



Extension - Health and Human Sciences



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**Articles for the
Jan-Feb 2025
Issue due by
Dec. 1st to
hoover47@
purdue.edu**

TIPPECANOE COUNTY EXTENSION HOMEMAKERS

Home Echoes

<https://extension.purdue.edu/county/tippecanoe/Tippecanoe-County-Extension-Homemakers.html>



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Tippecanoe County Extension Homemakers



Volume 24, Issue 6

November-December 2024

From Dottie Warner-Halsema, County President:

So, I've spent a lot of time this Summer 'Setting Roots and Branching Out'. We've literally dug up plants and bulbs from Mom's yard and planted them in our courtyard, and shared some with others. I've also settled into the condo enough to do some canning: Grandma's Lime Pickles, other Grandma's Relish, green beans, peaches, and Peach Pit jelly. I keep thinking I'll branch out and try something new, but using old reliable recipes feels pretty good! Aside from lugging around many less pounds then, I don't know how I managed to do all the gardening, canning and freezing, sewing and crafts, and Extension Homemakers' activities, I did while my 5 girls were little!

I hope all of you can think of ways you have been 'Branching Out' personally, and can continue to. How can your club 'Branch Out'? Set a special meeting when everyone brings a guest? Team up with another club for a special activity? Change your meeting time or place to accommodate your changing

membership? Ask every one to make a list of things they enjoy about Extension Homemakers? Or a list of what else they would like to try? Can YOU 'Branch Out' and volunteer to plan a special activity or be on a committee? Attend District meetings or State conference to see what other counties are doing?

Please, keep inviting me to your meetings, for October, November, April & May. I enjoy seeing the many different styles of clubs, but more importantly, it will help me be a better President (and too soon Past-President) for you. I apologize again for accepting this position before I had a clue a Snowbird lifestyle was coming! I hate missing out all Winter... zoom meetings don't quite do it. Maybe we could have a May-October club?

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A Message from Dottie continued from Page 1

Beatrix as vice president brings a lot of energy and enthusiasm and is really stepping up. I have a great bunch of committee chairs and officers! Nina keeps track of everything, Nan keeps us on course with finances and report deadlines, Mary has future Ed Days lined out already, Jan has donations to great causes, and Cheryl and Emalese have a lot going on with membership.

Check your program books for report deadlines and activities, and emails for additional Purdue Extension news and Brock's special classes

(like the current Matter of Balance, which is excellent and beneficial for ALL of us!).

October is packed with our regular club meetings, Fall District Day in Veedersburg, our Fall Ed Day, and during IEHA week our Thursday morning care kits assembly.

SOON, on the calendar will be 2025-2026 nominations, May Achievement Day planning, the Garden Expo meal planning, and scholarship deadlines. And so it goes.

Winter Education Program January 15, 2025

Registration: 10:00 to 11:00 (Coffee, Tea and Breakfast Pastries)

11:00 AM Tammie Williams (Former Owner of Ravens Roost)
(Ask about your Antiques, Know the value, where to sell them & her history)

1:00 PM BBC Attorneys- Abigayle Hensley & Kyle Cray
(Wills, Trust, Probate, Spend Down, Your Home, Living Trust, Estate Planning)

Menu: Chicken Salad on a Croissant served with Vegetable Soup (for a Cold Day)

Committee: Will provide the desserts

Price of Meal is \$14.00

Send money to your local Club Treasurer.

Club Treasurer will send one check with names of members attending the event)

Stay Safe and Warm

Mary Hancock- Chair

Wanda Overpeck Co-Chair

(See page 8 for registration form)

The membership committee met on September 18th at Christo's for lunch and discussed contacting potential new members from the information we distributed at the council meeting. If anyone has trouble getting ahold of these potential new members, please let us know so we can try to get more information for you to contact them. We also discussed ideas for IEHA week in the latter part of October. We will be getting out information on this soon.

If you have any ideas, please let us know and we will consider their implementation. We need to keep recruiting new members so ask your friends, church members, other club members, anyone who has interest in joining and let us know their names and contacts.

Thanks for all your consideration.

Emalese Adams and Cheryl McCool



All Quilters and Sewing Enthusiasts:

Come join us on the second Thursday of the month. Oct. 10th is our next meeting.

We will have a presentation, from Dawn, Karluna, and Kathy, then snacks, and our meeting. At our September meeting we had four guests, which three of them joined our club!! We would love to have you.

Exciting things are happening!

HAPPY SEWING: Jeri Bosworth Parker

P.S. The Quilt Club is taking over making the Thumbodys, for Mental Health America. A sew date to learn how to make them is in the near future.

We will be once again supporting Cover Lafayette at our Fall Education Workshop on October 16th.

This includes hats, coats, sweaters, sweatshirts and gloves. There is such a need in our community to help our homeless, so as you do your closet clean out for fall, look to donate these items.

Also, we are collecting items for Tricia's Hope. She donates items for people going through cancer treatments.

Some of her needs are:

lip balms, small hand lotion
small notebooks, markers & pens
crossword books
protein shakes, mints & bottled water
small tissue packs
fuzzy socks & blankets

She has a Facebook page if you would like to find out more about her mission.

Thanks so much for all you do for our community!

Co chairs
Jan Wallace
Jeri Bosworth-Parker

*Donations
Needed
Can you help?*

THREADS OF COMPASSION

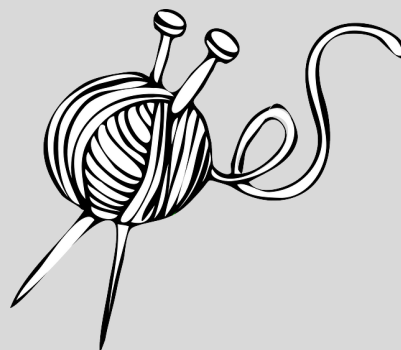
TCEH has been working with Yarn 'n Plarn Lafayette and West Lafayette in creating shawls for the Indiana Donor Network, a volunteer project brought to our attention by our State President and Kathy Delaney. Julie Conlin wrote to the Indiana Donor Network to ask how many shawls are handed out each month/year. Below is the response she received.

"We hand out 60-80 shawls per month and maybe more in some instances. Last year we gave out 976 shawls. We are so appreciative of the shawls that your group creates. We know it means a lot to our donor families!"

So far we have donated 40 shawls from our two groups.

If you are interested in knitting or crocheting a shawl for this worthy project contact **Krystal Sigman** for supplies, (such as yarn, hooks, and needles), patterns or ideas, and dimensions.

Submitted by Krystal Sigman



OPEN SHOW NEWS

Submitted by Krystal Sigman

Thank you to all the volunteers at The Tippecanoe County Open Show during the fair in July, especially those at the greeting table and those checking in and out projects.

The Tippecanoe Co. Extension Homemaker Council sponsored the Spirit of the Fair Award. This year's Spirit of the Fair Award was presented to Kris Jones Webster, who received a handmade cutting board from Riverfront Custom Creations on Saturday after our Foods Judging. Kris has been a dedicated helper with the Open Show for many years.

The Open Show had 103 participants with 368 entries. Nine Extension Homemaker clubs were represented, with 14 people entering a total of 41 projects. The Hillwood club had 3 members with 8 entries. The Quilt club had 3 members with 10 entries and will receive \$25.00 for the most entries. Thank you to all who participated!

Demonstrations were given by Krystal Sigman of the Lamplighters and The Lafayette Lacemakers during the fair. Krystal Sigman demonstrated Diamond Painting, Crocheting, and Knitting, while The Lafayette Lacemakers showcased the techniques of lace-making. For more information about The Lafayette Lacemakers, you can contact LafayetteLacemakers@gmail.com or Carolyn at Lacedobes@aol.com.

We are looking for others interested in demonstrating crafts or skills for next year. Our committee is starting to work on the 2025 Tippecanoe County Open Show. If you would like to help or have any suggestions for next year's Open Show, please let us know. If you know anyone who would like to receive a book for next year, please email tippecanoeopenshow1980@gmail.com with their name and address.

**Mark your calendars for the Tippecanoe County Fair & Open Show,
happening from July 18 to 26, 2025!**

Purdue Extension – Health & Human Science Educator Update

Hello everyone! I hope you are all doing well! There are so many great things happening in HHS Extension over the past two months and in the months to come that it will be impossible for me to list it all. I suggest making sure you are on the Extension Newsletter email list and following our Facebook page to keep up on all the things I am doing and have going on in the community. If you are not sure if you are on the email list, let Amanda awoodrow@purdue.edu or myself know you want to be added.

A few of the highlights I've had over the past couple of months start off with my opportunity to present a three-hour workshop on Artificial Intelligence in Arizona! I was able to take what my team and I have learned over past 20 months in this space and share it with Extension Professionals from around the country. Another highlight came when I passed my exam to become a Certified Wellness Practitioner through the National Wellness Institute. I look forward to continuing to provide beneficial wellness education to Tippecanoe County and this new credential will provide me access to resources that can help do just that!

I have a few programs coming up that you still have an opportunity to join. I will be presenting *A Matter of Balance* and *Be Heart Smart* and you can still attend. I have had a few requests for presentations on Artificial Intelligence, if you or your group would like me to present, please let me know and I can get you on my schedule.

The class dates are below:

- *Matter of Balance* – October 22nd, 25th, 29th November 1st, 4th, 8th, 12th, 15th, at the Purdue Extension Building ***REGISTRATION ONLINE NOW OPEN***
- *Be Heart Smart* – February 1st, 8th, 15th, 22nd 2025 at the Purdue Extension Building

If you would like to be added to the list for my *Be Heart Smart* class, please email me and you will have the opportunity to register first!

I hope you stay happy and healthy!

Brock Turner, MPH, MS, CHES®, CPT
Extension Educator, Health and Human Science
Purdue Extension, Tippecanoe County
1950 S. 18th St., Lafayette 47905
(765) 474-0793
turnerbm@purdue.edu

Autum Leaves October 2024

Ladies, it's the beginning of Fall. What do you think of when the leaves change? I think of Fall festivals, and family picnics and family gatherings, fall birthday's, football games, basketball games. EH Club meetings to come. Food that comes to mind of persimmon pudding and pumpkin pie, breads, apples, galore. Hot chocolate, sweet treats, Recipes that remind us of your Aunt Mae, Mother or Grandmother special meals. Tip, if you have a special recipe that was hand written by a family member it's nice to put it in a special frame as a keepsake. With that we are usually getting ready to do major decorating changes for the fall season. Baskets, pumpkins and maybe painting a special room while the weather is nice. Or just remodeling a bit, pillows and curtains, or just a few throws. Lots of pumpkins and baskets. So, with that I have a few books to help get you inspired to get the ideas along the way. Or just go to an old bookstore and browse you will find seasonal decorating books, for what you're looking for. These books are timeless. No matter the dates. They are great to look thru for ideas.

Better Home and Garden "Everyday Comforts" Copyright 2002 Meredith Publishing

The best of Martha Stewart Living "good things" a collection of inspired ideas and projects, / Copyright 1997 Martha Stewart Living Omnimedia, LLC

Victoria Secret Romantic Style/ Copyright Victoria Secret and George Weidenfield & Nicolas Ltd, London 1990 Published by Victoria Secret

I have one book if your inclined to read during the season. One fall book of Poetry by James Whitecome Riley Poems. Poetry. Org. Do you remember the poem "When Frost is on the Pumkin", Here is part of it.

"When the Frost is on the Pumkin"

There's something kindo harty-like about the atumsfere
When the heat of summer's over and the coolin' fall is here-
Of course we miss the flowers, and the blossoms on the trees,
And the mumble of the hummin-' birds and the buzzin' of the bees ;
But the air's so appetizin'; and the landscape through the haze
Of a crisp and sunny morning of the airy autumn days
Is a pictur that no painter has the colorin ' to mock
When the frost is on the punkin and the fodder is in the shock!

James Whitecome Riley, born 1849 Indiana

I wish you all a very wonderful Fall, I know the Extension Homemaker Ladies have a lot of activities coming up. I hope you can attend them there is a lot of work and planning so, support the programs are always fun. Enjoy the fall weather, Blessings to you all.

Linda S. Casey Past Co. President



Winter Education Program Wednesday, January 15, 2025

Community Reformed Church, 2501 S 18th Street

Mary Hancock, chair; Wanda Overpeck, co-chair

Signin: 10:00 am-11:00 am with Coffee, Tea & Pastries

Program Begins: 11:00 am: Tammie Williams– Know your antiques, where to find them, value, how to sell them

Lunch: 12:00 noon Catered by Outpost (Cost \$14.00)

Chicken Salad on a Croissant, Homemade Vegetable Soup

Dessert provided by Education Focus Group

**Program Continues: 1:00 pm: BBC Attorney– Abigayle Hensley and Kyle Cray
Wills, Trusts, Probate, New Nursing Home Laws, spend Down, Living Trust, Estate
Planning and Social Security**

Registration due on Friday, January 3, 2025, to Nancella Dobbins

3033 Greenbrier Avenue West Lafayette, N 47906

Club Treasurers send one check payable to TCEH (\$14.00 each)

Please use this form to list names of those attending

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Tippecanoe County Extension Office Closed:

- | | |
|---------------------|----------------------|
| ⇒ November 5, 2024 | Election Day |
| ⇒ November 11, 2024 | Veterans Day |
| ⇒ November 28, 2024 | Thanksgiving Day |
| ⇒ November 29, 2024 | Thanksgiving Holiday |
| ⇒ December 24, 2024 | Christmas Eve |
| ⇒ December 25, 2024 | Christmas Day |



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