## **Microwave Cooking**

(Not a State Fair Project)

(To enroll in the Microwave Cooking project, select <u>Foods: Microwave Cooking</u> in 4HOnline.)

## New exhibit requirements have been added to each food item.

Level A: Grades 3 – 4:

Choose one:

Fudge- 6 (1"-2" squares)

Microwave Snack- 1 full batch or 3 individual servings

Level B: Grades 5 – 6:

Choose one:

Bar Cookies – <u>6 (2"-3" bars)</u> Brownies – <u>6 (2"-3" squares)</u>

Upside down cake - 1 cake

Level C: Grades 7 – 9:

Choose one:

Candy – 1 full batch or 3 individual servings

Coffee Cake – 1 full cake or 3 individual servings

Fruit Crisp – 1 full batch or 3 individual servings

**Level D: Grades 10 – 12:** 

Choose one:

Bundt Cake- 1 full cake or 3 individual servings

Double Layer Cake - 1 full cake or 3 individual servings

Jam – **1 jar** 

Jelly – 1 jar

**Meat Dish** 

Pie- 1 full pie

Modified: 11/15/2019, 11/2020