

EXTENSION EXPRESS!

Purdue Cooperative Extension Service -Vermillion Co.

WEBSITE: <https://extension.purdue.edu/county/Vermillion>

Indiana State Fair August 1-17

Dear Friends,

Once again, we are grateful to have worked alongside great volunteers for another fantastic event!

Thanks so very much to everyone who helped before, during and after the 2025 Vermillion County Fair! We sincerely appreciate your support and dedication to the 4-H program and the Fair. Whether you encouraged your favorite exhibitor(s); helped set up and/or clean up before, during, and after; provided financial support; shared words of encouragement; or assisted with building watch; your contributions are very much appreciated. We have had many positive comments about this year's fair, and we're already looking forward to 2026!

With sincere gratitude from all of us at the Purdue Extension Vermillion County Office,

Lori

Lori Bouslog, CED
Ext. Educator - HHS
lbouslog@purdue.edu
Ext. 332

Phil

Phil Cox
Ext. Educator - ANR
cox119@purdue.edu
Ext. 335

Morgan

Morgan Lutz
Ext. Educator - 4-H
mwillhit@purdue.edu
Ext. 337

Kealie

Kealie Tyler
Office Manager
tyler56@purdue.edu
Ext. 334

Margie

Margie Allee
Program Assistant/Secretary
mmallee@purdue.edu
Ext. 336



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Purdue University prohibits discrimination against any member of the University community on the basis of race, religion, color, sex, age, national origin or ancestry, genetic information, marital status, parental status, sexual orientation, gender identity and expression, disability, or status as a veteran.

If you are in need of accommodations to attend a program, please contact the host Educator prior to the meeting at least one week in advance. For special dietary needs, contact the host Educator prior to the meeting at least one week in advance.

If you need an interpreter or translator, please contact the host Educator prior to the meeting at least one week in advance.

MONTHLY PROGRAMS AT CLINTON PUBLIC LIBRARY

Lori Bouslog, HHS Extension Educator, offers monthly programs at the Clinton Public Library, 313 S 4th Street. The programs begin at 6:00 PM on the second level of the library. Programs offered include:



*Avoiding Fraud and Scams	July 21
*Clean Eating for a Healthier You	August 18
*Using a Smart Phone or Tablet	September 15
*Being Social Media Savvy	October 13
*Computer Basics	November 17
*Saving, Recovering, and Sharing Data and Files	December 15

Future programs will be the 3rd Monday of each month, unless otherwise noted!

VERMILLION PARKE HEALTH COALITION

Are you interested in the health of your community? Are you looking for ways to make a difference? The Vermillion Parke Health Coalition (130+ members) meets on the first Thursday of odd numbered months at 10:00 AM, with a hybrid format. The working groups include: Resource Manual, Food Insecurity, Connecting Health Care, Poverty, and Tobacco Cessation/Prevention, with several coalition members involved with at least one of them. If improving the health of your community is important to you, please contact Lori Bouslog at lbouslog@purdue.edu or call 765-492-5332 to discuss how you can be involved.



A SPRINKLE OF NEWS FROM SUE

I recently attended the Home and Family State Conference at Noblesville, Indiana, at the Embassy Suites. It was a delightful three days. On Monday, they had many craft and heritage skill classes. I made a pressed flower see-through decoration for my back door, a paper crafting project to look like fortune cookies, sourdough baking, and a bracelet made from beads and safety pins. There were many other choices too! There were breakout sessions on Tuesday, and I attended the Melody Makers Concert in the evening, which consisted of three hundred Homemakers throughout the state. They will be performing at the State Fair this year in August, too. On Wednesday, they installed the new state President, Cathy Wilkymacky. Her theme will be, "Planting Seeds that Grow Forever." I encourage everyone to join me next year when the Conference will be held in Brown County.

Mark your calendar for our next two Council meetings, which will be Tuesday, July 8 at 11:30 a.m. at the Covered Bridge Restaurant in Eugene, and Tuesday, September 9, at Off the Tracks in Dana at 11:30.

Bakersfest will be October 8 at the 4-H Community Building at the fairgrounds at 9:30, with the theme of All American Apples.

Sincerely,

Sue Weber, President
Vermillion County Extension Homemakers



LEADER LESSONS

There are several leader lessons offered for your club meetings, which are listed on pages 14-15 of the current Extension Homemaker program book. The lessons on the IEHA website, www.ieha-families.org, are also available for use throughout the year. Please contact Lori for copies of the lessons your club is requesting.

IEHA FALL DISTRICT MEETING

Extension Homemakers, please mark your calendar for the IEHA Terre Haute District Fall Meeting. Sullivan County will host on October 1st. More details will be shared as they are available. All IEHA members and guests are welcome!



2025 BAKERSFEST

Save Wednesday, October 8th, for Bakersfest! The featured ingredient this year is Apple. Please watch for additional information on the Purdue Extension Vermillion County website at <https://extension.purdue.edu/Vermillion> and the Vermillion County Extension Homemaker Facebook page.



PRESSURE CANNER DIAL GAUGE TESTING OFFERED

In order to ensure you are preserving foods safely, it is important to keep your equipment in good working order and in the case of pressure canners, that includes having the dial gauge tested each year. Purdue Extension Vermillion County is offering dial gauge testing for pressure canners. Please contact Lori at 765-492-5332 or lbouslog@purdue.edu to arrange for your pressure canner's dial gauge to be checked before you begin preserving foods this summer.



This Photo by Unknown Author is licensed under CC BY-SA-NC



Purdue Extension Vermillion County is partnering with the Vermillion County Health Department to offer **Dining With Diabetes** for adults with type 2 diabetes, or who are at risk of type 2 diabetes, and their family members, caregivers, and support persons. The program will help you learn the skills needed to promote good health. Dining with Diabetes consists of four sessions and a follow-up and is taught by trained educators.

The program includes:

- planning meals and snacks with delicious and healthy recipes
- cooking demonstrations and food sampling
- motivation and support — connect with others who are living with diabetes
- ideas for being more active
- an understanding of how diabetes affects your overall health

Vermillion County residents who have not attended a previous Dining With Diabetes class may attend at no cost. For those who have attended a previous class, the registration fee is \$40 per person, or \$65 for a couple. Registration will be online, with a link provided to those who are interested. Please contact Lori Bouslog at lbouslog@purdue.edu for more information and to receive the registration link.

A MATTER OF BALANCE will be offered again this fall in Vermillion County. The cost is \$25/person for the 8-session series. Participants must attend at least 5 of the 8 sessions to be considered complete. Minimum class size is 8 participants, maximum is 12.



**A MATTER OF
BALANCE**
MANAGING CONCERNS ABOUT FALLS

Managing Concerns About Falls acknowledges the risk of falling but emphasizes practical coping strategies to reduce this concern and remain active and independent. The program consists of eight, two-hour sessions led by trained facilitators. You should attend *A Matter of Balance* if you:

- are concerned about falls
- have had a fall in the past
- restrict activities because of concerns about falling
- are interested in improving flexibility, balance and strength

For more information or to receive the registration link, please contact Lori Bouslog at lbouslog@purdue.edu or 765-492-5332.



Fair Evaluation



Thank you all for a great 2025 Vermillion County Fair! We would not be able to do it without you! Your suggestions are highly valued, so please join us for our Fair Evaluation Meeting – Monday, July 7, 6:30 PM at the 4-H Community Building. The 2025 Vermillion County Fair will be evaluated on how to make 2026 even better for our youth!

Indiana State Fair

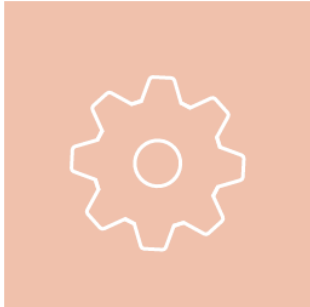
If your 4-H project had a “State Fair” ribbon on it, that means you are eligible to take that project to the Indiana State Fair. Congratulations! You will receive instructions about when your exhibit project is due at the Indiana State Fair. The Extension Office Staff does offer the option to take projects to the Indiana State Fair for you. Be on the lookout in your mail for more information.



INDIANA
STATE FAIR

Vermillion County 4-H Handbook

If you noticed incorrect information or feel there should be a change, clarification, typo, and/or addition, please let us know by emailing mwillhit@purdue.edu by September 1. Please be specific!



STEM



CIVIC ENGAGEMENT



AGRICULTURE



HEALTHY LIVING

All fair results will be in Fair Entry by July 11! Sign in to your Fair Entry account. Click “View Public Results” From there you should see all of the 4-Hers fair results. Please reach out if you see anything that needs updated or if anything is missing. We appreciate your patience.



Eugene Station Farmers Market

The Eugene Station Farmers Market is bustling with fresh produce, homemade goods, and community fun all summer and into early fall! Make plans to stop by and enjoy the best of what our local vendors have to offer.

This year, our 4-H Junior Leaders are excited to host the **POP (Power of Produce) Club!** The POP Club is a free, hands-on program designed to encourage healthy eating habits in kids ages 4-12. Each market day, youth can taste a featured fruit or vegetable, participate in a fun activity, and earn tokens they can spend on fresh produce at the market! It's a great way for kids to explore new foods, make healthy choices, and connect with local agriculture. Be sure to visit the POP Club tent at the market — we can't wait to see you there!



Location: 410 S Logan Street, Cayuga, Indiana

Time: 9:00 AM – 1:00 PM

Dates: July 12, July 26, August 9, August 23, and September 13



4-H Online Open Enrollment opens October 1, 2025



Don't delay! Enroll as early as October 1, 2025 for the new 4-H season. This will ensure you get all of the communication and information needed. If you are a first year 4-H Member, returning 4-H Member, or 4-H volunteer you must enroll/re-enroll each year through 4-H Online.

Step by Step Instructions: <https://extension.purdue.edu/4-H/get-involved/membership-join-a-club.html>

Link to 4-H Online: <https://www.4honline.com/#/user/sign-in>



4-H Fall Kick Off

We will have our 4-H Fall Kick Off on Saturday, November 8th at the Vermillion County Fairgrounds starting at 4 pm. All are welcome – you do not have to be in 4-H to come. We will have a bonfire, smores, large yard games, crafts, and much more! There will be a chance to sign up for the upcoming 4-H year, meet club leaders and current 4-H members, and get ideas on 4-H projects. We are very excited to celebrate 4-H and kick off the new 4-H year!



AGRICULTURE AND HORTICULTURE RESOURCES!

Have specific questions, call Phil at 765-492-5335 or email at cox119@purdue.edu



This Website Provides the Latest Corn Research and Management Information for Farmers and Agricultural Professionals www.thekernel.info

To see the current and past issues (and to subscribe) of the Pest & Crop newsletter go to:

www.extension.entm.purdue.edu/newsletters/pestandcrop The most recent issue (June 27) covers the following topics: Corn Earworm Trap Updates; Help Us Track Diseases In Corn and Soybean – Free For Indiana Growers Send Samples To Purdue Plant Pest Diagnostic Lab; Update On Disease Risk In Indiana Corn From South To North: Indiana's Corn Progress Update; Crusty Soil And Hemp Establishment; Maximum Weekly Planting Progress For Corn And Soy In Indiana: Has It Changed Over Time?; July 16: Get Paid For Your Opinions About Ag Climate Data; Feeling Hot, Hot, Hot.



Center for
Commercial Agriculture

For the current issue (& to subscribe) see: <https://vegcropshotline.org/> The most recent issue (June 27) of the Vegetable Crops Hotline Newsletter covers the following topics: Insect Trapping Updates; Pumpkin Weed Management FAQs; Insect Spotlight: Meet the Harlequin Bug!; Understanding Farm Decision-Making: Insights from the 2024-2025 Producer Survey; 2025 Spring Broccoli Evaluation; Performance of 15 June-bearing Strawberry Cultivars; OISC Clean Sweep Pesticide Disposal Program; Join a Black Soldier Fly Derived Compost On-Farm Research; July 16: Get Paid for Your Opinions About Ag Climate Data; Submit Your Topics for Indiana's 2026 Horticulture and Small Farm Conference; Discover Small-Scale Farming Solutions at Purdue's Educational Field Day; Indiana Horticultural Society Summer Meeting.

The Purdue Center for Commercial Agriculture has many reports, publications, podcasts, and webinars that can be found at <https://ag.purdue.edu/commercialag>

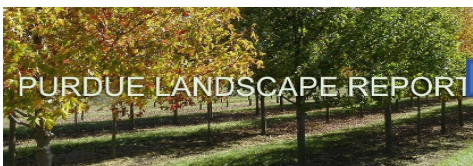
VEGETABLE CROPS HOTLINE

A newsletter for commercial vegetable growers prepared by the Purdue University Cooperative Extension Service



For the current issue (& to subscribe) see:

www.purduelandscape.report.org. The most recent issue (June 27) of the Purdue Landscape Report covers the following topics: Feeling Hot, Hot, Hot; Asian Jumping Worms; and What's Killing My Yews?



SOYBEAN STATION

DELIVERING FIRST CLASS SOYBEAN INFORMATION



Soybean Station is Purdue's hub for soybean information & research and is found at www.ag.purdue.edu/departments/agry/faculty-pages/soybean-station



For the current issue (& to subscribe) see: <https://fff.hort.purdue.edu>. The most recent issue (June 26) of the Purdue Facts for Fancy Fruit newsletter covers the following topics: In This Issue Crop conditions; Feeling Hot, Hot, Hot; July 16: Get Paid for Your Opinions about Ag Climate Data; Signs & Symptoms of Redbanded Leafroller; Share How Your Experiences of Past Extreme Weather Events Influence

Present-Day Farming Decisions; Performance of 15 June-bearing Strawberry Cultivars Grown in Plasticulture System for Two Seasons in Indiana; Indiana Hort Conference & Indiana Small Farm Conference are merging! Save the date and share your topic ideas; Pumpkin Weed Management FAQs; Indiana Horticultural Society Summer Meeting; Upcoming Events.

Tallgrass Prairie Hike at Jackson-Schnyder Nature Preserve – July 12

Everyone is invited to a tallgrass prairie hike at Ouabache Land Conservancy's (OLC) Jackson-Schnyder Nature Preserve, west of St. Mary-of-the-Woods College, on Saturday, July 12th from 10:00 to 11:30 am. Phil Cox, Purdue University Extension Educator, and Dr. Jim Nardi, University of Illinois Research Entomologist (retired), will lead hikers on the Julius Trail around the 4-acre tallgrass prairie identifying the native and invasive flora, pollinators, and other insects of the prairie, while discussing recommended native plants along the way. The preserve is located at 3635 W. Concannon Ave., West Terre Haute, IN 47885. Prairie dropseed and white false indigo plants will be available while supplies last. No reservations are required and participants are encouraged to wear long pants and sturdy shoes for this easy, free family-friendly hike.

Pollinator Celebration at the Clinton Public Library – July 21

Join Purdue Extension as we celebrate pollinators at the Clinton Public Library on July 21, 6:00 – 7:30 pm. Learn about pollinator conservation and receive free pollinator plants to take home with you. A dozen different species will be available to choose from, including butterfly weed (a species of milkweed with a beautiful orange flower), Sand Coreopsis, Broad-leaved Purple Coneflower, Rattlesnake Master, Purple Blazing Star, Wild Bergamot, Foxglove Beard Tongue, Black-eyed Susan, Little Bluestem, Rosin Weed, Showy Goldenrod, and Side-flowering Aster. This is a free program and no reservations are required. Anyone under 18 must be accompanied by a parent/guardian.

Purdue Small Farm Education Field Day at the Purdue Student Farm – July 24

For details see: <https://vegcropshotline.org/purdue-small-farm-field-day/>

2025 Indiana Pesticide Clean Sweep Project - Pesticide Disposal forms due August 8

The Indiana Pesticide Clean Sweep Pesticide Disposal Program is designed to collect and dispose of suspended, canceled, banned, unusable, opened, unopened or just unwanted pesticides (herbicides, insecticides, rodenticides, fungicides, miticides, etc.). This disposal service is free of charge up to 250 pounds per participant. Over 250 pounds there will be a \$3.00 per pound charge. This is a great opportunity for you to legally dispose of unwanted products at little or no cost. All public and private schools, golf courses, nurseries, farmers, ag dealers, public, cities, towns, municipalities and county units of government or others receiving this notice are eligible to participate. Each event is 9:00 am to 2:00 pm local time. Locations closest to Vermillion County are:

August 13, 2025: Vigo County

Keystone Cooperative, 2500 S. 13th St, Terre Haute, IN 47802

August 21, 2025: Hendricks County Fairgrounds

1900 E. Main St., Danville, IN 46122

For all locations/dates and more details see: https://oisc.purdue.edu/pesticide/clean_sweep.html



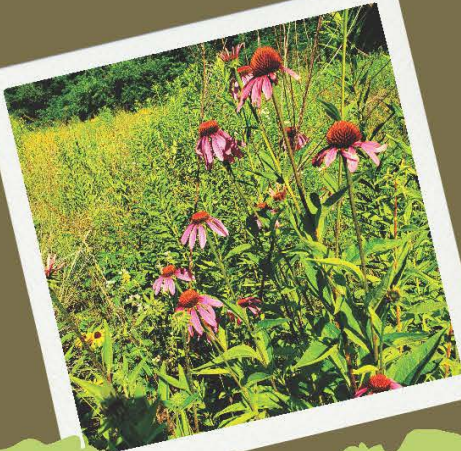
PRAIRIE WALK ADVENTURE

When: July 22 6:00-7:30 pm

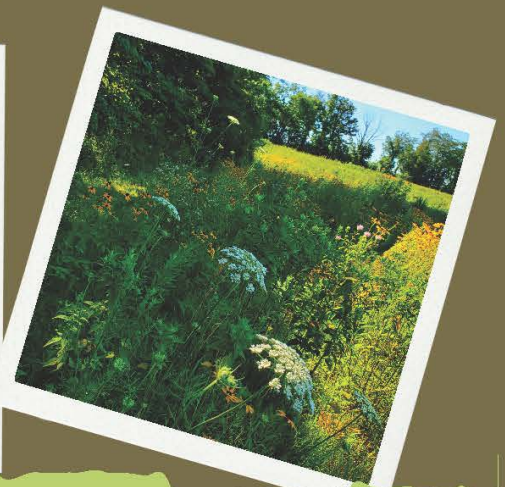
Where: 6540 W County Rd. 800 S,
Rosedale, Indiana (near Lyford, 0.7 mile
east of US Highway 41).

Parke-Vermillion Co. Master Gardener Association Prairie Walk

Everyone is invited to hear from Jim Nardi, retired University of Illinois research entomologist. Jim will share all about the plants, pollinators, and other insects that are encountered while leading a walk on the paths around the Ouabache Land Conservancy's Atherton Island Natural Area 4-acre prairie. No reservations required for this free family- friendly program.



Jim Nardi



Email questions to parkevermillionemg@gmail.com



IMPORTANT DATES

JULY

- 7- Fair Evaluation 6:30 @ Comm Bldg
- 8- Homemakers Council 11:30am
@ Covered Bridge Restaurant, Eugene
- 11- Fair Entry results ready
- 12- Farmer's Market 9am-1pm @ Eugene Station
- 12- Tallgrass Prairie Hike 10am @ Jackson
Schnyder Nature Preserve
- 21- Avoiding Fraud and Scams 6pm @ CPL
- 21- Pollinator Celebration 6pm @ CPL
- 22- Prairie Walk Adventure 6pm *see page 10
- 24- Purdue Small Farm Edu Field Day *see page 9
- 26- Farmer's Market 9am-1pm @ Eugene Station

AUGUST

- 8- Pesticide Clean Sweep disposal forms due
*see page 9
- 9- Farmer's Market 9am-1pm @ Eugene Station
- 13- Pesticide Clean Sweep 9am @ Keystone Coop,
Terre Haute
- 18- Clean Eating for a Healthier You 6pm @ CPL
- 21- Pesticide Clean Sweep 9am @ Hendricks Co
Fairgrounds
- 23- Farmer's Market 9am-1pm @ Eugene Station

SEPTEMBER

- 1- 4-H handbook changes due *email Morgan
- 9- Homemakers Council 11:30am
@ Off the Tracks, Dana
- 13- Farmer's Market 9am-1pm @ Eugene Station
- 15- Using a Smart Phone or Tablet 6pm @ CPL



LOOKING AHEAD...

OCTOBER

- 1- 4-H Online open for 2025-2026 enrollment!
- 1- IEHA Terre Haute District Fall Meeting
- 8- Bakersfest 9:30am @ Comm Bldg
- 13- Being Social Media Savvy 6pm @ CPL

NOVEMBER

- 8- 4-H Fall Kick Off 4pm @ Fairgrounds
- 17- Computer Basics 6pm @ CPL

DECEMBER

- 15- Saving, Recovering, and Sharing Data and Files
6pm @ CPL



Purdue Extension Office Vermillion County
703 W Park St, Cayuga IN 47928

WHAT'S INSIDE...

HHS monthly programs will be offered at Clinton Public Library on the 3rd Monday of every month, Vermillion Parke Health Coalition looking for volunteers, Homemakers report, Pressure canner dial gauge testing, Dining with Diabetes, A Matter of Balance, Eugene Station Farmer's Market, 4-H Fall kick off information, Fair Evaluation, Master Gardener's Prairie Walk, Pollinator Celebration, Tallgrass Prairie Hike, Purdue Small Farm Education Field Day, 2025 Indiana Pesticide Sweep Project.

Lori

lbouslog@purdue.edu

Pat

cox119@purdue.edu

Morgan

mwillhit@purdue.edu

Find us on Facebook at:

Purdue Extension
Vermillion County

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Vermillion Co. 4-H

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Vermillion Co. 4-H Jr. Leaders

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Vermillion Co. IN
Extension Homemakers



Extension - Vermillion County

Purdue Extension Mission: We deliver practical, research-based information that enhances lives and livelihoods.

Purdue Extension Vision: We will be a leader in providing relevant, high-impact educational programs that transform the lives and livelihoods of individuals and communities in Indiana and the world.



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Vermillion County Office
703 W. Park Street, Ste
Cayuga, IN 47928