

Mission Statement: To strengthen families through continuing education, leadership development and volunteer community support.

2023 Calendar of Events

Sept. 21: Personal Safety Class for Women (Pg. 3)
Sept. 25: Indianapolis District Meeting (Pg. 7)
Oct. 3: Council Meeting
Oct. 9: Extension Office Closed
Oct. 12: Make A Difference Day (Pg. 3)
Oct. 21: Bon Voyage to the Treblemakers (Pg. 3)
Oct. 22-28: IEHA State-Wide Celebration Week
Oct. 24: International Day "Night" (Pg. 6)

Nov. 7: Extension Office Closed Nov. 9: Helping Hands Day (Pg. 3) Nov. 10: Extension Office Closed Nov. 14: Council Meeting Nov. 23-24: Extension Office Closed Dec. 1: Holiday Fest Dec. 5: Christmas Council Brunch

Newsletter Deadline

Submissions for the **December/January Issue** are due by **November 15.** The theme will be "*Celebration Time!*" Submissions may be emailed to Melissa Phillips, News Chair, (PCS.ServingHim@gmail.com) and Lisa Pitts (pitts15@purdue.edu). Handwritten copies may be given or mailed to Melissa Phillips (9388 S. County Road 100 W., Clayton, IN 46118).

2023-2024 Officers

- ✤ President: Melissa Mikesell
- ✤ Vice President: Karla Janning
- Secretary: Ellen Looney & Joanna Sell
- Streasurer: Judy Ricketts
- Seducation: Sharon Lytle
- ✤ Leadership: Ellen Looney

- ✤ Home & Family Arts Show: Joanna Sell / Kim Weber
- Solunteer Community Support: Charlotte Lloyd
- 🗞 1st Member at Large: Rosie Lenihan
- 🗞 2nd Member at Large: Shannon Wagner
- 🗞 3rd Member at Large: Lynn Lillard
- ♦ 4th Member at Large: Kim Weber
- Solution News Chair: Melissa Phillips

Hope everyone has a chance to enjoy the few hot days left in summer. The colors are slowly popping out in my area of the county. A few ladies from my club, and hopefully other clubs, will be traveling to Morgan County for District Retreat and Fall District Meeting in September. Will they get to enjoy the fall colors?

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October is filling up with different activities for our families to enjoy. IEHA Week is just around the corner and as Extension Homemakers we can participate each day in our own way.

Monday—October 23: Blue & Gold Day (wear our colors)
Tuesday—October 24: Giving Day (give our time to attend International Event Germany at the conference center)
Wednesday—October 25: Education Day (learn something new)
Thursday—October 26: Community Support Day (do something for someone in need)
Friday—October 27: Member Day (call a club member)
Saturday—October 28: Make a difference Day (reach out to help)

Enjoy life, *Melíssa Míkesell* As most of you have probably already heard - I am retiring from Purdue Extension on August 31, 2023. I've been in Extension for a total of 23 years, and it is time for me to move to next chapter in my life. Of course, I have ideas - but I won't mention them because I'm still employed with Purdue and I don't want any conflicts to occur.



Please know you have been a marvelous group to work with and I'm very happy to have had the pleasure of working with your organization and each of you. Oh, the things I have learned from many of you - I will cherish forever! I will remember the laughter, annoyance, and fun you've provided me. Yes I said annoyance - but let's be real. You know we have annoyed each other at times! Hahahaaa - Regardless, I admire your mission, your creed, and what you provide to others in the county, state, and home!

I explain my retirement in a couple of ways:

- My dad, a former school principal, always told me, "If you want to be a teacher teach until you are tired of the system and/or you are tired of the art of teaching; it is the best thing you can do for yourself and for your students." Although I'm no longer teaching in the schools, I took his advice and felt I needed a change!
- Do I believe in Purdue University? Absolutely! I'm a Hoosier by birth and a boilermaker by choice!
 - Do I believe in Extension? Absolutely I believe in their mission and their purpose all across the Nation!
 The Cooperative Extension System (CES) translates research into action: bringing cutting-edge discoveries from research laboratories to those who can put knowledge into practice.
 - Empower: farmers, ranchers, and communities of all sizes to meet the challenges they face, adapt to changing technology, improve nutrition and food safety, prepare for and respond to emergencies, and protect our environment. (Source: nifa.usda.gov)
- Do I believe in Purdue Extension? Not anymore! So many things have changed, and I honestly believe, not for the best. I've come to question the leadership and I'm so confused as to their mission and passion of the subject of health and human sciences. They seem to have drifted away from the original mission of Extension. Change is good, change is fun, but change should not destroy the grassroots of Extension and who we serve.
- While in Hendricks County, I took pride and pleasure in developing lessons/programs/events in Hendricks County:

RT2: Read, Taste, & Touch – Sponsored by Hendricks County Farm Bureau, Inc. (thousands of youth: 2007-2022) Multi counties in Indiana, multi state, and other countries participated.

F4: Finance, Food, Fun, and Fitness – (thousands of youth participated and multiple IN counties) **Literacy Leaders** - High schoolers helping elementary students learn to read (hundreds of youth in Tri-West school district participated)

Kitchen Inventions - Participants grades 3-college and for Sycamore Services - inventing recipes that are high in Vitamin A, Calcium, or Iron because these are nutrients most people do not eat! They participated in a cook-off at the county fair each year. (hundreds of youth and Sycamore Services adults participated over the years) For two years, winning recipes were served at Charbonos.

Kindergarten U - A summer kindergarten bootcamp for children entering kindergarten in the upcoming fall – learning how to adapt to school and how it is different from daycare. (hundreds of youth participated) **GTG: Just Killed Someone** - Anti-texting and driving program using a driving simulator developed for California Highway Patrol officers. (thousands of youth did the simulator)

Taste & Dine - Quick and easy meals non-chefs can make. These are videos sent to subscribers to look at when they are trying to decide what to have for dinner. They are usually 5 ingredients or less and show the ingredients and recipe online through *dropbox* where the individual can look at when in the store getting the ingredients for dinner! FYI - the young professionals tend to go to the grocery almost daily! (Monthly, thousands of hits were viewed)

Stop the Bleed – American College of Surgeons – National program promoting tourniquet use (90+ participants came to the two sessions I was allowed to teach)

When I teach, I always try to make learning fun and meaningful. I hope I have touched you in some way and improved your life somehow. I wish you all nothing but the BEST. Thank you for allowing me to be part of the Hendricks County Purdue Extension Program.







How can you Make A Difference? That is a great question because there are so many ways you can do that! One way is to use your hands to help others. That is what Make A Difference/Helping Hands day is all about. Make A Difference is twice a year for four hours and hopefully includes sharing lunch together. In October, Make A Difference Day will be the 12th from 10-2 at Bartlett Chapel. We will be working on filling 70 hygiene kits for the Headstart children in Danville. We also will be making more blankets for Riley. I am working on cutting out bags that volunteers can take home to sew for Christmas gift bags for Cypress Manor that we will fill

November 9th from 10-12. It has been asked if we might be able to go as a group to deliver them and sing carols. We will see how much interest there is. These bags will be filled with the list of things that are below and will be donated by all of you wonderful people! If we have time in November we might even work on a craft for each resident. In September, we had a heads up that fleece was on sale, and 40 yds were donated. We also completed 11 blankets at the September Helping Hands. I can't thank you all enough!! If you want to get in on all the fun come October 12th and November 9th and helps us help others!! You are a blessing to so many!!

Thank you! Charlotte Lloyd 812-236-6083 Things to Start Collecting:

- #1: Cypress Manor
- Full size shampoo
- Conditioner
- Body wash
- Small games and puzzles
- Q-tips
- Cotton balls
- Polish, polish remover
- Colored pencils
- Pens
- Pads
- Colored pencils
- Word search
- Adult coloring books
- Toothpaste
- Toothbrushes
- Candy
- Small surprises

- #2: Toiletry items, travel size
 - Toothpaste
 - Toothbrushes
 - shampoo and conditioner
 - bar soap
 - small combs

#3: Fleece

- 2 yard lengths
- washed in scent free detergent no softener or softener sheets
- Blizzard or anti-pill

Thank you for your help!!!! It is GREATLY appreciated!

Personal Safety for Women: The Modern Homemakers are inviting **EVERYONE** to join them on Thursday, September 21 @ 6:30 pm at Bartlett Chapel, Avon, for a presentation on



on Thursday, September 21 @ 6:30 pm at Bartlett Chapel, Avon, for a presentation on "Personal Safety for Women" by Officer Johnson. This presentation is appropriate for women/girls of all ages. Please use the following link to register: <u>https://</u> <u>hendricksco4h.com/MHSafety</u> or email Melissa Sexton, club member, at <u>Melis-</u> <u>sa@sextonstory.com</u>. Modern Homemakers will be collecting non-perishable items for the Blessing Box at the Hendricks County 4-H Conference Center. Come and join them for this <u>FREE EVENT!</u> Submitted by Ellen Looney



Come say **BON VOYAGE** to the **TREBLEMAKERS** before they leave to perform in Branson. Special concert featuring "Pre-Show" on Saturday, October 21 at 3 pm at the Hendricks County Senior Center, 1201 Sycamore Lane, Danville, IN. Refreshments following the concert. Donations are appreciated. Call Kitty for more information (317) 508-1439.

Isaiah 1:17 House

The Homemaker's Council was made aware of an opportunity for Hendricks County Extension Homemakers to support Department of Child Services (DCS) employees in coordination with the Isaiah 1:17 House.

What is the Isaiah 1:17? When DCS help remove children from unsafe homes, they are usually brought to an office to wait for foster placement. This can take a few hours or a few days. These children often have nothing with them. Isaiah 1:17 provides a comforting home where children can be brought to instead. A place to wait that is clean, safe, and provides things they need. Here is a link to a video to learn more about the Isaiah 1:17 House: <u>https://youtu.be/Qt3I5Wqa_-E?</u> si=hR1Lv4GNd7ZYJe1H

There have been some Isaiah 1:17 houses built, and there is one being built which will be located in Boone County that will serve children in Hendricks, Montgomery, and Boone County. The Isaiah 1:17 House has a signup list for groups to take a month and provide pick-me up/treat items for the DCS employees in these three counties. The County Council decided to support this community service in the month of August.

Treats were purchased with the theme-"Yellow Sunshine" in mind. Each county (Hendricks, Montgomery, and Boone) received a basket with yellow, sunshine themed items such as popcorn, hand sanitizer, lemon-printed notepad, water bottle-lemonade packets, and ChapStick. These pick me up items helped bring a smile to the DCS employees who have a very difficult job faced with many challenges.

Respectfully submitted, Shannon Wagner



First Books For Kids

Our county will again be participating in the First Books For Kids IEHA Program. Each month we go into the local Head Start Preschool Center and read a book to each of the 2 classes and then give each child in the class a copy of the book that was read. I have the dates when we will be reading and am scheduling volunteers to read. If you are interested in participating as a reader, please contact me at <u>jisell28@gmail.com</u> The time spent with the children is always fun for the reader and a great time to promote the love of reading. Joanna Sell, Coordinator



CLUB NEWS—"Take Time to be Thankful"

Chat'n Do Homemakers:

Chat'n Do Homemakers held their August meeting at the home of Judy Ricketts. Thirteen members and 2 guests attended. Deb Culler gave a Health and Safety Report on "Walking Off the Midway Munchies". Our president, Karen Hole, gave a report on the August Council Meeting. We are responsible for planning International Day. The date is Tuesday, October 24 at 6:30 p.m. at the Fairgrounds. A committee was formed to work out the details for the event, and then report back to the club at our September Meeting. Following the meeting Judy served a salad bar lunch and zucchini cake with cream cheese frosting for dessert. Deloris Elza will host our September meeting.

Fairfield Homemakers:

The members of Fairfield Homemakers are looking forward to our September meeting and pitch-in luncheon. Our semi-annual message to everyone is "Sharing the roads with farmers all year, planting and harvesting seasons." (Included in the newsletter) We all can be reminded of the do's and don'ts to be good neighbors and share the public roads SAFELY with each other. Be alert, patient and understanding for the growers/farmers of our food while they are traveling on the roads and in the fields. (Submitted by Helene Reyburn)

Happy Homemakers:

The Happy Homemakers started this year with an absolutely gorgeous afternoon at Patty Ramsey's log cabin in Dover, IN. After a fun wiener roast and delicious food, ten members circled our chairs under the spreading branches of a big beautiful tree by the pond for our meeting. As a comfortable cool breeze was enjoyed, we departed rested, relaxed with happy thankful hearts. We were indeed HAPPY homemakers with feelings of "a little bit of what heaven must feel like!"

We are delighted to welcome four new members to our club. They each have jumped in and willingly made such big contributions that we feel very blessed.

We've also enjoyed two field trips. In August after our meeting we carpooled to the Wildflower Farm between Jamestown and Lizton. Several of us picked beautiful flowers to take home. After our September meeting we visited the small but unique garden of Kathy Lands in Pittsboro. She has an artistic talent of incorporating objects, which most of us would probably toss out, into unique and intriguing landscapes. It was indeed interesting and delightful visiting this garden. Thank you, Kathy!

We are looking forward to a wonderful old fashion thanksgiving meal at the Golf Club of Indiana in November. (Submitted by Naomi Cook)

Hazelwood Homemakers:

The month of October starts the 'holiday season.' The next few months will be busy with Halloween, Thanksgiving, Christmas, parties, holiday fest, family gatherings, etc. My favorite time, though, is Thanksgiving and the reminder of how much we have to be thankful. I thought of that while I was at our club's meeting this month. I looked around the room and could think of how thankful I was for the group of ladies. Each one have talents and skills; each one adds something to our club and without them it just wouldn't be the same.

Our club had a wonderful time this month learning how to make a card, that we can send to encourage someone. We are looking forward to going to Brown County next month and enjoy a day together.

Modern Homemakers:

For our August meeting we took the opportunity to support our senior community by attending the fundraising event for Hendricks County Senior Services. The Hendricks County Music Spotlight Concert has been one of the largest fundraising events for HCSS for the past 10 years. It was an entertaining and enjoyable evening with a variety of music and lots of laughs held at the historical Royal Theater in Danville. Complete with concessions and Elvis! The event raised over \$4,000 which will go a long way in continuing to provide needed support to our senior community.

There is an underlying theme of being thankful in the fall season. As we are busy preparing for and participating in fall and holiday activities with our clubs, our friends and our families, remember to be in the moment because those moments make memories.

NOTE: We'd LOVE to hear the news from your club please send future submissions to Melissa Phillips at PCS.ServingHim@gmail.com. Check the first page for the next submission deadline.)



International Day "Evening"

Mark your calendars now for the Hendricks County Extension Homemakers biannual International Day. This year, the event will be held on Tuesday evening, October 24, at 6:30 PM in the Conference Room at the Hendricks County 4-H Conference Center. (See flyer on page 4.)

Our speaker will be Susan Ament who has taught Spanish and German at Plainfield High School for 30 years. She has led students and their chaperones on 12 trips to Germany starting in 1997 through 2019. Susan will be giving a PowerPoint presentation on mainly Bavaria and Austria. Since we will be nearing the holiday season in late October, she will be placing special emphasis on the ChristKinkl Markts. There will be a display of many German items to view. Following the program, refreshments will be served with samples of several delicious German foods. Do plan to come and bring a friend.

Pre-registration will be needed by calling the Extension office at 317-745-9260 by Monday, October 16th, or email Lisa Pitts (pitts15@purdue.edu). There will be a \$5 fee which can be dropped off at the office or mailed to: Hendricks County Extension Homemakers, ATTN: International Day, 1900 E. Main St., PO Box 7, Danville, IN 46122. Checks should be made out to Hendricks County Extension Homemakers. Submitted by Judy Heffelman, Chat'N **Do Homemakers**

Open to the public; everyone welcome! GUEST MUSIC PRESENTER CRAFTS TASTINGS PRIZES October 24, 6:30 PM Hendricks County Fairgrounds 1900 E Main St,

Cost is \$5 Registration required by 10/16/23. RSVP by calling 317-745-9260.

Danville, IN 46122

INTERNATIONAL FEST

GERMANY

Homemaker Recipes in the Danville Republican Newspaper

Each month a different Homemakers Club is chosen to submit recipes for publication. One recipe is printed each week of the month. 5-7 recipes are asked from each Club for your "assigned" month. Our friends at the Republican are very generous with the space they allow for the recipes and stories. If you have a story about why a recipe is in your personal recipe book and why you would like to share it with others, please include the information on the form.

Please send the recipes to me by the 15th of the month **BEFORE** your Club's assigned month. For example, if you are scheduled to provide recipes for May 2023, please provide the recipes to me no later than April 15th so I can get them to the newspaper early. It is appreciated that all the recipes for a Club come to be as

one group email or at least together at the Extension Office. It becomes too hard for me to keep track of items that come trickling in. If you have questions, don't hesitate to ask.

Ellen Looney 317-797-8368 | Ellen looney@yahoo.com

2023 Monthly Assignments:

October — Chat 'N Do November — Happy Homemakers December — Hazelwood Homemakers

Cinnamon-Roll Apple Treats

Make your family a warm, delicious treat this Fall with only two ingredients! Get 1 can (8 count) of your favorite container of Cinnamon Rolls and a 21-oz can of Apple Pie filling. Then, preheat your oven to 375°F. Chop the Apple Pie filling into coarse pieces. Open the roll of cinnamon rolls and take each cinnamon roll and push each one into a regular-size muffin pan. Fill with roughly two heaping tablespoons of the apple pie filling. You may have extra filling. Bake for 15-20 minutes until bubbly. Cool for 5 minutes. Drizzle the icing from



DOOR

the cinnamon rolls evenly over each one. Yummy!!! Enjoy!



Questions: Cindy Saferight 317-831-6821 or you can text 317-682-7062

Sharing the roads with farmers all year, planting & harvesting seasons

Whether the farm equipment be a tractor-trailer hauling grain, a tractor with oversized tillage tools, spraying equipment or supply trucks with seed, chemical or fertilizer – all travel Hendricks County roads and highways with you. Safety while sharing the road is important to avert a potential tragedy for farmers and motorists.

Planting and harvest seasons are time-consuming, weather dependent, and require long hours. Farmers may travel the roads during traffic rush hours or at dawn or dusk. Remember, farmers are traveling to and from work also. **Caution and respect for the use of the road is required.**

The public needs to be alert for slow moving vehicle signs (the reflective SMV triangle) or the flashing yellow lights which mean the vehicle is traveling 25 mph or less.

Drivers need to be patient with over-sized, slow-moving equipment. The growers of our food have to follow many regulations to make their equipment visible to drivers. Be ready to slow down and do not pass on hills, curves or bridges.

Tractors and self-propelled equipment are equipped with mirrors to make farmers aware of traffic behind (but there still may

be blind spots). Farmers need to find a safe place to pull over. For oncoming traffic, pull to the right, slow down or stop for the equipment to pass. **The motorist must be ob-**

servant of the surroundings as the equipment has to dodge mailboxes, utility poles, road signs, deep ditches and narrow bridges. For equipment that is folded upwards, be aware the utility wires could become snagged.

Here are several Do's and Don'ts to help guide the non-farmer driver:

- **Do not** approach moving equipment in the field or on the road as the farmer may not see the bystander. Wait until you make sure the farmer sees you.
- Do not assume farmers see you at an intersection. Tractors, trucks and combines have blind spots and if pulling heavy equipment, stopping is difficult.
- **Do** pull over as far as is safely possible when approaching farm equipment.
- **Do not** try to pass farm equipment on a double yellow line.
- Do not pull over opposite mailboxes, utility poles, road signs and narrow bridges.
- **Do** be alert, patient and understanding.

Let's all be good neighbors and share the public roads safely with each other.







17th Annual Bundle Up Hendricks Co Coat Giveaway!



We are collecting winter coats Sep 24th - Oct 7th

For drop off locations, please visit <u>www.bundleuphendrickscounty.org</u>

The coat giveaway will be held for the community on

Oct 14 from 10a-2p @ HC fairgrounds Classroom A

Information about the Energy Assistance Program will be available

Held in partnership with:

- Plainfield Federation of Churches
- Just Be Kind Club
- Prevent Child Abuse Hendricks Co.
- Hendricks Co. 4-H Fairground & Conference Center

Letter to the Edítor

The two pictures on the left are on display at the Avon Public Library. The one on the right is the Extension Homemaker's display window at the Fairgrounds.

The Hendricks County Extension Homemakers is approaching our Bi-Centennial in 2024. There will be lots of opportunities to share all those older boxes of pictures: here and there.....

