

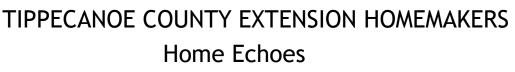
Extension - Health and Human Sciences



Inside this issue

President Report	I
Vice President Report	2
Cultural Arts	3
Home & Family Conference	4
Quilt	5
HHS Update	6
Fall Educational Program	7
Home & Family Arts Show	8
VCS	9
Winter Education Program	10

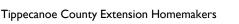
Articles for the Nov-Dec Issue due by October 1st to hoover47@ purdue.edu



https://extension.purdue.edu/county/tippecanoe/Tippecanoe-County-Extension-Homemakers.html



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September-October 2024



Volume 24, Issue 5

Garden Expo Luncheon

A **Huge** Thank-you to the lunch fund-raiser committee and all the volunteers who helped the day of! As the second year for this opportunity to make some money and get our name out into the community, it was a success. The soup was as yummy as last year, and we made sure the ham and turkey sandwich servings were generous. The tea and lemonade were popular, with us selling more cups by 10:00 than all day last year.

Having membership in a separate booth doubled our exposure to the Expo customers. We fielded questions about membership, canning, and quilting.

Thanks to our generous donors: the Indiana Poultry Association, the 40 & 8, D&R Market, Walmart, Culvers, Chick- Fil-A, and JKC Restaurant.

Submitted by Dottie Warner-Halsema

Festival Day Reflections 2024

This was my first Festival Day with the Melody Makers of Indiana (MMIA), also known as the Indiana Extension Chorus, a mass choir consisting of women from all over the state of Indiana. County choruses join together to form the state chorus. The chorus started in 1934 and was formed to "enrich our communities and create a bond with other people throughout the state of Indiana, while providing the opportunity to foster healthy relationships through the medium of music." The Chorus sings year-round.

The chorus fulfilled its mission. I felt so connected to the amazing women who were there with me at Festival Day. I love music and up until this past year when I joined the Tippecanoe Choral group, I had forgotten how uplifting, healing, magical, and connecting singing can be.

I was impressed with how well all of the groups sounded and the voices of all of the soloists were truly spectacular.

I was delighted to hear such positive feedback from our President Katrina Ladwig. She was impressed with all of the work that the Board of Directors put in and she felt that the day flowed smoothly. She also felt that every year the Melody Makers "raise the bar higher."

I also was honored by being led by Dr. Buchanan, who is the Director of Choral Activities in the School of Music at Indiana State University in Terre Haute. He is recognized as the "2015 Collegiate Educator of the Year" by the Indiana Music Education Association. He is in high demand as a choral clinician, conductor, and adjudicator. Choirs under his direction have performed throughout the United States, Europe, and Asia.

According to Katrina Ladwig, "Dr. Buchanan was pleased with our performance." "He seemed to be in good spirits throughout our afternoon rehearsal, and during the concert he just seemed really pleased with us." Ms. Ladwig was "so touched by his emotions during the closing song."

If you are interested in positively affecting our communities, building lasting friendships through the medium of choral music, and sharing your love of music, join us today! If you are interested in learning more about becoming a member, go to the Melody Makers of Indiana website (<u>https://melodymakersofindiana.com</u>) and contact the director of your county of interest listed on the Indiana Choruses page or click on the contact us link.

Submitted by Beatrix Rausch

September/October 2024

Correction to previous 2024 Cultural Arts report

Ladies: In my previous report on the 2024 Cultural Arts event I stated that prizes in the amount of \$40 were given. The correct amount of the prizes was \$10 each. I apologize for the error.

Jean Macy, Chair



Help Wanted: New Coordinator for the Book Club Interest Group. The Book Club presently meets on the first Thursday of each month. Members turn in a list of books they would like to read and discuss. Books are made available from Novel Discussions...a division of Indiana Humanities. The coordinator goes online to Novel Discussions to choose and schedule books from their extensive inventory. Books are delivered to a chosen local library for pick-up each month at no cost. Pam Byers, the present coordinator, is retiring after the October meeting. She will gladly show a new coordinator how to work her way through the system. 2 remaining books are Sept., THE COUPLE NEXT DOOR, by Shari Lapena; and Oct., A GENTLEMAN IN MOSCOW by Amor Towles.

Future dates and location of the Book Club will be decided by members. If interested, please contact Pam at 765-838-2529.

Thanks, Pam Byers

Past President notes on the Home and Family Conference Submitted by Mary Hancock

June 11, 2024 Lunch Speaker – Julie Buchtenkirch

Spoke on Happiness: Social connections prevents loneliness. Human connections are the most important factor in happiness. Know your sense of purpose, establish goals and help others. Gratitude brings on self esteem and various types of happiness. She talked about various types of personalities and how they are incorporated in life. Get to know your friends by asking more about themselves.

June 12, 2024 Lunch Speaker- Phil Anderson

Spoke on Cultivating leaders: When Nostalgia is not enough As the generations grows older, we need to inspire the young generations to follow. How: Most important things we need to do is learn more from each other. The new generation will not do the same things we did in the past. We need to grow and learn from them and vice versa. Accept the new changes but try to incorporate things from the past. Common sense isn't as common as it differs it various from each global aspect. "Live, Learn, Work, Play with Cultural Awareness"

Membership Meeting-How to Start a New club

You do not have to have TRADTIONAL CLUB, to start a club. Some suggestions were: Line Dancing, Traveling club, card club, craft club, Lunch or dinner club at someone home or church-exchange recipes with a theme, Pickle Ball or bowling. Also gave us samples of a new Welcoming Packet for new members.

Interview with Judy Wilson-County President of Boone County

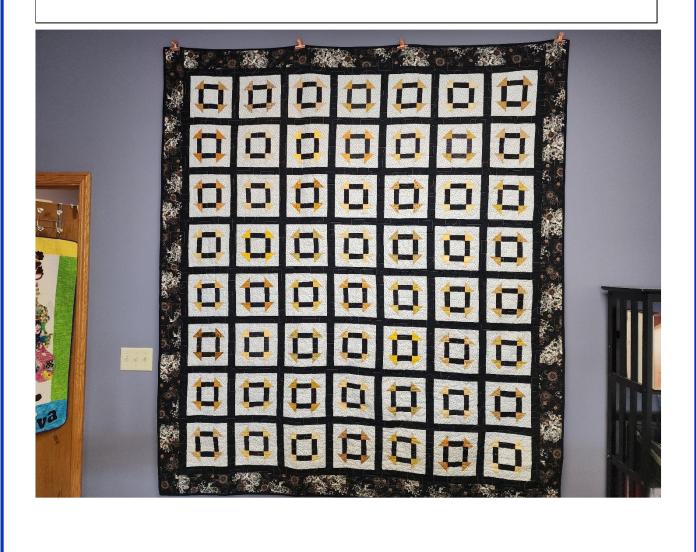
They have 11 clubs, 3 Mailbox and 3 Specialty Clubs.

Home Cooking, Home **and Gardening** (Talk about the latest outdoor Deco) (how refinish tables, how to decorate home on a budget-how to plant indoor and outdoor planets) **Paper Scrapping** using Cricket (make cards, posters,) Give cards to Nursing homes, police depts etc. The county is very active in the community inviting outside guests. They have had canning demo, cookie and baking, Pot luck dinners and invite guests to educational speakers for crafts, easy sewing techniques. She said this was well received.

Home and Family Conference: Silent Auction brought in \$3278.00 Logo Sales \$4100.00 Extension Homemakers Quilt is on display at Sisters Too Viking Shop located at 405 Sagamore Parkway, Suite B-15, Lafayette, IN 47905. Open 10-5 pm Tuesday – Friday and 10-4 pm Saturday, closed on Sunday and Monday.

Purchase tickets at Sisters Too Viking Shop for \$1.00 a ticket or \$5.00 for 6 tickets until August 31st.

Picture and article submitted by Jeri Bosworth Parker



Purdue Extension – Health & Human Science Educator Update

Hello everyone! I hope you were able to enjoy the fair season! I had a couple of firsts at the fair. I was able to join the Open Show this year with cookies and a cake and I was able to run in the famous Greased Watermelon exhibition race! That was a new and fantastic experience for me. I also recently returned from Greensboro, North Carolina where I coached my oldest son Bryce and nephew at the AAU Track and Field Junior Olympics! This summer has been a busy one.

I have a few programs coming up this fall. I've been able to take some time to plan out programs for 2024 to 2025. I will be presenting *Where Does Your Money Go?, ServSafe Food Manager, and Matter of Balance.* I have had a few requests for presentations on Artificial Intelligence, if you or your group would like me to present, please let me know.

The class dates are below:

- Where Does Your Money Go? September 26th Session 1, October 24th Session 2 at the Purdue Extension Building
- Matter of Balance October 22nd, 25th, 29th November 1st, 4th, 8th, 12th, 15th, at the Purdue Extension Building
- ServSafe Food Manager October 17th, at the Purdue Extension Building

If you would like to be added to the VIP list of people interested in these classes, please email me as soon as possible. I will reach out to those who have shown interest so they can register first. There will be limited seating for *Matter of Balance and ServSafe Food Manager*.

I'll leave you with this. As I was driving back with my boys through the mountains (9+ hours each way), after watching my son run a 3-minute race, I was reminded that it isn't the destination that should bring the joy, but the journey. I enjoyed being on the track with my boys this summer practicing more than I did seeing him compete at the Junior Olympics. I hope you are all enjoying your journey as well!

I hope you stay happy and healthy!

Brock Turner, MPH, MS, CHES[®], CPT Extension Educator, Health and Human Science Purdue Extension, Tippecanoe County 1950 S. 18th St., Lafayette 47905 (765) 474-0793 turnerbm@purdue.edu

September/October 2024



Fall Education Program Wednesday, October 16, 2024 Community Reformed Church, 2501 S 18th Street Mary Hancock, chair; Wanda Overpeck, co-chair

Signin: 10:00 am-11:00 am with Coffee, Tea & Pastries

Program Begins: <u>11:00 am</u>: John and Karen Mills in Costume (Ball Mansion) will discuss everything about Ball Mansion and More.

Lunch: <u>12:00</u> Catered by Outpost (Cost \$12.10) Turkey & Ham Sandwiches, Pasta salad, Potato chips & Chocolate Chip

Program Continues at <u>1:00 pm</u>: Heather Maravilla "Human Trafficking". Heather is a survivor from Human trafficking; she will talk about things she had to do to survive and how she escaped.

Registration due on <u>Friday, October 4</u>, to Nancella Dobbins 3033 Greenbrier Avenue West Lafayette, IN 47906 <u>Club Treasurers</u> send <u>one check</u> payable to <u>TCEH (\$12.10 each)</u> Please use this form to list names of those attending Page 7

Home Echoes

Many thanks to our Tippecanoe County Extension Homemakers for volunteering their time and effort for Membership recruitment, and generating interest for the Scholarship Quilt raffle at the TCEH booth in the food court during this year's 2024 4-H Fair: FAIRFIELD - Cheryl McCool, HILLWOOD - Pat Brouwer, Doris Wallman Minalga, LADYBUGS - Emalese Adams, Barb Baugh, Connie Brown, Gretchen Bollhoefer, LAUGHING L's - Dottie Warner-Halsema, MEADOWLARKS - Lisa Ariano, Cherry Maier, RANDOLPH - Sharon Albregts, WABASH - Jan Harlow.

Our booth featured a trifold presentation board designed by past co- presidents Linda Casey and Kathy Delaney (displayed at the June state conference), membership interest forms & packets, Open Show information, Purdue Extension business cards, bookmarks, handouts from the Dairy Association, and recipe cards from the Pork Producers. The backdrop for the booth was the CHURN DASH Quilt created by the QUILT Club.

Even though the Fair has ended, there is still time to get raffle tickets for the Churn Dash scholarship quilt. Jeri Bosworth-Parker, President of Quilt Club, has taken the quilt to be on display at Sisters Too Viking Sewing Shoppe in Lafayette. Raffle tickets can also be purchased at Sisters Too until August 31, 2024.

Membership Committee Cheryl McCool and Emalese Adams



VOLUNTEER COMMUNITY SUPPORT NEWS

Hope everyone had a great summer. Just wanted to recap this year with these amazing numbers!

We gave to over 20 organizations including :

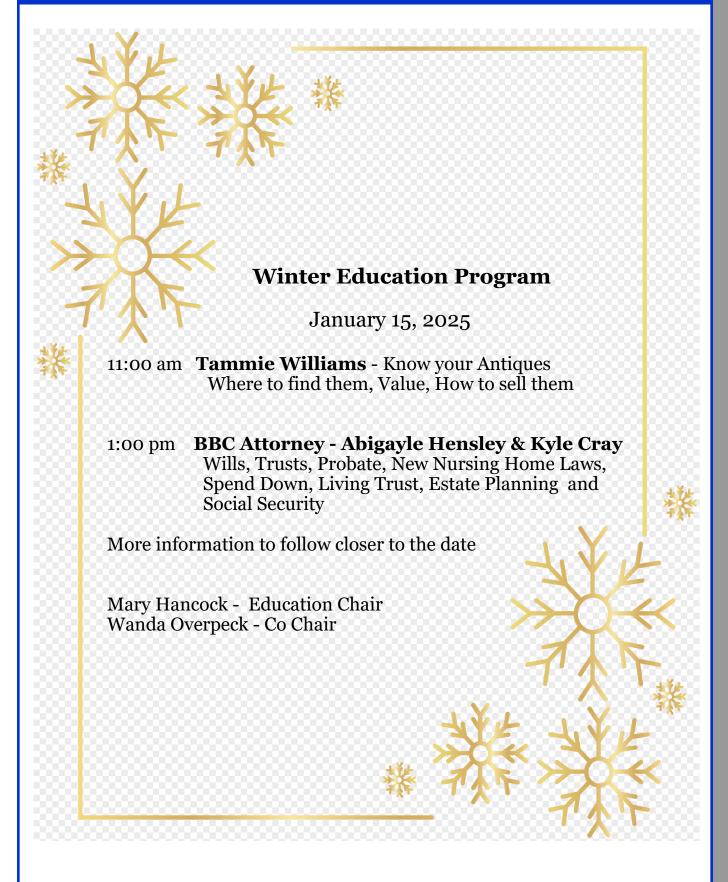
Cover Lafayette Matrix Soup Kitchen Trinity Mission Food Finders Lum Honor Flight Miami School Laundromat books Miller School Wreaths Across America Veteran's Home Joyful Journey Ronald Mcdonald House Grant's House

Items collected were over 1,500! Monetary donations were over \$1,800! Hours donated were 450!

Keep up the outstanding work for our community! Our first donation will be collected at the Fall Workshop.

Thanks, Jan Wallace Jeri Bosworth-Parker

Page 10





PURDUE UNIVERSITY COOPERATIVE EXTENSION SERVICE TIPPECANOE COUNTY OFFICE 1950 SOUTH 18TH STREET LAFAYETTE, IN 47905

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Tippecanoe County Extension Office Closed:

- ⇒ September 2, 2024 ⇒ October 14, 2024

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