



Mental Health **FIRST AID**

from NATIONAL COUNCIL FOR MENTAL WELLBEING

LOCATION

**WELBORN COMMUNITY ROOM
20 NW 3RD ST
EVANSVILLE, IN 47708**

MARCH 4, 2026

**8:30 AM - 3:30 PM
CENTRAL TIME**



Extension

WWW.PURDUE.EDU/HHS/EXTENSION/MHFA

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WHAT IS MENTAL HEALTH FIRST AID?

Mental Health First Aid (MHFA) is a skills-based training that teaches people how to identify, understand, and respond to signs and symptoms of mental health or substance use challenges.

This program builds health literacy and offers participants a practical action plan for how to identify and address someone with a mental health or substance use challenge safely and responsibly.

COST

\$130 (includes a manual, participant processing guide, access to the online resources, and materials and refreshments the day of class)

SIGN UP BY

February 18, 2026

Advance sign-up and online pre-work required

CONTACT

Meagan Salomon, brotherm@purdue.edu, 812-435-5287

Tonya Short, short43@purdue.edu, 812-882-3509

TO LEARN MORE AND REGISTER:

<https://cvent.me/3xZQvZ>

If you are in need of accommodations to attend this program, please contact Meagan Salomon at brotherm@purdue.edu or 812-435-5287 by February 18, 2026.

If you need an interpreter or translator, please contact Meagan Salomon at brotherm@purdue.edu or 812-435-5287 by February 18, 2026.

For special dietary needs, contact Meagan Salomon at brotherm@purdue.edu or 812-435-5287 by February 18, 2026.