



Full Circle: Your Caregiving Connection

Whether you're caring for a parent, spouse, or other loved one, we invite you to join us monthly as we discuss important topics that caregivers face. Areas of focus are driven by members' needs. Join us to glean helpful information from personal knowledge and experience of fellow caregivers, as well as research-based educational information provided by your Health and Human Sciences Educator of Purdue Extension.

This small, intimate group was started in March of 2022 and continues today. Based on a foundation of mutual respect and compassion, group members have received support and comfort when faced with some of caregiving's most difficult decisions.

When: First Monday of the month at 5:30pm

**Current Dates: December 2, 2024, January 6, 2025, February 3, 2025 and
Monday March 3, 2025 - THREE YEAR ANNIVERSARY!**

**Where: Washington County Government Building
Purdue Extension Conference Room
806 Martinsburg Road, Suite 104**

**There is NO FEE to participate! For more
information contact Sonya Mitchell at 812-883-4601
or shmitche@purdue.edu**



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