registration.

