

HERO'S STORY TIME

HELPING EVERY CHILD REACH OPTIMUM SUCCESS

GUIDE



Talk And Work It Out

By Cheri J. Meiners, M.Ed.

Questions and discussions during read-aloud stories can promote social and emotional development. You can read this story on multiple days during the week and engage children by asking some of these questions.

- Talk about some feelings children might be having when they disagree such as frustration, disappointment, madness, jealousy, fear or anger.
- What steps can you take to work out a problem with a friend?
- What do you learn when you listen to the other person?
- What can you do if you're feeling angry when a friend isn't playing what you want to play?
- What can you use to help find an answer?
- Who can help if you have a conflict or problem?

Help children learn how to negotiate to get along better by sharing, trading or taking turns. Check out these resources for more information.

puext.in/LearnToShare

puext.in/LearnToTrade

puext.in/TakeTurns

Guide children through practicing the four conflict resolution steps as outlined in the book.

Supplemental reading "We Can Be Problem Solvers!" Practice role playing scenarios (pages 14-16) using steps as outlined (page 11). puext.in/Solvers.

Practice using this Solution Kit to support children in conflict resolution, starting with just one or two options for the children to use: puext.in/Solution.

FLYING HIGHER

Explore more resources at the Center on Social and Emotional Foundations for Early Learning (CSEFEL) website, csefel.vanderbilt.edu/.



SUPER POWER

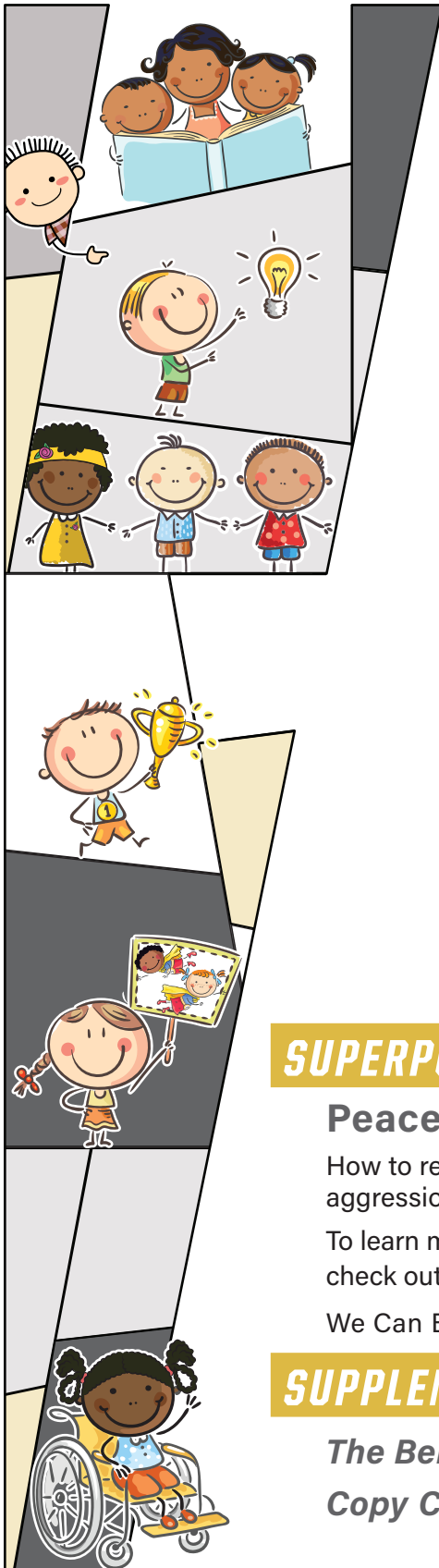


Peaceful Conflict Resolution
How to resolve conflict without using physical aggression or hurtful language.

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FAMILY NEWSLETTER



THIS WEEK WE READ

Talk and Work It Out By Cheri J. Meiners, M.Ed.

Your child learned about the social competency asset of peaceful conflict resolution. Violence is never okay.

THINK ABOUT IT

How do you resolve conflict in front of or with your child? Using verbal and physical aggression reinforces the use of power to resolve a conflict in children. It is important to model self-control and demonstrate healthy communication skills with your children, especially when you are angry. This will help them master the impulse to lash out. Model the behavior you expect.

How You Can Teach Peaceful Resolution

Take a stand against using name-calling and physical aggression.

Tell a child what to do instead of what not to do.

Tell the children how to use their hands, such as "Use your hands to help others," instead of "Don't hit."

Emphasize using positive language.

Use "I statements" that reflect how you feel on the inside. Example: "I feel frustrated when the house is messy."

Allow everyone a chance to be heard.

Adult Superpower: When little things are adding up and seem to be overwhelming, step away, take deep breaths and try to look at the big picture.

SUPERPOWER

Peaceful Conflict Resolution

How to resolve conflict without using physical aggression or hurtful language.

To learn more about the 40 Developmental Assets, check out the Search Institute website: puext.in/40.

We Can Be Problem Solvers at Home! puext.in/Solvers.

SUPPLEMENTAL READING

The Berenstain Bears Get in a Fight by Stan and Jan Berenstain

Copy Cat by Ali Pye

BEFORE SAYING

"I DISAGREE,"

BE SURE YOU

CAN SAY,

"I UNDERSTAND."