

# PURDUE EXTENSION TIPPECANOE COUNTY

## 2024 IMPACT REPORT



92  
CONSULTATIONS AND  
ANR PROGRAMS  
DELIVERED



111  
TOTAL  
MASTER  
GARDENERS

**Agriculture &  
Natural  
Resources  
(ANR)**  
Dr. Pat  
Williams

9,063  
MASTER GARDENER  
VOLUNTEER HOURS



5,383  
TIPPECANOE  
COUNTY 4-H  
EXHIBITS

1,254  
4-H MEMBER &  
MINI 4-H  
MEMBERS

144  
4-H  
VOLUNTEERS



513  
4-H YOUTH  
INVOLVED  
OUTSIDE OF  
FAIR

**4-H Youth &  
Development**  
Dee Nicley &  
Megan Skiba

77  
HHS  
PROGRAMS  
DELIVERED



2,609  
INDIVIDUALS REACHED  
THROUGH HHS  
PROGRAMMING



25  
LOCAL COMMUNITY  
ORGANIZATIONS AND  
PARTNERSHIPS  
THROUGH HHS

**Health &  
Human  
Sciences  
(HHS)**  
Brock Turner

**Program  
Assistant &  
Marketing**  
Amanda  
Graupner

724  
NEW FACEBOOK  
FOLLOWERS



110  
NEW INSTAGRAM  
FOLLOWERS

629  
TOTAL EMAIL  
SUBSCRIBERS



Purdue University is an Equal Opportunity/Equal Access University.



# 4-H YOUTH DEVELOPMENT



THE INDIANA 4-H YOUTH DEVELOPMENT MISSION IS TO PROVIDE REAL-LIFE EDUCATIONAL OPPORTUNITIES THAT DEVELOP YOUNG PEOPLE WHO WILL HAVE A POSITIVE IMPACT IN THEIR COMMUNITIES AND THE WORLD.

## JOIN US!

### BECOME A 4-H MEMBER IN TIPPECANOE COUNTY

Enrollment for Indiana 4-H is still open! Ready to explore new passions, make lifelong friends, and develop leadership skills? Indiana 4-H is the perfect place for youth in grades K-12 to learn, grow, and have fun! Whether you're interested in animals, science, cooking, photography, or community service, 4-H has something for everyone. With hands-on learning experiences, exciting events, and opportunities to showcase your talents, 4-H helps youth build confidence and skills for the future. Don't miss out—enroll today and be part of the 4-H adventure! Drop/Add deadline for livestock and non-livestock projects will be May 15th.

The 4-H program fee is \$15 per child, and \$45 max per family. The program fees cover insurance, project curriculum development, and club enrichment activities.

### MINI 4-H

Mini 4-H is the perfect way for kids in grades K-2 to start their 4-H journey! With hands-on activities, creative projects, and exciting events, Mini 4-H helps young learners explore new interests in a fun, stress-free environment. There are no meetings or competition—just a great opportunity for kids to learn, create, and gain confidence while having fun!

Give your child a head start in 4-H and watch them grow! There is no county program fee for Mini 4-H.

Please click on the following link for further instructions to enroll in 4-H for the 2024-2025 program year.

[Tippecanoe County 4-H Online Enrollment](#)



4-H participants during the 2024 Tippecanoe County 4-H Fair.  
Photo credit: Amanda Graupner



Mini 4-H participants during the 2024 Mini 4-H Camp.  
Photo credit: Amanda Graupner



# 4-H YOUTH DEVELOPMENT



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## JUNIOR LEADERS

Junior Leaders is a project that is offered through 4-H for any member that is in Grade 7 or above. Junior Leaders is based on community service opportunities, especially related to the 4-H program and the county fair. Junior Leaders also serve as mentors and role models for younger 4-H members by interacting with them and sharing their experiences with them.

In order to complete the Junior Leaders project, you need to gain 100 points or more. Junior Leaders earn points by volunteering at different events and attending meetings, approximately one hour of time equals 10 points. Additionally, if a Junior Leader earns more than 125 points, they qualify for the Junior Leader Achievement Trip.

If you or someone you know might be interested in this project, please reach out to our office at (765) 474-0793 to get involved today.

## CALLING ALL 4-H LIVESTOCK EXHIBITORS

Join us for Indiana 4-H Quality Livestock Care Training in Tippecanoe County! This certification is a requirement for showing animals at the Tippecanoe County 4-H Fair, Indiana State Fair, and some open shows.

### Training Dates:

March 24	6:30-7:30 p.m. est
April 8	6:30-7:30 p.m. est
May 15	6:30-7:30 p.m. est
June 19	6:30-7:30 p.m. est

**Where:** Tippecanoe County Extension Office  
(1950 S. 18th St., Lafayette, IN)

**Cost:** \$3.00 (Cash or Check ONLY)

**Deadline:** Certification must be completed by June 27th!

Register today in 4-H Online under the events tab!

Have questions? We're happy to help! Call the Tippecanoe County Extension Office at 765-474-0793.

## 4-H CAMP

### **What is 4-H Camp?**

4-H Camp is available to 4-H members in grades 3-6 who are enrolled in 4-H in one of the following counties: White, Howard, Pulaski, Cass, Clinton, Carroll, Miami, Tippecanoe, and Newton. This 3-day, 2-night camp brings together nearly 250 youth to learn and make new friends. Some of the activities that kids will participate in at camp include hiking, archery, crafts, nature, foods, sports, swimming, and so much more! Each cabin is led by 2 Camp Counselors, who are high school 4-H members and have been trained by camp staff and Purdue Extension Educators. Campers love returning to camp year after year to learn new things, make new friends, and build important life skills. Call the Tippecanoe County Extension Office for more details!

**2025 Camp Dates:** June 4-6

**Location:** Camp Tecumseh  
12635 W Tecumseh Bend Road  
Brookston, IN 47923



### **Tippecanoe County 4-H Camp Counselors:**

Tippecanoe County is proud to have several Camp Counselors at 4-H Camp this year. Joining us will be Blaise Shutes, Evan Warmoth, Peyton Garrison, Abigail Clark, Madeline Clark, Helen Hoefer, Kiersten Miller, and Logan Phillips. Alexa Peck is an alternate. A special congratulations to Logan Phillips for being chosen as a Camp Counselor Director for 2025!





# HEALTH AND HUMAN SCIENCE

PURDUE EXTENSION HEALTH AND HUMAN SCIENCES PROVIDES EDUCATION TO INDIVIDUALS AND COMMUNITIES IN EACH OF INDIANA'S DIVERSE COMMUNITIES. WE BRING UNIVERSITY INFORMATION TO THE LOCAL LEVEL - BOTH IN PERSON AND ONLINE - TO HELP PEOPLE STRENGTHEN RELATIONSHIPS, EAT SMART, IMPROVE HEALTH, AND ACHIEVE FINANCIAL WELLNESS.

## EUDOXIA GIRARD MARTIN AWARD PRESENTATION

As an active member of MaPSAC, Brock had the honor of helping present the prestigious Eudoxia Girard Martin Award. This recognition celebrates outstanding contributions to Purdue University, and being part of this ceremony is a true privilege.

## HEROS STORYTIME AT HERSHEY ELEMENTARY

In January, Brock brought the HEROS Storytime program to kindergarten classes at Hershey Elementary School. This engaging program combined storytelling with important lessons on self-regulation, positive communication, and self-esteem. The interactive sessions helped spark curiosity and foster healthy habits among young learners, making an early and lasting impact on the students' development.

## GRANT AWARD FOR 2025 PROGRAMMING

In an exciting achievement, Purdue Extension was awarded a grant by the Tippecanoe County Health Department to deliver two Be Heart Smart classes and two Matter of Balance classes in



Brock teaching "HERO Storytime" to elementary students at Hershey Elementary School.

Photo credit: Hershey Elementary School



HHS Educator, Brock Turner, teaching his Be Heart Smart class series in February.  
Photo credit: Amanda Graupner

2025. These programs will play a vital role in promoting cardiovascular health and fall prevention, helping to improve the well-being of residents throughout Tippecanoe County.

## BE HEART SMART PROGRAM LAUNCH

February marked the beginning of the Be Heart Smart program, offered free of charge to participants thanks to generous funding from the Tippecanoe County Health Department and Health First Indiana. This program focuses on heart health education, empowering participants with the knowledge and tools to make heart-healthy lifestyle changes.

## IVY TECH SELF-CARE CELEBRATION

At Ivy Tech's Self-Care Celebration, Brock provided valuable information on Whole Person Wellness. This engaging session

emphasized the importance of balancing physical, mental, and emotional well-being, equipping participants with tools to prioritize their overall health.

## AI PRESENTATION AT ANNUAL MEETING

At the Tippecanoe County Extension Board Annual Meeting, Health and Human Sciences Educator Brock Turner provided an engaging presentation on Artificial Intelligence (AI) and its impact on Extension programming. Locally, he has integrated AI discussions into Purdue Extension Tippecanoe County's Health and Human Sciences programming, helping residents use AI tools for nutrition planning, data analysis and skill building.



# COMMUNITY WELLNESS COORDINATOR

OUR COMMUNITY WELLNESS COORDINATORS HELP MAKE THE HEALTHY CHOICE THE EASY CHOICE. THEY COLLABORATE WITH COMMUNITY PARTNERS ON BROADER COMMUNITY CHANGE THAT INVOLVES POLICY, SYSTEM, AND ENVIRONMENTAL CHANGES.

## JANUARY UPDATE

After a few months away, Betsy has officially returned from maternity leave on January 23rd! She's excited to be back and catching up on everything she missed. One exciting update—Betsy was awarded Health First Indiana funding to purchase a Blender Bike, which will be a fun and interactive way to promote healthy eating and physical activity at community events, schools, and health fairs. She's looking forward to putting it to good use and reconnecting with everyone in the coming weeks!



Besty Coffing's new addition to her family, Charlotte Coffing! Photo credit: Betsy Coffing

**Indiana eFMNP Merchant Enrollment Events 2025**

Produce growers may sign up to accept WIC & Senior FMNP benefits electronically

\* Available during Trade Show hours

To register for an event, Call: Delaware County Purdue Extension at 765-747-7732 Or Online: <https://tinyurl.com/yeyurbx>

**PURDUE UNIVERSITY** Extension - Nutrition Education Program  
Purdue University is an equal opportunity/equal access/affirmative action institution.

Events:

- March 31, 2025 9am-12pm Fairgrounds, Esther Singer Bldg 5117 S Ironwood Rd South Bend 46614
- April 24, 2025 12-4pm Purdue University Extension 4001 Crescent Ave Fort Wayne 46815
- April 15, 2025 3-7pm Fairgrounds 2281 E 125 N Logansport 46947
- March 14, 2025 12-4pm Town Hall 9312 W Smith St Yorktown 47396
- Small Farms Conference March 4-5, 2025 1900 E Main St Danville 46122
- March 28, 2025 12-6pm Chamber of Commerce 301 E Main St Madison 47250
- April 29, 2025 11am-1:30pm Purdue University Extension 484 N Morton St Franklin 46131
- March 25, 2025 10am-12pm Lost River 26 Library St Paoli 47454
- March 18, 2025 12-4pm Optimist Club 8260 IN 64 Georgetown 47122
- April 17, 2025 9am-1pm CST Fairgrounds 709 N Embree St Princeton 47670

## FEBRUARY UPDATE

February has been a busy month! Betsy has been working with an intern from the Tippecanoe County Health Department to prepare for an upcoming Food as Medicine lunch and learn presentation. She also attended the GrowLocal monthly meeting and participated in the two-day 2025 Indiana Farmers Market Forum online. Additionally, she gave a workplace wellness lunch and learn presentation for Antique Candle Company and had discussions about potential NEPA/CWC collaborations for 2025. Looking forward to more great projects ahead!

# NUTRITION EDUCATION PROGRAM ADVISORS

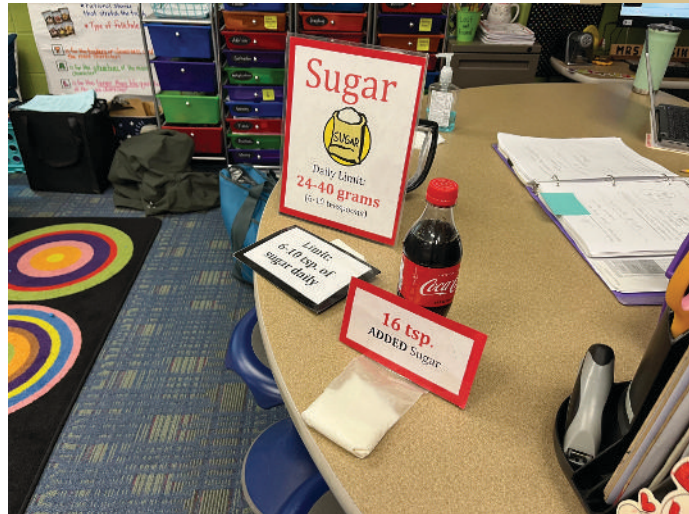
BEST KNOWN FOR COOKING DEMONSTRATIONS AND SHARING FOOD SAMPLES AND COOKING TOOLS, OUR CERTIFIED NUTRITION EDUCATION PROGRAM ADVISORS (NEPAS) OFFER FREE LESSONS FOR CHILDREN, TEENS, AND ADULTS THAT CAN MAKE A HEALTHY DIFFERENCE IN THEIR LIVES.

## SCHOOL PROGRAMMING

Due to schools starting back up after winter break, January and February were full of lots of lessons for both Jessica and Tammy! Tammy has been teaching CATCH lessons to third graders at Woodland and Mayflower Elementary in Tippecanoe County. Jessica returned from her maternity leave in January after having her daughter in October (Sutton), and she just wrapped up a Teen Cuisine series at Benton Central Jr/Sr High School with 8th grade girls in Benton County.

## WHAT IS CATCH?

CATCH (Coordinated Approach to Child Health) is an evidence-based program designed to promote healthy eating and physical activity among children. It focuses on creating a school and community environment that encourages lifelong healthy habits. The program includes interactive lessons, hands-on activities, and family engagement to help kids develop healthier lifestyles.



A sugar display at Tammy Martin's CATCH lesson in Tippecanoe County Schools. Photo Credit: Jessica Fleck



Tammy Martin teaching her CATCH lessons in Tippecanoe County Schools. Photo Credit: Jessica Fleck



Heart shaped strawberries in parfaits from the Valentine's Day lesson Jessica Fleck taught to her teens. Photo Credit: Jessica Fleck



# TIPPECANOE COUNTY 4-H FAIR

**JULY 18-26**



Extension Tippecanoe County

## A MATTER OF BALANCE

LOCATION: TIPPECANOE COUNTY EXTENSION OFFICE

**MARCH 31**  
**APRIL 4, 7, 11, 14, 18, 21, 25**

**9:30 A.M. - 11:30 A.M.**

**COST: FREE!**

**MUST REGISTER TO ATTEND!**



IF YOU ARE IN NEED OF ACCOMMODATIONS TO ATTEND THIS PROGRAM, PLEASE CONTACT BROCK TURNER BY MARCH 24TH AT 765-474-0793 OR [turnerbm@purdue.edu](mailto:turnerbm@purdue.edu).  
IF YOU NEED AN INTERPRETER OR TRANSLATOR, PLEASE CONTACT BROCK TURNER BY MARCH 24TH AT 765-474-0793 [turnerbm@purdue.edu](mailto:turnerbm@purdue.edu).

PURDUE UNIVERSITY IS AN EQUAL OPPORTUNITY/EQUAL ACCESS UNIVERSITY.

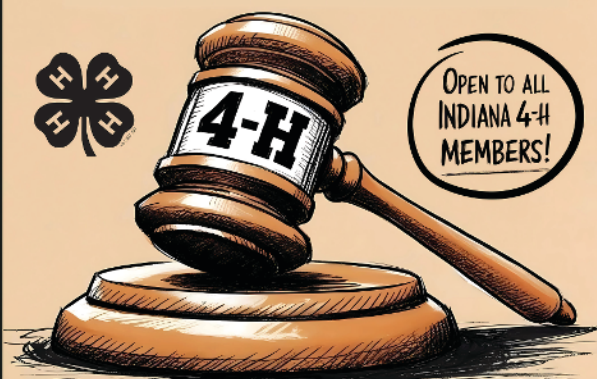


Extension Tippecanoe County

## PURDUE COLLEGIATE 4-H

PRESENTS A VIRTUAL

## 4-H CLUB OFFICER TRAINING



OPEN TO ALL  
INDIANA 4-H  
MEMBERS!

**MARCH 11TH, 6:00 PM EST**

Purdue University is an equal opportunity/equal access/affirmative action institution.

7TH - 11TH GRADERS, JOIN US!

## 4-H NEXT CHAPTER

**MONDAYS @**  
**7:00 PM ET,**  
**6:00 PM CT**

**VIRTUAL**

**MAR 24**

### MY PERSONAL AND CAREER GOALS

WHO do YOU want to be in your future?

**VISION BOARD**

### DISCOVERING CAREERS FOR ME

Check out hot careers including some you have never imagined!

**GUEST SPEAKER**

**MAR 31**

**APR 7**

### NETWORKING SKILLS

Like they say, it's who you know!

**GUEST SPEAKER**

### SERVICE LEARNING

Serving others and building employability skills.

**PLAN AN IN PERSON PROJECT**

**APR 14**



**REGISTER:**

<https://Chapter1.4honline.com>

Purdue University is an equal opportunity / equal access university.

Master Gardener Association of Tippecanoe County

## Garden Expo and Plant Sale

Dozens of Vendor Booths Garden Shed  
Thousands of Plants Silent Auction Raffle  
Just Desserts Cafe

**Saturday, April 26th**  
**9:00am - 3:00pm**

Tippecanoe County Fairgrounds  
1406 Teal Road, Lafayette, IN

**\$2.00 ADMISSION**  
(Under 18 is free)



# UPCOMING EVENTS

## EVENTS FOR THE MONTHS OF MARCH AND APRIL

### March

CATCH Lessons will continue being taught in Tippecanoe County.

7th- ABC's of Ag at Tippecanoe County Fairgrounds (Closed to the Public)(4-H)

11th- 4-H Club Officer Training, Virtual 6:00 p.m. (4-H)

24th- QLC Training for 4-H Livestock Exhibitors at Extension Office 6:30 p.m. (4-H)

28th-30th- Teen Leadership Weekend at Camp Tecumseh (4-H)

31st- A Matter of Balance Class Series at Extension Office 9:30 a.m. (Must Register to Attend)(HHS)

### April

CATCH Lessons will continue being taught in Tippecanoe County.

4th- A Matter of Balance Class Series at Extension Office 9:30 a.m. (Must Register to Attend)(HHS)

7th- A Matter of Balance Class Series at Extension Office 9:30 a.m. (Must Register to Attend)(HHS)

8th- QLC Training for 4-H Livestock Exhibitors at Extension Office 6:30 p.m. (4-H)

11th- A Matter of Balance Class Series at Extension Office 9:30 a.m. (Must Register to Attend)(HHS)

14th- A Matter of Balance Class Series at Extension Office 9:30 a.m. (Must Register to Attend)(HHS)

18th- A Matter of Balance Class Series at Extension Office 9:30 a.m. (Must Register to Attend)(HHS)

18th- OFFICE CLOSED (Educators working remotely)

21st- A Matter of Balance Class Series at Extension Office 9:30 a.m. (Must Register to Attend)(HHS)

25th- A Matter of Balance Class Series at Extension Office 9:30 a.m. (Must Register to Attend)(HHS)

26th- Garden Expo and Plant Sale at Tippecanoe County Fairgrounds 9:00 a.m.-3:00 p.m. (ANR)

***Please call the Tippecanoe County Extension Office for any further information. (765)474-0793***



Extension

**LET'S STAY TOGETHER.**

**PURDUE EXTENSION  
TIPPECANOE COUNTY OFFICE**

1950 South 18th Street  
Lafayette, IN 47905  
(765) 474-0793



**FOLLOW US!**