

4-H GENERAL RECORD SHEET

Each year, you will complete ONLY this ONE record sheet for ALL of your 4-H projects and activities and place it in your green record book BEHIND your 4-H record of achievement.

Responses will be used in a study of the impact of life skills gained by 4-H members. Responses are voluntary and confidential for this study. Only the information below will be copied and compiled to ensure no answers will be individually identified as yours in any way in this study. Only the information on this form will be used from your record book. No other information from your green 4-H record book will be studied for impact.

Year _____

A. PROJECTS TAKEN

DIRECTIONS: List EACH project you completed this year.

TOTAL NUMBER OF PROJECTS YOU COMPLETED THIS YEAR = _____ PROJECTS

B. EXPENSE RECORD (optional)

DIRECTIONS: For EACH project you completed this year, list any costs you had in the table below. This could include paying for your animal, its food, poster supplies, or any other project materials you buy.

4-H EXPENSE RECORD (animal, feed, hay, health costs, posters, project materials, etc)			
ITEM PURCHASED	COST OF ITEM	ITEM PURCHASED	COST OF ITEM

Use additional sheets for Sections A or B, if needed.

TOTAL COST OF ALL YOUR 4-H PROJECTS THIS YEAR = \$ _____

C. GOALS FOR THIS YEAR

DIRECTIONS: What 4-H goals did you reach this year? List **AT LEAST** one or more of your projects or activities and share **AT LEAST** one goal for each project or activity you listed. You may list **UP TO FIVE** projects or activities. The examples below show you how to complete this section.

EXAMPLE PROJECT:	Horse
GOAL:	Selecting a champion horse to show.
ACTION:	I bought a new horse after looking for several weeks.

EXAMPLE PROJECT:	Crafts
GOAL:	To learn how to make a blue ribbon basket.
ACTION:	I bought basket making supplies and made one with my mom's help.

EXAMPLE PROJECT:	Foods
GOAL:	To learn how to make cookies.
ACTION:	Grandma taught me her peanut butter cookie recipe.

EXAMPLE PROJECT:	Junior Leaders
GOAL:	Be committee chair for food stand
ACTION:	I was elected to office and the food stand made \$1000.00

Your Goal Setting This Year:

PROJECT / ACTIVITY:	
GOAL:	
ACTION:	

PROJECT / ACTIVITY:	
GOAL:	
ACTION:	

PROJECT / ACTIVITY:	
GOAL:	
ACTION:	

PROJECT / ACTIVITY:	
GOAL:	
ACTION:	

PROJECT / ACTIVITY:	
GOAL:	
ACTION:	

E. HOW DID YOU LEARN?

DIRECTIONS: Describe how you learned eight of the skills you circled. The examples below show you how to complete this section.

EXAMPLES:

SKILL: Responsibility

How Obtained/Improved: Fed and cared for animals daily.

SKILL: Meeting Deadlines

How Obtained/Improved: Turned in project work on time.

SKILL: Speaking

How Obtained/Improved: Gave club demonstration on pottery.

SKILL: Dependability

How Obtained/Improved: Attended every 4-H meeting on time.

SKILL: Dedication

How Obtained/Improved: Walked lamb 1 mile/day every day.

SKILL: Repairing

How Obtained/Improved: Repaired fences in barn lot.

SKILL: Problem Solving

How Obtained/Improved: Interpreted model directions for model.

1. SKILL: _____ How Obtained/Improved: _____

2. SKILL: _____ How Obtained/Improved: _____

3. SKILL: _____ How Obtained/Improved: _____

4. SKILL: _____ How Obtained/Improved: _____

5. SKILL: _____ How Obtained/Improved: _____

6. SKILL: _____ How Obtained/Improved: _____

7. SKILL: _____ How Obtained/Improved: _____

8. SKILL: _____ How Obtained/Improved: _____

4-H Leader's Signature

Date