2025

EDUCATION NEEDS SURVEY

MIAMI COUNTY



https://bit.ly/MiamiCounty25



Extension - Miami County





Miami County Extension Newsletter



April 2025

From the Educator's Desk



Courtney Schmidt, ANR HHS schmi163@purdue.edu

Studies have shown, what we already know, that sharing a meal together is good for the spirit, brain and health of all family members. The research links regular family dinners to lower rates of substance abuse, teen pregnancy and depression, higher GPAs and better self-esteem.

Purdue University Center for Families has partnered with The Family Dinner

Project in an effort to reach across our Indiana communities and encourage families to sit down with each other as often as possible and share meaningful time together.

At the website, thefamilydinnerproject.org, you can find cool recipe ideas, conversation starters, and activities to help your kids get off their phones and into the life of your family. Conversation starters such as:

"If your pet could talk, what do you think she/he might say?"

"If you could have a character from a book or movie as a best friend, who would it be?"

"If you could only eat one food for the rest of your life, what food would you choose?"

Some recipes include; Art's Pizza Ravioli, Dance Party Ice Cream in a Bag, One Pan Pesto Chicken with Veggies and LOTS more.

Sometimes we just get stuck in the same routine and forget to stop and catch up with one another. We hope this resource makes connecting easier for your family.



4-H Extension Educator



Heather Smith

4-H Youth Development Educator

Here's an update from the Miami County 4-H Educator, Heather Smith.

Did you know that 4-H is growing? Indiana 4-H participants has grown by 41,191 youth since 2019. Several of those youth are right here in Miami County! Keep spreading the word about 4-H and all the opportunities our youth have at their fingertips!

Speaking of opportunities, 4-H camp applications are available April 1-April

25th at the Extension Office. 4-H Camp is for 4-H members completing grades 3-6. Cost is only \$60 thanks to the support of our 4-H Council. This 2 night 3 day educational vacation is June 4-6 located at beautiful Camp Tecumseh.

4-Her's join us April 9th 6-8 pm in the Community Building for our 1st annual All County Club Meeting, feel free to bring a friend who is interested in joining 4-H. At the meeting I will share some updates, we will have a panel of Junior Leaders who can answer questions, and have an open house to learn about different projects offered. Don't forget to bring your non-perishable food and/or toiletry items for the Stock the Trailer event. The club with the most weight will be the "winning" club. Each member on the winning club will receive ice cream at the Fair! Need a Handbook? They can also be picked up at this event.

If you would like to receive the Newsletter digitally please email Amy at alexa244@purdue.edu

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PURDUE Extension - Miami County

@purdueextension_miamicounty



Ag & Natural Resources Health & Human Sciences Programming in & around Miami County

UPDATED EVENTS & ACTIVITIES WEBSITE: https://sites.google.com/view/miamicountyanrhhs



4-H Youth Development







Can be picked up at the office. They will be available starting **April 1st thru May 15th.**

If you have any questions, please reach out to the office.
*Make sure when you come to the office, bring your **Premise ID** number with you.



Senior Recognition

Friday, June 27 2025 - 6:00pm - Show Arena

Join us as we celebrate our Senior 4-H Members



Mini Day Camp

June 9, 2025 - 8:30am-12:30pm

For Mini 4-Hers grades k-2 Register online at: https://2025MiniDayCampMiami.4honline.com



2025 Miami County Pre-Fair Judging Schedule



Thursday, June 19, 2025

Projects Enter: 8:00-9:00am Judging Begins: 9:15am

4-H Project Building:

Shooting Sports
Sports
Sport Fishing
Child Development
Health
People in my World

Community Building:

Barbeque Dairy Foods Foods

Projects Enter: 11:30am-12:30 pm Judging Begins: 12:45pm

4-H Project Building:

Arts & Crafts
Gift Wrap
Seasonal Decorations
Dollar Deal Designs
Recycled Articles
Entomology
Forestry
Geology
Soil & Water Sciene

Community Building:

Sewing - Wearable Sewing - Non Wearable

Patio:

Electric 11:30am-12:30pm

Projects Enter: 6:00pm Judging Begins: 6:30 pm

Parking Lot: Bicycle Rodeo Community Building: Fashion Revue

Friday, June 21, 2024

Projects Enter: 8:00-9:00am Judging Begins: 9:15am

4-H Project Building:

Aerospace
Animal Education Poster
Collections
Dollhouse
Fine Arts
Home Environment
Lego
Models
Needle Craft

Community Building:

Photography Communications Creative Writing Verbal Demonstrations Presentations

Patio:

Traditional Scrapbook Digitally Designed Scrapbook

Projects Enter: 11:30am-12:30 pm Judging Begins: 12:45pm

4-H Project Building:

Veterinary Science

ATV Safety
Fractor Education Poster
Blacksmithing
Cake Decorating
Cupcake Decorating
Cookie Decorating
Construction Replica
Farm Scene
Fire Safety
Welding

Patio: Computer

Saturday, June 22 9:00 am
Fairgrounds - North End Outside
4-H Lawn & Garden, Zero Turn, and Ag Tractor Driving Contest

FROM PLANTING TO PANTRY:

Intro to Home Gardening & Food Preservation





Extension



BOX LUNCH INCLUDED

Workshop Cost: \$50 (check or cash)

Payable to Purdue CES Ed Fund

Please register by August 11th

Register: bit.ly/PlantingtoPantry



MIAMI COUNTY COMMUNITY BUILDING

4-H FAIRGROUNDS 1029 W. 200 N. PERU, INDIANA 46970

AUGUST 15TH, 2025 8:30AM - 3PM Topics Include:

*Raised Bed Garden Tour/Seed Saving & Preservation

*Growing Tomatoes

*Common Garden Pest Management

*Herb Gardening

*Food Preservation Workshop

*Demo of 2 salsa recipes

Trainers:

- * Geoff Schortgen, ANR Educator
- * Courtney Schmidt, ANR/HHS Educator
- *Jessica Riffle, HHS Educator
- *Karen Mitchell, Home Hort Specialist *Tabby Flinn, ANR Educator

CONTACT FOR RSVP OR REASONABLE ACCOMODATIONS: MIAMI EXT- 765-472-1921 OR SCHMI163@PURDUE.EDU

Purdue University is an equal opportunity/equal access/affirmative action institute. Intended audience is age 18+.



Extension - Nutrition Education Program







Mindy Duckett **Community Wellness Coordinator**

Food is Medicine is a term that many of you have probably heard before but what exactly is it?

Access to nutritious food is critical to health and resilience. Food is Medicine is a concept that reaffirms this connection, recognizing that access to high-quality nourishment is essential for well-being. By supporting the production of and facilitating access to nutritious food across a health continuum and range of settings, approaches to Food is Medicine support immediate and long-term resources for people, communities, and systems.

-U.S. Department of Health and Human Services Office of Disease Prevention and Health Promotion

We have taken a varied approach to helping our neighbors have access to healthy food to improve their overall health. Thanks to Health First Indiana funding in partnership with the Miami County Health Department, 3 approaches to Food is Medicine will meet our neighbors where they are.

- 1. Teen Cuisine at Peru High School-22 students are participating in our Teen Cuisine program being taught by NEPA Rachel Taylor. They are learning basic nutrition and cooking skills and then taking home food to replicate these recipes with their families.
- 2. Good Food Rx-This 8 week class will begin on August 27 and will include 4 weeks of nutrition education and 4 weeks of Dining with Diabetes. Both curriculums will be taught by NEPA Rachel Taylor and HHS Educator Courtney Schmidt. Participants in this class will receive weekly food boxes with the option to continue to get food boxes for an additional 8 weeks at the conclusion of the classes. This program will take place at the Miami County Fairgrounds and you can register for the program by contacting the Miami County
- 3. Steps to a Healthier You is an 8 week program that begins on October 28 and will be held at the Miami County Fairgrounds. The Mediterranean style diet will be highlighted in this program and food boxes will be provided each week as well. There will be 4 in person classes and 4 weeks of food boxes.

All of these programs incorporate hands on cooking demos and the skills and ingredients to replicate these recipes at home.









Miami County Indiana 4-H Quality Livestock Care Trainings:

> February 18th 3:30-4:30pm North Miami High School - AG Department

March 5th 5:30-6:30pm Miami County Fairgrounds - Community Building

April 21st 3:30-4:30pm **Maconaquah High School - AG Department**

> May 6th 7:00-8:00pm **Amboy Friends Church**

Register for your session at 4H Online under Events

Cost for In Person 4-H QLC is \$3.00 (You MUST be an enrolled 4-H member)

*YQCA is still available online. If you complete YQCA you will need to send your certificate to the Extension Office.

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for this program please contact Heather Smith by April 25th



4-H Week Schedule

June 22-28, 2025





Monday June 23 4-H Project Building Judging

Aquatic Science, Beekeeping, Crops, Floriculture, Garden, Guinea Pi Plant Science, Small Engines, Strawberry and Mini 4-H Poultry Show 2:00pm





Tuesday June 24

Swine Show 8:30am Cat Show 3:00pm Sheep Show 6:00pm Consumer Clothing & Sewing Fashion Revue 7:00pp





Wednesday June 26

Beef Show 9:00am Goat Show 5:00pm





Thursday June 27

Dairy Show 9:30am Horse & Pony Pleasure Class 9:00ar Contesting 6:30pm Rabbit Ambassador 2:00pm Rabbit Show 5:00pm Pet Parade 6:30pm





Friday June 28

Horse & Pony Fun Class 10:00am Fun Day 2:30pm (Grass by the Extension Office) Senior Awards 6:00pm (Show Arena) Royal Showmanship 7:30pm



Saturday June 29

Livestock Released 6:00am-12:00pm Livestock Auction 5:00pn

REQUIRED ANIMAL IDENTIFICATION FOR THE MIAMI COUNTY FAIR ONLY

*All animals that need some form of identification from the Extension Office are required to be tagged at the tagging day. If there is a conflict with the tagging day, please let your superintendent know in advance so that they can work out an appointment at your premise to tag the animals coming to the fair.

****Swine are the only animal that does not have a tagging day and tags can be picked up at the Extension office.

Animal Species	Method of Identification	4-H Online ID Deadline
Beef and Dairy Beef Steers	840-RFID tag and 5-digit county tag	May15
Commercial Heifers	840-RFID tag and 5-digit county tag	May 15
Registered Heifers	840-RFID tag and Registration Papers	May 15
Market Lambs	5-digit county tag	May 15
Commercial Ewes	5-digit county tag	May 15
Registered Ewes	Tag from registration paper	May 15
Swine	840-RFID tag and ear notch Registration paper for purebreds	May 15
Dairy Cattle Females	840-RFID tag	May 15
Meat Goat Wethers	5-digit county tag	May15
Market Goat Does	5-digit county tag and Scrapie Tag	May 15
Boer Goat Females	Scrapie Tag	May 15
Dairy Goat Females	Tattoo	May 15
Dairy Goat Wethers	5-digit county tag or tattoo	May 15
Pygmy Goats	Tattoo/ or microchip or USDA scrapie tag/ or scrapie tattoo	May 15
Horse & Pony	Two color pictures	May 15
Rabbit	Left ear tattoo	May 15

Miami County Master Gardeners

Plant Sale

A variety of Flowers, Vegetable plants, Herbs, House plants, Succulents and much more!



SATURDAY MAY 10 9am-12pm

Arrive early for best selection!

Cash & Checks Accepted

A holding area will be available and volunteers will be there to assist with loading vehicles.

Vendor Tables are available for \$10

Questions?

Phone: 1(765) 473-9656 E-mail: mcmg.in@gmail.com

PURDUE EXTENSION MONTHLY Holy daics



SEASON 5

12:00 - 1:00 PM EST

16
JAN
Abby Heidenreich,

17 Conifer ID

APR

John Woodmansee

Tree Pruning

Phil Woolery,

ANR Extension Educator

Certified Arborist

15
MAY

Chickens in the Homestea

JP Pletrowski

4-H Youth Development Educator

Birdwatching in Indiana

Chandler Sonafrank
DNR. Interpretive Naturalist

JUN Strawberry Research

Dr. Wenjing Guan
Professor, Horticulture SWPAC

Each month join a Purdue Extension Professional or Partner through this free, live, virtual program as they discuss their research and hot topics in their area of expertise.



https://bit.ly/HotTopics2025

Purdue University is an equal opportunity/equal access/affirmative action institution

Intended audience is age 18+..



POND & FISH MANAGEMENT WORKSHOP

Getting the Best Out of Your Fishing Pond





Extension - Agriculture and Natural Resources





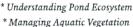
USDA Natural Resources Conservation Service

Free Work

700 WEST 10TH STREET PERH TNOTANA 45970

LIGHT REFRESHMENTS INCLUDED

Topics Include:



* Pond Maintenance

* Fish Species for Indiana Ponds * Fish Stocking Rates

* Fish Population Management

* Dave Osborne, ANR Educator

 $^* \it Jonathan \it Ferris, ANR \it Educator$

Free Workshop: Please RSVP by Apr 11th https://bit.ly/PondMgmtPublic

CONTACT FOR RSVP OR REASONABLE ACCOMODATIONS: MIAMI EXT- 765-472-1921 OR MIAMI SWCD-765-473-6753 X 3

Purdue University is an equal opportunity/equal access/affirmative action institute. Intended audience is age 18+.



d to empower and educate trailer. Whether you're stering this skill is essential. Indicudes dinner.

Disease contact Courtney Schmidt prior to the 14th. For special dietary needs contact Geoff or 260–563–0661.

Durtney Schmidt prior to the meeting at 1921 by March 24th.

The property of the meeting at 1921 by March 24th.

The property of the meeting at 1921 by March 24th.

Intended for an 18+ age group.





PURDUE UNIVERSITY IS AN EQUAL OPPORTUNITY/EQUAL ACCESS/ AFFIRMATIVE ACTION INSTITUTION

ustional origin or ancestry, genetic information, marital status, parental status, sexual orientation, gender identity and expression, disability, or status as a veteran.

schmil63@purdue.edu or 765-472-1921 by March 24t

Wabash County Fairgrounds

At 6:00 - 8:00 pm

660 Gillen Ave, Wabash

PURDUE Extension

(E) April 2nd, 2025



FOOD IS MEDICINE

Beginning Aug 27th

Community Building

RSVP REQUIRED:

MIAMI CO EXT OFFICE

MIAMICES@PURDUE.EDU

health first

FREE PROGRAM

1029 W. 200 N

Peru, IN 46970

765-472-1921

PROVIDED BY

HEALTH FIRST MIAMI COUNTY

FUNDING

Miami Co. 4-H Fairgrounds

WHEN?

Wednesdays

4:30-6pm

WHERE?

GOOD FOOD

WHO?

Are you diabetic or pre-diabetic but not sure how to adjust your diet? This program is for any adult 18+ that would like to learn more about managing through diet.

WHAT?

Learn about nutrition labels healthier cooking oils, recipe substitution, the importance of recommended food servings, & much more.

Program includes:

- 8 classes with hands-on food demonstrations including Dining with Diabetes (\$40 value)
- · Weekly food boxes valued at \$20 eacheligible for additional weeks of food boxes upon completion of the classes.
- · End of program incentive gift valued at \$75

WEBINAR SERIES







Everyone is welcome to join the Purdue Extension Women in Ag Team for the 2025 webinar series centered around topics effecting the agriculture industry today!

12pm-1pm, EST - Webinar on Zoom

February 27th - Grain Bin Safety with Marty Huseman Narch 27th - Land Leases with Bill Horan lay 22nd - Meat & Meat Alternatives with Monica Nagel



Register Here: bit.ly/WIAgLive

Purdue University is an equal opportunity/equal access/affirmative action institution

f you are in need of accommodations to attend this program, please contact Courtney Schmidt prior to the meeting at schmi163@purdue.edu or 765-472-1921

Purdue University is an Equal Opportunity/Equal Access University

For special dietary needs contact schmi163@purdue.edu by Aug. 13th

f you need an interpreter or translator, please contact Courtney Schmidt prior to the meeting at 765-472-1921 or schmi163@purdue.edu by Aug. 13th

PURDUE

Extension - Agriculture and Natural Resources



QUESTIONS: MIAMI CO. EXT OFFICE-765-472-1921 OR SCHMI163@PURDUE.EDU

MIAMI AND WABASH COUNTIES SAVE THE DATE

UNMANNED AERIAL VEHICLE (UAV) TECHNOLOGY PROGRAM

NOV 5-6TH | 9 A - 4 P

Miami County 4-H Fairgrounds 1029 W. 200 N., Peru IN 46970

This course will help prepare you for a **UAV Pilot Certification.** Cost \$200



Extension Homemakers



We are excited to be moving our **Annual Achievement Night** back to the Spring. It will be on Tuesday, May 20th at the Miami County Community Building at 6:00 p.m. Our theme for the evening is "The magic of Color". We have made several changes that might make it easier and more enjoyable for those attending.

Instead of a full and heavy meal, we have decided to go with a lighter meal of salads and entrees but still catered for our convenience. We have decided that all the ladies in Miami County have the option to bring a dessert if they so desire and are able to. Please bring your dessert by 5:30 so it can be ready for serving. It is certainly not required but would be appreciated. Beverages will be supplied by the Council Presidents.



Our program for the evening will be a demonstration of creating a floral arrangement and an herb garden for outside your home. Jody Bowsher, from Garden Gate Greenhouse and our very own County Treasurer is very creative and experienced and we are sure to enjoy her presentation. To enhance the evening, we invite you to wear your own floral hat to celebrate our theme.

Reservations need to be made by May 13th if you plan to attend. More details on cost and where to send your reservation will be publicized as soon as the meal items have been selected and cost is determined. You are encouraged to invite a friend or family member if they have an interest in Extension Homemakers. They will have the same cost as members.

In preparation for the Home & Family Conference, we will also be showcasing our Cultural Arts and voting on them. We will select one placemat and one other homemade item to send to our Conference in June. If you have an item to enter, please bring it by 5:00 p.m. so it may be readied for voting.

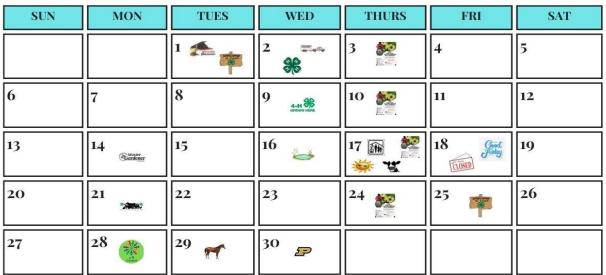
We are nearing May and our First Books for Kids program will be finishing for this school year. As a final gift, the children will receive their usual free book but we also send them off for the summer with a lovely homemade book bag. One of our ladies, Pat Hardwick, who has sewn for us for many years is unable to contribute this year so we are asking for more helpers to sew the bags OR donate materials so other can make them. If you have materials to donate or have made some of these bags, please contact any of the three Co-Presidents and let us know. We will be sure to point you in the correct direction to help. Barb Hodge, our Coordinator for First Books for Kids is most appreciative for any help that comes her way.







April 2025



- # 4/1 4-H Camp Enrollment Opens
- € 4/1 4-H Memorial Scholarship Due
- 4/1 Sara Ann Herrell Scholarship Due
- ♣ 4/1 Extension Homemakers Scholarship Due
- ♠ 4/1 Master Gardeners of Miami County Horticultural Scholarship Due 4/2 Ladies Night Out Trailer Backing - Wabash County Fairgrounds 6:00-8:00pm
- # 4/2 Fairboard Meeting 7:00pm
- 4/3 Master Gardener Basic Training 2:00pm
- 4/9 All County Club Meeting 6:30-8:00pm Miami County Community Building
- 4/10 Master Gardener Basic Training 2:00pm
- 4/14 Master Gardener Association Meeting 6:30pm

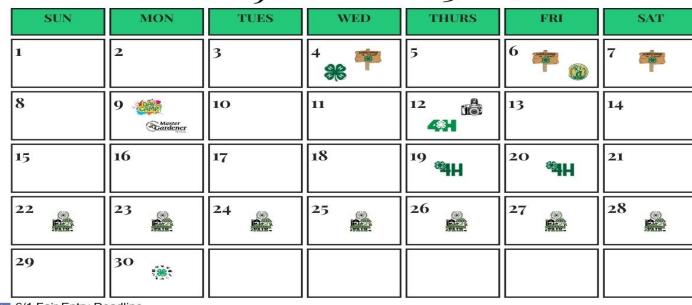
- 4/16 Pond & Fish Management Workshop Izaak Walton League 5:00-7:00pm
- 4/17 Hot Topics Webinar Conifer ID 12:00pm
- 4/17 Area Dairy CDE
- 4/18 Extension Office Closed Good Friday
- 🖚 4/21 Quality Livestock Care Maconaquah High School Ag Department 3:30-4:30pm
- 4/24 Master Gardener Basic Training 2:00pm
- * 4/25 4-H Camp Enrollment Closes
- 6 4/28 4-H Council Meeting 7:00pm
- May 2025

			8.07007			
SUN	MON	TUES	WED	THURS	FRI	SAT
				1	2	3 (7)
4	5	6	7 & A	8	9	10
11	12 Master Gardener	13	14	15 🔆 🖺	16 🌼	17
18	19	20	21	22	23	24
25	26 DAY	27 JMG	28 jmg	29 MG	30 jmg	31

- 5/1Master Gardener Basic Training 2:00pm
- 5/6 Quality Livestock Care Amboy Friends Church 7:00-8:00pm
- \$\$ 5/7 Fairboard Meeting 7:00pm
- 5/8 Master Gardener Basic Training 2:00pm
- ▲ 5/10 Feeder Calf, Goat & Sheep Tagging Day 9:00-11:00am
- 5/10 Master Gardener Plant Sale
- 5/10 Master Gardener Basic Training
- 5/12 Master Gardener Association Meeting 6:00pm
- 5/13 Extension Homemakers Council Meeting 10:00am
- 5/15 Hot Topics Webinar Chickens in the Homestead 12:00pm

- 4Henline 5/15 4-H Enrollment Closes Animal ID Deadline
- 5/15 Master Gardener Basic Training 2:00pm
- 5/16 Fair Entry Opens
- \$\frac{\pmathsquare}{\pmathsquare} \text{5/16 Extension Board Meeting 12:00pm}
- 5/20 Extension Homemakers Achievement Night 6:00pm
- 5/22 Women in AG Live Webinar Meat & Meat Alternatives 12:00pm
- 5/22 Master Gardener Basic Training 2:00pm
- 5/26 Extension Office Closed Memorial Day
- € 5/27-5/30 JMG Summer Camp
- 5/29 Master Gardener Basic Training 2:00pm





6/1 Fair Entry Deadline

* 6/4-6/6 4-H Camp

6/6 Food Security Alliance CRC Building Peru 10:00am

6/9 Mini Day Camp

6/9 Master Gardener Association Meeting 6:00pm

4 6/12 Fair Setup 6:00pm

6/12 Master Gardener Advanced Training - Forks of the Wabash

Photography for Plants 6:00pm

6/19 Hot Topics Webinar - Strawberry Research at SWPAC 12:00pm

6/22-6/28 Miami County 4-H Fair

4H 6/19 Pre Fair Judging

чн 6/20 Pre Fair Judging

6/30 Project are released 12:00-6:00pm

July 2025

SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4 Taise	5
6	7	8	9	10	11	12
13	14 Master Gardener	15	16	17	18	19
20	21	22 jmg	23 JMG	24 jmg	25 jmg	26
27	28	29	30	31		

7/4 Extension Office Closed 4th of July

7/8 Extension Homemakers Council Meeting 10:00am

7/14 Master Gardener Association Meeting 6:00 pm

🔆 7/17 Hot Topics Webinar - Animal Disease Diagnosis Lab 12:00pm

7/22-7/25 JMG Summer Camp

7/31 North Central Indiana Field Day-PARP/CCH Opportunity-Grant County