# DELIVERING PRACTICAL, RESEARCH-BASED INFORMATION THAT ENHANCES LIVES AND LIVELIHOODS EDUCATIONAL OPPORTUNITIES FOR LAKE COUNT

# May 2025

# BECCA KOETZ, **URBAN AG EDUCATOR**

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Promoting sustainable practices

- Lake County Master Gardeners • **Association The Night Shift: Night-time** Pollinators & Moon Gardens, May 8, Extension Office, Crown Point
- Master Gardener Plant Sale, May 10, Lake County Fairgrounds in the Fine Arts Building
- Building an Herb Spiral in the Garden, May 19, IUN, Gary
- Indiana Invasive Plant Workshop, May 21, Bethlehem Lutheran Church, Chesterton
- Junior Master Gardeners, Tuesday/Thursday evenings, Boys and Girls Club Gary, grades 3-6

#### LUPE VALTIERRA, **COMMUNITY DEVELOPMENT EDUCATOR**

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Fostering economic growth

- **Digital Ready Business Hands-On** Workshops, May 8, 15, and 22, Purdue Technology Center, Crown Point
- . Nonprofit Boards Workshop, May 8, hosted by the Legacy Foundation, Merrillville

# JENNIFER HAYNES, JULIE JONES **& KASEY WILHOIT, 4-H YOUTH DEVELOPMENT EDUCATORS**

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> Learning by doing 🔊 (grades K-12)



- 4-H Urban Ag Farm Visit, May 10, Gary Community Partnership, Gary, grades 3-12
- 4-H Sewing Workshops, May 14, 21, and 24, Extension Office Crown Point, grades 3-12
- Indiana 4-H Foundation Annual Meeting, May 18, Gary Area **Career Center**
- **Volunteer Development** Workshop, May 20, Extension Office, Crown Point
- 4-H Club Monthly Meetings, Various dates and locations throughout Lake County, grades K-12





**Extension - Lake County** 

# PURDUE EXTENSION PREVIEW; educational opportunities for lake county





#### ERIN SHERROW-HAYSE & AMBER ZIMMER, COMMUNITY WELLNESS COORDINATORS & TEAM OF NUTRITION EDUCATION PROGRAM ADVISORS

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Improving the health of Lake County families

#### https://eatgathergo.org/

- Food is Medicine, nutrition class with free weekly food box, every Tuesday, starting May 13, TCA Health, Hammond
- Farm to School Hydroponic Growing Tower Project, Banneker at Marquette Elementary, Bailly Middle School, Gary Area Career Center, YWCA Community Center, Gary
- Lake County Insure, nutrition/cooking classes, virtual and in-person, for first-time moms
- Nutrition Education Lessons, various locations, open to the public

#### LINDA CURLEY, HEALTH & HUMAN SCIENCES EDUCATOR

#### lcurley@purdue.edu

#### Enhancing well-being

- A Matter of Balance, May 5 & 7, Extension Office, Crown Point
- Be Heart Smart, May 6, 13, & 20, Griffith-Calumet Twp. Branch Library
- Be Heart Smart, May 14, 21, & 28, Lake County Public Library, Merrillville
- Plant-Based Eating, May 22, Private

### CONTACT US TO FIND OUT HOW You can get involved!

#### (219) 755-3240

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