# Purdue Extension Vanderburgh Co.

## 2019 Annual Report



Extension VANDERBURGH COUNTY



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### At a Glance

# 15,670

Educational contacts by Extension Educators and the Extension Youth Assistant

277

Health & Human Science Volunteer Hours 21,322

Volunteer hours turned in by 299 Master Gardeners

8,561

Educational contacts through the Nutrition Education Program 196

**4-H Volunteers** 

**753** 4-H'ers & Mini 4-H'ers



**Extension Homemakers** 

### What is Purdue Extension?



Extension VANDERBURGH COUNTY

The Cooperative Extension Service is one of the nation's largest providers of scientific, research-based information and education. It's a network of college, universities, and the U.S. Department of Agriculture, serving communities and counties across America.

**Purdue Extension** is a service tailored to meet the needs of Indiana, needs we know firsthand. Our educators, specialists, and volunteers live and work in all 92 Indiana counties. We provide the link between Land Grant research and Indiana citizens. We provide practical solutions to local issues. We provide information and expertise that's available in the form you want, when you want it.

Purdue Extension ... Indiana's Educational

**Partner for Life!** 

### **PURDUE EXTENSION PROGRAM AREAS**

#### Health & Human Sciences

Purdue Extension Health and Human Sciences provides education to people of all ages in Indiana's 92 counties. The community is our classroom – where we bring university information to the local level and help people strengthen families, spend smart, eat right, and live well.

#### 4-H Youth Development

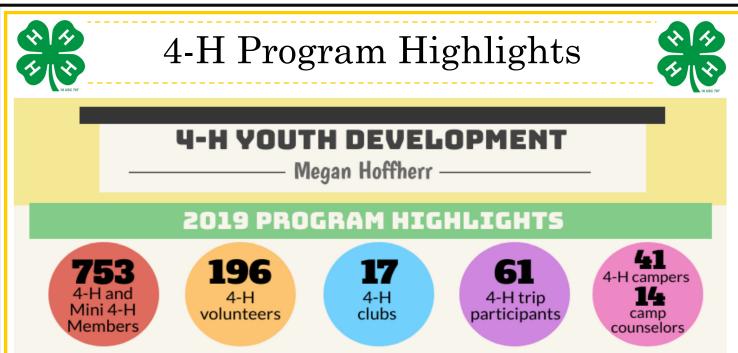
A dedicated network of Extension educators, parents, local leaders and volunteer staff, makes Indiana 4-H one of the most valued youth programs in the state. Purdue Extension youth educators develop individual talents, life skills and leadership abilities among Indiana's young people through the traditional venue of 4-H clubs and county fairs, but also through field-tested school enrichment materials and local-led community programs.

#### Agriculture and Natural Resources

Extension Educators with agricultural and natural resource specialties offer programs and information on agricultural production and financial management for farmers, food and fiber processors, manufacturers and consumers. We also provide expertise in environmental issues, natural resource conservation and land use.

#### Nutrition Education Program and Community Wellness

The Community Wellness Coordinators will improve nutrition and health in limited-resource communities by concentrating on Nutrition Education Program's (NEP) five focus areas: nutrition, physical activity, food security (hunger), food safety and food resource management (stretching food dollars) through policy, systems, and environmental changes. The Community Wellness Coordinators (CWCs) will build on the work that our current NEP Assistants are already doing. However, instead of providing lessons and education for groups or individuals, the CWCs will concentrate on broad community change, and champion policy and system changes, shown to be more effective than nutrition education alone. To that end, CWCs will partner with Extension Educators to build a community plan to create and implement nutrition and health initiatives. The main goal of the CWC is to help make the healthy choice the easy choice.



### **Civic Engagement and Leadership**

- Provided leadership training to 4-H club officers to equip them to lead their 4-H clubs. As a
  result, 84% of participants learned how to be a better leader in their club, 78% learned how
  to be better at communication, and 86% feel they can now do a good job as an officer.
- On a 2018 4-H survey, youth reported that bullying was an issue that 4-H could help address. As a result, I led 8 volunteers through activities related to bullying at a training event. All volunteers reported that they learned something new to use with 4-H members.
- To help youth develop the skills to apply for scholarships, I led a Scholarship Workshop for 5 youth and 4 adults. All participants felt more confident in completing scholarships and learned something new about completing scholarships, cover letters, and/or resumes. I provided feedback to 10 youth on their application.
- To prepare youth for careers in trades, we planned and led the Investigate Trades Spark Club. At the program, 15 youth in grades 6-9 participated in activities on career exploration, money management, and digital citizenship, toured SICTC and heard from industry experts. As a result, 93% reported that the program helped explore future career options. 93% of participants now have a better idea of what they might actually do after high school.



### Healthy Living

 The Posey County 4-H Educator and I planned and led 4-H Camp for 59 campers with the help of 17 high school counselors. We chose to increase healthy living education by offering extra healthy living activities including a color run, obstacle course, and class on healthy living. As a result of camp, 94% camp counselors reported that they always or usually have the confidence to speak in front of groups. 100% of participants felt they can comfortably work with adults and resolve differences in positive ways.



 To provide volunteers with grab and go resources, I met with 3 other Educators to develop volunteer toolkits in each of the mission areas and college/career readiness for volunteers to check out from our offices and use with 4-H members. Lesson plans were developed and kits are now available for leaders to check out.



4-H Program Highlights

### 4-H Program Recruitment/Expansion

• To recruit new 4-H members, we hosted a Get the 4-H Scoop ice cream party. At the event, 25 youth and their families enjoyed ice cream while learning more about 4-H. I shared a presentation with parents about 4-H, frequently asked questions, and answered the many questions they had. While I was talking with parents, 16 youth and adult volunteers led the young people through hands-on stations about 4-H. One station focused on community service and participants made 40 treat bags for cancer patients. At another station, youth explored STEM makerspace activities and the final station focused on teambuilding.



- To ensure that club leaders understand the guidelines of the 4-H program and to get to know them better, I began meeting with head leaders for club reviews. Over the course of 5 months, I met with 30 club leaders from 17 clubs.
- To better meet community needs, I developed a role description for a 4-H Youth Development Advisory Committee member and invited 8 community members to serve on this committee. Six members attended the first meeting and provided excellent feedback.



### Science/Agriculture

- To promote STEM education, a team of Educators and I led a Coast Into STEM Spark Club at Holiday World. At the event, 27 youth completed 6 experiments related to rides. As a result, 100% of participants reported that they like science, 87% reported they would like a job that uses science and 74% reported they learned new things about engineering. Seven of the Vanderburgh participants were brand new to 4-H and for 22% of participants, it was their first time participating in a 4-H activity.
- I met with all current livestock superintendents, developed project leader expectations, restructured the livestock program, and reviewed the animal rules we have in place. We removed several barriers in the livestock program and made rules easier to understand. As a result of these changes, the livestock program has become more positive and focused on working together and teaching youth rather than focused on rules and penalties.
- To excite youth about science, I taught Game Changers to 15 students at Holy Spirit school. Youth were engaged and wanted to learn more about coding.
- Partnered with the YMCA to offer a Clover Gaming Spark Club led by a 4-H volunteer. Seven youth new to 4-H participated in the program. Survey results show that 100% of the participants like science and 83% like engineering. In addition,All participants reported that the program helped them identify things they are good at, 83% reported that the program helped explore future career options, and 67% felt the program helped them identify one or more careers that might be a good fit for them.





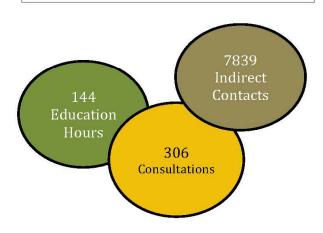
### Health & Human Sciences Highlights



### 2018-2019 Program Highlights

### FAMILY

- Purdue Extension became the sole provider of the mandated parenting class for divorcing couples with children in June 2019. From June through August, six classes were provided to 124 men and women, impacting nearly 150 youth under 18 years old. Parents learn about the impact of divorce on children, ways to communicate effectively, and methods for selfcare.
- Block Party provides an opportunity for parents and childcare providers to learn about and engage with blocks as a vehicle for learning physical, social, math, science, and reading skills. Two parties were held in 2018-19, reaching 35 youth, 10 parents, and 5 childcare providers.
- Provided two trainings to childcare providers and parents using I am Moving, I am Learning to increase knowledge and intent to build brain development and healthy habits through play. A total of 145 men and women attended the trainings.





### FOOD

- Through a partnership with Gilda's Club of Evansville, the Healthy Kitchen Series was developed using relevant topics as well as topics gathered through a needs assessment of clients of the organization. A monthly, one-hour, hands-on educational lesson was provided to anyone affected by cancer. Participants listened to a lecture from the Educator, then engaged with a food demonstration or tried a new recipe. Feedback from participants indicates a positive experience. "Inspired me to start a compost heap." "New ideas on how we can combine food and we need to get all of our food groups together." "Inspired me to make and consume healthy snacks." "I may try meatless meals now." "Took away the uncertainty of eating meatless."
- Provided food safety training to 66 men and women for ServSafe certification, and 60 men and women in non-profit and childcare settings.
- Food preservation demonstrations were conducted at three local farmers market days, reaching approximately 75 men and women. A hands-on workshop on jams and jellies was provided to 9 men and women.

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### Health & Human Sciences Highlights

### Extension

### **HEALTH**

- Provided hands-on handwashing lessons to 25 total youth in two classrooms. They learned when and how to wash hands, and engaged in a glow germ experiment to see how well they can wash hands.
- Through a request from the Catholic Diocese Wisdom Day, I presented a talk on my cultural immersion experience to the Blue Zone of Ikaria, Greece to a group of 250 men and women. The focus was on the secrets to aging well.

Basic financial literacy activities were presented to a group of 15 youth as part of the Trades Spark Club. Youth learned about income, expenses, and budget basics.

HEALTH AND HUMAN SCIEN

Through a partnership with Little Lambs, I provided three lessons on food budgets, debt reduction, and setting financial goals to a total of 8 families.



#### 2019-2020 Program Goals

- 1. Equip families, individuals, and communities to maximize their psychological, social, physical, and emotional well-being.
- 2. Provide guidance on food choices and meal preparation to improve lives through healthy
- 3. Build a foundation for healthy communities and a productive society by addressing issues across the lifespan.
- 4. CED goal: Secure funding to support community efforts through county contractual services and support for fee-based programming and grants by educators.



Meagan Brothers, Health & Human Sciences 812-867-4935 brotherm@purdue.edu

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### MONEY

### School Enrichment Highlights

Purdue Extension - Vanderburgh County offers a wide range of school enrichment programs throughout the community. Taylor VanMeter teaches a variety of different programs with the hope of making a difference in the lifestyles of youth ranging in age from pre-kindergarten through sixth grade. The school enrichment programs are taught in schools throughout Vanderburgh County; both public and private. The program areas focus on different topics regarding nutrition, anti-bullying practices, character building, babysitting and much more. Through school enrichment programs, students receive an interactive, hands-on approach education in a variety of subject areas.



*Harassment Hurts* is a program developed to focus on anti-bullying in 3<sup>rd</sup>-5<sup>th</sup> grades. Bullying is an epidemic in our country and 90% of 4<sup>th</sup>-8<sup>th</sup> graders report being victims. This program offers ideas on how to deal with certain types of bullying; i.e. gossip/ rumors, taunting and teasing, and physical bullying. The program provides video clips of kids in different situations and shows the best ways to deal with each type of bullying. The students also take part in role playing, classroom discussion, and worksheets. Each

day 160,000 students skip school as a result of bullying and the hope is that these numbers will decrease once kids start to understand better what they should do, should they be in a bullying situation. The scenarios given in the program bring to life possible situations that a 3<sup>rd</sup>-5<sup>th</sup> grader may find themselves in. Lisa VanMeter, third grade teacher at Cynthia Heights Elementary School, had this to say about the *Harassment Hurts* program: "We love that students can relate to the examples and situations discussed that are on their level and relevant to their life."

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CHARACTER	/ORTHINESS	T	T	T		
COUNTS	RUSTWORT	RESPEC	RESPONSIBILIT	FAIRNE	CARING	CITIZENSHIP
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*Character Counts* is a program developed to teach students the importance of being a trustworthy, responsible citizen of their community. The students learn that they are an important part of numerous different communities, including their home, school, and the town they live in. They are encouraged to look at and focus on the six pillars of character. These pillars include trustworthiness, respect, responsibility, fairness, caring, and citizenship. The students participate in a variety of hands-on activities and role play situations where they are asked what they would do in certain situations. They also watch video clips pertaining to each pillar and answer questions regarding how the characters in the clips acted and discuss if they would do the same thing. Tekoppel Elementary 4<sup>th</sup> grade Teacher, Nancy Tabor had this to say about the Character Counts program: "I loved the focus on the pillars of good character. It was easier to reinforce these words after the program. I look forward to having this program again next year!" Her students; Lexi, Aiden and Keelie stated "I liked the activities! I understand the words better now. This was a fun program!"

Taylor VanMeter, Extension Youth Assistant

### Nutrition Education Program Highlights

### NEP Mission

The Nutrition Education Program is a program for limited-resource audiences operating in partnership with Purdue Extension, Indiana Family and Social Services Administration, and the National Institute of Food and Agriculture and Food and Nutritional Services. In 2014, NEP provided this program in 91 Indiana Counties.

NEP serves SNAP recipients and SNAP-eligible persons, such as singles, homeless, migrants, single mothers, families with and without children, and the Division of Family Resources, schools, learning centers, libraries, WIC, healthy departments, Senior centers, congregate meal sites, shelters, and crisis centers. Purdue Extension NEP combines efforts of the Family Nutrition Program (FNP) and the Expanded Food and Nutrition Program (EFNEP) in providing and teaching nutrition curriculum to empower SNAP-eligible audiences to make healthy lifestyle choices through education and engagement of individuals, families and communities in support of policy, along with systems and environmental change.

We envision a healthier Indiana where access to healthy food increases, obesity rates decrease and communities support healthy lifestyle choices for everyone. NEP in Indiana is funded by two federal funding streams. These are SNAP-Ed and EFNEP. SNAP-Ed - Supplemental Nutrition Assistance Program Education (1994) EFNEP - Expanded Food and Nutrition Education Program (1969) Programs merged in 2009



# Nutrition Education Program Adult Highlights

Since 1997, Tena Jones has played a vital part in the Nutrition Education Program with Vanderburgh County Extension. She feels fortunate to have so many area agencies utilize the helpful lessons that this program provides and loves spreading her knowledge with them. The "Eat Smart and Moving More" (ESMM) curriculum is a research-based program that is fun, hands-on and easy to understand.

### The Nutrition Education Program (NEP) works with limited-resource audiences in 5 areas:



The highly interactive lessons help participants to \*Plan nutritious meals \* Be Active \* Handle food safely \* Spend food dollars wisely \* Improve food purchasing and preparation skills \* Find out about SNAP benefits and other community resources

### **Agencies Served:**

Examples of Agencies and Programs served are Carver Senior Center, United Neighborhoods of Evansville, Stepping Forward, House of Bread and Peace, Lucas Place, Ozanam Shelter, Albion Fellows Bacon Center, The YWCA Shelter and many of the Evansville Housing Authority's Housing sites.

Tena has also participated in several area health fairs this past year, which promote NEP's message and programs. It's a great opportunity to offer education and resources and give visibility to the great programs offered through Purdue NEP.

### **Connect with NEP on Social Media:**

The Nutrition Education Program has developed a social media presence. Tena



follows up with the referrals that are received from the EatGatherGo website by contacting those requesting Free Lessons. Follow Purdue NEP on Facebook, Twitter, Instagram and YouTube!



### Impact in 2018-19:

In the program year, Tena continued to bring the Nutrition Education Program to the target audiences in Vanderburgh County by partnering with various community agencies and programs. Tena has taught 152 lessons, impacting the lives of over 700 individuals.



Extension NUTRITION EDUCATION PROGRAM Tena Jones, Nutrition Education Program Assistant



# Nutrition Education Program Youth & Adult Highlights

#### The Nutrition Education Program – Target Audience:

\*SNAP/EFNEP recipients

\* Limited resource individuals of all ages (including youth, seniors, single, homeless, migrants, families and single mothers)

\* Eligible schools -50% or more free and reduced lunch

### In Vanderburgh County, nearly 75% of EVSC elementary schools are eligible for NEP Programs.

So, what are healthy food choices? What is a balanced diet? Students investigate these questions with the CATCH Curriculum. CATCH stands for Coordinated Approach to Child Health. It is for Students Pre-K through High School, Ages 3-18. This curriculum meets Indiana academic standards.



CATCH gets youth pumped about physical activity and healthy food choices with this highly creative and interactive, research-based curriculum. Emphasis is placed on GO – SLOW – WHOA foods.



### **LESSON TOPICS include:**

### Physical Activity, Energy Balance, Snack Preparation, Beverages, Fast Food, Screen Time, Breakfast

The students and teachers learn about making healthy choices, increasing exercise, fiber and avoiding "WHOA" foods on a regular basis. The children love the healthy snacks that they assist in preparing for everyone to sample. Occasionally, some are trying new foods for the first time. Students are thrilled to be able to take a new recipe with them to share at home with their families. Summer months are geared toward fitness, food and fun. Playing games and having a simple healthy snack are enjoyed with these classes to encourage healthy eating and getting up and moving.



#### Impact in 2018-19:

Michele Wilhite, NEP Youth Assistant, has taught classes in 8 different schools and summer programs in this past program year. Michele has brought NEP lessons to Vanderburgh County Elementary Schools, which include Lincoln, Highland, Harper, Hebron, Stringtown, Fairlawn, Joshua Academy and Caldwell YMCA during the summer. Teaching a series of 7 lessons to 48 different classrooms, Michele has taught a total of 316 CATCH Lessons. She has reached 6,461 students. They take home handouts, so the whole family benefits from this information.



Extension NUTRITION EDUCATION PROGRAM Michele Wilhite, Nutrition Education Program Assistant, Youth

# Nutrition Education Program Youth Highlights

Carolyn Schmidt, NEP Assistant, has been working with Purdue's Nutrition Education Program in Warrick County since September 1997 and in Vanderburgh County since July 2016. She has made an impact in the lives of many underserved adults and children during that time.

#### YOUTH PROGRAMS



Carolyn currently teaches Youth using the CATCH Curriculum. (Coordinated Approach to Child Health). The CATCH Program is based on the Centers for Disease Control and Prevention's Coordinated School Health Model, in which eight components work interactively to educate young people about and provide support for a healthful lifestyle.

Lessons provided in the various CATCH topics in Van-

derburgh County for program year 2018-19 are: Basic Concepts \* Beverages \* Bone Health \* Breakfast \* Fast Foods \* Snacks. Carolyn taught lessons in various Classrooms in Vanderburgh County. Schools including Vogel, Cedar Hall, Stockwell, and Vogel Elementary After School Program.

**Impact in 2018-19:** Carolyn positively impacted nearly 1200 students by teaching a series of 6 CATCH lessons in 16 different classroom settings, making a total of 120 CATCH Lessons.





### ADULT PROGRAMS

Carolyn also has provided the *Eating Smart Moving More (ESMM) lessons, Shop: Get the Best for Less*" and *"Shop for Value-Check the Facts"* lessons at the Evansville Christian Life Center each month.

**Impact in 2018-19:** Carolyn taught 12 lessons, averaging 15 participants a lesson, in total impacting nearly 200 adults.



### NEP MISSION

The Nutrition Education Program is a program for limited-resource audiences operating in partnership with Purdue Extension, Indiana Family and Social Services Administration, the National Institute of Food and Agriculture and Food and Nutritional Services. In 2014, NEP provided this program in 91 Indiana Counties. NEP serves SNAP recipients and SNAP-eligible persons, such as singles, homeless, migrants, single mothers, families with and without children, and the Division of Family Resources, schools, learning centers, libraries, WIC, healthy departments, senior centers, congregate meal sites, shelters, and crisis centers.



Extension NUTRITION EDUCATION PROGRAM Carolyn Schmidt Nutrition Education Program Assistant

# Nutrition Education Program Community Wellness Highlights

Purdue Extension leading the charge for community change

Purdue Extension's Nutrition Education Program Community Wellness Coordinators have served as the backbone organization since 2017 for the Healthy Communities Partnership. Lacy Wilson and Casey Williams continue to carry out the role of the backbone for the partnership. The backbone organization seeks to improve social outcomes by organizing cross-sector groups of partners to transform a community or to meet a goal.

In order to fulfill Evansville's vision of reducing childhood obesity by 20% by the year 2020 the backbone organizations essentially pursues six common activities to support and facilitate collective impact, which distinguish this work from other types of collaborative efforts:

- 1. Guide vision and strategy
- 2. Support aligned activities
- 3. Establish shared measurement practices
- 4. Build public will
- 5. Advance policy

Mobilize funding

Lacy and Casey have led each of the Healthy Communities Partnership workgroups to carry out and have successful completion of the initiatives. The 2019 Impact Statement highlights a few of each workgroup's successes.





# **EXECUTIVE SUMMARY**

"If we don't reverse the epidemic, the current generation of young people could be the first in U.S. history to **live sicker** and **die younger** than their parent's generation." – Trust For America's Health

**39%** of children are overweight or obese 21% overweight 18% obese

#### **Risk of Chronic Disease**

- High Cholesterol
- Diabetes
- Hypertension
- Sleep Apnea



### **28 K INDIVIDUALS IN VANDERBURGH COUNTY ARE "FOOD INSECURE"**

of parents believe their children are at a "healthy" weight.

**\$35,000** zoal

### HCP COMMUNITY IMPACT

- Collaborative partnerships for playground improvements and resourcing.
- Playworks training for after school staff, including EVSC, Dream Center, 4C of Southern Indiana, YMCA.
- 800 childcare providers trained on "Screen Time Guidelines" for youth.
- \$3,721.00 of produce sold in 8 weeks of "Pop-up Produce Stand" pilot.
- 12% increase in redemption of WIC Farmers Market Vouchers in summer 2018.
- \$3,000.00 of produce incentives at both Evansville Farmers Markets.
- New HCP promotional collateral including, website, Facebook page, 30 second commercial, Screen Time Awareness Campaign

\$17,500 raised CURRENT FUNDING STATUS MAY 2019

### healthyevv.org

### VISION

That today's youth live longer, healthier lives.

"Nearly **one-third** of children and teens are currently **obese** or **overweight**, which is putting them at higher risks for developing a range of disease and developing them earlier in life." – Trust For America's Health

### **OBJECTIVE**

Create policy, systems and environmental changes that address childhood obesity by making the **healthiest** choice the **easiest** choice.

"If we don't reverse the epidemic, the current generation of young people could be the first in U.S. history to **live sicker** and **die younger** than their parent's generation." – Trust For America's Health

## GOAL

To decrease the number of children in Vanderburgh County that are considered overweight or obese by **20%** by **2020**.



### Urban Agriculture Highlights



### Extension



The Purdue Extension Agriculture & Natural Resources educator provides education to Vanderburgh County residents in areas such as urban and traditional agriculture, horticulture, soil health, natural resource management and tree management.

#### **Urban Agriculture/ANR Numbers**

50 Learner Sessions

113 Learner Hours

346 Consultations

1,467 Direct Educational Contacts

130,942 Media/Newsletter Contacts

Andrew Smith

2019 Areas of Emphasis & Highlights:

#### Supporting Urban, Non-Traditional, and Traditional Agriculture:

- <u>Urban Agriculture Certificate Program</u>: Worked with colleagues from around the state to revise and reformat this program to make it more accessible.
- <u>Area Corn & Soybean Day</u>: Assisted with planning and facilitating the Area Corn & Soybean Day at the Vanderburgh 4-H Center. Approximately 56 people attended.
- <u>Community Garden Signature Program</u>: Led a statewide team of educators in developing a new Community Garden Signature Program to help community gardens be successful.
- <u>Greater Evansville Community Gardeners</u>: Organized a local group of community garden representatives. We have met four times and are planning our first outreach event for March.
- <u>Urban Agriculture Team</u>: I meet regularly with colleagues to discuss the future of urban agriculture within Purdue Extension. Evansville will be hosting the Urban Agriculture Team meeting in April.
- <u>Growing Hemp in Indiana Workshop</u>: Hosted an informational workshop on growing hemp in Indiana. The event was held at the Vanderburgh County 4-H Center. Approximately 179 attended.
- <u>Ohio Valley Small Farm & Garden Conference</u>: Hosted this event for small farmers and specialty crop growers in Vanderburgh County. Approximately 32 people attended this day-long workshop.
- <u>Participation in Local Working & Community-Action Groups</u>: Promise Zone Food Access Working Group, Evansville Area Food Council, PUSH IT (Promoting Urban Soil Health in Towns) working group, Vanderburgh County CISMA, and NRCS-USDA Soil Health Team

#### Helping Landowners/Stakeholders Manage Natural Resources:

- <u>Promoting Urban Soil Health in Towns (PUSH IT) local working group</u>: Facilitated bimonthly
  meetings of interested parties and individuals who seek to promote soil health in urban and
  suburban settings. Instructed group members on conducting urban soil health assessments.
- <u>Vanderburgh County Cooperative Invasive Species Management Area (CISMA)</u>: Participated in the local CISMA group. Made recommendations concerning natural resources.

### Urban Agriculture Highlights

- <u>Growing Vanderburgh County Newsletter</u>: Began circulation of a monthly community e-newsletter describing timely issues relating to agriculture and upcoming events of interest. Average distribution is up to nearly 5,000 individuals and businesses.
- <u>Erosion Control Workshop</u>: Presented to local consultants and engineers who specialize in storm water pollution prevention. Presented a one-hour presentation on the topic of residential lawn restoration. 47 attended.

#### Master Gardener Program:

- <u>Master Gardener Program Impact</u>: During the 2019 reporting year, Vanderburgh County Master Gardeners completed 21,322 volunteer hours in and near Vanderburgh County and educated 39,989 individuals while doing so. This volunteer time is worth over \$500,000.
- <u>Master Gardener Leadership Conference</u>: Attended and participated in the annual SWIMGA Leadership Conference. Led a discussion on how the group can recruit and retain members.
- <u>Master Gardener Program Curriculum Revisions:</u> Working with the State Coordinator to revise and reformat the basic training curriculum to make the program more accessible.

#### **Additional Activities:**

- <u>Professional Landscape Management School (PLMS)</u>: Hosted and administered the event for approximately 130 participants.
- <u>Advisory Committee Meeting</u>: I met with nine advisory committee members. We completed a needs assessment activity and the group identified eight key resource concern groups: wildlife management, food availability, water quality, soil health, gardening education, invasive species control, pesticide education/licensing, landscaping/lawn alternatives.
- <u>Welborn Foundation Grant:</u> Collaborating with office staff to develop and deliver school garden programming to four underserved schools in Vanderburgh County.

### Highlighted Events & Projects for 2020

- Professional Landscape Management School (PLMS) January 30-31, 2020
- <u>Right-of-Way Training Managing Invasive Species</u> February 6, 2020
- <u>School Garden Projects</u> monthly, ongoing throughout 2020
- Area Corn & Soybean Day February 18, 2020
- <u>Greater Evansville Community Gardeners Workshop</u> March 11, 2020

## **2019 Program Numbers**

### <u>4-H Program</u>

### **4-H Participants**

625
128
60
195
17

### 4-H Volunteers

4 <b>-</b> H	Volunteers	196
4 <b>-</b> H	Council Members	31

### 4-H Activities

Mini 4-H Day Camp	46
State Junior Leader Council	5
Performing Arts Contest	7
Fashion Revue	44
Robotics Contest	11
Public Speaking/Demonstration	
Contest	9
Shooting Sports Contest	44
Garden Contest	10
Tractor Operator's Contest	12
4-H Camp Counselors	14
4-H Camp	41
4-H Trips	61
Nutrition Education Drea	

### Nutrition Education Program

(Youth contacts included under	
School Enrichment Program.)	
Individuals	.1416
Group Programs Conducted	164

### School Enrichment Program

CATCH/Serving Up MyPlate	11,256
Ag Days	1037
Character Counts	
Harassment Hurts	
Happy Healthy Me	1420
Summer Outreach	
Babysitting 101	16
Victimproof	
-	

### <u>Health & Human Sciences</u> Educational Contacts

Consultations	
Indirect Contacts	9465
Human Development Progra	ms787
Money Programs	21
Food Safety Programs	225
Health & Nutrition Program	s272

### <u>Horticulture</u>

Master Gardeners	299
Individual Contacts	346
Educational Programs	50
Educational Contacts	
PLMS	130
Hort Alert Email List	.5000
Radio and Television Interviews	3

### **Extension Staff**



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Purdue University, Indiana Counties, and U.S. Department of Agriculture Cooperating

An Affirmative Action/Equal Opportunity Institution







