

Presidential Thoughts . . .

Greetings from your President,

Well, here we are in October and into Fall! Another blink and it will be Thanksgiving and then Christmas. The summer went toooo fast. Living Well Conference is in a few days and I hope many of you have sign up to attend. The lessons have always been great and worth bringing back to your club.

What a great time we had at Retreat. If you have never been then mark your calendars for August 26-27, 2019, and join us for a relaxing and enjoyable time. Seventeen joined in and went to the District meeting. There was time to meet and greet the State President and the President Elect as well as talk to other members from our District. I took a lesson on Priorities that would make you stop and think. There was also a talk on taking care of your feet.

The State President, Cindy Saferight, is doing a project called "Crafting for a Cure". She is asking each club to make 25 items that can be sold at Conference for around \$1 to \$10. Not big items, but something that could be given as a favor at an event. The money will go to the Cancer Research Endowment. The money raised from this project will be matched. In the last eight years, the Indiana Extension Homemakers have raised over \$200,000 for this Research.

Do you like to interact with other Homemakers? Associate Country Women of the World has a Pen Friend opportunity to connect with other women of the World. If you would like more information, let me know.

IEHA week is October 15-19. Find someone to share this with.

Don't forget to keep your eye out for someone to nominate for the Enthusiasm award!

Looking forward to seeing the presidents at Council Meeting on November 5 and everyone else on December 3 at the Christmas Luncheon.

Donna Pugsley, County President

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HHS Educator Update

Stay safe this holiday season!

Steps you should take to deter thieves during the holiday season are much the same as those you should take on a day to day basis.

- 1. Shop with a companion and avoid shopping after dark.
- 2. If shopping alone, don't hesitate to ask a security guard for an escort to your vehicle. Have your keys ready to enter the vehicle before leaving the store.

 Once in your vehicle lock the doors and leave, never sit in the parking lot for any reason.
- 3. Dress casually while doing your holiday shopping, avoid wearing expensive jewelry that might attract a thieves attention.
- 4. Carry only the debit cards, credit cards, cash and checks you will need for that day's purchases.
- 5. Make sure to place your purchases in the trunk so they cannot be seen by would-be thieves.
- 6. Be observant of your surroundings: park in well-lit areas, and always lock your vehicle.

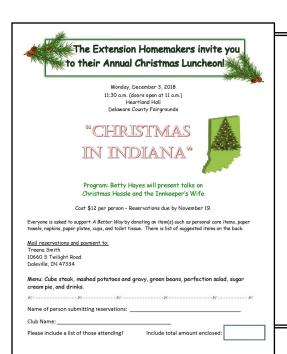
Criminals know that people are out and about shopping for the holiday season. You should begin by protecting your property before you leave the house to go shopping.

- The most effective and least expensive crime deterrents for your home are lights and noise.
- Exterior lighting is an excellent way to protect your residence year round whether someone is home or not.
- The noise from a TV or radio can make it appear that someone is at home, even during the day. Inexpensive timers for interior lamps and motion-sensing exterior lights are both good investments.
- BE CAREFUL OF SOCIAL MEDIA POSTS! Facebook and twitter can be considered part of our lives now, but people need to be extremely careful about what they post to these sites. Comments such as "Christmas shopping is all done" or that you are "Leaving for holiday vacation" or even pictures you post of the expensive gift you received can be invitations to thieves.
- Keep gift displays away from windows and doors where they are easily seen.
- Always keep windows and doors locked when leaving, even if for a short time.
- Close and lock the garage. Never leave a garage door opener in a vehicle outside the garage.
- Suspicious activity or individuals in a store, parking lot or neighborhood should be reported to local law enforcement.

-Molly Hunt <u>Hunt55@purdue.edu</u>







UPCOMING HOMEMAKER'S CHRISTMAS LUNCHEON

A "Christmas in Indiana" Christmas Luncheon
December 3, 2018
Heartland Hall, 11:30 a.m.
Meal is \$12. RSVP by November 19th.
Look for more information and registration form in the Club President's mailing.

This recipe as prepared by Alice Glynn and won the Cookie Division at the Open Class 2018 Fair.

VANILLA PECAN COOKIES

1 c. soft butter 1 c. dark brown sugar (packed)

¾ c. sugar 2 eggs

2 tsp. vanilla extract 2 2/3 c. flour 1 ¼ tsp. baking soda 1 tsp. salt

2 c. pecan chips



- 1. In a large bowl cream butter and sugars. Beat in the eggs and vanilla.
- 2. Combine flour, baking soda, and salt. Gradually add to creamed mixture and mix well. Stir in pecans.
- 3. Chill dough at least 30 minutes.
- 4. Use a cookie scoop and place cookies on a baking sheet lined with parchment paper.
- 5. Bake at 400 for 10-12 minutes or until edges are golden brown. Cool for 2-3 minutes before removing to a wire rack to finish cooling. Yield: 4 dozen.

Remember

NOVEMBER

19 - Deadline for Christmas Luncheon reservations

DECEMBER

3 - Christmas Luncheon

FEBRUARY

- 4 Council Meeting
- 15 Ruth B. Sayre Scholarship due First-Timer Award applications due

MARCH

- 12 -13 Farm Fest
- 15 Deadline for District Meeting Reservations
- 15 Marie Bowen Scholarship due
- 28 Spring District Winchester





Club News

NEWS





MONDERN MYSTICS JULY MEETING

On July 25, 2018, Modern Mystics met at Friends Memorial Church for their annual Salad Carry-in and philanthropic project for A Better Way. For several years, we have provided personal care products for women, men, and children to have while staying with A Better Way. This year one of our members, Gloria LaGrange, applied to Thrivent Financial Corporation for a grant to help with the shopping for the kits. We were happy to learn we received a grant, and we were able to provide 20 kits for women, 5 kits for men, 10 kits for teens, and 20 for children. The kits held items appropriate for who received them. Many thanks to the people at Thrivent for their generosity. Altogether, about 405 items were purchased and delivered. As much as enjoyed the luncheon and visiting with one another, it did our hearts good to pass along some of

our good fortune to others. Toni McKillip, Secretary

SUGAR 'N SPICE OCTOBER MEETING

Eight members of the club met at the home of Carol Owens. President Sharon Stewart, presided at our business meeting. The club has made plans to attend "It's a Wonderful Life" at Civic Theatre in December. We are planning to meet at Elm Street Brewery afterwards to enjoy fellowship and good food. We gathered donations for the United Day Care Center. Linda Hiatt reported on a program on Mental Health First-Aid that she attended recently. Marilyn Jones gave the lesson on BrainFit based on a program endorsed by Dr.

John Arden, author of the Brain Bible and Rewire Your Brain. Susan Wilson shared devotions. Carol served her homemade pimento spread with assortment of crackers, fresh vegetables with dip, sliced apples with caramel dip chopped nuts, and with cider to drink. All

and chopped nuts, and with cider to drink. Al delicious! We headed for home and along the way it rained and turned cooler. A little bit of fall? It was a pleasant evening. Marilyn Jones, reporting.



SUGAR 'N SPICE SEPTEMBER MEETING

Eight members of the Sugar 'N Spice Club met at the home of Sharon Stewart. Club president Sharon, presided at our meeting. Linda Hiatt gave the secretary/treasurer's report. Linda reported on the Area Retreat at Hartford City. Cheryll Crouse reported on the Fall District meeting. After our business meeting, Linda presented the lesson on Dementia. Lola Hale gave devotions. For refreshments, Sharon served a beet and carrot salad, apple crumb pie, cheesecakes, and a variety of sweets, nuts as well as variety of beverages. It was a late night meeting as we headed home.

PUT ON LONGSLEEVES
Fread a book under a tree
JUMP IN LEAVES
WRAP YOUR HANDS AROUND A HOT MUG
eat a caramel apple
BE OUTDOORS
FEEL CRISP AUTUMN BREEZES
FOR A PUMPKIN
GO ON A LAGRICE
PHOLD HANDS AND GET COZY
WEAR A SCARF
bake cookies and pies
TAKE A DRIVE JUST TO LOOK AT LEAVES