

Vigo County Extension Homemakers April 2025 Newsletter



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Important Dates to Remember

April 1	Spring District Meeting in Greencastle
April 14	Past Presidents Club Meeting
April 14	Officers Form for next year due to Extension Office
April 28	Spring Fling (See Information after page 3)
May 5	Council Meeting
May 23	New Members Information, Perfect Attendance members, Model Club &/or Honor Club Forms are due to Extension Office
June 2 – 4	Home & Family Conference
June 9	Past Presidents Meeting
June 23	Achievement Day.....Council Meeting to follow Achievement Day
July 5 – 12	Vigo County Fair

Be sure to check our website www.extension.purdue.edu/vigo for news and updates.

COUNCIL'S MESSAGE

Hello everyone! I can't believe this is April all ready. There are many events this month for the Vigo County Extension Clubs. It's wonderful that the weather is changing (although a few weeks ago I didn't like what was happening) here in our area.

Past President's

The April Past Presidents Meeting will be at Cackleberries Restaurant, 303 S. 7th S., at 11am. Hope to see many of you at the meeting.

Union Hospital Need

Union Hospital is in need of sleepers for babies, especially preemies. New or gently used items will be accepted. Please designate one person from your club to take them to the front desk at Union Hospital and let them know you're from the Vigo County Extension Homemakers and your club name.

The Hospital is also in need of coloring books and crayons for children.

Home & Family Conference Special Project

The 'special project' for Home and Family Conference 2025 will be a single placemat. Guidelines: up to 14" x 20" is the maximum, however, you can make it smaller. It can be rectangle, oval, round...just as long as it is NOT over 14" x 20". Your club president needs to bring it to the May Council Meeting.

Are you Scattering Hearts?

I understand some clubs are still "Scattering Hearts" around the area and I think that is wonderful. This was our Past State President project. Our current State President is asking us to make "Boxes of Care." Items to put in the box could be band-aids, compressed wash cloths, .6 oz toothpaste, thumb toothbrush, safety pins, buttons, needle & thread. These items could be put in a recycled Altoid tin or a plastic case. Be sure to keep track of the number of the boxes you all make and disperse. The other categories for the 2025 Home & Family Conference are the same: Quilts, Needlework,, Knitting/Crocheting, Crafts/Miscellaneous.

Vigo County Fair

Vigo County Fair is July 5th – 12th. I'd like to see many, many of you do a project and turn in to the fair. I'm going to try and enter something and I challenge all Vigo County members to enter something! Let's make this a bonus year for the Fair.

EDUCATOR SPOTLIGHT

Upcoming Events & Opportunities to Learn!

I am going to be doing some new classes and some old that I thought you might be interested in attending. Please, just call me if you would like more information.“

12 POINTS LIBRARY SERIES ON NUTRITION

- ⇒ APRIL 16TH; 4:30 TO 5:30; FOOD ALLERGIES—WHAT YOU NEED TO KNOW
- ⇒ APRIL 30TH; 4:30 TO 5:30; ABCD—AN OVERVIEW FOR SPECIAL DIETS (Blood Pressure, Cholesterol, Diabetes)
- ⇒ MAY 14TH; 4:30 TO 5:30; CROCKPOT RECIPES (5 INGREDIENTS OR LESS)
- ⇒ JUNE 11TH; 4:30 TO 5:30; HOW TO BOIL WATER—COOKING 101

PARTNERING WITH UNION HEALTH DIABETES EDUCATION PROGRAM & LUGAR CENTER

- ⇒ APRIL 23RD; 5:30 TO 6:30; EATING WELL WITH DIABETES; LANDSBAUM CTR.; 1433 N 6th 1/2 St

OLLI AT WESTMINSTER VILLAGE

Empower Me to Live Clutter Free” for the OLLI program on Wednesday, June 18, from 2:00 to 3:30 p.m. at Westminster Village

MATTER OF BALANCE STARTS APRIL 30!

Please call if you would like to register—class will be every week for 8 weeks from 1:30 to 3:30 at the Meadows Learning Lab!

ARTHRITIS CHAIR EXERCISE CLASS

will offer a class from 10 am to 11 am and a class at 11:30 am to 12:30 pm. The class is only an hour and will focus on education, chair-based (or standing) exercises, and reducing stress.

* If you are interested, please call or email Gail at (812) 462-3371 or wright509@purdue.edu to register.

Gail

Gail Wright
Extension Educator
Health and Human Sciences



Spring Fling!
Vigo County Extension Homemakers

Theme: Hats Off To Extension Homemakers

When: April 28, 2025

Where: Community Building

Vigo County Fairgrounds

Time: Registration begins at 9:30 a.m.

Meeting begins at 10:00 a.m.

Cost: \$5.25

Menu: Box Lunch

There will be a contest! Decorate a hat for one of the four categories – Prettiest, Funniest, Oldest and/or Most Unique.

Please complete the enclosed form indicating choices for each individual.

Mail completed form to Ruth Ridener no later than April 14, 2025.

We will be collecting snack foods for the 14th & Chestnut Community Center. These are used for the children after school each day.

These items include - snack cakes, pretzels, crackers, chips, fruit cups, etc.

Spring Fling - April 28, 2025						
	Club:					
Name	Meat - Ham	Meat - Turkey	White Bread	Wheat Bread	Yellow American Cheese	White American Cheese
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						