

# HERO'S STORY TIME

HELPING EVERY CHILD REACH OPTIMUM SUCCESS

## GUIDE



### *Llama Llama and the Bully Goat*

By Anna Dewdney

Questions and discussions during read-aloud stories can promote social and emotional development. You can read this story on multiple days during the week and engage children by asking some of these questions.

- What does it mean to be a good friend?
- How are the animals in the story being good friends?
- Is Gilroy being a good friend?
- What can he do to be kind to others?
- What can you do if someone is not being kind to you?

Discuss how to be kind to each other at different times of the day: during meals, while playing, and in taking care of the classroom.

Focus on kindness. Point out to your children when you see kindness in action from them, friends, siblings and even strangers. Discuss how it makes people feel happy when we are kind, and we feel good about ourselves, too.

Play with the children by pretending to be firefighters to promote teamwork, by playing Simon Says to practice self-control, and blocks for taking turns. These skills help children cooperate nicely with each other.

Create a recognition wall. Post notes that recognize displays of kindness to each other.

### *FLYING HIGHER*

Sometimes children need help learning how to enter into play with others. You can model skills such as inviting others into play: "I'm feeding this baby (doll). Could you help me feed the other baby, too?" See this resource for more ideas about play: [puext.in/sustainingplay](http://puext.in/sustainingplay).



### *SUPER POWER*

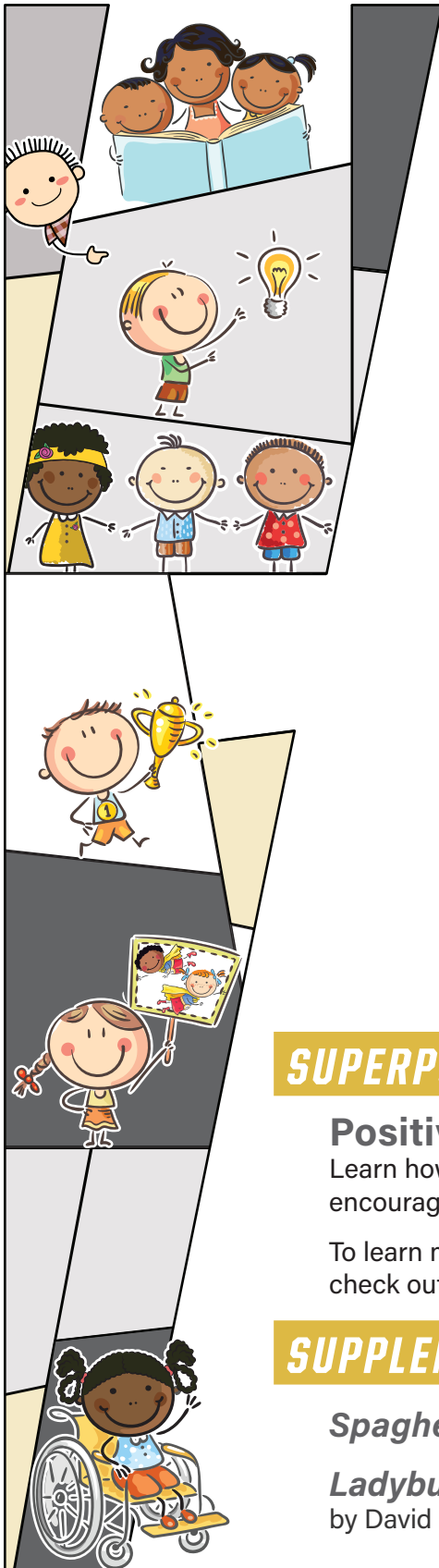
**Positive Peer Relationships**  
Learn how to be a good friend by helping and encouraging others to build positive relationships.



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## FAMILY NEWSLETTER



### THIS WEEK WE READ

***Llama Llama and the Bully Goat*** By Anna Dewdney

Your child learned about the positive peer relationships asset; playing appropriately with other children and that being a friend is more than being nice.

### THINK ABOUT IT

Does your child enjoy playing in a group with other children? Do they know what it means to be a good friend?

### How You Can Teach Positive Peer Relationships

Show appropriate friendship skills. Children copy what they see at home. Seeing how you reach out to your friends is your child's first lesson in being kind.

Discuss with your child how to be kind to their friends, brothers, sisters and grandparents.

Help your child understand how his or her words or actions can help another person feel better. Practice saying something nice with your child and take turns.

Remember to teach empathy. Allow your children to help you do things for others.

**Adult Superpower:** Put your own oxygen mask on first. We cannot practice kindness toward others if we do not treat ourselves kindly.

### SUPERPOWER

#### Positive Peer Relationships

Learn how to be a good friend by helping and encouraging others to build strong relationships.

To learn more about the 40 Developmental Assets, check out the Search Institute website: [puext.in/40](http://puext.in/40).

### SUPPLEMENTAL READING

***Spaghetti in a Hotdog Bun*** by Maria Dismondy

***Ladybug Girl and the Best Ever Playdate***  
by David Soman and Jacky Davis

I GET BY WITH  
A LITTLE HELP  
FROM  
MY FRIENDS.