

# SPORTS

**PLEASE NOTE: Any changes/updates from the previous year will be BOLDDED and ITALICIZED! Pay special attention to any projects with BOLD, ITALICIZED WORDS because they have changed from last year.**

Completion, exhibition participation, and State Fair information for Sports			
Division/Level	Grades (suggested)	Completion Activities Needed	Maximum State Fair Entries
Beginner	Grades 3-5	<b><i>EXHIBITION –or– RECORD SHEET</i></b>	No State Fair Entries
Intermediate	Grades 6-8	<b><i>EXHIBITION –or– RECORD SHEET</i></b>	No State Fair Entries
Advanced	Grades 9-12	<b><i>EXHIBITION –or– RECORD SHEET</i></b>	No State Fair Entries

**Remember:** All posters, notebooks, and display boards **MUST** include a reference list indicating where information was obtained, giving credit to the original author, to complete the 4-H member's exhibit. This reference list should/might include web site links, people and professionals interviewed, books, magazines, etc. It is recommended this reference list be attached to the back of a poster or display board, be the last page of a notebook, or included as part of the display visible to the public. A judge is not to discredit an exhibit for the way references are listed. Reference Sheets are available at the Extension Office for use if needed. For personal safety, do not include personally identifiable information such as mailing address or phone numbers on posters/displays/exhibits.

***SUGGESTED REFERENCE MATERIALS (available for purchase in Extension Office or as a free download on the Hendricks County Extension Website)***

- ***Sports Workbook (All Levels)***

## **GUIDELINES**

1. Refer to the Hendricks County 4-H Policies, Entry & Exhibit Guidelines for poster and general display guidelines.
2. ***Be sure to enroll in the project on 4-HOnline and enter exhibit information into FairEntry by designated date. 2024 designated FairEntry Deadline is Monday, July 1<sup>st</sup> at 11:59 p.m.***
3. Complete the Record Sheet (***if not exhibiting at the Hendricks County 4-H Fair.***)
4. Choose at least one (1) sport you enjoy or you would like to learn about and then:
  - a. Learn what the basic skills are for your particular sport.
  - b. Determine what your skill level is for each of the basic skills: Beginner, Intermediate, Advanced.
  - c. Determine what skills you want to learn or want to improve.
  - d. Begin to learn the skills you have decided you want to learn. You may want to ask your parents, friends, neighbors, or coach to help you.
5. Participate in your chosen sport in one (1) of the following ways:
  - a. Participate actively with any organized team in the county.
  - b. Participate in your sport with your family, friends, or 4-H club.
  - c. If your sport is an individual sport, participate on your own.

## **EXHIBIT CLASSES**

### **WHAT TO EXHIBIT:**

- Each year you are in the 4-H Sports Project, you should exhibit either a display or poster on any single topic related directly to your sport. Examples; Safety rules, equipment needed (include approximate cost), basic skills, strategies, exercise value, etc. Your information on either your poster or display should be accurate and thorough showing that you have knowledge of your sport. If you chose more than one sport, select one (1) of them to feature for your exhibit.
- Each year after your first year in the project, choose a new sport to learn about or expand and learn more about one (1) of the sports you chose previously. The exhibit is the same as described above. If you are learning more about a sport you have chosen previously, your exhibit should show greater understanding and more in-depth information about your sport than before.

### **Beginner: Grades 3 thru 5 (suggested)**

- Exhibit a poster or display that is related directly to the project.

### **Intermediate: Grades 6 thru 8 (suggested)**

- Exhibit a poster or display that is related directly to the project.

### **Advanced: Grades 9 thru 12 (suggested)**

- Exhibit a poster or display that is related directly to the project.