

# GRAND ROUNDS 3.0

Professional development conference open to anyone who is interested in learning how to

*Refresh. Reset. Renew*

## Schedule for the Day and Session Topics

- 8:00 AM Check-in Begins
- 8:45 AM Welcome
- 9:00 AM Screen Time & Mental Health
- 10:00 AM Sustainability in Everyday Living
- 11:00 AM Systems Practice for Health  
Professionals—How to Work  
Smarter, Not Harder
- 12:00 PM ***Lunch on Your Own***
- 1:00 PM The Day After a Not So Great Day
- 2:00 PM Dementia Friends: Reducing  
Stigma, Promoting Inclusion
- 3:00 PM Self Care at Your Desk
- 4:00 PM Catalyzing Community Action—  
The Power of Collective Impact  
Model Health Coalitions

## April 3, 2023

FREE conference  
at Ball State University  
Student Center—Cardinal Hall

All are welcome!



**Register Here**



For more  
information visit:  
<https://fb.me/e/1T5CPhCUr>

**CEUs Available**  
**Register by March 27, 2023**