



# 4-H Goat Project Record Sheet

(Print Neatly. Complete one sheet for all projects and submit in green record book at project check-in.)

Name \_\_\_\_\_ Years in 4-H \_\_\_\_\_

Grade as of current fair year \_\_\_\_\_

Club Name \_\_\_\_\_

Signature of Leader \_\_\_\_\_ Date \_\_\_\_\_

(Leader needs to review this record sheet and verify that project is complete prior to project check-in)

### Life Skills Model

The mission of the Indiana 4-H Youth Development Program is to provide real-life educational opportunities that help develop life skills. The life skills that are needed for positive growth and development are related to the focuses of the 4-H pledge:

*Head, Heart, Hands, and Health*

### 4-H Project Expense Record

**4-H Focus:** Using one's head to manage keeping records, planning and organizing, and wise use of resources.

**Directions:** For the project you completed this year, list estimated costs you had in the table below. This could include cost of animal, animal feed, poster supplies, or any other project materials purchased. You may attach a separate sheet if needed.

4-H Project Estimated Expense Record (animal, feed, hay, health costs, posters, project materials, etc.)			
Item Purchased	Cost of Item	Item Purchased	Cost of Item

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## Life Skills Learned in 4-H Project Work

Directions: Circle ALL the skills you used and/or learned in 4-H project work this year on the table below.

<b>Head</b>	<b>Heart</b>	<b>Hands</b>	<b>Health</b>
<b>Thinking</b>	<b>Relating</b>	<b>Giving</b>	<b>Living</b>
Learning to learn	Communications	Community Service	Healthy lifestyle choices
Decision-making	Cooperation	Volunteering	Stress Management
Problem-solving	Social Skills	Leadership	Disease Prevention
Critical Thinking	Conflict Resolution	Responsible	Personal safety
Service Learning	Accepting Differences	Contribution to group	<b>Being</b>
<b>Managing</b>	<b>Caring</b>	<b>Working</b>	Self Esteem
Goal setting	Concern for others	Marketable/useful skills	Self-Responsibility
Planning/organizing	Empathy	Teamwork	Character
Wise use of resources	Sharing	Self-motivation	Managing Feelings
Keeping records	Nurturing relationships		Self Discipline
Resiliency			

### How Did You Learn?

<b>Examples:</b>	
Skill: Responsible	How Learned/Improved: Fed and cared for animals daily
Skill: Goal Setting	How Learned/Improved: Turned in project work on time
Skill: Leadership	How Learned/Improved: Gave club demonstration on pottery
Skill: Problem Solving	How Learned/Improved: Interpreted construction directions for model car

1. Skill: \_\_\_\_\_  
How Learned/Improved:

\_\_\_\_\_

\_\_\_\_\_

2. Skill: \_\_\_\_\_  
How Learned/Improved:

\_\_\_\_\_

\_\_\_\_\_

3. Skill: \_\_\_\_\_  
How Learned/Improved:

\_\_\_\_\_

\_\_\_\_\_

4. Skill: \_\_\_\_\_  
How Learned/Improved:

\_\_\_\_\_

\_\_\_\_\_