

April 2025 Newsletter

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Vernon, IN 47282

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Hours:
Monday - Friday
8 a.m. - 4 p.m.

Find us Online:

Website:

www.extension.purdue.edu/county/jennings



Purdue Extension-Jennings County



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Show Me the... Success!

Our Jennings County 4-H Junior Livestock Committee has worked extremely hard to put on the “Show Me the Way” Livestock Workshop Program. We had an awesome turnout of over 130 4-Her’s! We are super proud of our Junior Livestock Committee and are so grateful to our 4-H Volunteers for all of their help in making it a success! A special thanks to all of our 4-Her’s that attended!



March 4-H Newsletter

Jennings County 4-H

April
2025



Dear 4-H Families & Volunteers,

Thank you to those who have enrolled in 4-H! The Jennings County Fair will be here before we know it! The countdown is on and we have lots to get done in the next couple of months! Our newsletter contains important information regarding the fair and other summer events. Just a friendly reminder that May 15th is around the corner and there are lots of items needed by that deadline, so please be aware of this approaching date! Don't forget to pick up handbooks at the Extension Office!

All the best,
Rebekah Cartwright
4-H Youth Development Educator



What Needs Completed By May 15th?

- All project changes should be made in 4-H Online no later than May 15th. You may add/drop projects from what you originally decided until then.
- Animal ID information **MUST** be entered into 4-H Online, excluding poultry.
- If you plan to exhibit livestock at the Indiana State Fair, DNA envelopes must be returned to the Extension Office by 4:00pm of May 15th.
- Horse and Pony Vaccination forms are due. Upload these into 4-H Online and submit a copy to the JC Riders Club Leaders
- Senior: The Questionnaire and 4-H Scholarships are due to Extension Office by May 15th.

SEI 4-H Camp

Camp Applications are now open!!

- Cost for Jennings County 4-H'ers this year is \$57.50 thanks to the Jennings County 4-H Endowment fund for covering 75% of camp fees for our Jennings County Youth!
- Applications Close on May 1st!!!

Junior Staff Upcoming Dates:

- All Junior Staff - April 12th 10am-3pm at the Jefferson County Community Building

Important Dates

April -

- 2 IQLC Training 6 PM
- 3 Jr. Livestock Committee 6 PM
- 5 Shining Stars Easter Egg Hunt 1 PM
- 7 Shining Stars 6 PM
- 7 Muscatatuck Mudpuppies 6 PM
- 7 4-H Council 5 PM
- 7 Livestock Committee 6 PM
- 12 Zenas Livewires & Zenas Plowboys
"Spring Cleaning" Community
Service 8:30 - 11:30 AM
- 12 All Jr. Staff Camp Training 10 AM
- 14 Dog Club 6:30 PM
- 15 JC Riders Open Ride 6 PM
- 16 Flour Power Baking Workshop 4pm
- 18 **Extension Office Closed**
In Observance of Good Friday
- 22 Jr. Leaders 6 PM
- 22 Wild Bunch 3:30 PM - 5 PM
- 23 Flour Power Baking Workshop 4pm
- 24 Beef Club 6 PM
- 24 Tractor Club 7 PM
- 28 Dog Club 6:30 PM
- 29 JC Riders Open Ride 6 PM
- 29 Wild Bunch 3:30 - 5 PM
- 30 Flour Power Baking Workshop 4pm



Club Meetings & Events

FOLLOW OUR
FACEBOOK PAGE FOR
MORE UPCOMING
IMPORTANT DATES!



- **Muscatatuck Mudpuppies Meeting**
 - April 7th at 6 PM at New Bethel Methodist Church
- **Junior Leaders Meeting**
 - April 22nd at 6 PM Location TBD, Watch GroupMe for more information
- **Zenas Livewires & Zenas Plowboys "Spring Cleaning Community Service"**
 - April 12th from 8:30 AM - 11:30 AM in the local community
(Check with club leader if poor weather)
- **JC Riders Open Rides**
 - April 15th at 6:00 PM at Goins Family Farm
 - April 29th at 6:00 PM at Goins Family Farm
- **Beef Club Meeting**
 - April 24th at 6 PM at the Jennings County Public Library
- **Tractor Club Meeting**
 - April 24th at 7 PM at the Jennings County Public Library
- **4-H Council**
 - April 7th at 5pm at the Jennings County Government Center
- **Livestock Committee**
 - April 7th at 6 pm at the Jennings County Government Center
- **Junior Livestock Committee**
 - April 3rd at 6 pm at the Extension Office
- **Shining Stars Club Easter Egg Hunt & Meeting**
 - April 5th Easter Egg Hunt at 1 pm at Living Waters Church of God (8520 N Hwy 3, North Vernon)
 - April 7th Club Meeting at 6-7 PM at the Jennings County Public Library, Conf. Rm. 2
- **Dog Club Meeting/Practice**
 - April 14th at 6:30 PM at the Branham's arena (obedience, pause table, difficulties)
 - April 28th at 6:30 PM at the Branham's arena (obedience, A frame, difficulties)
- **Wild Bunch Open House**
 - April 22nd from 3:30-5 PM at Graham Creek Elementary
 - April 29th from 3:30-5PM at Graham Creek Elementary

Indiana 4-H Quality Livestock Care (IQLC)

Registration through 4-H Online is open. **Please note May 7th is the last Jennings County Opportunity for IQLC.** May 7th is the rescheduled date for the April 2nd IQLC postponement due to weather. 4-H Livestock Members showing beef, dairy, dairy goats, meat goats, poultry, rabbits, sheep, and/or swine must attend one of the 3 offered dates or complete the online YQCA Training. Please be sure to register online prior to the event. The cost of the IQLC Training is \$3. IQLC is an annual certification. If you were unable to attend an IQLC Training this year, you must take the web-based YQCA Training at yqcaprogram.org. Please turn in YQCA certificates to the Extension Office once completed.

Animal ID and Tagging

4-H Members enrolled in livestock projects will receive a mailing with more information about Animal ID Day and requirements. If you do not receive the mailing a week before Animal ID Day, please contact the Extension Office. Refer to your livestock schedule for upcoming Animal ID dates.

Premise ID

Registering your premises may be done online, at no charge, and takes only about 5 minutes. Visit the Indiana State Board of Animal Health's (BOAH) website: <http://www.in.gov/boah/2642.htm>. Please get your Premise ID number before the tagging day! To verify your premises ID, contact BOAH at email animalID@boah.in.gov. All Indiana premises associated with the purchase, sale, and/or exhibition of cattle, swine, sheep, goats, and farmed cervids must be registered by state law.

Jennings County 4-H

April
2025

Call Ahead Before Visiting the Extension Office!

We are reaching our busiest time of the year. Many educators will be in and out of the office with programming and other events. Please call ahead before visiting to ensure someone will be available to assist you. Calling ahead will also allow us time to gather the materials that may be the reason for your visit to the office. We appreciate your patience and always look forward to seeing you!

Calling all Dog Owners!

Many of our Jennings County 4-H'ers own a dog, but do you know that we have a dog club? Our dog club is a very active club that provides members with many opportunities to grow their relationship with their dog! Dog Club provides members with the knowledge to train their dogs to be excellent canine citizens! Does your dog misbehave? Our Dog Club Leaders can assist you in teaching your pet manners! Also, our Dog Club recently purchased agility equipment. Agility is an exciting event that you can do with your dog to help strengthen your bond and is a whole lot of fun!

Mini 4-Hers:



MINI 4-H CAMP

Jennings Co
Community Building

\$5.00

PLAY GAMES. DABBLE IN STEM. MAKE CRAFTS. AND MORE
Pre-registration preferred by May 23, 2025

Grades K-2

Already enrolled in 4-H?
Follow the link below to sign up:
<https://2025jenningsminiday.4honline.com>

Lunch provided

Not Enrolled in 4-H?
**No problem! Contact the Jennings County
Extension Office at 812-352-3033 for instructions
on how to register!**

May 28th
9am-2pm

If you are in need of accommodations to attend this program or have special dietary needs, please contact Rebekah Cartwright at 812-352-3033 or bargerr@purdue.edu by May 24th, 2024
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Flour Power Baking Workshop 4-H SPARK



Join Us for an Exciting Adventure in the Kitchen!



Third-Sixth grade 4-Hers are invited to enhance their cooking skills and learn kitchen safety.

SPACE LIMITED! ENROLL TODAY!

Session 1

Pretzels & Bagels, Oh My!

 **APRIL 16, 2025**

4:00 -6:00 PM

Session 2

Pizza Party

 **APRIL 23, 2025**


4:00 -6:00 PM

Session 3

Sweet Treats

 **APRIL 30, 2025**

4:00 -6:00 PM

 Jennings Co. Government Center
200 E Brown Street, Vernon IN
Suite 201



If you are in need of accommodations to attend this program, please contact Rebekah Cartwright at 812-352-3033 by April 7th.

- Registration Required for each session.
 - Only 10 spots per session.
 - \$10 Program Free
- Register on 4-H Online in the events tab or click the link below
<https://flourpowerjennings.4honline.com>



Extension - Jennings County

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Grow Towers



ANR Educator Emily Peterson collaborated with Brush Creek to establish a hydroponics system, providing hands-on learning opportunities for students. She guided the setup process, ensuring proper nutrient solutions and lighting for optimal plant growth. This initiative aimed to teach sustainable growing methods while engaging students in agricultural education. She is working on getting raised garden beds and more hydroponics systems set up in other schools throughout the rest of the school year.

NVE STEAM Night:

ANR Educator Emily Peterson helped North Vernon Elementary students plant wildflower seeds during their STEAM Night, teaching them about pollinators and plant growth. Each student planted seeds to take home, encouraging hands-on learning and gardening at home.



Ag & Natural Resources

April
2025

Jennings ANR Services

Soil Sample and Testing:

The Jennings County Extension Office offers soil sample bags and test forms for sample submission. We have a soil probe available to borrow. Office hours are Monday-Friday, 8am-4pm.



Plant and Bug Identification:

If you need a plant, weed, or bug identified, bring it to our office and Emily Peterson, our ANR Educator, will assist you. Please call ahead at 812-352-3033 to make sure Emily is in the office and available. You may also email photos of the specimen to Emily at epeterson@purdue.edu for ID.



Protect Your Flock

From Avian Influenza

- Prevent waterfowl from accessing or mingling with your birds.
- Wear dedicated clothing and shoes to care for your flock. Do not visit other poultry unless absolutely necessary, and wear different clothing/shoes before entering your premises.
- Wash hands before and after handling birds, feed, or waste.
- Clean and disinfect equipment in contact with birds or waste.
- Check birds daily for signs of illness or death. Signs include: lack of energy, decreased or malformed egg production, swelling of head, purple discoloration on wattles/combs/legs, Stumbling, diarrhea, sudden death.
- Obtain a premise ID number from the Board of Animal Health.

More info? Scan.



CALL 1-866-536-7593
to report sick or dead poultry



Ag & Natural Resources

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Upcoming PARPs and Events

There are no upcoming PARP events in the South East District at this time.

Check out additional PARP program details at:
<https://ag.purdue.edu/departments/extension/ppp/private-applicators/recertification-parp/parp-events/parp-events-southeast.html>

Check out the Purdue On The Farm YouTube for a bi-weekly crop and weather update:
<https://www.youtube.com/@PurdueOnTheFarm>

Visit -
<https://ag.purdue.edu/departments/hla/extension/publications-and-newsletters.html> or search HORTICULTURE EXTENSION NEWSLETTERS to get signed up for topics such as gardening, fruit, lawncare, flowers, weed and insects, and much more. Most newsletters are a simple weekly or bi-weekly email that discusses what growers are seeing across Indiana at the current time. This helps growers of all sorts know and identify any issues they are having in their own landscape. If you are having trouble getting signed up, reach out to our ANR Educator for help.



College of Agriculture

Publications & Newsletters

Purdue Agriculture, 615 Mitch Daniels Blvd., West Lafayette, IN 47907-2053 USA, (765) 494-8392

 Purdue University

Health & Human Sciences

APRIL
2025

America Saves Week: April 7-11, 2025

Purdue Extension-Jennings County is a proud partner of America Saves Week, an annual national campaign that encourages and empowers individuals, families, employers, and communities to check-in on their finances.

The campaign focuses on several important topics that make up your financial landscape with a realistic economic approach, including saving for emergencies and unexpected expenses, leveraging automatic savings, retirement, and reducing debt; as well as more niche topics like talking to your family about money, understanding your employer's financial wellbeing benefits, and the mental and emotional effects of financial stress.

Follow our Facebook page April 7th-11th as we share the 2025 campaign "Saving for Your Past, Present, and Future."

Monday, April 7, 2025 | Saving Automatically
Tuesday, April 8, 2025 | Saving for the Unexpected
Wednesday, April 9, 2025 | Saving for Major Milestones
Thursday, April 10, 2025 | Paying Down Debt is Saving
Friday, April 11, 2025 | Saving at Any Age

Learn more at americasaves.org



Get WalkIN'



Spring is a great time to get outdoors and walk more! Purdue Extension has a free email based program to help motivate you to start or keep walkin'! We have our next Get WalkIN' starting on April 14. Contact the office to join at 812-352-3033 or email Deidre at dwagster@purdue.edu.

GET WALKIN' PROGRAM

Helping Hoosiers get on their feet!



SCHOOL OF NURSING

ServSafe Food Manager

2025 Training & Exam Dates

Tuesday, May 6, 2025
Monday, July 14, 2025
Monday, September 15, 2025
Monday, November 17, 2025

Tuesday, May 6, 2025
Purdue Extension Office
Registration 8:15 AM
Training begins at 8:30 AM
Exam immediately following

Register by April 28th at:
<https://cvent.me/wmBAWm>



Upcoming Events:

Season of Sunshine, Healthy Families Happy Life



Southeastern Indiana Purdue Extension Educators present a short series of educational videos to help you prepare for Summer.

EA/EOU

APRIL 7

Storm Ready: Weather Safety



APRIL 14

Snack Smart: Delicious & Healthy Bites



APRIL 21

Getaway at Home: Staycation Ideas



APRIL 28

Safety in the Sunshine



MAY 5

Unplug & Play: Alternatives to Screen Time



MAY 12

Home Alone, How to Stay Safe



MAY 19

Splish Splash Pool Safety



Follow along with our spring quick tip video series by joining our Facebook Group: Southeastern Indiana Purdue Extension Health & Human Science



WHAT YOUR MOMMA NEVER TOLD YOU!

Join the Schneck Foundation for a girls night out, with women's health experts answering your toughest questions.

Don't worry, all questions will be asked anonymously.

THURSDAY, APRIL 10TH

6:00 pm - social time
6:30 pm - fun begins



REGISTER TODAY!

SCHNEIDER'S NURSERY

3066 US Hwy 50, Seymour

Meet our experts
our host:



Monica Hartung, PA
Southern Indiana ENT



Dr. Courtney Kleber
Seymour Pediatrics



Dr. Desha Seacrest
Schneck Primary Care

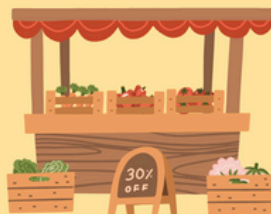


Dr. Rachel A. Walter
Schneck OB/GYN



Sherry Beal, LCSW
Schneck Mental Health & Wellness

Scan the QR code to register,
visit SchneckMed.org/events,
or call 812-524-4244



JENNINGS CO. GROWERS & PRODUCERS

Join Us!

Wednesday, April 2, 2025
Purdue Extension Jennings Office
200 E. Brown St, Vernon IN

9:30 AM

Meet & Greet with Reed Hepburn, Value Chain Professional with FARMWISE, an initiative to get local food on all Hoosiers' plates



10:00 AM

Market2Go Grower Meeting to discuss pricing for 2025 program

MARKET2GO

Can't Attend? No Worries!
Contact Deidre Wagster
by April 30th if
interested for 2025!



812-352-3033



dwagster@purdue.edu



PURDUE UNIVERSITY

Extension - Jennings County



We often think of family dinners as being good for kids. That's true, but they're also good for people of all ages. Here's what the research shows!



DINNER TONIGHT: BUDGET FRIENDLY

One Pan Pesto Chicken
with Veggies



FUN

One person closes their eyes. The others challenge them to remember details in the room.



CONVERSATION

If you could learn anything in the world, what would you want to learn about?



Sharing Meals Improves Physical Health.

- Adults who eat with their kids are less likely to engage in disordered eating behavior like binge eating or skipping meals
- Eating with others increases fruit and vegetable intake and overall nutrition
- Adults who eat with others maintain healthier body weights



Sharing Meals Improves Mental Health.

- Eating with others improves adults' moods
- Parents who eat with their kids experience better mental health and fewer depressive symptoms
- Adults who stick with a family dinner routine report higher levels of family functioning than homes without family dinner routines



Sharing Meals Improves Social Well-Being.

- Couples who attach more importance to family meals are happier with their relationships
- Older adults who eat with others experience a decrease in overall loneliness
- Teams who eat together, such as firefighters, show increased performance after sharing meals

Visit thefamilydinnerproject.org to sign up for Dinner Tonight and get a daily helping of food, fun and conversation!
This recipe appears courtesy of SNAP4CT and their "Fan Favorites" recipe collection.



One Pan Pesto Chicken with Veggies

INGREDIENTS

Serves 4

- 1 lb. chicken breasts - boneless and skinless
- 2 med. sweet potatoes - peeled and chopped
- 12 oz. brussel sprouts - ends chopped off, sliced
- 1/4 c. basil pesto
- 2 tsp. garlic powder
- 2 tbsp. olive oil
- salt and pepper to taste

INSTRUCTIONS

1. Preheat oven to 350 degrees F.
2. Place peeled and chopped sweet potatoes and sliced brussels sprouts on opposite sides of a large baking sheet.
3. Pour 1 Tbsp olive oil and 1 tsp garlic powder over each set of veggies. Season with salt and pepper if using. Toss to coat evenly.
4. Place chicken in the center of your baking sheet, and coat both sides with basil pesto.
5. Place sheet in the oven and cook for 30-40 minutes, or until the juice of the thickest chicken breast runs clear.